English Physitian

ENLA'RGED:

With Three Hundred, Six-

ty, and Nine Medicine, made of English
Herbs that were not in any Impression
until this.

Being an Astrologo-Physical Discourse of the Vulgar Herbs of this Nation; Containing a Compleat Method of Physick, whereby a man may preserve his body in Health; or Cure himself, being sick, for three pence Charge, with such things only as grow in England, they being most sit for English Bodies.

Herein is also shewed these seven Things, viz. t. The Way of making, Plaisters, Ointments, Oils, Pultisses, Syrups, Decoctions, Juleps or Waters, of all sorts of Physical Herbs, That you may have them ready for your use at all times of the year. 2. What Planet governeth every Herb or Tree (used in Physick) that groweth in England. 3. The Time of gathering all Herbs, both Vulgarly and Astrologically. 4. The Way of Drying and Keeping the Herbs all the year. 5. The Way of keeping their Juyces ready for use at all times. 6. The Way of Making and Keeping all kind of useful Compounds made of Herbs. 7. The Way of mixing Medicines according to Cause and Mixture of the Disease, and Part of the Body Assisted.

By NICH. CULPEPPER, Gent. Student in Phylick and Aftrology.

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An Alphabetical Table of all the

Herbs and Plants in this Book; As also what Planet governeth every one of them.

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Y rrow, called also Nosibleed, by, and Thousand Leaf, it is the influence of Venus.

the CONTENTS of the DIRECTIONS for making Syrups, Conserves, Oils, Ointments, Plaisters, &c. of Herbs, Roots, Flowers, &c. Whereby you may have them ready for use all the year long.

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THE

English Physitian Enlarged.

Amara-dulcis



Onfidering divers Shires in this Nation ave divers Names to one and the same Leto, and that common Name which it bears in one Countrey, is not known in another. I shall take the pains to set down all the Names that I know of each Herb: pardon me for setting that Name first which is most com-

on to my self. Besides Amara-dulcis, some call it Morral, thers Bitter-sweet, some Woody-Nightshade, and others Felon-ort.

election. It grows up with woody flolks even to a mans height nd sometimes higher. The Leaves fall off at the approach of Winter? nd foring out again of the same flatk at Spring time: The branch i mpassed about with a whitish bank, and bath apith in the middle it : The main branch branchet it felf out into many small ones, mi. spers, laying hold on what is next to them, as Vines do. It bears any leaves, they grow in no order at all, or at least-wife in no oular order: The leaves are longish, though something broad, and poind at the ends: many of them have two little leaves growing at the id of their foot-falk, some of them have but one, and some none; the aves are of a pale green colour: The flowers are of a purple colour of a perfect blue, like to Violets, and they stand many of the tother in knots: The Berries are green at the first, but when they are pe, they are very red; if you tafte them you hall find them just the Crabs which we in Suffex call Bitter-sweet, viz. Sweet at ft, and bitter afterwards-

Place. They grow commonly almost throughout England,

pecially in moist and shady places.

Time. The leaves shoot outabout the latter end of March, if

the

the temperature of the Air be ordinary, it flowreth in July, a EYE the feeds are ripe foon after, usually in the next moneth. Government and Vertues.) It is under the planet Mercury, and

Government and Vertues.) It is under the planet Mercury, and the notable Herb of his also, if it be rightly gathered under his home fluence. It is excellent good to remove Witcherafts both in me low and beafts; as also all sudden Diseases whatsoever. Being to har round about the neck, is one of the admirablest remedies forth Vertigo or Dizinels in the Head that is, and that's the real P (as Trages faith) the people in Germany commonly hang it abouthe their Cattels neck when they tear any such evil hath betide other them. Country people commonly use to take the Berries of it, and it having bruited them, they apply them to Felons, and there beh

foon rid their fingers of fuch troublesome gueffs.

We have now thewed you the external use of the Herb, we shall T Ob?ructispeak a word or two of the internal, and so conclude. Take me gint ons of the tice that it is a Mercurial Herb, and therefore of very subtile part that Li zer and as indeed all Mercurial Planets are; therefore take a pound of the and Spleen, difwood and leaves together, bruile the wood (which you may easi ficulty of do, for it is not so hard as Oak) then put it in a pot, and put: Git three pints of white Wine, put on the pot-lid, and shut it close hot, then let it insafe hot over a gentle fire twelve hours, then straightful. breatbing, Bruifes. Falls, conof the Liver and Spleen, to help difficulty of breath, bruiles, an the falls, and congealed blood in any part of the body, to help the all yellow Jaundice, the Dropsie, and black Jaundice, and to clean fall gealed Blood. Dropfie yellow and black Jaura. Women newly brought in bed. You may drink a quarter of a pin of ridice, women of the Infusion every morning. It purgeth the body very gend provafter and not churlishly as some hold: And when you find good b for this remember me.

They that think the use of these Medicines is too brief (it hery fo only for the cheapness of the Book) let them read those Books mine, of the laft Edition, viz Riverius, Veflingus, Riolanus, Jon fika

Ron, Senertus, and Phylick for the poor.

Alheal.

IT is called Alheale, Hercules Alheal, and Hercules Wound wort, because it is supposed that Hercules learned the Herb at its Vertues from thyron, when he learned Phylick of him. Son

call it Panay, and others Opopanawort. Description. I Its Root is long, thick, and exceeding full juyce, of a hot and biting taste, The leaves are great end large De and winged almost like Ab-tree laves, but that they are some in w thing harry, each leaf confifting of five or fix pair of fuch will is fet one against the other upon foot-stalls, broad below, but n'the, now ton ards the end, one of the lidves is a little deeper at the by which tom than the other, of a fair, seliomift, fufb, green colour, the ted ?

Hitcheraft.

Verligo.

I P'ons

Delivery.

Beaft

ing

are of a bitterifb tafte, being chemed in the mouth, From among ft befeariseth up a stalk green in colour, round in form, great and strong and in magnitude, five or six foot high in altitude, with many joynts, and so some leaves thereat: towards the top come forth umbels of small yelms how slowers, after which are passed away, you may find whitish, yellows magnitude, five or fix foot high in altitude, with many joyats, and :. tis hort, flat feeds, bitter alfo in tafte.

Place.] Having given you the Description of the Herb from the the bottom to the top, give me leave to tell you that there are the other herbs called by this name: but because they are strangers that in England, I give only the Description of this which is easie to be had in the Gardens of divers.

fine.] Although Gerrard faith, That they flower from the been ginning of May to the end of December, Experience teacheth them can that keep it in their Gardens, that it flowers not till the later of the end of Summer, and sheds its seeds presently after.

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close hot, biting, and cholerick: and remedies what evils Mars af-firm lifts the body of man with by Sympathy, as Vipers Hest attracts poylon, and the Load-stone Iron. It kills the Worms, helps in the Gout, Cramp, and Convulsion. Provokes Urine, and helps worms, p it all Joynt-aches. It helps all cold griefs of the head, the Vertigo, Gout; lean falling-sickness, and Lethargy, the Wind-cholicks, obstructions Cramp, a pill of the Liver and Spleen, Stone in the Kidneys and Bladder. It Convulsions. ent provokes the Terms, expels the dead Birth : it is excellent good provokes odb for the grief of the finews, Itch, Sores and Tooth-ach, the bi- terine, tings of mad Dogs and venemous Beafts, and purgeth Choler fount-ach. (it very gently. Vertigo,

Falling-Jo fikach, Lethargie, Cholick, Obstructions of the Liver and Spleen, Stone, Term propoher, dead Birth, Sinews, Itch, Sores, Tooth-ach, mad Dogs, Beafts, Chaler.

Alkanet.

Besides the common name, it is called Orchanet, and Spanish Bugloss, and by Apothecaries Anchusa.

Lave Description.) Of the many sorts of this Herb, there is but one some time to grow commonly in this Nation; of which one, take mis Description: It hath a great and thick Root, of a Reddish cothe thick lye very thick upon the ground: the falks rife up compassion , the est round about, thick with Leaves which are differ and narrower

than

Meafles, Bounds.

than the former, they are tender, and flender, the flowers are hollow Re Imall, and of a reddish purple colour.

Place. It grows in Kent neer Rochester, and in many places in the the West Countrey, both in Devenshire and Cornwill.

Time. They flower in July, and the beginning of August, and the feed is ripe loon after, but the Root is in its prime, as Can De rots and Parinips are, before the Herb run up to stalk.

Government and Vertues. It is an Herb under the Dominion with whers, In- of Venus, and indeed one of her Darlings, though something mi flamations, hard to come by. It helps old Ulcers, hot Inflammations, bur- wa nings by common fire, and Sr. Anthonies fire, by antipathy to Bu burnings, Mars: for these uses, your best way is to make it into an Oyne the S. Anth. menr. Also if you make a Vinegar of it as you make Vinega Le fire, Morof Roles, it helps the Morphew and Leprofic; if you apply the fet phew, Leprofie, dead herb to the privities, it draws forth the dead Child. It help bo child, yell. the yellow Jaundice, Spleen, and Gravel in the Kidneys, (Diof- ion corides faith) it helps such as are bitten by a venemous Beath ul jaundice, spleen, gra- whether it be taken inwardly, or applyed to the wound: nay, he the faith further, if any one that hath newly caren it, do but fpit it ari vel, Venomous beafts, the mouth of a Serpent, the Serpent instantly dies. It staies the Flux, flux of the belly; kills Worms, helps the fits of the Mother Its Decoction made in Wine and drunk, strengthen the Back, and all Worms ealeth the pains thereof, it helps Bruises and Falls, and is and Mother. gallant a Remedy to drive out the small Pox and Measles as and of Back. is: an Oyntment made of it, is excellent for green wounds, prick Ma Bruifes Falls, or thrufts. Small Pox,

Adders Tongue, or Serpents Tongue.

Descrip- This small Heib hath but one leaf, which grows will the stalk a fingers length above the ground, being fat and of a fresh green colour, broad like water Plantane, (but lif) without any middle Rib in it : from the bottom of which Leaf, on the inside, riseth up (ordinarily) one, sometimes two or three small slends stalks, the upper half whereof is somewhat bigger, and dented will fmall round dents of a yellowish green colour, like the tongue of a Adder or Screent (only this is as ufefull as they are formidable.) It Root continues all the y'ar.

Place. It grows in moist Meadows, and such like places. Time. And is to be found in April and May, for it quickly pe sifheth with a little heat.

Government and Vertues. It is an herb under the Dominio of the Noon in Camer, and therefore if the weakness of the

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ollow. Recentive Faculty be caused by any evil influence of Saturn, in my part of the Body governed by the Moon, or under the Dominion of Cancer, this Herb cures it by Sympathy: It cures ces in those Diseases after specified in any part of the body under the influence of Satura, by antipathy.

and It is temperate in respect of hear, but dry in the Second Can Degree. The Juyce of the Leaves drunk with the Distilled Water of Horstail, is a singular Remedy for all manner of Wounds in the Breft, Bowels, or other parts of the Body, and is given woulds in inical with good fucces, unto those who are troubled with casting, vothing miting, or bleeding at the Mouth or Nose, or otherwise downbur- wares, The faid Juyce given in the distilled Water of Oaken Vemilian, y to Bude, is very good for Women who have their usual courses, or lyne the whites flowing down too abundantly: it helps fore Eyes. The negat Leaves infused or boyled in Oyl Omphacine, or unripe Olives, wourds, y the fer in the Sun for certain dayes, or the green Leaves sufficiently help boyled in the said Oyl, is made an excellent green Balfom, not flammation Diof only for green and fresh wounds, but also for old and invecerate Beaff, Ulcers, especially if a little fine cleer Turpentine be diffolved y, he therein: It also stayeth and represent all imflammations that it in arise upon pains, by hurts or Wounds.

the Biet. Bowels, Terms Rop. whites, uicers, inin mounds.

What parts of the Body are under each Planet and Sign, and t ber. s,and also what Diseases, may be found in my Astrological Judgement is 15 of Diseases: and for the internal work of Nature in the Bedy and of Man as Vital, Animal, Natural and Procreative Spirit of rick Man; the Apprehension, Judgement, Memory: The external Senies, viz. Seeing, hearing, Smelling, Tafting, and Feeling; the Vertues Attractive, Recentive, Digestive, Expulsive, &c. under the Dominion of what Planets they are, may be found in my Ephemeris for the year 1651. in both which you shall find the Chaft of Authors blown away, by the fame of Dr. Reason; and being nothing but Rational Truths left for the Ingenious to feed u pon.

Laftly to avoid blotting Paper with one thing many times, and also to ease your purses in the price of the Book, and withall to make you studious in Physick, you have at the later end of the Book, the way of preferving all Herbs either in Juyce, Conferve, Oyl, Oyntment, or Plaister, Electuary, pill, or Tro-

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Agrimony.

Decrip- This bath divers long leaves (some greater, some tim. I smaller) set upon a stalk, all of them deried about D3.

the edges, green above, and grayif underneath, and a little hair me withal. Among which arifeth up usually but one strong, round, bair, the trown ftalk, two or three foot high, with smaller Leaves fet ben and there upon it. At the top whereof grow many small yellow flow ers one above another in long spikes. After which come rough head of feed, hanging downwards, which will cleave to, and frick up Garments, or any thing that shall rub against them. The kvot is black, the long, and somewhat woody, abiding many years, and shooting afres every Spring; which Root, though small, bath a ressonable con feent.

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Place.] It groweth upon Banks, neer the fides of Hedges of

Time.] It flowreth in July and August, the Seed being rise can

thortly atter.

Gwernment and Vertues.] It is an Herb under Jupiter, and the Sign Cincer; and strengthens those parts under that Planet and Sign, and removes Difeases in them by Sympathy, and those un. It. der Saturo, Mars, and Mercury by Antipathy. If they happen in at any part of the body governed by Jupiter, or under the Sign to Cancer, Sagittary, or Pifces, and therefore must needs be good me for the Gout, either uled outwardly in an Oyl or Ointment, a the inwardly in an Electuary or Syrup, or concreted Juyce, for which fir fee the later end of the Book.

It is of a cleanfing and cutting faculty, without any manifell bu hear, moderately drying and binging. It openeth and cleanfeth tox the Liver, helpeth the Jaundice, and is yety beneficial to the Bowels, healing all inward Wounds, Bruiles, Hurts; and other Bloody and diffempers. The Decoction of the He b made with Wine, and fre drunk, is good against the biting and stinging of Serpents, and No helps them that have foul, troubled, or bloody Waters, and make col them pifs clear speedily. It also helpeth the Cholick, clensed the Breft, and rids away the Cough. A draught of the Decoction W taken warm before the hi, hift removes, and in time rids away Tertian and the Tertian or Quartan Agues. The Leaves and Seed taken in Wine, Raies the Bloody-flux. Outwardly applied, being stamped with old Swines greate, it helpeth old Sores, Cancers, and in-Bloody- flux veterare Ulcers; and draweth forth Thorns, and Splingers of wood, Nails, or any other luch thing gotten into the fleth. It helpeth to ftrengehen the Members that be out of joynt: and being bruised and applied, or the Juyce dropped in, it helpeth foul and & Nails in imposthumated Ears.

The distilled Water of the Herb is good to all the said purpo

fes, either inward or outward, but a great deal weaker.

It is a most admirable Remedy for such whose Livers are and noyed either by heat or cold. The Liver is the former of blood, 200

Clenting Drying, Binding, Liver, Faundace,

Inward

Trounds, Inward Billes

troubled

247172 Cholick, Breft,

C Hgb,

Duartan Agnes,

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thair, and blood the nourisher of the body, and Agrimony a strengthair, thener of the Liver.

I cannot stand to give you a reason in every herb, why it cateth such Discases, but if you please to peruse my Judgement in the herb Wormwood, you shall find them there, and it will be known well worth your while to consider it in every herb, you shall find them true throughout the Book.

Water-Agrimony.

es of TT is called in some Countreys Water-Hemp, Bastard-Hemp, and Bastard-Agrimony, Eupatorium, and Hepatorium, beripe cause it strengthens the Liver.

dethe Descript.) The Root continues a long time, having many long, slengt and ser strings. The stalk grows up about two foot high, sometimes higher up. tr. They are of a dark purple culour: the branches are many, growing at distances the one from the other, the one from the one side of the Sign stalk, the other from the opposite point. The Leaves are winged and good much indented at the edges. The slowers grow at the tops of the branches are been a hours wellow solver sources with black sources. nt, at thes, of a brown yellow colour, spotted with black spots, having a subthick stance within the miast of them I ke that of a Diffe; if you rub then between your fingers, they smell like Rozin or C. dar when it is nifelt bunt. The feeds are long, and casily stick to any woollen thing they nieth touch.

other Place.) They delight not in heat, and therefore they are not so and frequently found in the Southern parts of England as in the and North, where they grow frequently: you may look for them in Cutter, nake cold Grounds, by Ponds and Ditches sides, as also by running Classeti, nfett Waters, sometimes you shall find them grow in the midst of the Breft, ction W. ters.

Time.) They all flower in July and August, and the seed is Dropsie,

en in tipe presently after.

Government and Vertues.) It is a Plant of Jupiter as well as Faundice, the other Agrimony, only this belongs to the Coelectial Sign Obstructiood, Cancer. It healeth and dryeth, cutteth and cleanfeth thick and ons, Liver, tough humors of the breft, and for this I hold it inferior to Spleen, In but few herbs that grow. It helps the Cachexia or evil disposition posthume, of the body, the Dropfie and yellow Jaundice, it opens Ob- wrine, structions of the Liver, mollifies the hardness of the Spleen, Terms probeing applyed outwardly: it breaks Imposthumes taken inward- volers, ly, it is an excellent Remedy for the third day Ague. It pro- worms, Vokes Urine and the Terms, it kills Worms, and clenfeth the Itch, Scan. body of tharp humors, which are the cause of Itch, Scabe: the Flies, Harb being burnt, the smock thereof drives away Flies, Walps, &c. Wasps.

Cachexia.

-- Bis - - - jiiian Enlargeu.

Cattle,

it strengthens the Lungs exceedingly. Countrey people give ine p to their Cattle when they are troubled with the Cough, or bro ken winded.

Vou

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Alehoof, Or Ground-Ive.

Everal Countreys give it several Names, so that there is scare ndi an Herb growing of that bigness that hath got so many : It he is called Cats-foot, Ground-Ivy, Gill go by ground, and Gill creep h state ground, Tun-boof, Hay-maids, and Al hoof.

Description. This well known Herb, lieth, spreadeth, and creep eth upon the Ground, Shooting forth Roots, at the corners of the tenan en joyated ftalks; fet all along with two round Leaves at every joyat, In Imerobat hairy, crumpled, and unevenly dented about the edges with wi 701 d dents: at the 10ynts likewise with the Leaves towards the end in of the branches, come forth hollow long Flowers, of a blewish purple to colour, with I nall white foors upon the lips that bing down. The Rost is [mill with firings.

Place. It is commonly found under Hedges, and on the fide of 1 Ditches, under Houses, or in shadowed Lanes, and other wast grounds in almost every part of the Land.

Time. They flower somewhat early, and abide so a great while, at the Leaves continue green until Winter, and sometimes abide, ex- D

cept the Winter be very harp and cold.

Government and Vertues. It is an Herb of Venus, and there- To of Mars by Antipathy: you may usually find it all the year long, G except the year be extreme frofty, it is quick, sharp, and bitter at in tafte, and is thereby found to be hot and dry; a fingular Herbah for all inward Wounds, exulcerated Lungs, or other parts, ei- en ther by it felf, or boyled with other the like Herbs: And being he sing, wind, drunk, it in there time easeth all griping pains, windy and cholerick humours in the Stomach , Spleen or Belly ; helps the but yellow Jaundice by opening the stoppings of the Gall and Liver, and Melancholly, by opening the Roppings of the Spleen, expelleth Venom or Poylon, and also the Plague; it provoketh Urine, and Womens Courses: The Decoction of it in Wine iver, Gall, drunk for some time together, procureth ease unto them that att troubled with the Sciatica or Hip-Gout, as also the Gout in the Hands; Knees or Feet, and if you put to the Decocion some Honey, and a little burnt Allum, it is excellent good to gargle any fore Mouth or Throat, and to wash the Sores and Ulcers in the

Inward vounds, 'ains, Giz-Choler . Stomach, Spicen, relly, Stoping in the laque, 09/02, iout, Scztici, Sore tout it the

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bre Vounds, being bruised and bound thereunto: The Juyce of it the Pi byled with a little Honey and Veraegreece, doth wonderfully ties, Itc. can'e Fistula's, Ulcers; and stayeth the spreading or eating of Scabs, we. Cancers and Ulcers; it helpeth the Irch, Scabs, Wheals, and in the Eye, her breakings out in any part of the body. The Juyce of Ce- Redness and card andine, Field Daisies, and Ground-Ivy Clarified, and a little watering of : It ne Sugar diffolved therein, and dropped into the Eyes, is a fo- them, ulephoraign Remedy for all the Pains, Redness, and Watering of cers, noise dem; as also for the Pin and Web, Skins and Films growing in the Ears, ber the fight; it helpeth beafts as well as men. The Juyce drop- Deafnels. enant lem, and helpeth the hearing which is decayed. It is good to soyn, sun up with new Drink, for it will so clarific it in a night, that with be the fitter to be drunk the next morning; or if any red tink be thick with removing, or any other accident, it will do the

Alexander.

wast T is also called Alisander, Horse Parsly, and Wild Parsly, and

Root

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TS III the

the black Pot-herb; the feed of it is that which is usually sold aile, the Apothecaries Shops for Macedonian Parsly-seed. er- Description. It is usually fown in all the Gardens in Europe, and well known, that it needs no further description. tere. Time. They flower in June and July, the feed is ripe in Auhole ft. ong, Government and Vertues. It is an Herb of Jupiter, and there-itter or friendly to Nature, for it warmeth a cold stomach, and open-Herb h stoppings of the Liver and Spleen; it is good to move Wocie ens Courses, to expel the Aster-birth, to break Wind, to pro-Provokes leing ske Urine and help the strangury; and these things the seeds the Terms, all do like see is either of them be boyled in Wine, or being after-birth, the tuised and taken in Wine, is also effectual against the biting of wind, protections. And now you know what Alexander Pottage is good for, vokes uring the seeds the transport of the seeds the Terms, and now you know what Alexander Pottage is good for, vokes uring the seeds the seeds the transport of the seeds the s

Obstructions of the Liver and Spleen. keth de. Serpents

The Black Alder-Tree.

escrip- His Tree seldome groweth to any great bigness, but tion. I for the most part abideth like a Hedge Bush , or tee spreading into Branches, the wood of the Body being nite, and a dark red Core, or Heart; the outward Bark is of a blackish colour with many whitish foots, thereon : but the i ner bark next unto the wood is yellow, which being chewed, wil to the Spittle neer unto a Saff on colour. The Leaves are former in like those of the ordinary Alder-tree, or the Female Cornel, or Du berry-tree, called in Sullex Dog-wood, but blacker, and not fo bu The Flowers are white, coming forth with the Leaves at the Joyal which turn into small round Berries, first green, afterwards red, h blackiff when they are thorough ripe, divided as it where into m parts, wherein is contained two [mall, round, and flat [ceds] Reot runneth not deep into the ground, but spreads rather under i upper crust of the Earth.

Place.) This Tree or thrub may be found plentifully in Sai Fohn's Wood by Hornfey, and in the Woods upon Hampftes Heath, as also at a Wood called the old Park in Barcomb in Suffe

neer the Brocks fide.

Time.) It flowreth in May, and the Berries are ripe in Septem

ber

Choler, Finger,

Fauidice, Dronfi. Cachersa, liver,

milk.

Government and Vertues.) It is a Tree of Venus, and perhan under the Celestial sign cancer. The inner yellow bark here and purgeth downwards both Choler and Flegm, and the watry hours of such as have the Dropsie, and strengtheneth the inwards parts again by binding. If the bark hereof be boyled with Aga commonly, Wormwood, Dodder, Hops, and some Fennel, with Smile lage, Endive, and Succory roots, and a reasonable draught take the Jaundice, Dropsie, and the evil disposition of the body, especially and the severy morning for some time together, It is very effectual again in the Jaundice, Dropsie, and the evil disposition of the body, especially and the severy morning to the se cially, if some surable purging Medicine have been taken befor 18 to avoid the groffer Excrements: it purgeth and ftrengthene nak splees. the Liver and Spleen, elenting them from such evil humors at the Liver and Spleen, elenting them from such evil humors at the Liver and Spleen, elenting them from such the letter things are performed by the dried bark, for the fresh greater taken inwardly, provoketh strong Vomitings, pains in the seak, At Stomach, and gripings in the Belly. Yet if the Decoction much petite loss, stand and settle two or three daies until the yellow colour broad for the season of the season the season of the season the season of the season Flar. 1 'c', changed black, it will not work fo ftrongly as before, but winter Heb, Scabs, ftrengthen the Stomach, and procure an Appetite to meat. The fit Heb, Sabs, Agengthen the Stomach, and procure an Appetite to meat. Th Toub-ach, outward bark contrariwise dorh bind the body, and is helpfulli Teeth lofe. all Lasks and Pluxes thereof, but this must also be dried fil whereby it will work the better. The inner bark hereof boyled! Vinegar, is an approved Remedy to kill Lice, to cure the lich ce and take away Scros by drying them up in a short time. It

fingular good to wash the Teeth, to take away the pains, to falle

those that are loo'e to clense them, and keep them found. I

Leaves are good Fedder fer kine to make them give mor

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The English Possition Latergen.

The in the Spring time you use the Herbs before mentioned, and it is in the Spring time you use the Herbs before mentioned, and it is bas take a handful to each of them, and to them add a hand
tend I of Elder-buds, and having bruised them all, boyl them in a property of the state of them it is now, and having boyled them to the state of the Gallons more, and let them work gether, and orink a draught of it every morning, half a pint, thereabours. It is an excellent purge for the Spring, to conmette the flegmatick quality the Winter hath left behind it, and it is that keep your boy in health, and consume those evil humors don't hich the heat of Summer will readily stir up: esteem it as a swel. wel. .

The common Alder-Tree.

G Roweth to a reasonable height, and spreads much, if it likes the place. It is so generally well known Suffe ecript] epter to Country People, that I conceive it needless to tell them that which מס מנשטו.

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crhis no news.

Place and Time.] It delightes to grow in moist Woods, and here atry places; flowring in April or May, and yielding ripe feed by he september.

Government and use.] It is a Tree under the Dominion of Ve-Ago, and of some watry sign or other, I suppose Pisces, and there-rethe Decoction or Distilled Water of the Leaves, is excellent gainst Burnings, and Instammation, either with wounds or with-signification, to bathe the place grieved with, and especially for that In.

Less ammation in the Brest, which the Vulgar call an Ague.

If you cannot get the Leaves, (as in Winter its impossible) hence take use of the Bark in the same manner.

The Leaves and Bark of the Alder-tree, are cooling, drying, cooling, and binding. The fresh Leaves laid upon Swellings, dissolve Drying, and stay the Instammations. The Leaves put under the Binding, are a great refreshing to them. Swellings, in the faid Leaves gathered while the morning dew is on them, and tought into a Chamber troubled with Fleas, will gather them to be a treinted, which being suddenly cast out, will rid the Chamber of those troublesome Bed-fellows.

Accelies

Angelica.

yled TO write a Description of that which is so well known to be lich growing in almost every Garden, I suppose it altogether likedes: yet for its Vertues it is of admirable use. In times of Heathenism when men had sound out any excellent terb, &c. they dedicated it to their Gods: as the By-tree to more speke, the Oak to Jupiter, the Vine to Bacchus, the Poplar Hercules. These the Papists following as the Patriarchs, der dedicate them to their Saints; as our Ladies Thiftle to the Bleffed.

Bl. fed Virgin, St. Johns wort to St. John, and another Won St. Peter, &c. Our Physicians must imitate like Apes, (thou they cannot come off half to eleverly) for they blafphemoul call Panfies or Hearts-eale, an Hrb of the Trinity, because it of three colours: and a certain Ointment, an Oistment of the A postles, because it consisteth of twelve Ingredients: Al I am forry for their folly, and grieved at their Blafphemy ; Gi send them the rest of their Age, for they have their share of it norance already: O! Why must ours be Blaspemous, becau the Heathens and Papists were Idolatrous? certainly they ha read to much in old rufty Authors , that they have loft all the Divinity; for unless it were amongst the Ranters, I neverte or heard of fuch Blasphemy: The Hearhens and Papists we bad, and ours worfe; the Papifts giving Idolatrous Names Herbs for their Vertues lake, not for their fair looks, and then fore some called this an Herb of the Hily Ghoft, others more m derate called it Angeliea, because of its Angelical Vertues, a that name it retains ftill, and all Nations follow it so neer as the Dialect will permit.

it be gathered when he is there, the Moor applying to his go Aspect; let it be gathered either in his hour, or in the hour Jupiter, let Sol be angular, Observe the like in gathering the

Government and Vertues. It is an Herb of the Sun in Leo,

Payfon, Pestilence, Boid mical Difeafes.

Herbs of other Plants, and you may happen to do wonders. all Epidemical Diseases caused by Satura, this is as good a Pr servative as grows: It resists poylon, by defending and comfor ting the Heart, Blood, and Spirits; it doth the like against the Plague and all Epidemical Diseases; if the Root be taken in por der to the weight of half a dram at a time, with some good Tre cle in Carduus water, and the party thereupon laid to sweat his bed, If Treacle be not to be had, take it alone in Carduus, Angelica Water. The Stalks or Roots candied and eaten fasting are good Preservatives in time of infection; and at other tim to warm and comfort a cold stomach. The Root also steeped cold, wird, Vinegir, and a little of that Vinegar taken sometimes fasting and the Root smelled unto, is good for the same purpose. ter diffilled from the Root Simply, or Reeped in Wine, and ftilled in Glass, is much more effectual than the Water of the Leaves, and this Water drunk two or three spoonfuls at a tim cafeth all pains and corments coming of cold and wind, fo ast Bidy be not bound: and taken with some of the Root in Por der at the beginning, helpeth the Pleurifie, as also all other Di eales of the Lungs and Breft, as Coughs, Prhilick, and Shor nels of Breath, and a fyrup of the stalks deth the like : It hel pains of the Cholic's, the Strangury, and Scopping of the Un

pe cureth Womer's Courfes, and expelleth the After-bin

open

Pleurifie, Cough, Lungs, Beft. Strangury, Shortres of breath, Cholick. Provokes the Terws, after-birib.

More sneth the stoppings of the Liver and Spleen, and briefly easeth Stoppings of discussion all windiness and inward swellings. The Decesti-the Liver drunk before the sit of an Ague, that they may sweat (if pos-and Spleen; the it of the liver drunk before the sit come, will in two or three times taking, rid Indigisary, and it is a remedy for a surfeit. Surfeits, and it is a sementy for a surfeit. Surfeits, is also surfeed, and deastness: The Juyce put into the look sin powder made sinto a plaister with a little Pitch, and laid on the biting of a Biting of a Dog, or any other Venemous Creature, doth wonderfully and Dogs. It the specific paints of the Specific paints of the surfeit paints. The surfeit paints of the surfeit paints of the surfeit paints of the surfeit paints. The surfeit paints of the surfeit paints of the surfeit paints of the surfeit paints. The surfeit paints of the surfei

A maranthus.

Esides this common name, by which it is best known by the now Desire Floramor, and Velvet-slower.

Description. It being a Garden Flower, and well known to e-omion by one that keeps of it, I might forbear the Description, yet not-institutional the second of the second flower of the second flower than stalk a cubit high, straked, and somewhat reddish toward the

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instit thisanding, because some desire it, I shall give it: It runneth up itha stalk a cubit high, straked, and somewhat reddish toward the d Tro pot, but very smooth, divided towards the Top with small Branches, weath rong which stand long broad Leaves of a reddish green colour, slipuus, by: The Flowers are not properly Flowers, but Tusts, very beautisass in the seed of the same colour; being gathered, they keep their auty a long time; the Seed is of a shining black colour.

Time. They continue in flower from Angust till the time the rost nip them.

Government and Vertues. It is under the Dominion of Saturn, it is an excellent qualifier of the unruly actions and passions a time. Venus, though Mars also should joyn with her. The lowers dried and beaten into powder, stop the Termes stops.

en, and so do almost all other red things. And by the Icon, Image of every Herb, the Antients at first sound out their estues: Modern Writers they laugh at them for it; but I stale the in my Heart, how the Vertues of Herbs came at first to the shown, if not by their Signatures: The Modern have them spons the Writings of the Antients, the Antients had no Writings.

Flux. leeding, Woites, Running of the Reins,

tings to have them from: but to proceed. The Flowers nopal Fluxes of Blood, whether in man or weman, bleeding either the Nose or Wound. There is also a fort of Amaranthus which bears a white flower which stops the Whites in Women, and the Running of the Reins in men, and is a most gallant Anu and French-Pox venerian, and a fingular Remedy for the French Pox.

Anemone.

Alled also Wind-flower, because they say the flowers never man open but when the Wind bloweth. Pliny is my Author, if seed not so, blame him. The seed also (if it bears any at all) flat the be not so, blame him. away with the Wind.

Place and Time. They are fown usually in the Gardens of the Curious, and flowers in the Spring-time. As for Description Build shall pass it, being well known to all those that sow them.

Government and Vertues.] It is under the Dominion of Man being supposed to be a kind of Crowsoot. The Leaves provoke the years mightily being boyled, and the decoction drunk. The need body being bathed with the decoction of them, cures the Leptones site. The Leaves being stamped, and, the Juyce snuffed up in the Nose, purgeth the head mightily, so doth the Root being them comed in the mouth, for it procureth much spitting, and brings away many watry and slegmatick humors, and is therefore extended lent for the Lethargy: and when all is done, let Physicians procure what they please, all the Pills in the Dispensatory purge not the results and like to hot things held in the mouth. Being made into the Ointment, and the Eye-lids anointed with it, it helps Instamm he tions of the Eyes, whereby it is palpable that every stronger draw the its weaker like. The same Ointment is excellent good telly cleanse malignant and corroding Ulcers. cleanse malignant and corroding Ulcers.

Terms Prozokes.

Heat puygetb.

Letbargie.

Eys inflamed, Hicer:

Garden Arrach.

Alled also, Orach, and Arage. Descript.] It is so commonly known to every Houswife, it we but labour loft to describe it.

Time.] It flowereth and seedeth from June to the end of Auguation Government and Vertues.] It is under the Government leigh the Moon; in quality cold and moit like unto her. It for neth and loofneth the body of man being caten, and fortific the expulsive faculty in him. The herb, whether it be bruit and applied to the throat, or boyled, and in like manner appl ed, it imatters not much, it is excellent good for swellings in the throat, the best way, I suppose is to boyl it, and having drunkth Decoction inwardly, apply the herboutwardly: the Decoction of it belides, is an excellent Remedy for the yellow Jaundice.

Expullive aculty. Inroat.

Tellow Jaundice.

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Arrach, Wild and flinking.

which Called also Vulvaria, from that part of the Body upon which the operation is most; also Dogs Arrach, Goats Arrach,

And and Stinking Mother-wort.

Description.) This bath small, and almost round Leaves, yet a tile pointed, and without dent or cut, of a dusky mealy colour, growng on the flender stalks and branches that spread or the ground, with never mall flowers in Clufters fet with the Leaves, and small feeds fuct, it reading like the rest, perishing yearly, and rising again with its own some owing. It smells like old rate n fish, or something worse.

Place.] It grows usually upon Dunghills.

of the Time.] They flower in June and July, and there feed is ripe

tion wickly after.

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Government and Vertues.) Stinking Arrach is used as a remedy Mother. Mars help Women pained, and almost strangled with the Mother, Many to help Women pained, and almost strangled with the Mother, see they smelling to it: but inwardly taken, there is not a better Rethrough under the Moon for that disease. I would be large in competent and the Moon for that disease. I would be large in competent and the Dominion of Venus, and under the sign Scarpio; It is then common almost upon every Dunghill. The Works of God are night like freely to man, his Medicines are common and cheap, and exact laste to be found: ('tis' the Medicines of the Colledge of Physitism of that are so dear and scarce to find.) I commend it for an Unipost of the crass Medicine for the Womb, and such a Medicine as will easient the Mother, Distocation, or talling out thereof, as the Fits of many he Mother, Distocation, or talling out thereof: It cools the draw Name being over-heated. (And let me tell you this, and I will od tell you the truth, heat of the Womb is one of the greatest causes Labour in Child-birth) It makes Barren women Fruit-ul, it cleanseth the Womb if it be foul, and ftrengthens it extedingly: it provokes the Terms if they be stopped, and stops hem it they flow immoderately: You can desire no good to your Womb, but this herb will effect it, therefore if you love Children, two you love Health, if you love Ease, keep a syrup alwaies by you, nade of the juyce of this Herband Sugar, (or Honey, if it be to lugar leanse the Womb) and let such as be rich keep it for their poor eith eighbours, and bestow it as freely as I bestow my studies upon some to make inquisition of blood.

Arch-angel.

nkth TO put 2 glos upon their Practice, the Thysitians call an oction Herb (which Country people vulgarly knew by the name of the state) Ar. h-Angel, wherein whether they savour of more

Superstition or Folly, . eto the Judicious Reader. There more curiofity than courtefie to my Country men used by other in the explanations as well of the Names as Description of the fo well known an Herb: which that I may not also be guilty of take this fhore Description, first of the red Arch-angel.

Description. This hath divers Square stalk, somewhat hairs, the Joynts whereof, gow two fad green Leaves dented about the edges . apposite to one another, the lowermost upor lang foot stalks but without any towa d the tops, which are somewhat round, 1 pointed, and a little crumpled and bairy: Round about the upon joynes, were the Leaves grow thick, are fundry gaping flowers of pale readish colour; after which come the Seeds three or four is Husk. The Root is small and thriddy, perishing every year : the mbol

Plast bath a strong sont, but not stinking.

White Arch-angel hath divers square stalks, none standing straight upright, but bending downward, whereon stand to Leaves at a joynt, larger and more pointed than the other, der ted about the edges, and greener also, more like unto Nettle Leaves, but not flinging, yet hairy: At the joynts, with the Leaves, stand larger and more open gaping white flowers, Husks round about the stalks, but not with such a bush of leaves as flowers fer in the top, as is on the other wherein stand smil roundish black Seeds; The Root is white, with many frings it, not growing downward, but lying under the upper crust of the Earth, and abideth many years increasing : This hath not ftrong a scent as the former.

Yellow Archangel is like the white in the stalks and leave but that the stalks are more straight and upright, and the joyn with leaves are further afunder, having longer leaves than the former; and the flowers a little larger and more gaping, of a fi yellow colour in most, in some paler. The Roots are like the

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white, only they creep not fo much under the ground.

Plac: They grow almost every where unless it be in the mid dle of the street) the yellow most usually in the wet grounds woods, and sometimes in the dryer, in divers Counties of the Nation.

Time. They flower from the beginning of the Spring all the

Summer long.

Vertues and use. The Arch-angels are somewhat hot and dry than the stinging Nettels, and used with better success for the Stopping and hardness of the spleen, than they, by using the December alled the Bergion of the Bergion of the solution of the Region of the solutions and afterwards applying the Herb hardness of the solutions and afterwards applying the Herb hardness of the solutions and afterwards applying the Herb hardness of the solutions and afterwards applying the Herb hardness of the solutions and afterwards applying the Herb hardness of the solutions and afterwards applying the Herb hardness of the solutions and afterwards applying the Herb hardness of the solutions and afterwards applying the Herb hardness of the solutions and afterwards applying the Herb hardness of the solutions and afterwards applying the Herb hardness of the solutions and afterwards applying the Herb hardness of the solutions and afterwards applying the Herb hardness of the solutions and afterwards applying the Herb hardness of the solutions and afterwards applying the Herb hardness of the solutions and afterwards applying the Herb hardness of the solutions and afterwards applying the Herb hardness of the solutions and afterwards applying the Herb hardness of the solutions and afterwards applying the Herb hardness of the solutions and afterwards applying the Herb hardness of the solutions and the solutions are solved as unto the Region of the spleen as a plaister, or the decoction will be Spunges. The flowers of the white Arch-Angel are preferred; conferred to be used to stay the whites, and the flowers of the

Spleen.

Whites.

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ed to flay the Reds in Women. It makes the Heart merry, Melantioives away Melancholy, quickens the Spirits, is good against ly, Quar-Quartan Agues, fancheth bleeding at mouth and Nofe, if it be tan Agues, amped and applied to the Nape of the Neck, the Herballo Rleeding miled, and Wirh some Salt and Vinegar, and Hogs greate laid at Nofe, pen any hard Tumor or Swelling, or that which is vulgarly Swellings, illed the Kings-evil, do help to dissolve or discuss them, and Kings Ecing in like manner applied, doth much allay the pains, and vil, Gout,
ive case to the Gout, Sciatica, and other pains of the Joynts Sciatica, nd Sinews. It is also very effectual to heal green Wounds, Fognes. nd old Ulcers, also to stay their fretting, gnawing and spread- ulcers, It draweth forth Splinters, and fuch like things gotten old Sores, no the fleth, and is very good against Bruiles and Burnings. Bruifes, ut the yellow Archangel is most commended for old, filthy Burnings. crupt Sores and Ulcers, yea although they grow to be holw; and to diffelve Tumors. The chief use of them is for Women; it beg an Herb of Venus, and may be found in my Guide for Women.

Arf-fmart.

THe hot Arf-fmart is called also Water-Pepper, Culrage, The mild Arf-smart is called dead Arf-smart, Porcicaria, or Peach-wort, beaule the Leaves are so like the Leaves of a Peach-tree: it is also called lumbago.

not Description of the mild. This bath broad leaves fet at the great red joints the flalks; with semi-circular blackish marks on them usually, y t sometimes ithout. The flowers grow in long spikes usually, either bluish or whilish with on the feed following. The Root is long, with many firings thereat, perishing a file this bath no sharp tast (as another fort bath, which is quick and biting) at rather four like Sorrel, or elfe a little drying, or without tast.

Place. It grows in watry Plashes, Ditches, and the like, which for the hoft part are dry in Summer.

Time. It flowreth in June, and the feed is ripe in August.

Government and Vertues. As the Vertue of both thefe is various, fo are althe their Government: for that which is hot and biting, is under the Domiion of Mars, but Saturn challengeth the other, as appears by that Leaden

It is of a cooling and drying quality, and very effectual for ulcers. derivative description of the Seed bruiled, and held to an aking tooth Tootbach, or other factors are found to the Seed bruiled, and held to an aking tooth Tootbach, or other factors, or other factors, or other factors, or other factors, or fome of the Seed bruiled, and held to an aking tooth Tootbach, or of other factors, or other fa

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the Eirs,
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ftroyeth Worms in the Ears being dropped into them: if it hot Arf-mart be strewed in a Chamber, it will soon kill allist Fleas; and the Herb or Juyce of the cold Arsmart put Horse or other Cattels Sores will drive away the Fly into hottest time of Summer: a good handtul of the hot bith Arsmart put under a Horses Saddle, will make him travely better although he were half tired before. The mild Arsma is good against hot Impostumes and Instammations at their ginning, and to heal green Wounds.

All Authors chop the Vertues of both forts of Arimart together, as m chop herbs for the Por, when both of them are of clean contrary qualities The hot Arsmart groweth not so high, or tall, as the milk doth, but he many leaves of the colour of Peach-leaves, very seldom or never spotted; other particulars it it like the former, but may easily be known from it you will be but pleased to break a leaf of it cross your tongue, for the will make your tongue to fmart, fo will not the cold. If you fee them but together, you may easily distinguish them, because the mild hath far bro der leaves: and our Colledg of Physicians out of the learned care for a publick good Aeglice their own gain, mistakes the one for the other in the New Mafter-Piere, whereby they discover, t Their Ignorance, 2 Their Car lefnefs, and he that hath but half an eye, may fee their pride without apt of Spectacles. I have done what I could to distinguish them in the Vertus and when you find not the contrary named, use the cold. The truth is, have not yet speken with Dr. R afon, nor his Brother Dr. Experience, co cerning either of them both.

Afarabacca.

D. feript. Sarabacca hath many Heads rifing from the Roots, for whence come many smooth Leaves, every one upon own footftalk, which are rounder and bigger than violet leaves, thickers fo, and of a dark green thining colour on the upper fide, and of a pale ye low green underneath, little or nothing dented about the edges, from mong which rife small, round, hollow, brown, green husks, upon the stalks about an inch long, divided at the brims into five divisions, very the Cups or Heads of the Henbane feed, but that they are smaller: a these be all the flowers it carrieth, which are somewhat sweet, being sme led unto, and wherein when they are ripe is contained small cornered, rou feeds, very like the Kernels or flones of Grapes or Raifins. The Roots a small and whitish, spreading divers ways in the ground, and increase into divers Heads: but not running or creeping under the ground as low other creeping herbs do. They are somewhat sweet in smell, resemble Nardus, but more when they are dry, than green : and of a sharp, but " unpleasing taft.

Place. It groweth frequently in Gardens.

Time. They keep their leaves green all Winter, but shoot forth new the Spring, and with them come forth those Heads or Flowers which give feed about midsummer, or somewhat after.

'Tis a Plant under the Dominion of Mais Greenment and Vertues. nd therefore inimical to Nature. This Herb being drunk, not nly provoketh Vomiting, but purgeth downward, and by Urine Caufeth 1 Mo, purgeth both Choler and Flegm: if you adde to it some Vomiting, picknard, with the Whey of Goars-milk, or honyed Water, it is Choler, nade more ftrong, but it purgeth Flegm more maniteftly than Flegm, Choler, and therefore doth much help pains in the Hips and other wine, arts, It being boyled in Whey, wonderfully helpeth the Ob- Ob truction tructions of the Liver and Spleen, and therefore profitable for ons of the he Dropfie and Jaundice being steeped in Wine and drunk. It Liver and elps these continual Agues that come by the plenty of stubborn Spleen, umors; an Oyl made thereof by ferting in the Sun, with some Dropfie, ed; lands um added to it, provoketh Sweating (the ridg of the bick Jaundice, n it eing anointed therewith) and thereby driveth away the shaking Agues. its of the Ague. It will not abide any long boyling, for it loseth to chiefest strength thereby; nor much beating, for the finer Pouder doth rovoke Vomits and Urine, and the courser purgerh downwards. bro

The common use hereof, is to take the Juyce of five or seven Leaves in a ttle drink to cause Vomitings: the Roots have also the same Vertuc, hough they do not operate so forcibly: yet they are very effeertur tual against the bitting of Serpents, and therefore are put as an hit, noted in the both into Methridate and Venice-Treacle. The leaves and Roots being boyled in Lie, and the head often washed therewith while it is warm, comforteth the head and brain that is ill Serpents Head, Me nory.

feeted by taking cold, and helpeth the Memory.

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I shall desire ignorant people to forbear the use of the Leaves; the Roots urge more gently, and may prove beneficial in such as have Cancers, or id putrified Ulcers or Pistulaes upon their bodies to take a dram of them in oon h kers Ponder in a quarter of a pint of white Wine in the morning. The truth is, le ya fancy purging and vomiting Medicines as little as any man breathing doth, or they weaken Nature, nor shall ever advise them to be used unless upon the figure necessity. If a Physician be Natures Servant, it is his duty to strongcry is hen his Mistress as much as he can, and weaken her as little as may be.

Asparagus, Sparagus, or Sperage.

Pletipt. Trifeth up at first with divers white green scaly Heads, very brit-I the or easie to break while they are young, which afterwards rife realist very long and flinder green stalks, of the bigness of an ordinary riding wands somether bottom of most, or bigger, or lesser, as the Roots are of greenth: on which mblisted divers branches of green Leaves, shorter and smiller than Fennel to the out a ?: at the joynes whereof come forth sin il mosse yellowist flowers, which turn (having tike beads of Coral, wherein are contained exceeding hard ak S cas. The Roots are dispersed from a spongeous head into many long, thick, ch go and frings, wherely it sucketh much nour shment out of the ground, and krea e b pleasifully thereby.

Prickly Asparagus, or Sperage.

Descript. It groweth usually in Gardens, and some of it grows wild in Apple ton Meadow in Gloucestershire, where the poor people do gather the Buds or young Shoots, and sell them cheaper than our Garden Asparagus is sold at London.

Time. They do for the most part flower, and bear their Berries late in

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the year, or not at all, although they are housed in Winter.

The young Buds or Branches boyled in one ordinary Broth, ma-Belly, keth the Belly foluble and open, and boyled in white Wise, pro-Strangury, voketh Urine being stopped, and is good against the Strangury or Dysury, difficulty of making water; it expelleth the Gravel and Stone Gout, Sciaout of the Kidneys, and helpeth pains in the Reins. And boyled in ties, Eyes, white Wike or Vinegar, it is prevalent for them that have then Touth-ach. Arteries loofned, or are troubled with the Hip-Gout or Sciatta

The decoction of the Roots boyled in Wine and taken, is good to clear the fight, and being held in the Mouth easeth the Tooth ach: and being taken fasting several mornings together, stirreth up bodily Lust in Man or Woman (whatsoever some have written to the contrary.) The Garden Asparagus nourisheth more than the wild, yet hath it the same effects in all the aforementioned Diseases. The Decoction of the roots in white Wine, and

the Back and Belly bathed therewith, or kneeling or lying down Reins, in the same, or sitting therein as a Bath hath been sound efferment and against pains of the Reins and Bladder, pains of the Mother and Cholick, and generally against all pains that happen to the lower parts of the body, and no less effectual against stiff aut benummed Sinews, or those that are shrunk by the Cramps and Convulsion. Convulsions, and helpeth the Sciatica.

Afh-tree.

This is so well known, that time will be mis-pent in writing a description of it; and therefore I shall only insist upon the Vertues of it.

der tops with the leaves taken inwardly, and some of them outwardly ap

plied, are fingular good against the biting of the Viper, Adda or any other venomous beaft: and the water distilled therefron Adder and being taken a smal quantity every morning fasting, is a fingula Vipers bi-Medicine for those that are subject to a Dropsie, or to abate the ting, Diopgreatness of those who are too groffe or fat. The Decoction He, Stone, the Leaves in white Wine, helpeth to break the Stone, and exp Jundice, it, and cureth the Jaundice. The aftes of the Bark of the A Liprofi's made into Ly, and those Heads bathed therewith which are Scabs, Scala prous, scabby or scald, they are thereby cured. The Kerns Heads within the Husks commonly called Ashen Keys, prevaile Stitches. Stone, Dyfn'y, against Stirches and pains in the fides proceeding of wind. 2 voideth away the stone by prevoking Urine. Rickets.

helpeth

I can justly accept against none of all this, save only the first, viz. That Afh-tree Tops and Leaves are good against the biting of Serpents and Vipers, I suppose this had its rife from Gerard or Pliny, both which hold, That there is such an Antipathy between an Adder and an Ash-tree, that if an Adder be compassed round with Ash-tree Leaves, the will sooner run through the fire than through the Leaves: the contrary to which is the truth, as both my eyes are witness. The rest are Vertues something likely, only if it be in Winter when you cannot get the leaves, you may fafely use the Bark instead of them. The Keys you may cassly keep all the year, gathering them when they are ripe.

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Avens, called alfo Colewort, and Heib Bonet.

Discript. His ordinary Avens hath manylong, rough, dark green, winged. leaves rifing from the Root, every one made of many leaves, let on each fide of the middle Rib, the largest three whereof grow at the end. and are fnip'd or dented round about the edges : the other being small pieces, sometimes two, and sometimes four, standing on each side of the middle Rib underneath them. Among which do rife up divers rough or hairy stalks about two foot high, branching forth with leaves at every joynt, not to long as those below, but almost as much cut in on the edges, some into three parts, some into more. On the tops of the branches stand small, pale yellow flowers, confisting of five leaves, like the flowers of Cinkfoyl, but large, in the middle whereof standeth a small green Herb, which when the flower is fallen, groweth to be rough and round, being made of many long greenish purple Seeds (like grains) which will flick upon your Cloaths. The Root confifts of many brownish ftrings or fibres, smelling somewhat like unto Cloves, especially those which grow in the higher, hotter, and dries grounds, and in the freer and cleer Air.

Place. They grow wild in many places under Hedg-files, & by the Pathways in fields:yet they rather delight to grow in shadowy than sunny places.

Time. They flower in May and June for the most part, and their Seed is ripe in July at the furthest.

Government and Vertues. It is governed by Jupiter, and that gives hopes of a wholfom healthful Herb. It is good for the Difcases of the Chest or Breast, for pains and stitches in Breast, Stitches, the fides, and to expel crude and raw humors from Word, Belly, Stomach, the belly and stomach by the sweet savor and warm- inward wounds, Heart, ing quality. It dissolveth the inward congealed blood cold Brain, Obstruction hipning by falls or bruiles, and the spitting of blood ons, Cholick, Fluxes, if the Roots either green or drie, be boyled in Wine Ruptures, Spots and & drunk, as also all manner of inward wounds or our- marks in the Face, ward, if they be washed or bathed therewith. The De- Plague, Poyson, 14coction also being drunk, comforteth the Heart, and digettion. strengtheneth the Stomach, and a cold Brain, and

therefore is good in the Spring time to open Obstructions of the Liver, and E 3

helpeth the Wind Colick: it also helps those that have Fluxes or are but pleer slen, or have a Rupture: it taketh away spots and marks in the Face, being hereo washed therewith. The Juyce of the fresh Root or Pouder of the dried Root pater, hath the same effect with the Decoction. The Root in the Spring time sleet snot ped in Wine, doth give it a delicate savor and tast, and being drunk fasting heir every morning comforteth the Heart, and is a good preservative against the Wine Plague, or any other Peyfon. It helpeth Digettion, and warmeth a cold Stomach, and openeth Obstructions of the Liver and Spleen.

It is very fafe, you need have no Dofe prescribed; and is very fit to be

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kert in every bodies house,

Balm.

"His Herb is fo well known to be an Inhabitant almost in every Garden The that I shall not need to write any Description thereof, although the Wind

Vertues thereof which are many, may not be omitted.

Government and Vertues. It is an Herb of Jupiter, and under Cancer, mors and ftrengthens Nature much in ali its actions. Let a Syrup made with the fuch Juyce of it and Sugar (as you shall be taught at the later end of the Book) Boyl be kept in every Gentlewomans house, to relieve the weak Stomachs and sick ling bodies of their poor sickly Neighbours, as also the Herb kept dry in the house for that so with other convenient Simples, you may make it into an Electuary ling,

with Honey according as the discase its and you shall be taught attra at the latter end of my Book. The Arabian Physicians have extinct tolled the Vertues hereof to the Skies, although the Greeks the thought it not worth mentioning. Scrapio faith, It caufeth the low, Mind and Heart to become merry, and reviveth the heart fain- flow ting in Swoonings, especially of such who are overtaken in patt their sleeps, and eriverh away all troublesome cares & thoughts been out of the Mind arising from Melancholy, or black Choler; which Avicee also confirmeth. It is very good to help digeftion, and open Offications of the brain: and hath fo much purging quality in it (faith Avicen) as to expel those melancholy vapors from the Spirits and blood which are in the Heart & Arteries, although it cannot do fe in other parts of the Body. Diosco ides faith, That the Leaves Reeped in Wine, and the Wine drunk, and the Leaves externally applied, is a Remedy against the sting of a Scorpion; and the bitings of mad Dogs, and commendeth the accortion thereof for Women to bath or fit in to procure their courses: it is good to wash aking teeth therewith, and prefitable for those that have the bloody Flux. The Leaves also with a little Nitre taken in drink, are good against a furter of Mulbrooms, helps the griping pains of the Belly, & being made into an Electuary, it is good for them that cannot ferch their breath: uled with Salt, it takes away Wens, Kernels or hard Swellings in the flesh or throat : it clenfeth foul Sores, and eafeth pains of the Gour. It is as good for the Liver and Spleen,

Mind. Heart, Faintings Smoonings, Melancholy, Indigeftior . 0' -Prictice of the Biain. Heart, Arteries, v:nomous Brafts. mad Dogs Terms povokes, Tootleach, bloody Flux Mulhrooms cifficulty of breathing, Gout, Liver, Sy'con,

pleen. A Tanfie or Catale made with Eggs, and the Juyce bur the here of while it is young, putting to it some Sugar and Rose-Row vater, is good for Women in Child-bed, when the After-birth stee snot throughly avoided, and for their Faintings upon, or after the Wine and Oyl, and laid warm on a Boyl, will ripen and break it.

Women 12 Child-bed Fainting in Travel, Boyls.

Barberry.

ob THe shrub is so well known by every Boy and Girl that hath but attain-L' ed to the age of seven years, that it needs no Description.

Government and Vertues, Mars owns the Shrub and prefents it to the

ble of my Country-men to purge their bodies of Choler.

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den The inner Rind of the Barberry-tree boyled in white the Wine, and a quarter of a pint drunk each morning, is an excellent Remedy to cleanse the body of Cholerick hucer, mors, and free it from fuch Difeases as Choler causeth, the luch be Scabs, Itch, Tetrers, Ringworms, yell. Jaundice, ok) Boyls, &c. It is excellent for hot Agues, Burnings, Scalfick lings, heat of the blood, heat of the Liver, bloody Flux: one for the Berries are as good as the Bark, and more plea-

I'ch , Tetters, Ring-wo:m, yel. Januadice, B yls. Aques, Burnine, Scaldings, Avpetite, loft Hair.

Chaler , Scabs,

ary ing, they get a man a good stomach to his Victuals, by strengthening the ght attractive faculty, which is under Mars, as you may see more at large the latter end of my Ephemeris for the year 1651. The hair washed want eks the Lie made of the Ashes of the Tree and Water, twill make it turn yelthe low, viz. of Mars his own colour. The Fruit and Rind of the Shrub, the in- flowers of Broom and of Heath, or Furz, cleanse the body of Choler by Symin pathy, as the flowers, leaves and bark of the Peach-tree do by Antipathy: because these are under Mars, that under Venus.

Barley.

THe continual usefulness hereof hath made all in general so acquainted I herewith, that it is altogether needless to describe its several kittles hereof plentifully growing, being yearly fown in this Land. The Vertues whereof take as followeth.

Government and Vertues. It is a notable Plant of Saturn, if you view diligently its effects by Sympathy and Antipathy, you may eafily perceive a Reason of them, as also why Barley Bread is so unwholsome for Melancholy people. BARLEY in all the piers and Compositions thereof (except Malt) is more cooling than Wheat, and a little cleanfing: and all the Prepirations thereof, as Birley water, and other things made thereof, do give great nourishment to persons troubled with Feavers; Feavers, Agues, and heats in the stomach. A Pultis made of Barley meal

or flour boyled in Vinegar and Honey, and a few dry Figs put Stomach, into them, diffolverh all hard Impostumes, and asswageth Inflammations being thereto applyed. And being boyled with Melilot Inflammaand Chamomal flawers, and some Linseed, Fenngreck, and tions, Spleen

Acues, 1 Apoltums.

Rew

Rew in Pouder, and applied warm, it easeth pains in the fide and flomat their and windiness of the Spleen. The Meal of Barley and Fle pey Errs, Throat, wort boyled in Water, and made into a Pultis with Hon Too Neck, Kings and Oyl of Lillies applied warm, cureth Swellings under the Early, Lep offer, the Ears, Throat, Neck, and such like: and a Plain to w made thereof with Tar, Wax, and Oyl, helpeth the Kin Evil in the Throat : boyled with tharp Vinegar into a Pa Itco, Eich tis, and laid on hot, helpeth the Leprofie: being boyk

in r. d Wine with Pomegranate Rinds and Mirtles, stayeth the Lask or othe light of the Belly: boyled with Vinegar and a Quince, it easeth the par Got of the Gut. Barley flour, white Salt, Honey and Vinegar mingled regulence ther, taketh away the Itch speedily and certainly. The Water distiller the from the green Birley in the end of May, is very good for those that he a Defluxions of homors fallen into their Eyes, and easeth the pains beir den dropped into them, or white Breid Reeped therein, and bound on told re-r Eyes, doth the same.

Girden Bizil, or Sweet Bazil.

D forpt, He greater or ordinary Bazil rifeth up usually with one up tter, right stalk diverly branching forth on all sides, with the brea leaves at every joynt, which are fomewhat broad and round, yet pointed, cleen pale green colour, but freih, a little inipt about the edges, and of a fron 10,8 heady feent. The flowers are imall and white, standing at the tops of the mot branches, with two small leaves at the joynts, in some places green, it and cehers brown, after which come black feed. The Root perifheth at the specis preach of Winter, and therefore must be new fown every year. ocus

Place. It only groweth in Gardens,

Time. I' must be sowed late, and flowers in the heat of Summer, beint ex

Goze nment and Vertues. This is the Herb which all Authors are together, ther by the Ears about, and rail at one another like Lawyers. Galen and drh D'of carides hold it not fitting to be taken inwardly : and Cryfingus rails att oth with down-right Billing -gite Rhetorick. Pli y and the Arabian Physician hel detend it.

For mine own part I presently found that Speech true ; Non nost un inter nos tantas componere lites.

And away to Dr. Re for went I, who told me it was an Herb of Man Les and away to Dr. Respondents, who told me it was an Herb of Math the and under the Scorpion, and perhaps therefore called Basilicon, and then most to marvel it is carry a kind of virulent quality with it. Being ap 18 to Mass. Please, plied to the place bitten by a venomous Beast, or stung by a book Beast, Wass of Hernet, it speedily draws the poyson to it. Every life tally Bres, draws his tike. Miguldus affirms, That it being laid to rot in pho Harte-dung, it will breed venomous Beasts. And Hollerius a him Horrets. French Physician, affirms upon his own knowledg, That an acquaintance of his by common smelling to it, had a Scorpion breed in his Brain Something is the matter this Herb and Rew will not grow to teri

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omic ther, no, nor near one another: And we know Rew is as great an enemy defle peyfon, as any growes.

How To conclude: It expelleth both Birth and after-birth: and as it helps und edeficiency of Vexus in one kind, so it spoils all her actions in another. I Plain to write no more of it.

The Bay-Tree.

boyle His is so well known, that it needs no description; I shall therefore one-other ly write the Vertues thereof, which are many.

par Government and Vertues. I shall but onely add a word or two to what my toge fiend hath written, viz. That it is a Tree of the Sun, and un-filler the Celestial Sign Leo, and resisteth Witchcrast very potent- Witchcroft, the as also all the evils old Saturn can do to the body of Man,

bein d they are not a few; for it is the speech of one, and I am mistaken if it took to not Migaldus, That neither Witch nor Devil, Thunder nor Light-

rg, will hurt a Man in the place where a Bay-tree is. Gallen faith, That Lesves, or Bark do dry and heal very much, and the Berries more than

Leaves. The Bark of the Root is less sharp and hot, but more upter, and hath some aftriction withal, whereby it is effectual

the break the stone, and good to open obstructions of the Liver, Stone, Obed, eleen, and other inward parts, which bring the Dropfie , Jaun- fructions

from to,&c. The Berries are very effectual against all poyson of ve- of the Li-f the mous Creatours, and the stings of Wasps, and Bees, as also ver and and in, it wish the Pestilence, or other insectious Diseases, and there- Spleen, as it is put into Sundry Treacles for that purpose they likewise Dropsie,

cure Womens Courles; and seven of them given to a Wo- Poyson,

in in fore Travel of Child-Birth, do cause a Speedy delivery Jaundice, eint expel the After-birth, and therefore not to be taken by Bees,

thas have not gone out their time, left they procure Abort- Wasps,

oge int, or cause Labour too soon: they wonderfully help all cold Horners,

and theumatick Diftillations from the Brain to the Eyes, Lungs Terms proath other parts : And being made into an Electuary with Honey vokes,

ian help the Consumption, old Coughs, Shortness of Breath and causes De-

Rheums; as also the Megrim: they mightily expel wind, livery, provoke Urine; help the Mother, and kill the Worms: the After-birth,

aves also work the like effects. A Bath of the decoction of Eyes,

aves also work the like effects. A Bath of the decoction of Eyes, and Eleaves and Berries, is singular good for Women to sit in, that Lungs, and stroubled with the Mother, or the diseases thereof, or the stop. Cough, ap 85 of their Courses, or for the diseases of the Bladder, pains in Shortuss by a bowels by wind and stopping of urine. A decoction likewise of of breath, like all parts of Ray berries, Cummin-seed, Hysop, Organum, and Megrim, at in phorbium, with some honey, and the Head bathed therewith wind, Verst h wonderfully help Distillations & Rheums, and settleth the tigo, Dysuate of the Mouth into its place. The Oyl made of the Ber-ry, Mather, are is is very comfortable in all cold Griefs of the Jeynts, Nerves worms, see series, Stomach, Belly, or Womb, and helpeth Pal-Jynts, see,

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fies,

The English Physician Enlarged.

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Nerves. Arientes, Stomach, Belly. Itomb. Ens, Markein the Skin, Itch, Scabs.

Sport

Store, Difitiy.

tions,

Momens

Breaks

Ports. Brunes.

Leeches.

Pair,

Sinew;

Sciatica, Gost.

Feloss, or

sies, Convulsions, Cramps, Aches, trembling and numnel any part, weariness also, and pains that come by fore travelling All grief and pains likewise proceeding from Wind, either neh the Head, Stomach, Bick, Belly or Womb, by anointing the product affected therewith: And pains in the Ears are also cured by do ping in some of the Oylor by receiving into the Ears the wu firme of the Decoction of the Berries through a Funnel. I Oil takes away marks of the skin and flesh by bruises, falls, a chi and d folverh the congested blood in them. It helpeth alfor ag Irch, Scaps and Wheal, in the Skin.

Beans.

Och the Garden and Field Beans are fo well known, that it saveth: Las D labour of writing any Description of them. Their Vertues follow. This Government and Vertues. They are Plants of Venus; and the distill leng

Water of the flower of Garden Beans, is good to cleanse to to Face and Skin from Spots and wrinkles, and the meal or four !: them, or the small Bean, doth the same. The water distiller, from the green Husks, is held to be very effectual against i nar Rone, and to provoke Urine. Bean flour is used in Pultiffes T In ammaaffwage Infl monations ring upon Wounds, and the fwelling tree Womens Breafts caused by the curdling of their milk, and drie preffeth their milk : The flour of Beans and Fenugreek mit are, with honey, and applied to Felons, Boyls, Bruifes, or blue must him by blows, or the Imposshumes in the Kernels of the Ears, he have eith them all: And with Rose Leaves, Frankincense, and to dig white of an Egg being applyed to the Eyes, helpeth them Brea are swoln, or do water, or have received any blow upon them are swoln, or do water, or have received any blow upon them are sufed with Wine. If a Bean be parted in two, the skin being: and then sway, and laid on the place where a Leech hath been settly to bleedeth roo much, it stayeth the bleeding, Bran flour boyledy Andicoms, Ears, Pyes. to a Pultis with Wine and Vinegar, and some Oyl put there be ceaferh both pain and swelling of the Cods. The Husks boy lider Cols Smelin Water to a confumption of a third part thereof, fayeth a La by c led, Flux, and the athes of the Husks made up with old Hogs Greafe, he eth the old pains, Contusions and Wounds of the Sinews, Sciatica and Gout. The Field Brans have all the aforementio End ed Vertues as the Garden Beans.

Bains earen are extream windy meat; but if after the Dade-1 fashion, when they are half boyled you husk them, and then stew them cannot tell you how, for I never was Cook in all my life) they are who fomer Food.

French Beans.

Malk: which afterwards divide hit felf into many and His French or Kidney Bean, arifeth up at first but with D fiript.

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The English Physician Enlarged.

neli turches, but also weak, that if they be not suffained with flizh ellings, they will lie fruitless upon the ground: at several places of their the penetral grow forth long stot-stalks, with every one of them three broad and pointed green Leaves at the end of them, towards the top whereoff y do to for the most part that the fruit will be of, that is to say, white, yellings, red, blackish, or of a deep purple, but white is most usual; after Is, a ch come long and flonder flar Cods, some crooked, some frait, with a lifet ig as it were running down the back thereof, wherein are contained flatround fruit made to the fashion of a Kidney: the Root is long, spreadwith many ftrings annexed to it and periffieth every year.

there is also another fort of French Beans commonly growing with us in

eth: Land, which is called the Scarlet flowered Bean.

ow. This ariseth up with sundry branches as the other, but runs up higher to itill length of Hop-poles, about which they grow twining, but turning con-fie ty to the Sun, having foot-stalks with three leaves on each, as on the o-flour: The flowers also are in fashion like the other, but many more set to-

the flowers also are in fashion like the other, but many more let toistill ter, and of a most Orient Scarlet colour. The Beans are larger than the
off the nary kind, of a deep purple colour, turning black when it is ripe and
offer. The Root perisheth also in winter.

In the Root perisheth also in winter.

The le also belong to Dame Venus, and beand dried and beat to powder, are as great strengtheners of the Kidneys as
min are, neither is there a better Remedy than it, a dram at a time taken
must have Wine to prevent the stope, or to clense the Kidneys
he have or stoppage. The ordinary French Beans are of an Distury,
and i digestion, they move the Belly, provoke Urin, enlarge Shortness

The aft that is straightned with shortness of Breath, enof Breath,

Incite to

nem ier Sperin, and incite to Venery.

ing: nd the Scarlet coloured Beans; in regard of the glorious et a try of their colour, being fet neer a Quick-fet Hedg, will boy ely adorn the same by climing up thereon, so that they here be discerned a great way, not without admiration of the boy older at a distance. But they will go neer to kill the Quick-

La by cloathing them in Scarlet.

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Ladies Bedestraw.

ntia Endes the common name above-written, it is called Cheef-Rennet, because it performs the same office; as also Gallion, Pettimugget and

Di de-hair, and by some wild Rosemary.

em escription. This riseth up with divers small, brown, and square upwhole stalks a yard high, or more, sometimes branches forth into divers

the stalks a yard high, or more, sometimes branches forth into divers

the stalks a yard high, or more time small Leaves at tweey one of full of Joynts, and with divers very fine Small Leaves at every one of little or nothing rough at all : At the tops of the Branches grow many this or branches of yellow flowers very thick fet together, from the fethe Joynes which consist of four Leaves a piece, which smell som what.

Incite to Vinery.

A gallant

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for the most part joyned together: The Root is reddish, with many small be C fastned water it, which take strong hold of the ground, and create he little and fastned unto it, which take strong hold of the ground, and crespeth a little; the branches leaving a little down to the ground, take Root at the joynts the ty

whereby it is easily increased.

There is also another fact of Ladies Bed-fram growing frequently in Eng which beareth white slowers as the other doth yellow; but the branches of the veri fo weak, that unless it he fultained by the Hedges, or other things had the fore groweth, it will lie down to the ground; the Leaves a little bigger than the fore groweth, it will lie down to the ground; the Leaves a little bigger than the fore mer, and the flowers not so plantiful as those; and the Root bereof is also t dy, and abiding.

Place. They grow in Meadows and Pastures both wet and dry, and better

Hedges.

Stone,

Galled Feet,

Founts,

Dilivy.

Time. They flower in My for the most part, and the seed is ripe in fo

and August.

Government and Vertues. They are both Herbs of Venus, and that lo a strengthen the parts both internal and external which she rules. The u

costion of the former of those being drunk, is good to fit it break the Stone, provokes Urine, stayeth inward bleeding lout healeth inward Wounds. The Herb or flower bruised an it up into the Noftrals, stayeth their bleeding likewise. The ses, ers and Herbs being made into an Oyl, by being set in the abla and changed after it hash stood ten or twelve days; or in e. V. Oyntment, being boyled in Arangia or Sallet Oyl, within do Wax melted therein, after it is strained; either the Oyl run thereof, or the Oyntment, do help burnings with sire, or some the or the Decostion of the the Bleeding, Woulds, Burnings. Wearinefs. ings with water. The same also, or the Decoction of the The Stiff iefs of and Flower, is good to bath the feet of Travellers and its (quies, whose long running, causeth weariness and stiffs and Scabs, Itch.

their finews and joynts: If the Decoction be used warm, get the joynts afterwards anointed with Oyntment, it helpeth, the dry. To and the Irch in Children : and the Herb with the white flower is allo link good for the Sinews, Arteries, and Joynts, to comfort and Rrengthen tin

after travel, cold, and pains.

Beets.

F Brets there are two forts, which are best known gener and whereof I shall principally treat at this time, viz.

white and Rea Beets ; and their Vertues.

The common white Biet hath many great leaves next the ground what large, and of a whitith green colour: The stalk is great, strong, and el bed, bearing great fore or leaves upon it, almost to the very top of it and flowers grow in very long tufes, fmall at the ends, and turning down the heads, which are im il, pale, greenish, yellow Burs, giving cornered? led feed. The Rior is great, long and hard, and when it hath given fee ids of no ule at all,

Offrections of the Liver

and Spleen, Virtigo, Veno nous beaft , burnings.

St. Anthonies fi e, Wheals.

B'illers, Chilblains, Kibes

Irch, Dandriff, Scabs,

ul ers, Canker, Baldnefs

Flux, Terms (tops. whites, flinking

mall: the Common Red Beet differeth not from the White, but only it is lest the ind the Leaves and the Roots are somewhat red: the Leaves are different the ty red, in some onely with red stalks or veins; some of a fresh red, and s cfa dark red. The Root thereof is red, spungy, and not used to be

of the vernment and Virtues. The Government of these two sorts of Beets are are the liferent; the red Beet being under Saturn, and the white under Jupiter; in the fore take the Vertues of them apart, each by also telf. The white Beet doth much loosen the Cleanse, Digest, Disary,

, and is of a cleanling digetting quality, and and be beth Urine: The juyce of it openeth Obpein for the Head-ach and swimmings there-

and turnings of the Brain; and is effectuthe fo against all venomous Creatures: and ap-

The lupon the Temples, stayeth Inflammations of the he Eyes; it helpeth burnings, being used ding out Oyl, and with a little Allum put to

d and it is good for St. Aithonies fire. It is also good for all Wheals, The bes, Blisters, and Blains in the Skin: The Herb boyled and laid upon the Iblains of Kibes, helpeth them: The Decoction thereof in Water and or in a Vinegar, healeth the Itch, if bathed therewith, and cleanseth the with d of Dandriff, Scurf and dry Scabs, and doth much good for fretting Dyle running Sores, Ulcers, and Cankers in the Head Legs or other parts, and or leguch commended against Baldness and shedding of Hair.

the The red Beet is good to stay the bloody flux, Wo-and is Courses, and the Whites, and to help the yellow lists indice. The jayce of the Root put into the Nostrils,

rm, geth the Head, helpeth the noise in the Ears, and breath, noise in the dry. Tooth-ach; the Juyce snuffed up the Nose, helps Ears, Smell lost. also inking breath, if the cause lies in the Nose, as matimes it doth, if any bruise hath been there, as also want of smell competitudes that way. og that way.

Water-Betony.

Alled also Broom-wort, and in Yorkshire, Bishops Leaves.

entil Descript. First of the Water-Retory, which rifeth up with square, vix. d, greenish stalks, sometimes brown, set with broad, dark green Leaves, ted about the edges with notches, somewhat resembling the Leaves of Mood-Betony, but much larger, two for the most part fet at a joynt. and e Flowers are many, fet at the tops of the stalks and branches, being of it and bellied, and open at the brims, and divided into two parts, the upper-wn fibring like a hord, and the lowermost like a lip hanging down; of a dark ed; colour, which passing away, there comes in their places small round fee ids, with small points in the ends, wherein lie small and brownish seeds: t Root is a thick buth of firings and threds growing from the Head. Place.

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Hace. It groweth by Ditch-fides, Brook-, and other Water-co generally through this Land, and is feldom found for from the W

Time. It flowreth about Tuly, and the feed is ripe in August.

G remained and Vertues. Water-Betony is an Herb of Julik Wood-Betony which follows. It is an excellent Remedy for fick H Con

effectual for all old and firthy Ulcers; and especially if Wicers. Juyce of the Leaves be boyled with a little Honey, dipped therein, and the Seres dreffed therewith: as all

B.u.les or Hurts whether inward or cutward. The diffiled Brunfei. ter of the Leaves is used for the same pu po es : as also tob Sun-bun- the face or hands spotted or blemished, or discoloured by sape

burning. 119.

I confess I do not much fancy diffiled Waters, I mean In Waters as are unfilled cold : fome Vertue of the Herb they may has have (it were a thrange thing cle) but this I am confident of, that beit, cistilled in a l'ewter Still, as the vulgar and apith fashion is, both Chys, we cal Oyl and Sait is left behind, unless you burn them, and then all is in a ed, Water and all, which was good for as little as can be by such a Disth lation. You have the best way of Distillation in my Translation of the be: des Dise fato v.

Wood-Betony.

Deleript. Connas or Wood-Bota y hat's many Leaves rifing from the ! amosto are former pat board and out at the cad, roundly d ed about the dies, francis worlong Frot-flake, from among which if finall, fourt, flader, but yet upright hany flalks with fome Leaves the two ance at the Jording maile this the lover, whereon are fet feveral for Heads of A men lig Lagrade, but thicker and the ter for the most parts of a red it is or on ple calou, specied with white spots both in the upper and in part. The Sed being contained within the blacks that hold the flowers, blackib, fomment long and mergen. The Roots are many white thready Arth the fack peribet but the Roots with force Leaves the low, abide all the will. The woole Plast is forewhat (mill.

Place. It growith frequently in Woods, and celighteth in thady place Time. And it flowreth in fil, after which the Seed is quickly ripe,

in its prime in May.

Gaveenment and Vertues. The Herb is appropriated Etidemical Dif- the Planet Jupiter, and the Sign Aries. Anto its Me e efer, Witch-Payfitian to the Emperour Augustus Cafar, wrote a po liar Book of the Vertues of this Herb; and a mongft of er f , A metit', Asas oftion, Sto- Vertues, laita of it, That it preferveth the Liver and

mach, Bel:bing .

Faundices Fala

Palfie, Convuifi-

on, Shinking of

Spicer Stiches.

l'ains inthe Back and Belly.

lie-fickafs

the Smems . Cout, Dropfie, Fierfit, Couch. Cold, Storteels of breath, Aques of all forts Sore Eyes. Marms, Oblinacisons of the Liver and

ef men from the danger of Epidemical Dueates, from Witcherafts also: It is found by daily experience egood for many Difeases; It helpeth those that loath, annot digest their meat, those that have weak stomachs, our belchings; or continual rising in their stemach, pur belchings; or continual riting in their itemach, apin g it familiarly either green or dry; either the Herb, east toot, or the flowers in Broth, Drink, or Meat, or made ck it Conferve, Syrup, Water, Electuary, or Powder, as every plin may best frame themselves unto, or as the time or seay if requireth, taken any of the aforetaid ways, it helpeth
y: Jaundice, Falling-sickness, the Palice, Convultiors, or all using of the Sinews, the Gour, and those that are inled to Dropsies, these that have continual pains in their tobid although it turn to Phrensie. The Powder mixed by a pure Honey is no less available for all forts of Coughs Ilds, Wheefing, or thortness of Breath, Diffillations can him Rheum upon the Lurgs, which causeth consumptions. The Decoction made with Mead and a little Penyat bal, is good for those that are troubled with purid A-Chy s, whether Quotidian, Tertian, or Quartan, and to draw is the second is for and evacuate the blood and humours that by falling Die the Eves, doch hinder the fight: The Decocien thereof the bein Wine, and taken, killeth the Worms in the Beliy, beth Obstructions both of the Spleen and Liverscureth thes and pains in the Back or Sides, the terments and ing pains of the bowels, and the Wind Cholick; and ed with Honey purgeth the belly, helpeth to bring the M Womens Courses, and is of especial use for those that toubled with the falling down of the Mother, and pains ting of Blood, by deep and causeth an easie and speedy delivery of Woin Child-birth: it helpeth also to break and expel the seither in the Bladder or Kidneys. The Decection with Vins and Since, gargled in the Mouth, easeth the Tooth-ach. It is news cut, ularity mended against the stinging or biting of Venemous cers, Fistulaes, pents or Mad-dog, being used inwardly, and applied Boyls, Ears.

Wardly to the place. A dram of the Powder of Betony, mouth a little Honey in some Vinegar, doth wonderfully refresh these are ever-wearied by Travel; it stayeth bleeding at the Mouth or Nose, helpeth these that piss or sor had and those that are builten or have

and S

Terms prevokes, Mother, Child-birth, Stone, Too:bach. I cnomous Reafts, Mad Dogs, Wearinefs, Blicding at Mouth & Nofe. Pilling, & Spita helpeth these that piss or spit blood, and those that are bursten or have upture, and is good for such as are bruised by any fall, or otherwise. green Herb bruiled, or the Juyce applyed to any inward hurt, or cutdereen Wound in the Head or Body, will quickly heal and close it up; lo any Veins or Sinews that are cut; and will draw forth any broken c, or Splinter, Thorn, or other thing gotten into the flesh: It is no refrable for old fores, or filthy Ulcers, yes, though they be fiftulous for hollow; but some do advite to put a little falt to this purpose: Being applied

applied with a little Hogs Lard, it helpeth a Plague-fore; and other B and Pushes: The sumes of the Decoction while it is warm, received funnel into the Ears, easeth the pains of them, destroyeth the Worms cureth the running sores in them: The Juyce dropped into them, don same. The Root of Betony is displeasing both to the taste and stom whereas the Leaves and Flowers by their sweet and spicy tast, are comfort both in Meat and Medicine.

These are some of the many Vertues Astony Musa an expert Physis (for it was not the practice of Octavius Casar to keep Fools about him) propriates to Betony; It is a very precious Herb; that's certain, and string to be kept in a mans house both in Syrup, Conserve, Oyl, Oynta

and Plaister. The Flowers are usually conferved.

The Beech-Tree.

IN treating of this Tree, you must understand that I mean the great! Beech; which is by way of distinction from that other small rough! called in Suffex, the small Beech; but in Essex, Horn-beam.

I suppose it is needless to describe it, being already so well known to

Country-men.

Place. It groweth in Woods amongst Oaks and other Trees, and in Pa Forrests and Chases to feed Decr ; and in other places to fatten Swins

Time. It bloometh in the end of April, or beginning of May for the

part, and the fruit is ripe in September.

Government and Vertues. It is a Plant of Saturn, and therefore performs his qualities and properties in these operations: These Cools, Binds, of the Beech-Tree are cooling and binding, and there Hot swellings, good to be applied to hot swellings to discuss them:

Seurf, Scabs, Nuts do much nourish such Beasts that feed thereon.

Tetters, Water that is found in the hollow places of decaying the second seco

thes, will cure both Man and Beast of any Scurf, Scale running Tetters, if they be washed therewith. You may boyl the leaves a Pultis, or make an Oyntment of them, when time of year serves.

Bilberries; called also by some, Whorts, and Whortle-Berries.

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Descrip- of those, I shall only speak of two sorts, which are come tion. Knows in England, viz. Toe Black, and Red Bilberries.

first of the Black.

Tois small Bish creepeth along upoathe ground, scarce rising half a high, with divers small dark green Leaves set on the green branches, was mayes one against another, and a little dented about the edges: At the eff the Leaves come forth small, hollow, pale, blush coloured slowers, brims ending in five points, with a reddish thred is the middle, massiato small round berries of the bigges and colour of Jusiper berries, of a purple sweetile sharp tast; the Juyce of them giveth a purplish to

heir bands and tips that eat and handle them, especially if they break them. er B Root groweth aflope under ground, shooting forth in fundry places as it creeved ! rms,

: This lofeth its Leaves in Winter.

he Red Bilberry, or Whorcele-bush, rifeth up like the former, having funnader Leaves, like the Box-tree Leaves, green and round pointed, standing afort be several branche; at the tops whereof onely, and not from the sides, as in omer, come forth divers round flowers; of a pale red colour, after which hymeted round, reddish, sappy Berries, when they are ripe, of a sharp tast. The im evanieth in the ground, as in the former, but the Leaves of this abide all the er.

your lice. The first groweth in Forrests, on the Heaths, and such like barren es: The Red grows in the North part of this Land, as Lancashire,

hire, &c.

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me. They flower in March and April, and the fruits of the black is ripe une and fuly:

igh Covernment and Vertues. They are under the Dominion of Jupiter. It to they are used no more in Physick than they are. The black Bilber-

on to are good in hot Agues, and to cool the hear of

Liver and Stomach: they do somewhat bind the Aches, Stomach . . in Pa y and stay Vomitings and Loathings : The Juyce Liver, Vomitings wine he Berries made into a Syrup, or the Pulp made the a Conserve with Sugar, is good for the purposes Appetite loft, Cough, Fluxes.

ciaid, as also for an old Cough, or an Ulcer in the gs, or other Diseases therein. The Red whoorts are more binding, and Womens Courses, Spitting of Blood, or any other Flux of blood or huthere s, being used as well outwardly as inwardly.

Boifoyl, or Twayblade.

tipt.] "His small Herb from a Root somewhat sweet, shooting downwards many long frings, rifeth up a round green stalk, bare or naked the ground for an inch, two or three to the middle thereof, as it is in age or to, as also from the middle upward to the flowers; having only two broad tane like Leaves (but whiter) fet at the middle of the stalk one against angand compasseth it round at the bottom of them.

are. It is an usual Inhabitant in Woods, Coples, and in many other commes in this Land.

The Birch-Tree.

Descript. This groweth a goodly tall straight Tree, fraught with Boughs and flender Branches bending down ward; the old be covered with a discoloured chapped Bark, and the younger being browner by m The Leaves at the first breaking out are cramplea, and afterward like the Bu Leaves, but smaller and greener, and dented about the edges. It beareth for Thort Catkins, Comerchat like those of the Hazel Nut-tree, which abide in branches a long-time, until growing rip, they fall on the ground, and their with them.

Place. It usually groweth in Woods.

Government and Vertues. It is a Tree of Venus. The Juyce of the La

while they are young, or the distilled water of them, or the water that could out of the Tree, being bored with an Augur, and distilled at of wards: any of these being drunk for some days together, is an ok some able to break the stone in the Kidneys and Bladder, and is given Mouths. also to wash Sore mouths.

Birds-Foot.

His small Herb groweth not above a span high, with many Brand Ro I fpread upon the ground, fet with many wings of small Leaves : 10 b flowers grow upon the Branches, many small ones of a pale yellow collecting fet a head together, which afterwards turned into so small joys po Cods, well resembling the claws of small Birds, whence it took its name to

There is another fort of Eird - foot in all things like the former, but a tle larger: the flowers of a pale whitish red colour, and the Ceds distinct Joynts like the other, but a little more crooked, and the Roots do carry T ny small white knots or kernels amongst the strings.

Place. These grow on Heaths, and many open untiled places of this D

Time. They flower and feed in the end of Summer.

binding quality, and thereby very good to be used in Works, Bind, drinks, as also to apply outwardly for the same purpose. But he punds, later Birds-foot is found by experience to break the stones is oloss. Dry, Bind, Wounds, Backor Kidneys, and drive them forth, if the Decoction the tath Stone, be taken; and it wonderfully helpeth the Rupture, being ter inwardly, and outwardly applied to the place.

All Salts have best operation upon the stone, as Oyntments and Plat hite have upon Wounds: and therefore you may make a Salt of this for To stone: The way how to do so, may be found in my Translation of the high don Dispensatory; and it may be I may give you again in plainer term in so

the later end of this Book.

Bishops weed.

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D Elides the common name Bishops-weed, it's usually known by the D neme Anni, and Ammios; some call it Athiopias Commit-feed, egu thers Cummin-Royal; as also Herb-William, and Bul-wort.

Descript. Common Bithops-weed rifeth up with a round ftraight ftalk, fomethe imes as high as a man, but usually three or sourfoot high, beset with divers ldb milk, long and somewhat broad Leaves, cut in some places, and dented about edges, growing one against anothe, of a dark green colour, baving fundry e Bu vanches on them, and at the top small umbles, of white flowers, which turn into the mail brown feed, little bigger than Parsly seed, of a quick hot scent and tast: the Root is white and stringy, perishing yearly after it hath feeded, and usually de on heir lefeth again of its own fowing.

Place. It groweth wild in many places in England and Wales, as between

reenheath and Gravef-end.

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Lin Government and Vertues. It is hot and dry in the third degree, of a bitter it could, and somewhat sharp withal, it provokes Lust to pured almole: I suppose Venus owns it. It digesteth Humors, pro- Dyfury, Terms prois an oketh Urine and Womens Courles, diffolveth Wind, and vokes, windcholick disg eing taken in Wine; easeth pains & griping in the Bow- Venomous beasts, is, and is good against the biting of Serpents: It is used Cantharides, Black good effect in thole Medicines which are given to hin- and blew spots,

Bram ge of the Urine: being mixed with honey, and applied es: to black and blew marks, coming of blows or bruifes, it takes them away a volume to be and the Fumes thereof taken with Rosin or Raisins, cleanseth the name bother.

Biffort, or Snakesweed.

arry T is called Snak - weed, English Serpentary, Dragon-wort, Oysterich, and Paffions.

this Description. This hath a thick, short, knowbed Root, blackish without, and membat reddish within, a little crooked or turned together, of an bash aftrina differt tast, with divers black threds hanging there, from whence spring up every. We tas divers I caves, standing upon long foot stalks, being somewhat broad and long. But he a Dock-Leaf, and a little pointed at the ends, but that it is of a blewish green nes is plow on the upper side, and of an Ash-colour gray, and a little purplish underon the ath, with divers Veins therein; from among which rife up divers small and fine ing ter falks, two foot high, and almost naked, and without Leaves, or with very few, ad narrow, bearing a spiky bush of pale colourd flowers, which being past, there

Pla bideth small seed, somewhat like unto Sorrel-seed, but greater. is for There are other forts of Bistort growing in this Land, but smaller, both is fine light, root, and stalks, and especially in the Leaves. The Root blackish without, term a somewhat whitish within, of an austere binding tast, as the former.

Place. They grow in shadowy moist Woods, and at the foot of the Hills, ut are chiefly nourished up in Gardens. The narrow leaved Biffort groweth the North, in Lancashire, York hire, and Cumberland.

the C Time. They flower about the end of May, and the feed is ripe about the

feed, regioning of July.

Governo

Grotenment and Vertues. It belongs to Saturn, and is in operation cold and dry, Both the Leaves and Roots have a powerful faculty to refift all poy-

ion : The Root in powder taken in drink, expelleth the Venom of the Plague, the Small Pox, Meafles, Purples, or any other in-Porfon. fectious Dilease, driving it out by sweating. The Root in pow-Plague. Small Pex, der, the Decoction thereof in Wine being drunk, ftayeth all manner of inward bleeding or spittings of Blood, and any flux-Muzles, es in the body of either man or Woman, or Vomiting. It is Puples. Evidenical. also very available against Ruptures, or Burstings, or all Bruise of Falls, diffolying the congcaled blood, and eafing the pains Dife fes, that happen thereupon, it also helpeth the Jaundice. The water Inmaid distilled from both Leaves and Roots, is a singular Remedy to Bleeding, wath any place kitten or flung by any Venomous Creature; as Flux, also for any of the purposes before spoken of, And is very good Voiniting, to wash any running fores or Ulcers. The Decoction of the Runtures Root in Wine being drunk, hindreth Abortion or Miscarriage Francice, in Child-bearing. The Leaves also kill the Worms in Chil-Peromous dren and is a great help to them that cannot keep their water, Beafts. if the Juyce of Plantane be added thereto, and outwardly appliulcers, ed much helpeth the Gonorrhea, or Running of the Reins. A doortio? dram of the Powder of the Root taken in the water thered Werms. wherein some red hot Iron or Steel hath been quenched, is all Diabetes, an admirable help thereto, fo as the Body be first prepared and Ranning of purged from the offenfive Humors. The Leaves, Seed, or Room the Reins, are all very good in Decoctions, Drinks, or lotions, for inward Hounas, or outward wounds or other fores. And the powder frewed up-Biceaing, on any cut or wound in a Vein, Rayeth the immoderate bleed Matrix. ing thereof: The Decoction of the Roots in Water whereupon Tryms, fome Pomegranare Pills and Flowers are added, injected into Roos. the Matrix, stayeth the access of humors to the Ulcers thered Ton: h-achy and bringeth it to its right place, being fallen down, and stayed H:1. the immoderate flux of the Courses. The Root hereof with Pd Ca kers, litory of Spain, and burnt Allum, of each a little quantity, bear Gums, Inen small and made into Past, with some honey, and a little pice flamations, thereof put into an hollow tooth, or held between the Teeth,i Almonds of there be not hollowness in them, stayeth the defluxion of rheun the Ears. upon them, which causeth pains, and helps to cleanse the Hea

and void much offensive water. The distilled water is very effectual a the wash Sores or Cankers in the Nose or any other part, if the powder of the Root be applied thereunco afterwards. It is good also to fisten the Gum and to take away the hear and Inflammations that happen in the Jaws, A exemonds of the Throat or Mouth: if the Decoction of the Leaves, Roots To Seeds be used, or the Juyce of them; but the Roots are most effectual to the

the purpoles aforesaid.

Oie-Blade.

Descript. His small Plant never beareth more than one Leaf, but oxely when it rifeth up with its (talk , which thereon beareth another, and foldom more, which are of a blowish green colour, broad at the bottom, a d printed with many ribs or veins like Plantane: At the top of the fally grow man small flowers star fashion, smelling something sweet: after which com: Small readish Berries when they are ripe. The Root Small, of the bigness of a Ruft, lying and creeping under the upper crust of the Earth, shooting forth is direis places.

Place. It grows in moift, finadowy, graftic places of Woods in many places

of this Realm.

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Time. It Howreth about May, and the Berries be ripe in Jane, and then quickly peritheth until the next year it ipringeth from the fame again.

good f the Government and Vertu's. It is an Herb of the Sun, and therefore Cordial. Half a dram, or a dram at most of the Roots hereof in powder taken in Wine and Vinegar, of each a like quantity, and the party prefently laid to vater, swear, is held to be a soveraign Remedy for those that are intested with the ppliplague, and have a fore upon them, by expelling the poyfon, and defending the Heart and spirits from danger : It is also accounrered ted a fingular good Wound Herb, and therefore used with other wounds, s also Herbs in making such Balms as are necessary for the Curing of Nerves, ed and Wounds either green or old, and especially if the Nerves or Si- Sinenes lurt, news be hurr.

The Bramble, or Black-berry-bush.

TT is so well known, that it needeth no description. The Vertues there-

I of are as followeth;

d into Government and Vertues. It is a Plant of Venus in Acies. You finil have some directions at the latter end of the Book for the gathering of all Herbs and Plants, &c. If any ask the reason why Venus is so prickly? Tell them, 'cis because the is in the house of Mrs. The Buds, Leaves, and Branches while they are green, are of a good use in the Ulcers & pupice trid fores of the Mouth and Throat, and for the Quinfie; and ulcers, ethil likewise to heal other fresh Wounds and Sores: but the flowers Sores, and fruit unripe are very binding, and so profitable for the bloo- Quinsie, Her and fruit unripe are very binding, and to prontable for the blood. Her dy flux, Lasks, and are a fit Remedy for spitting of Blood: Ei-Wounds, and ther the Decoction or Powder of the Root being taken, is good Flux, to break or drive forth Gravel, and the Stone in the Reins and Blood Flux, Kidneys. The Leaves and brambles as well green as dry, are Spitting excellent good lotions for Sores in the Mouth or secret pares. Blood, nots The Decoction of them, & of the dryed Branches, do much Bind G avel, the Belly, and are good for too much flowing of Womens courfes: The berries of the flowers are a powerful Remedy against Secrets, les: The berries of the flowers are a powerful Remedy against Secrets, the poylon of the most venomous Serpents, at wel drunk as out- Time flops, wardly applied, helpeththe fores of the Fundament, & the Piles.

The juyce of the Berries mixed with the juyce of Mulberrie Poyfon, do bind more effectually, and help fretting and eating Sorest Ulcers wherefoever. The distilled water of the Branches, Lean enomaus Beafts, and Flowers, or of the Fruit, is very pleasant in taste, and ver Fundament, effectual in Feavers and hot diftempers of the Body, Head, Eye Piles, Feaand other parts, and for all the purposes aforesaid. The Lean boyled in Ly, and the Head washed therewith, healeth the Ital vers, Head, Eyes, Itch, boyled in Ly, and the Head washed therewith, healeth the Itch Scabby Heads, and the running fores thereof, and maketh the hair blad

The Powder of the Leaves strewed on Cankers and running Ulcers, doth wonderfully help to heal them. Some ule to condensateth Tuvce of the Leaves, and some the Juyce of the Berries, to keep for the

use all the year, for the purpoles sforesaid.

Blites.

Defcript. F these there are two forts commonly known, viz. u hite and ite Red. The white hath Leaves somewhat like unto Beets, be G smaller, rounder, and of a whitish green colour, every one standing upon at Small long foor-flaik: the flaik rifeth up two or three foot high, with fur ler like leaves thereon: the flowers grow at the top in long round tuits or class P fters, wherein are contained small and round feed : the root is very full of threds or ftrings.

The Red Bitte is in all things like the white, but that his leaves and tu

ted heads are exceeding red at first, and after turn more purplish.

There are other kind of Blites which grow wild, differing from the ty and former forts but little, only the wild are smaller in every part.

Place. They grow in Gardens, and wild in many places of this Land.

Time. They feed in August and Sestember.

Government and Vertues. They are all of them cooling, drying, and bit adding, serving to restrain the Fluxes of Blood in either man or woman, especially the Red; which also stayeth the over-showing of Women in Reds and Reds, as the nhite Blite stayeth the Whites in Women: It is a he excellent secret, you cannot well fail in the use : they are all us to Whites in Bomez. der the Dominion of Venus.

There is one other fort of wild Blites, like the other wil kinds, but have long and spike heads of greenish feed, seeming by the thin

ferting together to be all feed.

This fort the Fishes are delighted with, and it is a good and usual bait for Fishes will bite fast enough at them, if you have but wit enough to care the them when they bite.

Borrage, and Bugloss.

Hele are so well known to be Inhabitants in every Carden, that I ho it needless to describe them.

To the I may add a third fort, which is not fo common, nor yet for known, and therefore I shall give you its Name and Description.

It i called Langue-de beet; but why they should call one Herb by t

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Decrie lame Bugloss, and another by the Name Langue de-beef, its to me some corest uestion, seeing one significs Ox-tongue in Greek, and the other signifies Lean is same in French.

Description, The Leaves thereof are smaller than those of Bugloss, but much lean ugher; the stalk rising up about a foot and half high, and is most commonly of a Lean declour, the slowers stand in scaly rough heads, being composed of many small the stalk powers, not much unlike to those of Dandelyon, and the seed slicth about my in Down, as that doth: you may easily know the stowers by their tast, for unning my are very bitter.

Sateth Place. It groweth wild in many places of this Land; and may be plentises the sound neer London, as between Redriff, and Deptford, by the Ditch-sides. It found neer London, as between Redriff, and Deptford, by the Ditch-sides.

s Vertues are held to be the same with Borrage and Bugloss, only this is

mething hotter.

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Time. They flower in June and July, and the feed is ripe shortly

ite an iter.

is, by Government and Vertues. They are all three Herbs of Jupiter, and unupon et Lee, all great Cordials, great strengtheners of Nature. They are very the strength of the Leaves of Roots are to very good purpose used or class Putrid and Pestilential Feavers, to defend the Heart, and Feavers, full a class to result and expel the poyson, or the Venom of other Crea-Pestileace,

tres; the feed is of the like effects; and the feed and Leaves Poyfon, and the feed to encrease Milk in Womens Breaks: The Leaves, Vinomous lowers, and Seed, all, or any of them, are good to expel Brafts,

hety infiveness and Melancholly, it helpeth to clarifie the Blood Milk in nd mitigate heat in Feavers. The Juyce made into a Syrup Nurfes, and revaileth much to all the purposes aforesaid, and is put with Melancholy

ther cooling, opening, clenting Herbs to open Obstructions, Ill blood, d bir d help the yellow Jaundice, and mixed with Fumitory, to Yellow espe pol, ciense, and temper the Blood thereby, it helpeth the Itch, Jaundice,

omer ingworms, and Tetters or other spreading Scabs or Sores. Itch, Rig-rise he Flowers candied or made into a Conserve, are helping in Worms, ill up to former causes, but are chiefly used as a Cordial, and are good Tetters, t those that are weak with long sickness, and to comfort the Scabs,

er will cart and Spirits of those that are in a Consumption, or trou- weakness, thin led with often swoonings, or passions of the Heart: The Di-by long med Water is no less effectual to all the purpoles aforesaid, and Sickness, bais espeth the redness and inflamations of the eyes, being washed Consump-

te affect thereof boyled in Mead, or honeyed water, is available Swooning, gainst Inflammations and Ulcers in the Mouth or Throat, to Inflammaall and gargle it therewith. The Roots of Bugles are effectu-tions.

being made into a licking Electuary, for the Cough, and to ulcers, Sore ondensate thin Flegm, and the Rheumatick distillations upon Mouth' and he Lungs,

Throat? Cough, Blue- Flegm,

Blue-Bottle.

TI is called Syams, I suppose from the colour of it; Hurt-suble, bea it turns the edg of the Sickles that reap the Corn; Bine-blow, t

Rower, and Blu-Bottle.

Description. I hall onely describe that which is commonest, and in my on most useful : Its Leaves spread upon the ground, being of a whitish green wi fonewhat or the edges like those of Com Scabious, among ft which rifeth. falk divided into divers branches, befet with long Leaves of a greenift con either but very little indented, or not at all : The flowers are of a blue colo from whence it took its name, consisting of an innumerable company of far flowers, fet in a feet bead, not much unlike those of Knapweed: The feet (mooth, bright and flining, wrapped up in a woody mantle : The Root perile ! cucry year.

Place. They grow in Corn-fields, amongst all forts of Corn (Peafe, Ren 1) and Tares excepted) if you please to take them up from thence, and the ft plant them in your Gatden, especially toward the full Moon, they will go the

more double than they are, and many times change colour.

Time. They flower from the beginning of May, to the end of Harvelt.

Bruifes. Broken Veins: Poylon, Plaque, Epidemical Difeafes, mounds, telcers, Inflam nations in the Eyes.

Government and Vertues. As they are naturally cold, dry and binding, th are they under the Dominion of Saturn. The Powder or die to Leaves of the Blue-bottle or Corn-flower, is given with good a heefs to those that are bruiled by a fall, or have broken a Veinia. wardly, and void much blood at the mouth : being taken inti-Water of Plantane, Horflail, or the greater Comfy, it is a Rem m dy against the porton of the Scorpion, and relisteth all Venon le and Poylon. The Seed or Leaves taken in Wine is very got t against the Plague, and all infectious Difeases, and is very go in Pestilential Peavers. The Juyce put into fresh or get wounds, doth quickly foder up the lips of them together, and very effectual to heal all Ulcers and Sores in the mouth . The is Tuyce dropped into the Eyes, taketh away the heat and Inflam hi tion in them. The distilled Water of the Herb hath the fam ei properties, and may be used for the effects aforesaid.

Brank-Urfine.

Blide the common Name Brank-Urfine, it is also called Bear breech, Acinchi, though I think our English Names to be more proper;

the Greek word Acanthas, fignifies any Thiftle what foever.

Description. This Thifte fhonteth forth very many large, thick, fad gre Smoth Leaves upon the ground, with a very thick and juicy middle Rib: 1 Leaves are prited with fund y deep gathes on the edg; the Leaves remain alon time before any filly appears . afterwards rifeth up a reasonable big falk time or four foot high, and brively decht with flowers from the middle of the Back apprairies, for on the leng or part of the Halk there is neitler Er ouch nor les

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fowers are hooded and gaping, being white in colour, and standing in brow-Husks, with a long fmall undivided Leaf, under each Leaf : they feldome in our Country. Its Roots are many, great and thick, blackish without, and , bear ish within, full of a climmish fap; a piece of them, if you fet in the Garden. 20, 61 defend them from the first winters cold, will grow and flourish.

lace. They are only nursed up in Gardens in England, where they will my opin

en col very well.

TY goo

or gree

isethe lice. It flowreth in June and July.

The cold inverament and Vertues. It is an excellent Plant, under the Dominion is cold in Moon: I could wish such as are studious would labour to keep it in of sar Gardens. The Leaves being boyled and used in Clysters are excellent the sex it to moldifie the Belly, and make the passages slippery.

ux. The Leaves being bruised, and rather boyled and ap- Fractures, e, Rendlike a Pulcis, are exceeding good to unite broken bones, Diflocations, ill go ther Leaves or Roots being drunk, and the decocted Leaves Evil, vest to the place, is excellent good for the Kings-Evil that Burnings, west taken and runnerh; for by the influence of the Moon it re-Ruptures, ading, the the ends of the Veins which are relaxed: there is scarce Cramb, or did the Remedy to be applied to such places as are burnt with Gout, and the thin is, for it setcheth out the sire, and heals it with Dysury, which is Scar. This is an excellent Remedy for such as are burn Hectick in intity being either taken inwardly, or applied to the place. In Feaver, Remember 1964, it helps the Cramp and the Gout. It is Radical, when the good in Hectick Feavers, and restores radical Moi- Moisture. ry god to fuch as are in Confumptions.

Briory, or Wild Vine.

r,and 1 : Theis called Wild Vine, and Wood Vine, Tamus, our Ladies Seal. The inflam hite is called White Vine by force: and the black, Black Vine.

The fam escription. The common white Bio'y groweth ramping upon the Hedges,

In forth many long, rough, very tender Branches at the beginning, with many rough, broad Leaves thereon, cut (for the most part) into five partitions, in very like a Vine leaf, but smaller, rougher, and of a whitish or heary, ereen spreading very far, spreading and twining with his small claspers (that echan forth at the Joynts with the Lexios) very far on whalfoever standeth next is he At the several joynts also (especially towards the top of the branches) in forth a long stalk bearing many whitish slowers together in a long tust. d gree ing of five small Leaves a piece, laid open like a Star: after which come the is, siparated one from another more than a Cluster of Grapes, green at the a also and very red when they are through ripe, of no good scent, but of a most of the long Twines or Branches growing from it, of a pale whitish colour on the y let is a d more white within, and of a flurp, bitter, loat for taft. Place

Place. It groweth on Banks, or under Hedge s, through this Land: Roots lie very deep.

Tim: It flowreth in July and August, some earlier, and some

than other.

Government and Vertues. They are furious Marrial P. The Roots of Briony purges the Belly with great violence Fallingbling the Stomach, and burning the Liver, and therefor ackness. rathly to be taken; but being corrected, is very profitab Vert igo. the difeates of the Head, as Falling-fickness, Giddines, Fleom. Swimmings, by drawing away much Flegm and Rheum Paifies, Convultion, humors that oppreis the Head. As also the Toynts and Si and is therefore good for Pallies, Convultions, Cramps, Cramo. Stiches. Stiches in the fides, and the Dropfie; and in provoking the it clenteth the Reins and Kidnies from Gravel and Stone Dropliss, opening the Oakructions of the Spleen, and confumed Gravila hardness and swellings thereof. The Decoation of the Ro Stone. Obligations Wine, drank once a week at going to bed, cleanfeth the Ma Womb, Mo- and helpeth the rifing thereof, expelleth the dead Chi ther, dead fear of abortion, a dram of the Root in pouder taken in Child, A - Wine, bringeth down their Courses. An Electuary mides Roots and Honey, doth mightily clenfe the Cheft of a ter-birth. fligm, and wonderfully help an old ftrong Cough, tholesy Cough, are troubled with thortness of breath, & is very good for Singthes of Breath, that are bruiled inwardly, to help to expel the clotted of a graled Blood. The Leaves, Fruit, & Root do clense old and Sores, Cat-Sores, are good against all fretting and running Cankers, kers, Gangrenes, Tet- grenes and Tetters, and therefore the Berries are by Country people called Tetter-berries. The Root clenia ters, Rilzskin wonderfully from all black and blew ipots, Freckles, and Warns: black \$20:5 phew. Leprofie, foul Scars, or other detormity whatfoeva also all running Scabs and Manginess are healed by the p Fierkles. of the dried root, or the Juyce thereof, but especially by the Mוים מייו מיוו white hardned juyce. The distilled Water of the Roots wo Leprofie, broke 1 B 12's the fam : effects, but more weakly. The Root bruiled and 1 ed of it felf to any place where the bones are broken, helpt Splinters, draw them forth as also splinters and thorns in the Helh; Thorne, being applied with a little Wine mixed therewith, it bit Woillows or Nul-Boyls, and helpeth Whitlows on the Joynts. Wheals, or For all these later, beginning at Sores, Cankers, &c. Aidisons. it outwardly, and take my advice along with you: Yeu

Preparations at the latter end, a Medicine called Facula Brionia, take and use it, you have the way there how to make it, and mix it with a Hogs-grease, or other convenient Oyntment, and use it at your need.

As for the former Di cases, where it must be taken inwardly, it pu

Land: solently, and needs an abler hand to correct it than most Countryhave, therefore it is a better way for them in my opinion to let the som: calone, and take the Compound Water of it, mentioned in my Difey, and that is far more fafe, being wifely corrected.

Brooklime, ar Water-Pimpernel.

pt. This sendeth forth from a creeping Root that shooteth firth strings at every joynt as it runneth, divers and sundry green stalks, erefor ofitab and lappy, with some branches on them, somewhat broad, round, deep green, inels, theum nik Leaves fet by couples thereon: from the bosom whereof shoot forth long and Su falks, with fundry small blew flowers on them, that consist of five small amps, pointed Leaves apiece.
sing Were is another fort nothing differing from the former, but that it is greater,

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Stone he flowers of a paler blew colour. funding Waters, and usually near Water-

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the Ros.

The Ma ime. And flowers in June and July, giving Seed the next moneth after. Chi ternment and Vertues. It is a her and bitting Martial Plant. Brooklime in its Water-creffes are generally used together in made Drink, with other things serving to purge Blood purgeth ill Hattof tod and body from all ill humors that would mors; Scurvy, Disny, those y health, and are helpful to the Scurvy. They Stone, Terms provokes, and for to provoke Urine, and help to break the Stone, Dead Child, Swellings, and as it away. They procure Womens Courses, Instammations.

I and spel the dead Child. Being fryed with Butter kers, Vinegar, and applied warm, it helpeth all manner of Tumors or Swellers and Instammations.

I lense the Drinks ought to be made of sundry Herbs according to the Malady ckles, ding, I shall give a plain and easie Rule at the latter end of this Book.

tloeva

Butchers-Broom.

by the is called Ruscus and Bruscus, Mnee-bolm, Knee-bolly, Knee-bulver, and one wor trigree.

I and a serie. The first shoots that sprout from the Root of Butchers-Broom helps sick, whitish, and short, somewhat like those of Asparagus, but greater: slesh; sing up to be a foot and an half high, are spread into eivers branches it because the stands of t somewhat broad and almost round hard Leaves, and prickly pointed sec. It is is a dark green colour, two for the most part set at a place, very or near together; about the middle of the leaf on the back and lower among tem the middle Rib, breaketh forth a small whitish green flower contains and in the place whereof cometh a small round Berry, green at the and red when it is ripe, wherein are two or three white, hard, round is put contained. The Root is thick, white and great at the head, and from the small force white, white and great at the head, and from te lendeth forth divers thick, white, long, tough frings. Place.

Place. It groweth in Copies, and upon Heaths and wast Ground

eftentimes under or near the Holly-Bushes.

Time. It shootesth forth his young Buds in the Spring, and the B are ripe in or about September. The branches of Leaves abiding greathe Winter.

Government and Vertues. 'Tis a Plant of Mars, being of a gallant fing and opening quality. The Decoction of the Room with Wine, openeth Obstructions, provoketh Urine, he Oblivis 1to expel Gravel and the Stone, the Strangury, and Wa ons, Dy ury, Courses, as also the yellow Jaundice, and the Headach Gravel, Stone, Stran- with some Honey or Sugar put thereunto, clenseth the! of flegm, and the Cheft of much clammy humors ga gury, Terms therein. The Decoction of the Roots drunk, and a Pulis provokes. of the Berries and Leaves being applied, are effectualin Tillow ting and contolidating broken bones, or parts out of joyn Faundice, common way of using ir, is to boy! the Roots of it and! Headach, and Fennel, and Smallage in white Wine, and drink the Fleam, Aion, adding the like quantity of Grass-root to them Broken more of the Roots you boyl, the stronger will the Dea Bones, be : it works no ill effects, yet I hope you have wit end Diflocagive the ftrongest Decoctions to the ftrongest bodies. \$1075.

Broom, and Broomrape.

To spend time in writing a Description hereof, is altogether no it being so generally used by all the good Houswives almost the this Land to sweep their Houses with, and therefore very well known

forts of people.

The Broomrape springeth up on many places from the roots of the b (but more often in Fields, as by Hedg-sides, and on Heaths) The whereof is of the bigness of a singer or humb, above two foot high, is show of Leaves on them, and many Flowers at the top, of a reddish eolour, as also the stalks and leaves are.

Place. They grow in many places of this Land commonly, and as

monly spoil all the Land they grow in.

Time. And flower in the Summer moneths, and give their Seed by

ches, or feed, or the pouder of the feed taken in drink, purgeth downs

and draweth flegmatick and watry humors, from the Jo Flegm, whereby it helpeth the Dropfie, Gout, Sciatics, and the particle of the Hips & Joynts, It also provoketh flrong Vomits, and Dropfie, eth the pains of the fides, and swellings of the Spleen, classics, Spleen, also the Reins or Kidnies and bladder of the Stone, provided the Ladder, Urine abundantly, and hindereth the growing again of the ounds

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body. The continual use of the Powder of the Leaves and Kidnies. oth cure the black Jaundice. The distilled Water of the Stone, Dys is prefitable for all the same purposes. It also helpeth fary, black , and altereth the Fits of Agues, if three or four ounces Jaunaice, with as much of the water of the leffer Century, and a Aguis, ugar put therein, be taken a little before the fit cometh, Tootbach, party be laid down to iweat in his bed. The Oyl or water Wire. crawn from the ends of the green flicks heated in the Sticke lpeth the Toothach. The Juyce of the young branches Lice, are an Oyntment of old Hogs-greafe and anointed or the branches bruifed and heated in Oyl or Hogs-greafe, and laid to the ained by wind, as in Stiches, or the Spleen, easeth them in once or using it. The same boyled in Oyl, is the safest and surest Medicine to ice in the Head or body of any : and is an especial Remedy for Joyntand swollen Knees that come by the falling down of humors.

The Broomrape allo is not without its Vertues. Decection thereof in Wine is thought to be as effectual to avoid the in the Kidnies & Bladder, and to provoke urine, as the Broom The Juyce thereof is a fingular good help to cure as well Stone, Wounds, as old and filthy Sores and malignant Ulcers. The Dyfur, te Oyl wherein there hath been three or tour Repetitions of CI CC# on of the top stalks with flowers strained & cleared, clenfeth Wounds, in from all manner of spors, marks, and Freckles that rife by the heat of the Sun, or the malignity of humors. and Brooms pe, Mars owns them, and it is exceeding prejudicial to the , I suppose by reason of the Antipathy between Jupiter and Mars,

ore if the Liver be disaffected, minister none of it.

Bucks-horn Plantane.

pt. His being fown of feed rifeth up at the first with small, long, I narrow, hairy, dark green Leaves like Grafs, without any dior gash in them; but those that follow, are gashed in on both sides the into three or four gashes, and pointed at the ends, resembling the knags suck horn (whereof it took the name) and being well grown round athe Root upon the ground, in order one by another, thereby refembling seed borm of a Star: from among which rife up divers hairy stalks, about a breadth high, bearing every one a small long spiky head like to those common Plantane having such like bloomings and seed after them. The is fingle, long, and small, with divers frings at it. own

ate They grow in fandy ground, as in Tuttle-fields by Westminster,

he partivers other places of this Land.

me. They flower and feed in May, June, and July, and their green s,and

n, cla es do in manner abide fresh all the Winter.

pernment and Vertues. It is under the dominion of Saturn, and is of provident and Vertues, it is under the dollars wine and drunk, and find lant drying and binding quality. This boyled in Wine and drunk, and fome

The English Pnysitian Enlarged.

46 Some of the Leaves to the hurt place, is an excellent Re Venomous Beafts, Stone, for the biting of the Viper or Adder, which I take tob and the same. The same being also drunk, helpeth thok Stomaco, are troubled with the stone in the Reins or Kidnies, by Vomiting, ing the hear of the part afflicted, ftrengthening them : a Bleeding, Piffing Blood, weak Stomachs that cannot retain but cast up their men stayeth all bleeding at Mouth and Nose, bloody Urine, Flux. bloody Flux, and stoppeth the Lask of the Belly and Bo Bloody Flux, The leaves hereof bruifed, and laid to their fides that he Agues, Eyes. Ague, suddenly easeth the Fit: and the Leaves and I

beaten with some Bay-Sali, and applied to the Wrifts, worketh the The Herb boyled in Ale or Wine, and given for some mon and evenings together, Rayeth the distillations of hot and tharp Rhe falling into the Eyes from the Head, and helpeth all forts of fore Eye

Bucks-horn.

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TT is called also Harts-horn, Herba fella, and Herba fellaria, Sanguis Herb-eve, and Herb-lvy, and Wort-creffes and Swines-creffes.

Descript. They have many small and weak stragling branches trailing be there upon the ground : the I caves are many small, and jagged, not much like to those of Bucks born Plantane, but much smaller, and not so hair. Howers grow amo gft the Leaves in small, rough, whitift clusters; the feet small and brownish, of a tottish tast.

Place. They grow in dry, barren and fandy grounds.

Time. They flower and feed when the rest of the Plantanes do. Government and Vertues. This is also under the Dominion of Saturn Vertues are held to be the same of Bucks-horn Plantane, and therefor

all Authors, it is joyned with it : but besides those, it is mot tainly found out. That the leaves being bruifed and applied Bleeding, place, stop bleeding, the herb bruised, and applied to Wars Warts. make them confume and wax away in a short time.

Bugle.

B Esides the name Bugle, it is called Middle-consound, and Middle-O fry, brown Bugle, and of some Sickle-wort, and Herb-carpenter, the

in Suffex we call another Herb by that name.

Description. This hath larger Leaves than those of the Self heal, but of the fam: Fastion, or rather a little longer, in some green on the upper and in others more brownish, deated about the edges, somewhat hairy, a square stalk is also, which riseth up to be half a yard high sometimes, which Leaves fet by couples: from the middle almost whereof upwards stand the ers together, with many smaller and browner Leaves than the reft, on this below, fer at diffances, and the falk bare between them, among which! ers are also small ones of a blewish, and sometimes of an Ah-colour, fall like the flowers of the Ground-Lvy, after which come smalls round, ble

The Root is composed of many strings, and spreadeth upon the ground in ys parts yound about.

he White flowered Bugle differeth not in form or greatness from the forfiving that the Leaves and stalks are alwaies green, and never brown, like

other, and the flowers thereof are white.

lace. They grow in Woods and Copies, and Fields generally through-England: but the white-flowered Bugle is not fo plentiful as the former. ime. They flower from May until July, and in the mean time perfect The Roots and Leaves next thereunto upon the ground abiding r feed. Winter.

Sovernment and Vertues. This Herb is belonging to Dame Venus, if the tues of it make you in love with it (as they will it you be wife) keep a up of it to take inwardly, and an Oyntment and Plaister of it to use out-

dly alwaies by you.

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e Eye The Decoction of the Leaves and Flowers made in Wine and Bruifes. en, dissolveth the congested blood in those that are bruised Falls, ardly by a fall or otherwise, and is very effectual for any wounds, ard Wounds, Thrusts or Stabs into the body or bowels, and Stabs. n especial help in all Wound-drinks, and for those that are ulcers. er-grown (as they call it). It is wonderful in curing all livernner of Ulcers and Sores whether new and fresh, or old and grown. maco cterate, yea, Gangrenes and Fistulaes also, if the leaves brui- Gangrenes. and applied, or their Juyce used to wash and bathe the pla-Fiftulaes, And the same made into a Lotion with some Honey and Sore um, cureth all Sores of the Mouth or Gums, be they never Mouths. oul, or of long continuance; and workerh no less powerfully Gums, teffectually for such tilicers and Sores as happen in the se. Sores in most dly applied, it helpeth those that have broken any bone, or Broken lied to easy Member out of Joynt. An Oyatment made with the Bones. Varts ives of Bugle, Scabious and Sanicle bruised and boyled in gs-grease, until the herbs be dry, and then frained forth into a pot, for h occasions as shall require it, is so singular good for all forts of hurts in body, that none that know its usefulness will be without it.

dle-O The truth is, I have known this Herb cure some Diseases of Saturn, of ich I thought good to quote one. Many times such as give themselves

ch to drinking, are troubled with ftrange Fancies, ftrange

the shts in the night time, and some with Voices, as also with the Mares, upper sease Ephialtes or the Mare, I take the Reason of this to be Strange y, a scording to Fernelius) a melancholy Vapour made thin by ex-Sights in the drinking strong Liquor, and so flies up and disturbs the the night that ocy, and breeds Imaginations like it self, viz, fearful and this subsessment the the night that the form the least selection when the strong the strong the strong the strong that the strong the strong the strong the strong that the strong t sichf rup of this herb after Supper two hours, when you go to bed. But whether fall is do it by Sympathy or Antipathy is some question: all that know any blang in Aftrology, know that there is a great Antipathy between Satura

and Venus in matter of Procreation, yea, such an one, that the barrennels Saturn can be removed by none but Venus; nor the luft of Venus be repel by none but Saturn; but I am not of opinion this is done this way, and reason is, Because these vapours, though in quality Melancholy, yet by the flying upward, feem to be fomething Arrial; therefore I rather thinking done by sympathy, Satura being exalted in Libra in the House of Vinus.

Burnet.

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TT is also called Sagen forba, Pimpernella, Bipula, Solbastrella, &c. T common Garden Burnet is fo well known, that it needeth no description There is another fort which is wild; the descriptionwhereof take as follows

Descript. The great will Burnet bath winged Leaves rifing from the Ru like the Girden Burnet, but not fo many, yet each of thefe Leaves are at their ewice as large as the oth r, and nicked in the fame manner about the edges, a gravish colour on the under side! the stalks are greater, and rife higher, with ny such like Leaves set thereon, and greater heads at the top of a brownish lour, and out of them come [mall, dark, purple flowers, like the former, I greater. The Root 13 block and long like the other, but greater alfo : It hath most neither scent nor tast therein, like the garden kind.

Place. The first grows frequently in Gardens. The wild kind growth divers Countreys in this Land, especially in Huntington and Northam Shires, in the Meadows there: as also near London by Pancias-Church,

by a Causey-side, in the middle of a by Field by Paddington.

Time. They flower about the end of June and beginning of July, 1

their feed is ripe in August.

Government and Vertues. This is an Herb the Sun challengeth Domi on over, and is a most precious Herb, little inseriour to Betony: The cornd nual use of it preserves the Body in health, and the spirits in vigour: for IF the Sun be the preserver of life under God, his Herbs are the best in the World to do it by They are reconstruct to be the set in the

Heart. Liver, Melancholy. Pestilence, Epidemical Diseases. Bleeding. Stoppeth Terms and Whites, Beiching, Vomiting, H'ounds, Micers. Cackers, Spres, Finxes,

World to do it by. They are accounted to be both of one p perty, but the lesser is more effectual, because quicker, and me ho Aromatical: It is a friend to the Heart, Liver, and others on principal parts of a mans Body. Two or three of the stalks me Leaves put into a Cup of Wine, especially Clarer, are known a quicken the spirits, refresh and clear the Heart, and drive an Melancholy: It is a special help to desend the Heart from a ly some vapors, & from insection of the Pestilence, the juyce the of being taken in some drink, & the party laid to sweat the little of the party laid to sweat the little of the latest the little of the latest latest latest little of the latest latest little of the latest lates upon. They have also a drying & an aftringent quality, who sig by they are available in all manner of Fluxes of Blood or B mours, to franch bleedings inward or outward, Lask, Scouring the bloody flux, womens tooabundant flux ofcourfes, the whi and the Colerick Belchings & castings of the stomach; and a fingular wound herb for all fores of Wounds both of the and body, either inward or outward: for all old tilcers of ming Cankers, and moist Sores, to be used either by the juyes we The English Physician Enlarged.

49 oftien of the Herb, or by the Powder of the Herb or Root, or the Waof the distilled Herb, or Ointment by it felf, or with other things to be . The Seed is also no less effectual both to ftop Fluxes, and dry up At Sores, being taken in Powder inwardly in Wine or Reeled Water, is, wherein hot Gads of Steel have been quenched, Or the Powder of Seed mixed with the Oyntments.

The Butter-Bur, or Petafitis.

ctipt. His rifeth up in February, with a thick stalk about a foot highs whereon are fet a few small Leaves, or rather pieces, and at the , a long friked head of flowers, of a blush or deep red colour, according to the wherein it groweth: and before the stalk with the flowers have abiden a to above ground, it will be withered and gone, blown away with the wind: the Leaves will begin to fpring, which being full grown, are very large and id, being somewhat thin, and almost round, whose thick red footstalks, about ot long, stand towards the middle of the Leaves. The lower part being diviinto two round parts, close almost one to another, and are of a pale green ur, and hoary underneath. The Root is long and spreading under ground, being ome places no bigger than ones finger, in others much bigger, blackish 02 outside, and whitish within, of a bitter and unpleasant taste.

Place and Time. They grow in low and wet Grounds by Rivers and Water-ch, is. Their flowers (as is faid) riling and decaying in February and March,

ore the Leaves, which appear in April,

uly, a Government and Vertues. It is under the Dominion of the Sun, and there-

comparing the Roots hereof are by long Experience Plague, Epidecomparing to be very available against the Plague, and pestilenmical Diseases,
in Feavers, by provoking Sweat; if the Powder thereof be Poyson, Mothers,
thin Wine, it also resistes the force of any other Poywheezing, difone process. The Root hereof taken with Zedoary and Angelica, or ficulty of Breadind me thout them, helps the rising of the Mother. The Decothing, Disease
this will be the Root in Wine, is singular good for those that Terms provokes,
this will be the residue of the Root in Wine, and blood for those that Terms provokes,
this will be the state and broad is a great strengthener of the Heart, and cheerer of the and Womens Courses, and killeth the flat and broad Worms, Blemiwe are this in the Belly. The powder of the Root doth wonder- the of the Skin,
omn by help to dry up the moisture of Sores that are hard
be cured, and taketh away all spots and blemishes of the Skin. It were
take all if Gentlewomen would keep this Root preserved to help their poor
who sighbours. It is fit the rich should help the Poor, for the Poor cannot belp
or H mselves.

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The Bur-Dock.

they are also called Personata Bardana, and Larpa Major, great Bur, held Bur-dock, and Clor-Bur. It is so well known, even so the little Boys, of me opull off the Burs to throw and stick upon one another, that I shall spare Write any Description of ic.

Plate .

Place. They grow plentifully by Dirches, and Water fides, and by

High-waies, almost every where through this Land.

Government and Vertues. Venus challengeth this Herb for her own, by its Leaf or Seed, you may draw the Womb which way you pleafe, a upward by applying it to the Crown of the Head, in case it falls out; downwards in fits of the Mother, by applying it to the foles of the Feet; if you would ftay it in its place, apply it to the Navel, and that is one way to Ray the Child in it. See more of it in my Guide for women. Bur-leaves are cooling, moderately drying, and discussing withal, who it is good for old Ulcers and Sores. A dram of the Roots taken with I

Cools Dries, ulcers. Sores. Flegm, Sinews, Arteries Venomous Beafts, mad Does, Dyfury, Bladder. Sciatica, Burning. Sores, Cankers, Confumption. Stone, Flux.

Kernels helpeth them that fpit foul, mattery and bloody fly The Leaves applyed on the places troubled with the thrink of the Sinews or Arteries, give much eafe. The juice of the la or rather the Roots themselves given to arink with old W doth wonderfully help the bitings of any serpents: And the bearen with a little falt, and laid on the place, suddenly a the pain thereof, and helpeth those that are bit with a mad ! The Juice of the Leaves taken with Hony, provoketh Uring remedieth the pain of the Bladder. The feed being drun Wine forty days together, doth wonderfully help the Scin The Leaves bruised with the White of an Egg, and applie any place burnt with fire, taketh out the fire, gives fudden and heals it up afterwards. The Decoction of them fomente any fretting fore or Canker, Rayeth the corroding quality, wi must be afterwards annointed with an Ointment made of same Liquor, Hogs grease, Nitre and Vinegar boyled toget The Roots may be preserved with sugar, and taken fasting, other times for the faid purposes, and for Consumptions, stone, and the lask. The seed is much commended to break stone, and causes it to be expelled by Urine, and is often with other feeds, and things to that purpofe.

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Cabbages and Coleworts.

Shall space a labour in writing a Description of these, fith almost one that can but write at all, may describe them from his own know they being generally fo well known, that Descriptions are altogether need Place. These are generally planted in Gardens.

Time. Their flowring time is towards the middle or end of July, and

feed is ripe in August.

Government and Vertues. The Cabbages or Coleworts boyled gently Broth, and eaten, do open the Body, but the second Decoction doth bind Body. The juice thereof drunk in Wine, helpeth those that bitten by an Adder, and the Decoction of the Flowers bring Venomous down Womens Courfes. Being taken with honey, it record Beafts, Terms Hoas snels or loss of the voice. The often eating of them provokes, boyled, helpeth those that are entring into a Consumption.

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ulp of the middle Ribs of Coleworts boyled in Almond-milk, Confumpd made up into an Electuary with Honey, being taken often, tion. very profitable for those that are purse and short winded Be- Obstructig boyled twice, and an old Cock boyled in the Broth, and oas. unk, it helpeth the pains and obstructions of the Liver and Stone, pleen, and the stone in the Kidneys. The Juyce boyled with Sight, ony, and dropped into the corner of the Eye, cleareth the fight Canker. confuming any film or cloud beginning to dim it; it also Surfeits, miumeth the Canker growing therein. They are much com- Swellings, ended being earen before meat to keep one from furfeiting, as Gout, to from being drunk with too much Wine, or quickly make a Sores, an fober again that is drunk before. For (as they fay) there is Scabs, ch an Intigathy or enmity between the Vine and the Cole. wheals, orr, that the one will die where the other groweth. The De- Melancholly ction of Coleworts taketh away the pain and ach, and allayeth Wind. e swellings of swoln and goury Legs and Knees, wherein many rols and watry humours are fallen, the place being bathed therewith warm: helpeth also old and filthy fores being bathed therewith, and healeth all nall scabs, pushes and wheals that break out in the skin. olewort falks mixed with old Hogs greafe, are very effectual to anoint e fides of those that have had long pains therein, or any other place painwith Melancholly and windy humours. This was furely Chrysppus his od, and therefore he wrote a whole Volume of them and their Vertues, d that none of the least neither, for he would be no small fool, he approristes them to every part of the Body, and to every Disease in every part ? nd honest old Cato (they fay) used no other Physick. I know not what Me-Is their Bodies were made of ; this I am fure, Cabages are extream winy, whether you take them as Meat or as Medicine, yea, as windy meat as an be eaten, unless you eat Bagpipes or Bellows, and they are but seldom sten in our days, and Colewort-flowers are something more tolerable, and he wholfomer food of the two. The Moon challengeth the Dominion of the Berb.

The Sea Colewort.

Leaves, semewhat crumpled upon the edges, growing each upon a veral thick Footstalk very brittle, of a grayish green colour, From among which setting the top, where it branchesh sorts much; and on every Branch standeth a large sho spale whitish stowers, consisting of four Leaves a-piece: The Root is somewhat great, and shootesh forth many branches under grounds, keeping the green eaves all the winter.

Place. They grow in many places upon the Sea Coasts, as well on the sentish as Essex shores; as at Lid in Kent, Colchester in Essex, and divers one places, and in other Countreys of this Land.

Time. They flower and feed about the time that other kinds do.

Sovernment and Vertues. The Moon claims the Dominion of these

The English Physician Enlarged.

Sores Wound. ulcers, Swellings, I flammation".

alfo. The Broth or first Decoction of the Sea-Colewort, de by the fharp, nitrous, and bitter qualities therein, open theb ly, and purge the body, it cleanfeth and digefteth more power fully than the other kind: The Seed hereof bruised and drum killeth Worms. The Leaves or the Juyce of them applied Sores or Ulcers cleanfeth and healeth them, and diffoly Swellings, and taketh away Inflammations.

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Calamint, or Mountain Mint.

Discript. His is a small herb, soldome rising above a foot high, with sound boary, and woody stalks, and two small beary Leaves fet a Joynt, about the bigness of Marjerom, or not much bigger, a little dented about she edges, and of a very fierce or quick feent, as the whole herb is, The Flower Stand at several spaces of the stalks, from the middle almost upwards, which Small and gaping like to those of Mints, and of a pale blush colour : after whi follow Small, round, blackish feeds. The Root is Small and woody, with die small sprigs spreading within the ground, and dieth not, but abideth ma

Place. It groweth on Heaths, and upland dry grounds, in many places

this Land.

Time. They flower in July, and their Seed is ripe quickly after.

Tims provokes. Difury, Ruptures. CONVHIlions, Cramps, Shortness of Briath. Faundice, Vomiting, M'orms Leprofic, Serpents, black and blue Mark! Scays, Sciatica, Obstruffion of the Liver and Spiece.

Government and Vertues. It is an Herb of Mercury, and a ftrong one in therefore excellent good in all afflictions of the Brain, i Decoction of the Herb being drunk, bringeth down Wome Courses, and provoketh Urine. It is profitable for those the are burften, or troubled with Convulsions or Cramps, with shortness of Breath, or Cholerick torments and pains in the Bellies or Stomachs. It also helpeth the yellow Jaundice, a flayeth Vomiting, being taken in Wine : taken with Salts Hony, it killeth all manner of Worms in the Body. It helps such as have the Leprose, either taken inwardly, drinking Whey after it, or the green Herb outwardly applied. It his dereth Conception in Women. But either burned or fremt in the Chamber, it driveth away venomous Serpents. It the away black and blue marks in the Face, and maketh black Sta become well coloured, if the green Herb (not the dry) boyled in Wine, and laid to the place, or the Palate walls therewith. Being applied to the Hucklebone, by continuance time it spendech the humors which cause the pain of the So tica. The Juice being dropped into the Ears, killeth the word in them. The Leaves boyled in Wine, and drunk, provoke fuel and open Obstructions of the Liver and Spleen. It helpe them that have a Tertian Ague (the body being first purge by taking away the cold Fits. The Decoction hercof with for Sugar put thereto afterwards, is very profitable for those the Le troubled with the over-flowing of the Gall, and that have

The English Physician Enlarged.

d Cough, and that are scarce able to breath by the shortness Tertian their wind. That have any cold distemper in their Bowels, and Aques. e troubled with the hardness of the Spleen, for all which pur-Gall, ses, both the Powder called Diacalaminthes, and the Compound Cough. rup of Calamint (which are to be had at the Apothecaries) are Rorrels, oft effectual. Let not Women be too busie with it, for it works. Spleen. ry violently upon the Feminine part.

Chamomel.

Tis fo well known every where, that it is but loft time and labour to de-

feribe it. The Vertues thereof are as followeth.

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A Decoction made of Chamomel, and drunk, taketh away all Stitchesin biche ins and stirches in the sides. The Flowers of Chamomel beat the side, n, and made up into Balls with Oyl, drive away all forts of Agues, dire gues, if the party grieved be anointed with that Oyl taken Live, by may om the Flowers, from the Crown of the Head to the Sole of Spleen, e Foot, and afterward laid to sweat in his bed, and that he wearin seat well. This is Nichessur an Egyptians Medicine. It is Sizens, ofitable for all forts of Agues that come either from Flegm or Swellings, clancholly, or from an Inflammation of the Bowels, being ap- Cholick, ne to lied when the humors causing them shall be concocted; and Store, ere is nothing more profitable to the sides and Region of the Belly-ach, iver and Spleen than it. The bathing with a Decoction of Cold, Ach, hamomel, taketh away weariness, easeth pains to what part of Jauraice, the body soever they be applied. It comforteth the Sinews that Dropsie, the over-strained, mollisieth all Swellings: it moderately com-Brain, ce, 21 teth all parts that have need of warmth, digesteth and dis- cramp, altu weth whatfoever hath need thereof by a wonderful speedy Stit him toperty. It eafeth all the pains of the Cholick and Stone, and the fide. Il pains and torments of the Belly, and gently provoketh U-It his ne. The Flowers boyled in Poffet-drink provoke Sweat, and help to excl Colds, Aches and Pains whatfoever, and is an excellent help to bring It the own Womens Courses. A Syrup made of the Juyce of Chamomel with the lowers and white Wine. is a Remedy against the Jaundice and Dropsie. he Flowers boyled in Lye, are good to wash the Head, and comfort both and the Brain. The Oyl made of the Flowers of Chamomel, is much led against all hard Swellings, Pains or Aches, thrinking of the Sinews, e Sch fed in Clysters, it helps to dissolve wind and pains in the Belly: ancinted less it helpeth stitches and pains in the sides. Cramps, or pains in the Joynts, or any other part of the body.

Nichestor faith, the Egyptians dedicate it to the Sun, because it cured Ahis and they were like enough to do it, for they were the arrantest Apes he their Religion that ever I read of. Bacchinus, Pena, and Lokal commend the Syrup made of the Juyce of it and fugar taken inwardly, to be excellent to the Spleen. Also this is certain, that it most wonderfully breaks that

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Aone: Some take it in Syrop or Decoction, others inject the juyce of itis to the Bladder with a Syringe; my opinion is, That the Salt of it take half a dram in the morning in a little White or Rhenish Wine, is being than either, that it is excellent for the stone, appears in this, which have feen tried, viz. That a stone that hath been taken out of the body a man being wrapped in Chamomel, will in time diffolye, and in a little time too.

Water Caltrops.

Hey are called also, Tribulus Aquaticus; Tribulus Lacustiu, and Tribul

Marinus, Caltrops, Saliget, Water Nuts, and Water Chefnuts.

Defeript. As for the greater fort, or Water Calcrop, it is not found her or very ravely. Two other firts there are, which I heall here deferibe. The fi hath a long, creer no and jounted Root, sending forth tusts at each joynt, for which joynts arife long, flat. Ander, knotted flaths, even to the top of the Wa ter, divided towards the top into many branches, each carrying two Leavest both fides, heir about the oinches love, and half an inch broad, thin, add most transparent, they look as though they were torn, the flowers ere long, this and whitifu, fer together almost like a base's of Grapes, which being gane, the succeed for the most part, four sharp pointed grains altogether, containing (mall white Kervel in them.

The second difference much from this, fave that it delights in more clear M ter; its flaths are not flat, but round; its Leaves are not fo long, but no pointed: as for the place we reed; of determine, for their name sheweth they en

in the M'ater.

Inflammations, Carkers, mouth, tmoat, Gums, · Almonds of the Hars: Kings-Evil, Store, Gravel, Veno. mous Beafts Poyfon,

Government and Vertues. They are under the Domini of the Moon, and being made into a Pultis, are excelle good for hot Inflammations, and [wellings, cankers, in mouths and throats; being washed with the Decoction cleanfeth and Arengtheneth the neck and throat much and helps those swellings, which when people have, the fay the Almonds of the Ears are fallen down; it is exce lent good for the rankness of the Gums, a safe and pred Remedy for the Kings-Evil; they are excellent good! the stone and gravel, especially the Nuts being dried; the also resist poyson, and bitings of venomous Beasts.

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Campions Wild.

Descripe. THe wild white Compion bath many long, and somewhat be dark green Leaves lying upon the ground, with divers Ri therein, form what like Plantane, but formewhat hairy, broader, and not folio The biry falks rife up in the middle of them three or four foot high, formitime's more, with divers great white joynts at several places thereon, two fuch like Leaves thereat up to the top, fending forth branches at feet joynts; alfo; all which bear on feveral footstalks white flowers at the top shem, confiling of five broad pointed Leaves, every one cut in on the end

the middle, making them frem to be two a piece, fmelling fomewat fwees. leach of them standing in large green striped bairy Husks, large and round on next to the falk : The feed is Small and grayif in the bard Heads that ne up afterwards. The Root is whate and long, foreading divers fanes in the

The Red wild Campion groweth in the fame manner as the white, but his aves are not so plainly ribb d. somewhat shorter, rounder, and more woolly in edling. The Flowers are of the func form and bignis; but in some of a pale, others of a bright rea colour, cut in at the ends more finely, which mareth the aves fe'm more in number than the other. The Seed and the Roots are alike. Roots of both forts abiding many years.

Thre are farty five kinds of Campions more those of them which arcof Phyd her the for al uses having the like vertues with these above described, which I take to be two chiefelt kinds.

Place. They grow commonly through this Land by Fields, Hedge-fides,

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add Time. They flower in furnmer, fome earlier than others, and fome abi-

thick ig longer than others.

, the Government and Vertues. They belong unto Saturn, and it Bleeding found by experience that the Decoction of the Herb, either inward and ining White or Red being drunk, doth stay inward bleedings; autward, ear me dapplied outwardly it doth the like: & being drunk, helpeth Difury, ut no expel the Urine being Hopt, and Gravel or Stone in the Gravel, the Body of Cholerick Humors, and helpeth those that are venomeus ng by Scorpions, or other venomous Beafts; and may be as Beafts. mini edual for the Plague; It is of a very good use in old Sores, Plague, scella cers, Cankers, Fistulaes, & the like to cleanse and heal them, Sores rs. fo confuming the moift Humors falling into them, and corre- ulsers, Aiom! ing the putrifaction of Humors offending them. Cankirsy Riftulacs. e, the

Cardinus Benedictus.

T is called Carduus Benedictus, or Bleffed Thiftle, or Holy Thiftle 1 Suppose the Name was put upon it by some that had little holinels in ed; the micives.

I shall spare a labour in writing a Description of this, fith almost every that can but write at all, may describe them for his own knowledge.

Place. It groweth plentifulty in Gardens.

Time. They flower in August, and feed not long after.

Government and Vertues. It is an Herb of Mars, and under the Sign A-Now in handling this Herb, I shall give you a Rational Pattern of the rest; and if you please to view them throughout the Book, you shall your content find it true. It helps swimmings and giddiness

the Head, or the Disease called Vertigo, because Aries is in Vertigo, House of Mars. It is an excellent Remedy against the yel- Yell. Janua,

Attractive taculty, tetters, Ring-worms, plague-forcs, Boyls, Itch. mad Dogs,

low Taundice , and other Infir nities of the Gall ; becm Mars governs Choler. It ftrengthens the attractive fac ty in man, and clarifies the blood, because the one is rule by Mars. The continual drinking the Decoction of it he red Faces, Tetters and Ring-worms, because Mars cause them. It helps Plague-fores, Boyls, and Irch, the bitin venomous Beafts, of mad Dogs, and venomous Beafts, all which infirmities under Mars, Thus you fee what it doth by Sympathy.

Frinch Pox, Grengthens memory, deafnels, quartan agues, aout cheler. Wring,

SALGETS,

By Antipathy, to other Planets, I cures the French Pe by Antipathy to Venus who governs it. It ftrengthenst Memory , and cures deafnels by Antipathy to Saturn , w hath his fall in Aries, which rule, the Head. It cut Quarran Agues, and other Discases of melancholly and dust Choler, by Sympathy to Satura, Mars being exalted Capricorn. Also it provokes Urine, the Stopping of which istually caused by Mars, or the Moon.

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Carrots.

Arden Carrots are fo well known that they need no Description; h I because they are of less Physical use than the wild kind (as indeed) most in all Herbs, the Wild are most effectual in Physick, as being ma powerful in operation than the Garden kinds) I shall therefore briefly de fcribe the wild Carrot.

Defeription. It growth in a marner altogether like the Tame, but that Leades and Stalks are sometwhat whiter and rougher: The Stalks bear la rufts of white flowers, with a deep purple fat in the middle, which are conti eted together when the Send begins to ripen, that the middle part being bill and love, dad the outward halks vifing high, mak th the whole umble tofbewil a Birds noft. The Root is [Mall, long, and hard, wift for meat, being foment Charp and frong.

Place: The Wild kind groweth in divers parts of this Land plentifully

the Fields fides, and in untilled places.

Time. They flower and feed in the end of Summer.

Government and Vertues. Wild Carrots belong to Mercury, and the forebreak Wind, and remove flitches in the fides, proyokel rine, and Womens Courses, and helpeth to break and expelo 212d, Stitches. Stone : The feed aifo of the same worketh the like effed," is good for the Dropsie, and those whose Bellies are swell provokes with wind; helpeth the Cholick, the stone in the Kidne tirin: and the terms, and the rifting of the Mother, being taken in Wine, or boy in Wine and taken, it helpeth Conception. The Leaves ! Store. ing applied with Honey to running Sores or Ulcers, do clas Drepfie. Cholick; Barronnel ,

I suppose the Seeds of them perform this better thank Roots; And though Giler commend Garden Carrets high

break wind; yet experience teacheth that they breed it first, and we may ank Nature for expelling it, not they : The feeds of them expel wind ined, and so mend what the Root marreth.

Caraway.

election. IT beareth divers stalks of fine cut Leaves lying upon the ground; formewhat like to the Leaves of Carrots, but not bushing so thick, a little quick tafte in them, from among which rifeth ut'a fquare ftalk, not fo gh as the Carrot, at whose joyats are set the like Leaves, but smaller and fi-, and at the top small open tusts or umbles of white flowers, which turn into sall blackift feed, smaller than the Annis-feed, and of a quicker and botter fe. The Root is whitish, small, and long, somewhat like unto a Parfaip, but ith more wrinkled Bark, and much lefs, of a little hot and quick tafte, and ronger than the Parfnip, and abideth after Seca-time.

Place. It is usually sown with us in Gardens,

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Time. They flower in June and July, and feed quickly after. Government and Vertues. This is also a Mercurial Plant. Wind, Difury. manay feed hath a moderate sharp quality, whereby it breakh wind, and provoketh Urine, which also the Herb doth. The Indigefti, loot is better food than the Parsnip, and is pleasant and comor, Head rtable to the stomach, helpeth digestion. The seed is condu-Stomach, ing to all the cold griefs of the head and stomach, the Bowels, Bowcls. Mother, as also the wind in them, and helpeth to sharpen Mother. he Eye-fight. The powder of the feed put into a Pultis, taketh Black and way black and blue spots of blows and bruises. The Herb it blue [patsa if, or with some of the feed bruised and fryed, laid hot in a Bruifes, ag or double cloth, to the lower parts of the Belly, easeth Cholick. he pains of the Wind-Cholick.

The Roots of Carawaies earen as men eat Parsnips, Rrengthen the ftotachs of ancient people exceedingly, and they need not make a whole meal

f them neither, and are fit to be planted in every Garden.

Caraway Confects, once only dipped in sugar, and half a spoonful of hem earen in the morning falting, and as many after each meal, is a most emirable remedy for those that are troubled with wind.

Celandine.

Descript. His bath divers tender, round, whitish, green stalks, with I greater joynts than ordinary in other Herbs, as it were trees, very brittle and easie to break, from whence grow Branches with arge, tender, long Leaves, much divided into many parts, each of them cut in a the edge, fet at the joynes on both sides of the Branches, of a dark blewish clas cen colour, on the upper side like Columbines, and of a more pale blewish men underneath, full of a yellow sap, when any part is broken, of a bitter afte, and frong feent. At the tops of the Branches which are much divided, Ten Gold y thom flowers of four Icaves apiece, after which come small long Pods 2 Pods with blackish seeds therein. The Root is somewhat great at the hell shooting forth divers long Roots, and small strings, reddish on the outsig and yellow within, full of a yellow sap therein.

Place. It groweth in many places by old Walls, by the Hedges and win fides in untilled places; and being once planted in a Garden, especially a

fome shady places, it will remain there.

Time. They flower all the Summer long, and the feed ripeneth in the

Government and Vertues. This is an Herb of the Sun, and under the Coelestial Lier, and is one of the best Cures for the Eyes that is. All the know any thing in Astrologie, know as well as I can tell them, That the Eyes are subject to the Luminaries; let it then be gathered when the Sun is in Lee, and the Moon in Asies applying to his Trine: let Lee arise, the may you make it into an Oyl or Oyntment which you please to anoint you fore Eyes withal: I can prove it both by my own experience, and the toperience of those to whom I have taught it. That most desperate fore Eye have been cured by this only Medicine; And then, I pray, is not this is better than endangering the Eyes by the art of the Needle? for if this is

not absolutely take away the Film, it will so facilitate the work that it may be done without danger. The Herb or Roots boy Obstructiled in White-Wine and drunk, a few Annifeed's being boyle ors of the therewith openeth Obltructions of the Liver and Gall, helpeu Liver and the yellow Jaundice; and often using it, helps the Drops Gall, Beland the Itch, and those that have old fores in their Legs, or low frandice, Dropther parts of the Body. The juyce thereof taken falling, is hel to be of fingular good use against the Pestilence: The distil fie, Peftiled Water with a little fugar, and a little good Treacle min lente. therewith (the party upon the taking being laid down to fweet Eyes, a little) hath the same effect. The juyce dropped into the Eye ulcer's. Tetters, cleanfeth them from films & cloudiness which darken the fight Ringbut it is best to allay the sharpness of the juyce with a little Brest-milk: Ir is good in old filthy, corrosing, creeping Ulworms, cers wherefoever to flay their malignity of fretting & running Cancer's. Warts, and to cause them to heal the more speedily : The juyce ofthe applied to Tetters, Ring-worms, or other fuch like spreading Belly, Bone-Cancers, will quickly heal them, and rubbed often upon Warts els, Metber, The Herb with the Roots bruised an If'orms will take them away. heated with Oyl of Chamomel, and applied to the Navel, to Termis keth away the griping pain in the Belly and Bowels, and all the Stops, pains of the Mother: and applied to Womens brefts, stayed Tooth-ach, the over-much flowing of their Courfes. The Juyce or Decodie Itch, Beauty on of the Herb gargled between the Teeth that ake, easeth the loft. pain : and the powder of the dried Root laid upon an aking

hollows or loofe touth, will cause it to fall out. The juyce mixed with some powder of Brimstome, is not only good against the Itch, but taketh away all discolourings of the Skin whatsoever: And if it chance that in a tender

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vic caufeth any Itching or Inflammations, by bathing the place with a

le Vinegar it is helped.

Another ill-favour'd trick have Physicians got to use to the Eye, and that orfe than the Needle; which is, To eat away Films by corroding or wing Medicines. This I absolutely protest against.

. Because the Tunicles of the Eye are very thin, and therefore foon eaten

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2. The Callus or Film that they would eat away, is seldome of an equal ciness in every place, and then the Tunicle may be caren asunder in one ce, before the Film be confumed in another, and so be a readier way to natthe tinguish the fight, than to restore it.

he Sult is called Chilidonium from the Greek word xexidor, which fignifies a illow, because they say, That if you prick out the Eyes of young Swalthe transfer of the Neth, the old ones will recover their Eyes again, the transfer of their Eyes again, the transfer of their Eyes with a Needle, the thall recover them again,

his is t whether with this Herb or not I know not.

this de Alic I have read (and it feems to me somewhat probable) That the Herb working gathered as I showed before, and the Elements drawn apart from it s boy the Art of the Alchymift, and after they are drawn apart, rectified, the boyle thy quality still in rectifying them, added to the Terra damnata, (as Aleste symists call it) or Terra sacratissima (as some Philosophers call it.) The profit ements so rectified are sufficient for the Cure of all Discases, the humor ending being known, and the contrary Element given: It is an experience is held rth the trying, and can do no harm.

The leffer Celandine, usually known by the name of Pile-Wort, and Figwort.

Wonder what siled the Ancients to give this name of Gelandine, which relembles it neither in nature nor form : It acquired the Name of Pileof from its Vertues, and it being no great matter where I fet it down, fo et it down at all, I humour'd Dr. Tradition fo much as to fer it down here. Description. This Celandine then, or Pilewort (which you please) doth spread my round pale green Leaves, set on weak and trailing branches, which lie upthe ground, and are flat, smooth, and somewhat shining, and in some place's hough seldome) marked with black spots, each standing on a long Footstalk rong which rife small yellow flowers, confisting of nine or ten small narrow loves, upon Ander Footstalks very like unto a Crows foot, whereunto the feed o is not unlike, being many small ones set together upon a head. The Root is ade of many small Kernels like a grain of corn, some twice as long as others, of whitish colour, with some fibres at the end of them.

Place. It groweth for the most part in moist corners of Fields, and places at are neer Water-sides, yet will abide in dryer grounds, if they be but

little shadowed.

Time. It flewreth betimes about March or April, is quite gone in May, it it cannot be found until it fpring sgain. GovernHomor-

Thoids,

The English Physician Enlarged.

Goodinment and Vertues. It is under the Dominion of Mars: and hold here another Verification of that Learning of the Ancients, viz. The Vertue of an Herb may be known by its fignature, as plainly appears this; for if you dig up the Root of it, you shall perceive the perfect im

of that Disease which they commonly call the Piles. It is to tain by good experience, That the Decoction of the Leavesn Roots doth wonderfully help the Piles and Hemorrhoids, as I Kerne's by the Ears and Throat, called the Kings-Evil, or

Evil. other hard Wens or Tumors.

Here's another Secret for my Countrey Men and Women, couple of them together: Pilewort made into an Oyl, Ointment, or Pli fter readily cures both the Piles or Hemorrhoids, and the Kings-Evil: It very Herb born about ones Body next the skin, helps in such Disas though it never touch the place grieved: let good people make much of for these uses, with this I cured my own Daughter of the Kings-Evil, but the Sore, drew out a quarter of a Pint of Corruption, cured it withouts Scar at all, and in one Weeks time.

The Ordinary small Centaury.

Descript. This groweth up most usually but with one round and somewhat top into many sprigs, and some also from the joynts of the stalks below: I Flowers that stand at the tops as it were in an umble or tust, are of a palent tending to a carnation colour, consisting of sive, sometimes six small Leaves, by like those of St. Johns wort, opening themselves in the day time, and clot at night, after which come seed in little short Husks, in some like unto the Corns: The Leaves are small and somewhat round, The Root small and bards rishing every year. The whole Plant is of an exceeding bitter taste.

There is another fort in all things like the former, fave only it bear

white Flowers.

with the white Flowers, not forrequently as the other.

Time. They flower in July, or thereabouts, and seed within a Montafter.

Government and Vertues. They are all under the Dominion of the as appears in that their flowers open and flut as the Sun eit sheweth or hiderh his face. This Herb boyled and drunk, pu Choler, geth Cholcrick and gtols Humors, and helpeth the Sciatical Scietics, openeth Obstructions of the Liver, Gall, and Spleen, helpe Obstructithe Jaundice, and eafing the pains in the fides, and hardness ons, Liver, the Spicen, used outwardly, and is given with very good of Gall, in Agues : It helpeth those that have the Dropsie, or the gre Spleets fickness, being much used by the Italians in powder forth Azu. Dropfie. purpose. It killed the Worms in the Belly, as is found by a

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ce. The Decoction thereof (viz.) the tops of the falks with Leaves and flowers, is good against the Cholick, and to ng down Womens Courles, helpeth to avoid the dead birth, cateth pains of the Mother, and is very effectual in all old ns of the Joynes, as the Gout, Cramps, or Convulsions. A m of the powder thereof taken in Wine, is a wonderful good pagainst the biting and poylon of an Adder. The Juyce of Herb with a little hony put to it, is good to clear the Eys, m dimnels, mifts, and clouds that offend or hinder the fight: singular good both for green and fresh wounds, as also for Ulcers and Sores, to close up the one, and cleanse the other, perfectly to cure them both, although they be hollow or llous: the green Herb especially being bruised, and laid reto. The Decoction thereof dropped into the Ears cleanfthem from worms, cleanfeth the foul Ulcers, and spreading bs of the Head, and taketh away all Freckles, Spors, and rks in the Skin, being washed therewith, The Herb is so you cannot fail in the using of it; onely give it inwardly inward Diseases: use it outwardly for outward Diseases: is very wholfome, but not very toothfome.

There is besides these another small Centaury, which beareth ellow flower, in attorner respects it is like the former, save that the leaves bigger and of a darker green, and the stalk passeth through the midst of m, as it doth in the Herb Thorowax. They are all of them, as I told you. ter the Dominion of the Sun, yet this, if you observe it, you shall find an ellent truth; In Difeales of Blood, use the red Centaury; if of Choler, the yellow; but if of flegm or water, you will find the white best.

The Cherry-Tree.

Suppose there are few but know this Tree, for his Fruits fake, and therefore I shall spare writing a Description thereof.

Place. For the place of its growth, it is afforded room in every Orchard. fournment and Vertues. It is a Tree of Venus. Cherries, as they are of trent taftes, so they are of divers qualities: The sweet pass through the

nach and belly more speedily, but are of little nourishment: tratt or four, are more pleasing to an hot stomach, procu-Appetite to Meat, and help to cut tough flegm, and gross mors: but when these are dried, they are more binding the ly than when they are fresh, being cooling in hot Diseases, welcome to the stomach, and provoke urine, The Gum of Cherry-tree diffolved in Wine, is good for a cold Cough, hoarinels of the throat, mendeth the colour in the Face, pnech the Eye-fight, provoketh Appetite, and helpeth to and expel the Stone: The black Cherries bruised with Rones, and diffolved, the Water thereof is much uled to ik the fone, expel Gravel and Wind.

Appetite Loft, flegm, Gross bumors, cools provoke Mrine. Cough, Hoar ness Sight, Gravel, Wind. W 1 N-

Winter Cherries.

Descript. The Winter Cherry hath a running or creeping Root in the m of the bigness many times of one little finger, shooting for Several joyats in several places, whereby it quickly spreadeth a great compa ground: the flalk rifeth not above a yard high, whereou are fet many broad long green Leaves, Somewhat like Nightshade, but larger; at the joyats w of come forth whitish flowers made of five Leaves a piece, which after tun green Berries, enclosed with thin : kins, which change to be reddish when they ripe, the Berry likewise being reddish, and as large as a Cherry, where contained many flat and yellowish feeds lying within the pulp, which being shered and frung up, are kept all the year, to be used upon occasion.

Place. They grow not naturally in this Land, but are cherished in

dens for their Vertues.

Time. They flower not untill the middle or latter end of July, and

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Fruit is ripe about the end of August, or beginning of September.

Government and Vertue:. This also is a Plant of Venus. They a great ule in Physick: The Leaves being cooling, may be used in In marions, but not opening as the Berries and Fruit are, a Inflummaby drawing down the Urine, provoke it to be voided plenth
tions, D suwhen it is stopped, or grown hot, sharp, and painful in the
ai
ry, Stone, sage: it is good also to expel the Stone and Gravel out of
Gravel, Reins, Kidneys and Bladder, helping to dissolve the Stone,
wolding it by Greet or Gravel sent forth in the Hrine; it helpeth much to cleanse inward Imposshumes or Ulcers of Reins or Bladder, or in those that void a bloody or soul il did The distilled Water of the Fruit, or the Leaves together ick them, or the Berries green or dry, distilled with a little N the Rins and bladder, piffing Blood : and drunk morning and evening with a little Sugar is effectly; [barpne]s to all the purpoles afore specified, and especially against the of wines. and sharpness of the Urine. I shall only mention one wi A pretious mongst many others, which might be used for ordering the Receipt. ries to be helpful for the Urine and the Stone, which is the

Take three or four good handfuls of the Berries, either green and frehale dried, and having bruifed them, put them into fo many Gallons of Ba Ale when it is new tunned up: This drink taken daily, hath been four do much good to many : both to ease the pains, and expel Urine, and bett Stone, and to cause the stone not to ingender. The Decocion of the ries in Wine and Water, is the most usual way; but the Powder of

raken in drink, is more edectual.

Chervill.

Tis called Ceresolium, Mirrhis, and Mirrha, Chervil, Sweet Che and fweet Cicely. Descript. The Garden Chervild. that first somewhat resemble parsh

erit is better grown, the Leaves are much cut in and jagged, resimbling mlock, being a little Hairy, and of a whitish grees colour sometimes turning with in the Summer with the Stalks alfo: It rifeth a little above half a foot b, bearing white Flowers in Spiked tufts, a bich surn into long and round feeds ated at the ends, and blackiff when they are ripe, of a freet toft, but to fmell. ugh the Herb it felf smelleth reasonable well: the Root is small and long, and theth every year, and must be fows anew in the foring for feed, and after July Autum Sallad.

The Wild Chervil groweth two or three foot high, with yellow falks and ats, fet with broader and more hairy Leaves, divided into funary parts nickabout the edges, and of a dark green colour; which likewife grow redails the stacks; at the top- whereof stands small white tusts of Flowers, and afwards smaller and longer seed: The Root is white hard, and enduring long.

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Place. The first is sown in Gardens for a Sallad Herb; The second growh wild in many of the Meadows of this Land, and by the Hedge-fides, and Heaths.

Time. They flower and feed early, and thereupon are fown sgain in the n Inh d of Summer.

Government and Vertues. The Garden Chervil being eaten, C, W detailed Water thereof being drunk, and the bruiled Leaves Bruifes, at it to the place, being taken either in meat or drink, it is held Falls Dycers of to provoke Urine, or expel the stone in the Kidneys, to fury Stones with the stone of the fides.

The wild Clervil bruiled and applied, dissolveth Swellings in Swellings, and the bruiled Swellings, and the bruiles of Black and the bruiles and Pleurifies, and the bruiles are the stone of the bruiles and pleurifies, and the bruiles are the stone of the bruiles and pleurifies, and the bruiles are the stone of the bruiles and pleurifies, and the bruiles of the Body, and taketh away the speaked blood by bruiles or blows in a little space.

Blue soots.

A the gealed blood by bruises or blows, in a little space. Bine pots.

Sweet Chervil, or Sweet Cicely.

Cript. His groweth very like the greater Hemlock, having large foreat Leaves cut into divers parts, but of a fresber green colour than Hemlock, tasting as sweet as the Annifeed. The stalk rifeth upa yard high petter, being crefted or hollow, having the Leaves at the joynts, but liffer; at the tops of the branched stalks, umbles or tufts of white Flowers 3 after f the es of the lin come large and long crefted black (hining feed, pointed at both ends, ta-Equick, yet sweet and pleasant. The Root is great and white, growing deep the ground, and spreading sundry long branches thereing in safte and smell ager than the Leaves or feed, and continuing many years. Place. This groweth in Gardens.

Government and Vertues. These are all three of them of the Nature Jujiter, and under his Deminion. This whole liant, bdes The English Physician Enlarged;

64 Cold. Stomath, fides its pleafantnels in Salads, hath his Phyfical Vertie Wind, Fleom. The Root boyled and eaten with Oyl and Vinegar, for with our Oyl) doth much please and warm an old and cold h Lungs. Phtiffick, Pefti- mach, oppreffed with wind or flegm, or those that have Phristick or Consumption of the Lungs. The same dru lence Terms provokes, Af- with Wine, is a prefervative from the Plague : it provoke ser-birth, Ap- Womens Courles, and expelleth the After-birth, procure petite loft, ut- an appetite to meat, and expelleth wind. The Juyce is go cers. Evidemi- to heal the Ulcers of the Head and Face. The candid Ro hereof are held as effequal as Angelica to preferve from it cal Difeafes. fection in the time of a Plague, and to warm and comfor

cold weak stomach : It is so harmless you cannot use it amiss.

Chefnut-Tree.

IT were as needless to describe a Tree so commonly known, as to tell man he had gotten a Mouth; therefore take the Government and Va tues of them thus.

The Tree is absolutely under the Dominion of Jupiter, and therefore Fruit must needs breed good blood, and yield commendable nourishme to the Body; yet if eaten over much, they make the blood thick, pros head-ach, and bind the Body: the inner skin that covereth the Nut; if

fo binding a quality; that a scruple of it being taken by a m or ten grains by a Child, foon ftops any flux whatfoever: Flux. whole Nut being dried and beaten into powder, and a drama Terms ken at a time, is a good remedy to ftop the Terms in Wom floors, If you dry Cheftnuts, and beat them into Powder (onely Cough. Spitting kernel I mean) both the Barks being taken away, beat them to powder, and make the powder up into an Electuary with Blood. ney, so have you an admirable Remedy for the Cough, and

ting blood.

Earth Chestnuts.

Hey are called Earth-nuts, Earth-Chestnuts, Ground-nuts, Ciper-1 and we in Suffex call them Pig-nuts. A Description of them " needless, for every Child knows them.

Government and Vertues. They are fomething hot and in quality, under the Dominion of Venus, they provoke Luft exceedingly, and ftir up those sports the is Mistris of; provokes. Difary. Seed is excellent good to provoke Urine, and so also is Roor, but it doth not perform it fo forcibly as the Seed Spitting The Root being dried, and beaten into Powder, and the P Blood Pifder made into an Electuary is as fingular a Remedy for spin fing Bigod. and pilling blood, as the former Chestnuts was for Coughs

Hot Liver, Apo-

wheils, Pubes.

Cramb, Convul-

Eyes, Hemor-

rhoids, ulcers,

Itch, Scabs.

Chickweed.

I is so generally known to most people, I shall not therefore trouble you with the Description thereof, nor my felf with setting forth the several ds, fith but only two or three are confiderable for their ulefulneis. Place. They are usually found in most and watry places, by Woodsides.

ellewhere.

Time. They flower about June, and their feed is ripe in July. Government and Vertues, It is a fine feft pleasing herb, under the Dominof the Moon. It is found to be as effectual as Purflain to all the pures whereunto it serveth, except for meat only. The herb bruised, or the ice applied (with cloaths or spunges dipped therein) to the Region of the

er, and as they dry to have fresh applied, doth wonfully temper the heat of the Liver, and is effectual all impossinumes and Swellings whatsoever; for all postbumes, Smelness in the Face, Wheals, Puthes, Irch, Scabs; the ing, Red Face, ce either simply used, or boyled with Hogs-greafe and blied, the fame helpeth Cramps, Convulsions and The Juyce or diffilled Water is of much good fies. for all heat and redness in the Eyes, to drop tome fion, Paife, Red reof into them: as also into the Ears to cale pains them, and is of good effect to ease pains, the heat and

pness of blood in the Piles, and generally all Pains the body that arise of heat. It is used also in het and vrulent Ulcers Sores in the privy parts of Men or Women, or on the Legs, or eltetre. The Leaves boyled with Marth-mallows, and made into a Pulcis Fenugreek and Linteed, applied to Swellings or Imposshumes, ripen break them, or swage the Swellings, and ease the pains. It helpeth the tews when they are shrunk by Cramps, or otherwise, and to exter d and he them pliable again by this Medicine; Boyl an handful of Chickweed. a handfull of red Role-leaves dried, but not diftilled, in a quart of Muline until a fourth part be confumed, then pur to them a pint of Oyi of otters or Sheeps feet; let them boyl a good while, still stirring them , which being frained anoint the grieved place therewith warm agairff fire, rubbing it well with ones hand, and bind also some of the Herb (if will) to the place, and with Gods bleffing it will help in three times Ming.

Cich-Pease, or Cicers.

Cript. He Garden forts, whether red, black, or white, bring forth stalks a yard long, whereon do grow many small and the Pround Leaves, dented about the edges, fet on both sides of a middle at the Joynts come forth one or two Flowers upon sharp Footstalksse-fashion, either white or whitish, or purplish red, lighter or deeper, accor-Lastic Peafe that follow will be that are contained in small; thick and short

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Pods, wherein lie one or two Peafe more usually, a little pointed at the end, and almost round at the Head, yet a little corner'd or harp, The Ru fmill, and perifleth yearly.

Place and Time. They are fown in Gardens, or the Fields, as Peale, by fown later than Peafe, and gathered at the same time with them, or pred

ly after.

Government and Vertues. They are both under the Dominion of M. They are no less windy than Beans, but nourish more, they provoke Un

Dyfury, Seed oncreafe, Stone, Costiveness, Terms provokes, Pain in the files, Open, Digeft, Diffolue.

and are thought to encrease Sperm, they have ach fing Faculty, whereby they break the Stones in the neys. To drink the Cream of them being boyled Water, is the best way. It moveth the Belly do wards, provoketh Womens Courses and Urine, enor feth both Milk and Seed. One ounce of Cicers, Obstruction, Stone, ounces of French Barley, and a small handful of Min mallow Roots clean washed and cut, being boyled the broth of a Chicken, and four ounces taken in merning, and fasting two hours after, is a good Ma

cine for a pain in the fides. The white Cicers used more for mear the Medicine, yet have they the fame effects, and are thought more power to encrease Milk and Seed. The wild Cicers are so much more power than the Garden kinds, by how much they exceed them in heat and de nels, whereby they do more open Obstructions, break the Stone, and a all the properties of cutting, opening, digefting and diffolving, and thism speedily and certainly than the former.

Cinquefoyl, or Five leaved Grass: Called in some Countries Five-finger'd Grafs.

Descript. TT spreadeth and creepeth far upon the ground, with long it I der ftrings like Strawberries, which take Root again and h forth many Leaves made of five parts, and fometimes of seven, dented ab the edges, and somewhat hard. The stalks are slender, leaning downward and bear many small yellow flowers thereon, with some yellow thris the middle, standing about a smooth green head; which when it is tips a little rough, and containeth small brownish seeds. The Root is d blackish brown colour, seldom to big as ones little finger, but growing is with some thrids thereat; and by the small strings it quickly spreaded ver the ground.

Place. It groweth by Wood-sides, Hedg-sides, the Path-wayes in Fick and in the porders and corners of them almost through all this Land.

Time. It flowreth in Summer, some soon, some later.

Government and Vertues. This is an Herb of Jupiter, and there Arengthens the parts of the Body it rules; let Jupiter be angular Mrong when it is gathered, and if you give but a feruple (which is

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inty grains of it) at a time, either in white Wine, or white Wine negar, you shall very seldom mils the cure of an Ague, be it Aques, at Ague loever, in three Fits, as I have often proved to the admiion both of my felt and others ; let no man despise it because it is plain deafie, the ways of God are all tuch, tis the ungodliness and impudency man that hath made thing, hard, and hath (by to doing) made sport for the Devils in Hell, and grieved the good Angels; and when you read this, ar own Genius, if you be any thing at all acquainted with it, may dictate you many as good conclusions both of this and other Herbs. is an especial herb used in all Inflammations and Feavers, Inflammaether infectious or pestilential; or among other Her-s to tions, Ficol and temper the blood and humors in the body. As also for vers, Peffic Locions, Gargles, Injections, and the like for fore Mouths, lence, Sore cers, Cankers, Fistulaes, and other corrupt, foul or running Mouth, res. The Juyce hereof drunk about four ounces at a time ulcers. certain days together, cureth the Quinzie, and the yellow Cach reundice, and taken for thirty days together, cureth the Fal- Fiftulies, 2-ficknels. The Root boyled in Milk and drunk, is a mon Quinfie. edual remedy for all Fluxes in min or woman, whether the Tellow power hites or Reds, as also the Bloody Flux. The roots boyled in Jaurdices power inegar, and the Decoction thereof held in the mouth jeaseth Falling and desepains of the Toothach. The Juyce or Decoction taken with sickness, and he little Honey, helpeth the hoariness of the Throat, and is very Flux, thism od for the Cough of the Lungs. The distilled Water of both Terms stops, bots and Leaves is also effectual to all the purposes aforesaid, whites, dif the hands be often washed therein, and suffered at every Bloody flux, me to dry in of it felf without wiping, it will in fort time Testa-ath, lo the Pallie, or thaking in them. The Root boyled in Vine- Harfness, rhelpeth all Knots, Kernels, hard Swellings, and lumps Cough, owing in any part of the flesh, being thereto applied, as also Palse of Inflammations, and St. Anthonies fire, all imposthumes, and the Hands inful Sores, with heat and putrifaction, the Shingles also, Knots in dall other forts of running and foul Scabs, Sores and fich the Flesh, he same also boyled in Wine, and applied to any Joynes full St. Antho-Pain, Ach, or the Gout in the hands or feet, or the Hip-gout nies fire, lled the Sciatica, and the Decoction thereof drunk the while, Shingles, th cure them, and easeth much pains in the Bowels. The Scabs, Itch, pots are likewise effectual to help Ruptures or Burflings, be- Joynts paiguled with other things available to that purpole, taken di- ned; Sciatier inwardly or outwardly, or both : as also for bruises, or ca, Ruptures arts by blows, falls, or the like, and to fry the bleeding of Gout,

ounds in any part inward or outward. Some hold that one Leaf cures a Quoridian, three a Tertian Falls, four a Quartan Ague, and an hundred to one if it be not Bleedings isserides, for he is full of such whimfies. The wuth is, I never ood to much upon the number of the Leaves, nor whether I

H A

gave it in Powder or Decoction. If Jupiter were strong, and the Mont plying to him, or his good Aspect at the gathering, I never knew it at the delired effects.

Cives.

CAlled also Rush-Leeks, Chives, Civet, and Sweth.

Temperature and Vertues. I confess I had not added these, had not been for a Letter I received of a Country Gentleman, who certified That among to other Herbs I had lest these out; they are indeed a kind Leeks hot and dry in the fourth degree as they are, and also under the D minion of Mars: if they be eaten raw (I do not mean raw opposite ton sted or boyled, but raw opposite to a Chymical Preparation) they send very hurtful Vapors to the Brain, causing troublesome sleep, and spoilings

Eye-fight, yet of them prepared by the Art of the Alchymilt, who be made an excellent Remedy for the stoppage of Urine.

Clary, or more properly Cleers Eye.

Descript. Our ordinary Garden Clary hath sour square stalks, with his rough, wrinkled, whitish, or hairy green Leaves, somewhat evenly cut is on the edges, and of a strong sweet scent, growing some means ground, and some by couples upon stalks. The slowers grow at certain aissum with two smill Leaves at the soyats under them, somewhat like unto the slowe of Saze, but smaller, and of a whitish blew colour. The seed is brownish, as somewhat stat, or not so round as the wild. The Roots are blackish, and sput not far, and perish after the seed time. It is usually sown, for it seldomish of its own sowing.

Place. This groweth in Gardens.

Time. It flowreth in June and July, some a little later than others, at

their Seed is ripe in August, or thereabouts.

Eye,

Simellings,
Splinters,
Thorns,
Inflammations, Boyls,
Felois,
Head,
Brain,
Luft irovokes,
Bick,
Terms provokes,

Government and Vertus. It is under the Dominion of the Moon. The Seed is used to be put into the Eyes to clear the from Motes, or other such like things gotten within the Lie to offend them; as also to clear them from white or redspe The Mucilage of the Seed made with Water, so applied to Tumors or Swellings, disperseth and taketh the away; as also drawerh forth Splinters, Thorns, or other thing gotten into the flesh. The Leaves used with Vinegar either it felf, or with a little Hony, doth help hot Inflammations, ass fo Boyls, Felons, and the hot Inflammations that are gather by their pairs, if it be applied before they be grown too great The Powder of the dried Root pur into the Nofe, provoked Sneezing, and thereby purgeth the Head and Brain of mud Rheum and Corruption. The Seed or Leaves taken in Win provoketh to Venery. It is of much use both for Men and Women that have weak Backs, to help to ftrengthen the Reins used either by it self, or with other herbsconducing to the firm

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fect, and in Tansies often. The fresh Leaves dipped in'a Batter of Flowers ggs, and a little Milk, and fryed in Butter, and served to the Table, is or unpleasant to any, but exceeding profitable for those that are troubled ith weak Backs, and the effects thereof. The Jayce of the Herb put into le or Bear, and drunk bringeth down Womens Courles, and pelleth the afterbirth

Aftervirth.

tis an utual course with many men when they have gotten the nning of the Reins, or Women the Whites, they run to the Bush of Clary, laid, bring hither the frying-Pan, tetch me some Butter quickly, then for ting tryed Clary, just as Hogs eat Acorns, and this they think will cure heir Diease (forsooth) whereas when they have devoured as much Clary will grow upon an Acre of ground, their Backs are as much the better as hough they had piffed in their thees; nay, perhaps much worfe.

We will grant that Clary ftrengthens the Back, but this we deny, That e cause of the Running of the Reins in men, or the Whites in Women es in the Back (though the Back may fomtimes be weakened by them) and erefere the Med cine is as proper, as for me when my toe is fore to lay a

laifter to my noie.

Wild Clary.

VIIId Clary is most blasphemously called ChristsEye, because it cures Diseases of the Eys. I could wish from my very Soul, Blasphemy, norance, and Tyranny were ceased amongst Physicians, that they might chappy, and I joyful.

Description. It is like the other Clary, but leffer, with many flalks about a ot and an half high. The stalks are square and something hairy. The Flower stewish colour. He that knows the common clay, cannot be ignorant of

Place. It grows commonly in this Nation in barren places: you may nd it plentifully if you look in the Fields near Grays-Inn, and the Fields ear Chelfey.

Time. They flower from the beginning of June, to the latter end of Au-

ult.

Gove nment and Vertues. It is something hotter and drier than the barden-Clary is, yet nevertheless under the Dominion of the Moon, as ell as that, the feeds of it being beaten to Pouder, and drunk ich Wine, is an admirable help to provoke Luft. A decoction Luft prothe Leaves being drunk, warms the Stomach, and 'tis a won- woketh, er if it should not, the Stomach being Cancer, the House of the congealed Moon. Also it helps digettion, scatters congealed blood in any Blood, Cold art of the body, and helps dimness of fight. The distilled Stomach, Vater thereof cleanseth the Eyes of redness, wateriffness, and Sore Eyes. car, 'tis a gallant Remedy for dimness of fight, to take one of Films in he Seeds of it, and put into the Eyes, and there let it remain the Eyes, hile it drops out of it felf, the pain of it will be nothing to Indigeftipeacon; it will cleanse the Eyes of all filthy and putrified on,

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matters,

matters, and in often repeating of it, will take off a Film which covered the fight, a handlomer, fafer, and easier Remedy a great deal than total it off with a Needle.

Cleavers.

T is also called Aparine, Goos-share. Goos-grass, and Clavers.

D foript. The common Cleavers hath divers very rough square stalked to big as the Tag of a Point, but rising up to be a or 3 yards high sometime it it meet with any tall Bushes or Trees whereon it may climb (yet with any classers) or elie much lower, & lying upon the ground full of Joynes, at every one of them shooteth forth a branch besides the Leaves there which are usually six, set in a round compass like a Star, or the Roweld Spur; from between the leaves at the joynes towards the tops of the branch come forth very small white Flowers at every end upon small chreddy so stalks, which after they are tallen, there do show two small round, rough see joyned together like two Testicles, which when they are tipe, grow hardan whitesh, hiving a little hole on the side somewhat like unto a Navel. But stalks, seaves and seeds are so rough, that they will cleave to any the shall touch them. The root is small and very thready, spreading much a the ground, but deeth every year.

Place. It groweth by the Hedg and Dirch-fides in many places of the Land, and is so troublesome an Inhabitant in Gardens, that it ramps

upon, and is ready to chook whatever grows next it.

sgain in the end of July or August, from whence it springers up again, at not from the old Roots.

Government and Pitues. It is under the Dominion of the Moon. To Juice of the Herb and the Seed rogether taken in Wine held eth those that are bitten with an Adder, by preserving the Venomess Heart from the venom. It is tamiliarly taken in Broth to kee Beafts. them lean and lank that are apt to grow fat, The distilled Wh Heart, ter drunk twice a day, helpeth the yellow faundice, anoth Fatnef. Decoction of the Herb in Experience is found to do the fame Y. llow and flayeth Lasks and bloody Fluxes. The Juvce of the leave Faundice. Flux, bloody or they a little bruiled, and applied to any bleeding Would Fiur, flaveth the bleeding. The Juice is also very good to closes the lips of green Wounds; and the Powder of the dried Ha Wounds. frewd thereupon, coth the fame, and likewife helpeth old !! ulcers, cers. Being boyled with Hogs-greafe, it healeth all forest Smellings, Kngs-Evil, hard swellings or Kernels in the Throse, being anointed then with. The juyce dropped into the Ears, taketh away the pa Pain in the Fars. of them.

It is a good Remedy in the Spring, eaten (being first chopse small, and boyled well) in water-gruel, to cleanse the blood, and street then the Liver, thereby keeping the body in health, and fitting it for the change of Season that is coming.

Clina

Clowns Woundwort.

forigt. TT groweth up sometimes to three or four foot high, but usually about two foot, with square, green, rough stalks, but flender, yned fornewhat far afunder, and two very long, and fornewhat narrow dark een Leaves bluntly dented about the edges thercof, ending in a long point. he flowers fland toward the tops compassing the stalks at the Joynes with e Leaves, and end likewife in a spiked top, having long and much open ping hoods of a purplish red color, with whitish spots in them standing in mewhat rough Husks, wherein afterwards stand blackish round Seeds. The oot is composed or many long string, with some tuberous long knobs growig among them of a pale yellowith or whitish color, yet some times of the ear these knobby Roots in many places are not seen in the Plant: The hole Plant smelleth somewhat Arongly.

Place. It groweth in fundry Countries of this Land, both North and Vest, and frequently by Path fides in the Fields near about London, and ithin three or four miles distant about it, yet usually grows in or near

Ditches.

Time. It flowereth in June and July, and the feed is ripe foon after. Gov. rament and Pertues. It is under the Dominion of the of the Planet Saturn. It is fingularly effectual in all fresh and green wounds, Wounds, and therefore beareth not this name for nought. And ulcers, svery available in stanching of Blood, and to dry up the flux - Blood, d falle s of Humors in old fretting tilcers, Cancers, &c. that hinder Cancers, in, an he healing of them.

A Syrup made of the Juyce of it is inferior to none for in- Flux, Vif-. The rard Wounds, Ruptures of Veins, Bloody Flux. Veffels bro- fels broken, to help con, spitting, pissing, or vomiting Blood: Ruptures are excel-Ruptures, ring the ently and speedily, even to admiration, cured by taking now & spitting, to hen a little of the Syrup, and applying an Oyntment or plai-pissing, and the derof the Herb to the Place. Also if any Vein be swelled, or Vomiting anothe Muscle cut, applie a plaister of this Herb to it, and if you add a Blood, e fame little Comfry to it, it will not do amifs. I affure thee the Herb Veins leave eferves commendations though it have gotten but a Clownish swelled, Would Name, and whoever reads this (if he try it as I have done will Muscles closes commend it as well as I. I have done, only take notice, That cut.

Cocks-Head, Red Fitchling, or Medick Fetch.

the pit Description. This bath divers weak, but rough Stalks, half ayard long, leaning down wirds, befet with winged Leaves, longer and chopse me printed than those of Lentiles, and whitish underneath, from the tops f these Stalks arise up other stander Stalks, naked without Leaves unto be tops, where there grow many small Flowers in manaer Spike

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Clina

Spike of a pale reddilh colour, with some pleaness arong them: after win rife up in their places, round, rough and fomerobat flat heads. The Root iston and somewhat woody, yet liveth, and shooteth anew every year.

Place. It groweth under Hedges, and sometimes in the open Fields, i

divers places of this Land.

Time. They flower all the months of July and August, and the Sm sipeneth in the mean while.

Government and Vertues. It is under the Dominion of Verus. It his power to ratific and digeft, and therefore the green Leaves bruifed andle

Knots on Kornels in the Flesh, Strangury, Milk 313 Cattel

as a Plaifter, disperseth Knots, Nodes or Kernelsind flesh; and if when it is dry, it be taken in Wine, it he peth the Strangury; and being anointed with Oyl, provoketh Sweat. It is a lingular fond for Cattel, to car them to give store of Milk, and why then may it not the like being boyled in ordinary drink of Nu fes.

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Columbines.

Hele are to well known, growing almost in every Garden, that I thin I may fave the expence of time in writing a Deteription of them. Time. They flower in May, and abide not for the most part when June past, perfecting their feed in the mean time.

Gor ernment and Vertues. It is also an Herb of Venus. The Leaves Columbines are commonly used in Lotions with good success for Sa

Mouths and Throats: Tragus faith, That a dram ofth Sme Months and feed taken in Wine with a little Saffron, openeth O Thronts, Obstruct .- Aructions of the Liver, and is good for the yellow Jam ons, Yell. Fundies, dies if the party after the taking thereof be laid to luce well in the bed : The feed also taken in Wine causeth l'omers travel speedy Delivery of Women in Child-birth, if a Store.

draught suffice not, let her drink a second, and it is eff Augl. The Spanisteds use to ear a piece of the Root hereof in a morning fall ing, many days together, to help them being troubled with the stone int Reins or Kidneys.

Colts Foot.

Alled also Cough-worr, Foals-foot, Hors-hoof, and Pulls-foot. Descript. This Monteth up a flender stalk with small yellowish Flows Somewhat early, which fall away quickly: and after they are past, come up for mont round Leavis, similines dented a little about the eages, much liffer, tricking and greener, than the fe of Butter-bur, with a little Down or freeze over the gill Leaf on the upper fide, which may be rubbed away, and whitifi or mealy under neath. The Roat is fin ill and robite, spreading much under ground, fo that will it taketh it will hardly be driven away again, if any little piece be abiding this in and from thence foring fresh Leaves.

Place. It groweth as well in wet grounds, as in drier places.

Time. And flowreth in the end of February, the Leaves beginning to ! pear in Maich.

Covernment and Vertues. The Plant is under Venus. The fresh Leaves or

ce, or a Syrup made thereof, is good for a hot dry uch, for Wheezing, and shortness of breath. leaves are best for those that have thin Rheums and fills ions upon their Luigs, causing a Cough, for ich ho the oried Leaves taken as Tobacco, or the or is very good. The distilled water hereof simply, or h Elect Flowers and Nightshade, is a fingular good medy against all hot Agues, to drink two cunces at a inthe he and apply cloaths wer therein to the head and sto-it he ch; which also dorn much good being applyed to

Cough, wheezing. Shortness of breath Agues, Inflammations, Swellings, St. Anthonies fire. Burnings, cholerick Pulbes, Piles, Inflammations in the Privitics.

Dyl, is the fivellings or Inflammations; it helpeth St. Anic the fire, and Burnings, and is fingular good to take away Wheals, and
note all Puthes that arise through heat: as also the burning heat of the Piles,

Privy parts, cloaths wer therein being thereunto applied.

Comfry.

lerist. He common great Comfry hath divers and very large and hair green leaves lying on the ground, so hairy or prickly, that if they touch tender part of tre hands, face, or body, it will cause it to itch: the Stalk aves the ifeth up from among them being two or three foot high, hellow and cornered, or Salary harry atto, having many such like leaves as grow below, but leffer and of the state of the top. At the joynes of the Stalks, it is divided into many brauch to the top. At the joynes of the Stalks, it is divided into many brauch to mith four Leaves thereon, and at the ends fland many flowers in order one to find a pale white he calour, after which come final black feed. The Roots are great ufeth to g, free ing great thick branches under ground, black on the outside, and if a up within, short or easie to break, and sull of a glutinous or clammy juyce is estimated or no tast at all.

Ingital free is another fort in all things like this fave onely it is somewhat less, and e in the rest some grow by Ditches, and Water-sides, and in divers Fields that

te. They grow by Ditches, and Water-fides, and in divers Fields that most, for therein they chiefly delight to grow. The first generally through

the Land, and the other but in some several places.

by the leave of my Authors, I know the first grow often in dry places. ime. They flower in June and July, and give their feed in August. up for Greenment and Vertues. This is also an Herb of Saturn, and I suppose

chicket for the Sign Capricorn, cold, dry, and earthy in quality.

the get tax was spoken of Clowns Woundwort, may be said of this.

Ly under great Comfry helpeth those that spit blood, or make a

nat win ody Urine: The Root boyled in Water and Wine, and the

ng this tection drunk, helpeth all inward hurts, bruises, and wounds, dy Urine: The Root boyled in Water and Wine, and the

tection drunk, helperh all inward hurrs, bruises, and wounds, Inward Wheers of the Lungs, caufing the flegm that oppreffeth them wounds & be easily spit forth : It stayeth the defluxions of Rheum ng ton in the Head upon the Lungs, the fluxes of Blood or humors

Spilting and piffing Blood. Bruifes, Ptifick.

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The English Physitian Enlarge...

74 Bloody Flux, Terms Pops, Whites. Nerves cut, Muscles cut, harp Humors. Wounds. Ruptures, broken Bones. Krotted Breafts. Hemairhoid . Infammation, Gout, Pained Fornts, Gangrens.

by the Belly, Womens immoderate Courses, as well the Rich the Whites; and the Running of the Reins happing by cause soever. A Syrup made thereof is very effectual for all the inward Griefs and Hurts and the distilled Water for their purpose also, and for outward Wounds and Sores in the Fle or Sinewy part of the Body whatfoever; as also to take a the fits of Agu's, and to allay the sharpness of Humors. All coction of the Leaves hereof is available to all the purpa though not fo effectual as the Roots. The Roots being wardly applied, help fresh wounds or cuts immediatly, be bruised and laid thereunto; and is especially good for Rupu and broken bones : yea, it is faid to be so powerful to confe date and knit together; that if they be boyled with differ pieces of flesh in a por it will joyn them together again. good to be applied to Womens Breafts that grow fore by the bundance of Milk coming into them. As also to repress overmuel bleeding of the Hemorrhoid to cool the Inflama tion of the parts thereabouts, and to give case of pains. Roots of Cumiry taken fresh, beaten small, and spread u Leather, and laid upon any place troubled with the G doth prefently give case of the pains; and applied in their manner, givith eafe to pained joynts, and profiteth very manner. for running and moist Ulcers, Gangrenes, Mortifications,

the like, for which it hath by often experience been found helpful.

Coral wort.

T is also called by some, Toothwort, Toothed Violet, Dog-teeth Vid and Dentaria.

Descript. Of the many forts of this Herb, two of them may be in growing in this Nation: The first of which shootesh forth one or two W ged Leaves upon long brownish footstalks, which are doubled down at first coming out of the ground: when they are fully opened they const feven Leaves, most commonly of a fad green colour, dented about the fer on both fides the middle Rib one against another as the Leaves of Afthetree: the stalk beareth no Leaves on the lower half of it, the upper beareth fometimes three or four, each confisting of five Leaves, some of three : on the top fland four or five flowers upon fhort Footstalks, long Husks: the flowers are very like the flowers of Stock Gilliflowers a pale purplish colour consisting of four Leaves apiece, after which small Cods which contain the feed, the Root is very smooth, white and ing, it doth not grow downwards, but creeping along under the upper of the ground, and confifteth of divers imail round knobs, fer together: to the top of the flatk there grow some single Leaves, by each of which com a small round cleven Bulb, which when it is ripe, if it be fet in the gra it will grow to he a Root.

As for the other Coralwort which groweth in this Nation, 'tis

The English Physician Enlarged. that this, being a very Small Plant, not much unlike Crowfoot, therefone think it to be one of the forts of Crowfoot. I know not where to dibu toit, and therefore I Shall forbear the Description. ace. The hift groweth neer Mayfield in Suffex , in a Wood called Highand in another Wood there also, called Fox-loles. m. They flower from the latter end of April to the middle of My, and re the middle of July they are gone, and not to be found. over ment and Vertue. It is under the Dominion Dyfury, Gravel. e 100n. It clenfeth the Bladder and provoketh Brine, Stone, lides, le Gravel and the Stone, it easeth pains in the sides Bowels; it is excellent good for inward wounds, especi-Bowels. fuch as are made in the Breast or Lungs, by taking a Wounds in the the powder of the Root every morning in Wine; Break and Lungs , Rupture,

and is excellent good for Ruptures, as also to stop fluian Oyntment made of it, is excellent good for wounds olders; for it soon dries up the watry Humor which

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Costimary, or Alecost, or Balsom Herb.
His is so frequently known to be an Inhabitant in almost every Garden, that I suppose it needless to write a Description thereof.
Im. I sloweth in June and July.

Fluxes, wounds

and Ulcers.

ove um at and Vertues. It is under the Dominion of Ju-. The ordinary Coffmary as well as Maudit, provoketh U- Difury, abundantly, and moistneth the hardness of the Mother; it wamb, ly purgeth Choler and Flegm, extenuating that which is Choler, s, and cutting that which is rough and glutinous, clenfeth Flegm, Puwhich is foul, and hindreth putrifaction and corruption, it trifaction, lved without Attraction openeth Obstructions, and heal- Corruptitheir evil effects, and is a wonderful help to all forts of Day on, Obes. It is aftringent to the Stomach, and strengtheneth the Structions, 1, and all the other inward parts, and taken in Whey, work- Quotidian the more effectually. Taken fasting in the Morning, it is Agues, prefitable for the pains of the Head that are continual, and Stomach, ayedry up, and confume all thin Rhumes, or Diffillations Liver, the Head into the Stomach, and helpeth much to digeft Head-ach, humors that are gathered therein. It is very profitable for Rheum, e that are fallen into a continual evil disposition of the whole Ram Hurealled cachexia: being taken especially in the beginning of mours, Difeale: It is an especial friend and help to evil, weak, and Cachexia, Livers. The feed is familiarly given to Children for the worms, rms, and so is the infusion of the Flowers in White Wine, weers. n them to the quantity of two ounces at a time : it maketh reellent Salve to clente and heal old Ulcers, being boyled with Oyl ve, and Adders Tongue with it, and after it is strained, to put a little s, Ruzin, and Turpentine, to bring it into a convenient Body. Cudweed Cudweed, or Cottonweed.

Besides Cudreed and Cottonwied, it is also called Chasweed, Dwarf Ca

Description. The common Cudweed rifeth up with one Stalk fometing, Cometimes with two or three, thick fet on all files with Small, long, and van whitish or woody Lazes from the middle of the flath almost up to the too; every Leaf Randeth a small Flower, of a dun or brownish yellow colour, or a yellow as others; in which Habs, after the Flowers are fallen, come fmall wrapped up with the down therein, and is carried away with the wind. The is Small and threddy.

There are other forts berrof, which are somewhat leffer than the former, much different, fave only that the flath and Leaves are fhorter, fo the flowers

paler and more oneu.

Place. They grow in dry, barren, fandy, and gravelly Grounds, in a

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places of this Land.

Time. They flower about July, some earlier, some later, and their fet

tipe in August.

Government and Vitues. Venus is Lady of it. The Planets at aftringent, or binding and drying, and therefore profitable defluxions of Rheum from the Head, and to Ray fluxes of Bl Bind dry, wherefoever. The Decoction being made into red Wint Fluxes, drunk, or the Powder taken therein; it also helpeth the Blo Terms 13 flux, and easeth the torments that come thereby, flayeth Stopped, immoderate Courses of Women, and is also good for inwan Ruptures, outward Wounds, Hurrs, and Bruiles, and helpeth children Worms, of burstings and the Worms, and the Disease called Tenas Tena [mus. which is an often provocation to the fool, and doing noth Wounds. being either drunk or injected: The green leaves bruiled Bleeding, laid to any green wound, stayeth the bleeding, and health ulcers. up quickly: The Decoction or Juyce thereof doth the famt Quinfic. helpeth all old and filthy Ulcers quickly. The Juyce of theh

taken in Wine and Milk is (as Play faith) a foveraign Remedy against Mumps and Q linke; and further faith, That wholoever shall so ut

shall never be troubled with that Difease again.

Cowflins, or Peagles.

BOth the Wild and Garden Comflips are so well known, that I will the ther trouble my self nor the Reader with any Description of them.

Time. They hower in 40 il and May.

Government and Vertues. Vinus layes claim to the Herbas her and it is under the Sign Aries, and our City Dames know well enough Oyntment or distilled Water of it adds Beauty, or at least restores it al it is loft. The flowers are held to be more effectual than wrinkles, leaves, and the roots of little ule. An Ovntment being Sun-burn, with them, taketh away spots, and wrinkles of the Skin,

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gand Freckles, and adds Beauty exceedingly : they remedy Head, infirmities of the Head coming of Heat and Wind, as Verti- Heat, wind, Ephialtes, Falle Apparitions, Frencies, Falling-fickness, Pal- Beauty adds, Convultions, Cramps, Pains in the Nerves. The Roots Vertigo, pains in the Back and Bladder, and openeth the pallages of Ephialtes. ine: The Leaves are good in Wounds, and the Flowers Convulsion, eaway trembling : If the Flowers be not well dried and Cramp, Backs ot in a warm place, they will foon putrifie and look green, Bladder, ea special Eye over them : If you let them fee the Sun Wounds, ea moneth, it will do neither the Sun nor them harm. Because they strengthen the Brain and Nerves, and remedy Frenzie, lies, the Greeks gave them the name Pavalifis; The Flow- Falling-fickpreserved or conserved, and the quantity of a Numer eaten nefs, Palfie. ry morning, is a sufficient Dole for inward Diseases; but Wounds, Spots, Wrinkles and Sun-burning, an Oyntment is made of Leaves and Hogs-greafe.

Crabs-Claws.

Alled alfo Water Sengreen, Knights Pondwort, Water Housleek, Wading Pondweed, and Fresh Water Souldier. Description. It hath fundry long narrow I caves with sharp prickles on the es of them, also very harp pointed; the stalks which bear flowers seldom grow high as the Leaves, bearing a fo, ked head like a Crabs Claw, out of which is a white flower, to fifting of three Leaves, with divers yellowish hairs ds in the middle: it taketh Root in the mud in the bottom of the nater. lice. It groweth plentifully in the Fens in Lincolnshire. inc. It flowers in June, and usually from thence till August. Covernment and Vertues. 'Tis a Plant under the Dominion of Venus, and tefore a great strengthener of the Reins; it is exent good in that Inflammation which is commonly Reins, St. Anthonies ed St. Anthonies fire, it affwageth all Inflammati- fire, Inflammations and Swellings in Wounds, and an Oyntment and Swellings in le of it is excellent good to heal them : there is Wounds, Kidnies bruite a better Remedy growing than this is, for such fed, Pissing blood. we bruised their Kidnies, and upon that account Terms steps. ng blood: a dram of the powder of the Herb a every morning is a very good Remedy to stop the Terms.

Back-Creffes.

Thath long Leaves deeply cut and jagged of both sides, not much whike wild Mustard; the stalks be small, very timber, though tough, you may twift them round, as you may a willow before they break: flores be very small and yellow, after which come small Cods, which contain erd.

luce. It is a common Herb, grows usually by the way fides, and some-

simes

times upon mud Walls about Lordon, but it delights most to grow and Rones and rubbish.

Time. It flowers in June and July, and the feed is ripe in August and sember.

Government and Vertues. 'Tis under the Dominion of Mars, and Plant of a hot and biting nature : the truth is, the Se Bank-Creffes ftrengthens the Brain exceedingly, bin Brain, Rheums, performing that office little inferior to Multard-Seed, Lungs, Cough, all they are excellent good to fay thoseRhewms which Yell. Faundice, down from the Head upon the Lungs : You may best Soistica, Seed into powder if you please, and make it up into and Inflammations Auary with honey; fo have you an excellent Remen in the Breaft you, not only for the premisses, but also for the Cough, and Tefticles. low Jaundice and Sciatica. The Herb boyled into all

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tis, is an excellent Remedy for Inflammations both in Womens Breafis, Mens Testicles.

Sciatica-Cresses.

Descript. These are of two kinds: The first riseth up with a round in about two soot high, spread into divers Branches, whiseles Leaves are somewhat larger than the upper, yet all of them cut or turned edges, somewhat like Girden-Cresses, but smaller: The stowers are small white, growing at the tops of the Branches, where afterwards grow the with small brownish Seed therein, we y strong and sharp in taste, more than Cresses of the Girden: The Root is long, white and woo y.

The other-bath the lower Leaves whole, formewhat long and broad, not too ill, but only formewhat deeply dented about the edges towards the ends, but that grow up higher a e leffer. The Flowers and feed are like the former, is the Root like wife: and both Root and Seed as sharp as it.

Place. These grow by the way sides in untilled places, and by the

Time. They flower in the end of June, and their feed is ripe in July.

Government and Vertues. It is a Saturnine Plant. The Leaves, but cially the Root taken fresh in Summer time, beaten and made into a particular to the constant of the saturnine of Salve. with old Hogs greate, and applied to the

or Salve, with old Hogs grease, and applied to the pained with the Sciatica, to continue thereon sour is if it be on a Man, and two hours on a Woman; the afterwards bathed with Wine and Oyl mixed togethand then wrapped with Wool or Skins after they

fweat a little, will affuredly cure not only the same Disease in the Hucklebone, or other of the Joynts, as the Gout in the Hands or Feet, all other old Griess of the Head (as inveterate Rheums) and other parties Body that is hard to be cured: And if of the former Griess any remain; the same Medicine after twenty days is to be any

Spicen, again. The fame is also effectual in the Difeases of the Sp

Scurry, Blood, Humors.

Stone, Dylury, Terms

provokes, uicers,

Freekles, Pimples.

Spots, Dulness,

Lithargy.

applied to the Skin, it taketh away the blemilhes thereof, Scars, Leprofe, ther they be Scars, Leprofie, Scabs or Scurf, which al- Scabs, Scurf. igh it exulcerate the part, yet that is to be helped afterds with a Salve made of Oyl and Wax. Efteem of this as another Secret.

Water-Creffes.

Our ordinary Water-Creffes Spread forth with many weak. cript. hollow, sappy stalks, shooting out Fibres at the Joynts, and pards, long winged Leaves, made of fundry broad, suppy, almost round Leaves, abrownih colour. The Flowers are many and white, standing on long t-stalks, after which come small yellow Seed, contained in small long pods Homs. The whole Plant abideth gicen in the Hinter, and tafteth fomewhat and Parp.

Place. They grow (for the most part) in the small standing Waters, yet

ecimes in imall Rivulers of running Water.

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time. They flower and feed in the beginning of Summer.

Government and Vertues. It is an Herb under the Deminion of the Moon.

ey are more powerful against the Scurvy, and to anie the Blood and Humors, than Brooklime is, ferve in all the other uses in which Brooklime

vailable, as to break the Stone, & provoke Urine, Womens Courses. The Decaction thereof infly infect Ulcers, by washing them therewith: The ves bruised, or the Juyce, is good to be applied

he Face, or other parts troubled with Freckles, oples, Spors, or the like, at night, and washed away in the morning. The ce mixed with Vinegar, and the forepart of the Head bathed therewith, ery good for those that are dull and drousie, or have the Lethargy.

Water-Cress Portrage is a good Remedy to cleanle the Blood in the ing, and help head-aches, and confume the gross humors Winter bath behind; those that would live in health may use it if they please, if they not, I cannot help it: If any fancy not Pottage, they may eat the herb Saller.

Crosswort.

Ommon Grofs-wert groweth up with fquare, hairy, brown Stalks, little above a foot high, having four small broad pointed hairy, yet smooth green Leaves, growing ar every joynt, each inft other crois-wayes, which hath caused the Name: Toward the tops the stalks at the Joynts with the Leaves in three or four rows outwards, nd small pale, yellow flowers; after which come small, blackish, round d, four for the most part fet in every Husk. The Root is very small and of fibres, or threds, taking good hold of the ground, and spreading with Branches a great deal of ground, which perish not in Winter, although Leaves die every year, and ipring again anew-

Place.

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Place. It groweth in many moist grounds, as well Meadows as untiplaces about London: in Hamsted Church-yard, at Wye in Kent, and sun other places.

Time. It Howreth from May all the Summer long in one place or on

as they are more open to the Sun; the Seed ripeneth foon after.

Government and Vertu's. It is under the Dominion of saturn. Th

Wounds, inward and outward, Flegm, Obstructions, Stomach, Bowels, Ruptures. a fingular good Wound-Herb, and is used inwardly, note to stay bleeding of Wounds, but to consolidate them, a doth outwardly any green Wounds, which it quickly some up and healeth. The Decostion of the Herb in Wine, he eth to expectorate flegm out of the Chest, and is good Obstructions in the Breast, Stomach or Bowels, and help a decayed Appetite: It is also good to wash any Wound Sore with, to cleanse and heal it: The Herb bruised, and hoyled and applied outwardly for certain days together.

renewing it often, and in the mean time, the Decoction of the Herbing Wine taken inwardly every day, doth certainly cure the Rupture in any, as it be not too invectorate; but very speedily if it be fresh and lately the

Crowfoot.

Any are the Names this furious biting Herb hath obtained, almost of nough to make up a Welch-mans Pedegree, if he feech it no further than John of Gaust, or william the Conqueror, for it is call Frogs-foot, for the Greek name Batrakion, Crowfoot, Gold Knobs, Gold Cups, Kingk Baffiners, Trol flower, Polts, Locker Goulons, and Butter-flowers.

Abundance are the Sorts of this Herb, that to describe them all, we tire the patience even of Socrates himself; but because I have not yet an ned to the Spirit of Socrates, I shall but describe the most usual.

Descript. The most common Crowfoot hath many dark green I excess this divers parts, in tast biting and sharp, biting and blistering the Torque, it many slowers, and those of a bright resplendant y llow colour, I do not rember that ever I saw any thing yellower; Virgins in Ancient time used to a Powder of them to strew Bride Beds. after which Flowers come small be of Seeds, round, but rugged like a Pine-Apple.

Place. They grow very common every where, unless you run your !

into a hedge, you cannot but fee them as you walk.

Time. They flower in May and June, even till September.

Government and Vertues. This fiery and hot spirited Herb of Man no way sit to be given inwardly, but an Oyntment of the Leaves or Flow will draw a Blister, and may so be sitting applied to the nape of the Ned draw bick Rheum from the Eyes: The Herb being bruised and mi with a little Mustard, draws a Blister as well and as perfectly as carrides, and with far less danger to the Vessels of Urine, which Canthan naturally delights to wrong: I knew the herb once applied to 2 Pe

tial rifing that was falling down, and it faveth life even beyond hope; it e good keeping an Oyntment and Plaister of it, if it were but for that.

Cuckowpint.

tis called Aron, Jarus, and Barba- aron, Calves-foot, Ramp, Starchmort.

Cuckow-pintle, Priest-pintle, and wake-Robin.

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Descript. This shooteth forth three, four, or five Leaves at the most : from Root, every one whereof is somewhat large and long, broad at the bottom, the stalk, and forked, but ending in a point, without cut on the edges, of Il green colour, each standing upon a thick round Stalk, of a handful breadth or more: among which after two or three moneths that they begin to wirifeth up a bare, round, whit' ein Stalk , Spotted and ftraked mith ole, somewhat higher than the I es at the top whereof stanaeth a long ow hose or husk, close at the bottom, but open from the middle upwards ing in a point; in the middle whereof standeth a small long peftle or clapper, Her at the bottom than at the top, of a dark purple colour as the Husk is or inside though green without; which after it hath so abiden for some time, the k with the clapper decayeth, and the foot or bottom thereof groweth to be a Il long burch of Berries, green at the first, and of a yelowish red colour when are ripe, of the bigness of a Higel Nut Kernel; which abideth thereon aluntil Winter: The Root is round and somewhat long, for, the most part lying g, the Leaves shooting forth at the bigger end, which when it beareth his ies, is somewhat wrinkled and loose, another growing under it, which is and firm with miny small threds hanging thereat: The whole Plant is of barp biting taft, pricking the Tongue as Nettles do the Hands, and fo eth for a great while without alteration. The Root hereof was anciently instead of Starch, to farch Linen withal.

here is another fort of Cuckowpint, with leffer Leaves than the former, and what harder, having blackish spots upon them, which for the most part as longer green in Summer than the former; and both Leaves and Roots are

harp and fierce than it : In all things elfe it is like the former.

Lice. These two forts grow frequently almost under every Hedge-fide in

y places of this Land.

me. They shoot forth Leaves in the Spring, and continue but until niddle of Summer, or somewhat later, their Husks appearing before they way: and their fruit shewing in April.

overnment and Vertues, Ir is under the Dominion of Mars. Tragus teth that a dram weight, or more if need be, of the spotted Wake-Ro-

either fresh and green, or dried, being beaten and taken, is

It present and fure Remedy for Poyson and the Plague, Poyson, juyce of the Herb taken to the quantity of a spoonful hath Plague. me effect. But if there be a little Vinegar added thereun- Boyl, well as unto the Root aforesaid, it somewhat allayeth the Difficulty biting Talt thereof upon the Tongue. The green Leaves of Breath, ed, and laid upon any Boyl or Plague fore, doth wonderful- Cough,

ly help to draw forth the Poylon: A dram of the powder of the dried & taken with twice fo much Sugar in the form of a Licking Electuary, or green root doth wonderfully help those that are pursie and short-winded, also those that have a Cough; it breaketh, digesteth, and riddeth an Flegm from the Stomach, Cheft and Lungs. The Milk wherein then hath been boyled, is effectual also for the same purpose. The said Pone taken in Wine or other Drink, or the Juice of the Berries, or the Pont

Flegm, Difiny, After-birth, ulcirs, Itch, Ruptuics, Polypus, Eyes, Throat, Jams, Gout, Piles or Henorrboids, Fundament fal-Blemibes.

of them, or the Wine wherein they have been boyled, m voketh Urine, and bringeth down Womens Courles, a Terms provokes, purgeth them effectually after Child-bearing to bi away the After-birth. Taken with Sheeps milk, it head the inward Ulcers of the Bowels. The distilled we hereof is effectual to ie purposes asoresaid: A spor ful taken at a time healeth the Itch; and an ounce more taken at a time for some days together, dothly the Rupture: The leaves either green or dry, or thejer of them, doth cleanse all manner of rotten and filehy cers in what parts of the Body foever, and health ling down, Scuif, flinking fores in the Nofe called Polypus. The Wa Freekles, Spots, wherein the root hath been boyled dropped into the En cleanfeth them from any film or skin, Clouds or M which begin to hinder the fight, and helpeth the war so

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ing or redness of them; or when by some chance they become blacks blew, The Root mixed with Bean-flour, and applyed to the Throat orly that are inflamed, helpeth them. The Juice of the Berries boyled in O Roses, or beaten into Powder mixed with the Oyl, and dropped into Ears, eafeth pains in them. The Berries, or the roots beaten with hot Dung, and applied eafeth the pains of the Gout. The leaves and to boyled in Wine with a little Oyl, and applied to the Piles, or the fall ho down of the Fundament, easeth them; and so doth sirting over the hot sure. thereof. The fresh roots bruised, and distilled with a little Milk yield a most Soveraign Water to cleanse the Skin from Scurf, Freckles, Spot Blemishes what soever therein.

Authors have left large Commendation of this Herb you fee, but for part I have neither spoken with Dr. Reafon, nor Dr. Experience about it.

> Cucumets, Or, (according to the pronuntiation of the Vulgar) Cowcumbers.

Gorerament and Vertues.

Storsich hot, Tive bot, Humours rapp,

Here is no Dispute to be made, but that they are L the Dominion of the Moon, and though they if you much cryed out against for their coldness, and that it were but one degree colder they would be poylon. The of Galenists hold them but to be cold and moist in the cond degree, and then not fo hot as either Lettuce of

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83 Skin clinfeth, Hot Rheums in the Eyes, Provokes uring and cleanse the Passages, ulcers in the Bladder, . Bed Face, Sun-barnings Freckles, Morolino.

in: They are excellent good for hot stomachs, and hot ers; the unmeasurable use of them fills the Body full of humors; and so indeed the unmeasurable use of any ng else doth harm. The juyce of Cucumers, the Face bewashed with it, cleanseth the skin, and is excellent good hot Rheums in the Eyes : the feed is excellent to protilrin, and cleanse the passages thereof when they are pped; neither do I think there is a better Remeay for ers in the Bladder growing, than Cucumers are: The al course is to use the seeds in Emulsions, as they make mond Milk; but a better way far (in my opinion) is when the leason of the year is ; To take the Cucumers bruife them well, and distill the Water from them and

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such as are troubled with Ulcers in the Bladder, drink no other drink. Face being washed with the same Water, cureth the reddest face that it is also excellent good for Sun-burning, Freckles, and Morphew.

Daifies.

Daifies.

e Was Hele are also so well known almost to every Child, that I suppose it is alhe to gether needless to any Description of them. Take therefore the mues of them, as solven ment and Vertues. The Herb is under the sign Cancer, and unlack the Deminion of Venus, and therefore excellent good for wounds in the strop of the sign of the . The Leaves bruised and applied to the Cods, or to any o- ulcers, ut for parts that are swollen and hot, doth dissolve it, and temper Swellings ut it. est. ADecoction made hereof with Walwort and Agrimony, Kernels, places fomented or bathed therewith warm, giveth great Bruifes, to them that are troubled with the Palfie, Sciatica or the Fills, The same also disperseth and dissolveth the Knots or Ker- Ruptures; hat grow in the Flesh of any part of the Body, and Bruiles Burnings, tures that come of Falls and blows : They are also used for Inflammas

y are more, and other inward Burnings, with very good success. tions.

hey make yntment made hereof doth wonderfully help all Wounds that if are Inflammations about them, or by reason of moist humors having in. The sunto them, are kept long from healing, and such are those for the most in the hat happen to the Joynts of the Arms or Legs. The Juyce of them ice of set into the running Eyes of any doth much help them.

Dando-

Openeth,

ons.

Liver, Gall.

Spleen.

driacal

Melan-

choly,

DyTury,

Dandelyon, vulgarly called Pis-a-Beds.

Tisfo well known to have many long, and deeply gaffed Lu Descript. lying on the ground round about the Head of the Root : then of each galb or jag on both fides, looking downwards towards the Root; the dle Rib being wb.te, which eroken, yieldeth abundance of bitter Milk, ba Root much more: from among the Leaves, which always abide green, arifer Mender weak niked footstalks, every one of them baring at the top one large 10 1 flower, consisting of many rows of yellow Leaves, broad at the points, i nicked in, with a deep fort of yellow in the middle which growing ripe, then busk wherein the flower flood, turneth it felf down to the ftalk, and the h of down becometh as round as a ball, with long reddish feed underneath, bin a part of the Down on the Head of every one, which together is blown aways the wind, or may be at once blown away with ones mouth. The Root grow downwards exceeding deep, which being broker off within the ground, will withstanding shoot forth again; and will hardly be destroyed where it bath taken deep Root in the ground.

Place. It groweth frequently in all Meadows, and Pasture Grounds Time. It flowereth in one place or other alm the year long. Government and Virtues. It is under the ... nion of Jupiter.

of an opening and cleanfing qualit, and cherefore very effet for the Obstructions of the Liver, Gall and Spleen, and the eases that arise from them as the Jaundice, and Hypochon Cleanfeth. acal paffionile wonderfully openeth the Paffages, of thell Obstructiboth in young and old: It powerfully clenfeth Aposthums inward Ulcers in the Uritory Passages, and by the drying remperate quality doth afterwards heal them; for which put the Decoction of the Roots or Leaves in white Wine, a Jaundice, Leaves chopped as Pot-herbs with a few Alisanders, and by Hypockonin their broth, is very effectual. And who fo is drawing wards a Confumption, or an evil disposition of the whole called Chachexia, by the use hereof for tome time together, find a wonderful help, It helpeth also to procure Rest and to bodies distempered by the heat of Ague Fits, or other Confump-The Distilled Water is effectual to drink in Pestilential Fen and to wash the Sores.

tion. You fee here what Vertues this common Herb hathi Cachexia H'atching, that's the region the French and Durch fo often ear the Heat Ague, the spring : and now if you look a little Further, you my Pestilence. plainly without a pair of Spectacles, that Foreign Phylling are not to felfish as ours are, but more communicatived

Vertues of Plants to People.

Darnel.

T is also called Juray and Wray; in Suffex they call it Crop, it but I piftilent Enemy amongst Corn.

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pefeript. This hath all the Winter long, sundry, long, fat, and rough reswhich when the stalk riseth, which is stender and Joynted, are narer, but rough still; on the top groweth a long spike, composed of many desset one above another, containing two or three Husks with sharp, but to Beards or Awns at the ends; the seed is easily shaped out of the Ear, Husk it self being somewhat rough,

Place. The Countrey Husbandmen do know this too well to grow among r Corn; or in the Borders and Pathways of other Fields that are Fal-

not without some Vices, so hath it also many Vertues.

Meal of Darnel is very good to stay Gangreens, and other Gangreens, a like fretting and eating Canckers, & putrid sores: It also Cancers, meth the skin of all Leprosies, Morphews, Ringworms, and Leprosie, like, if it be used with Salt and Raddish Roots. And being Morphew, with quick Brimstone, and Vinegar, it dissolves knots Ring-worms, kernels, and breaketh those that are hard to be dissolved Sciatica, and boyled in wine with Pidgeons dung and Linseed: A De-Thorns, ion thereof made with Water and Honey, and the place ba-Splinters, d therewith, is prostable for the Sciatica. Darnel Meal Broken bones, lied in a Pultis draweth forth Splinters and broken Bones Diabetes. he Flesh: The Red Darnel boyled in red Wine and ta-stayeth the Lask and all other Fluxes, and Womens bloody Issues; and raineth Urine that passeth away too suddenly.

Dill.

ther so high nor so great usually as Fennel, being round, and hewer joynts thereon, whose Leaves are sadder, and somewhat long, and so Fennel, that it described many, but harder in handling, and somewhat thicker, of a stronger unple santer seem: the tops of the stalks have four Branches and litt unbles of yellow slowers, which turn into small seed somewhat slatter and ner than sennel seed. The Root is somewhat small and woody, perishing every after it bath born seed; and is also unprositable, being never put to any

late. It is most usually sown in Gardens and grounds for the purpose, is also found wild in many places.

sovernment and Vertues. Mercury hath the Dominion of the Plant, and refere to be fure it strengthens the Brain. The Dill being led and drunk, and is good to ease Swellings and pains, it also Swellings, eth the Belly and Stomach from casting: The Decoction Pains, teef helpeth Women that are troubled with the pains and Loofness, diness of the Mother, if they sit therein. It stayeth the Hic-Vomiting gh, being boyled in Wine, and but smelled unto, being tied Mother, cloth. The seed is of more use than the Leaves, and more Hiccough, study to digest raw and viscous humours, and is used in Me-Raw hu-

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dicines, mours.

wind,
Apoltums,
ulcers,
Terms provokes.

dicines that serve to expel wind and the pains proceeding the from. The seed being toasted or fryed, and used in Opi Platters, diffolverh the Imposthumes in the Fundament, dryeth up all moist Ulcers, especially in the Fundament Oyl made of Dill is effectual to warm, or resolve Humosi

Imposshumes, to ease pains, and to procure rest. The Dation of Dill, be it Herb or Seed (only it you boy! the feed, you must be it) in white Wine, being drunk, is a gallant expeller of Wind, and proto of the Terms.

Devils-bir.

Descript. This riseth up with a round, green, smooth, stalk, about foothigh, set with divers long, and somewhat narrow, man dark green Leaves, somewhat snip'd about the edges, for the most panying else all whole and not divided at all, or but very seldom, even to trops of the Branches, which yet are smaller than those below, with one only in the middle: At the end of each branch standeth a round Hen many Flowers set together in the same manner or more neatly than these bious, and of a more blewith purple colour; which being past, there

A Learned Tale shat cost a duil Fryer seven years study, loweth feed that falleth away. The Root is somewhick, but short and blackish with many strings, abide after seed-time many years. This Root was longer, the Devil (as the Fryarssay) bit away the rest of its spight, envying its usefulness unto Mankind: For he was not troubled with any Disease for which it proper.

There are two other forts hereof in nothing unlike the former, faved

the one beareth white, and the other blufb-coloured flowers.

Place. The first groweth as well in dry Meadows and Fields, and moil many places of this Land: But the other two are more rare and has meet with, yet they are both found growing wild about Appledo e, next in Kent.

Time. They flower not usually until Augu?.

Government and Vertues. The Plant is Venereal, pleasing and harmle The Herb or Root (all that the Devil hath left of it) be Pestilence, Feat boyled in Wine and Drunk is very powerful against Plague, and all Pettilential Diseases or Feavers, Poysons vers, Poylow, Venomous Beafts, to, and the bitings of Venomous Beafts: It also helps those that are inwardly bruised by any casualty, or outwar Bruifes, Falls, ly by falls or blows, diffolving the clotted blood, and Clotted Blood, Herb or Root beaten and outwardly applied, takethan Swellings of the black and blew Marks that remain in the Skin. I the Throat. Decoction of the Herb, with Honey of Roses put there Mother, Wind, is very effectual to help the invererate tumors and fwelling Morms, Hounds, of the Almonds and Throat, by often gargling the Mo Schif Itch

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therewith. It helpeth also to procure Womens Cours

Cleanfe the

Arengthens

the Liver.

Blood,

Flux.

Loathing

of Meats Spitting Blood, Scabs, Itch,

Freckles,

Morphew.

deseth all pains of the Mother, and to break and discuss Winds therein, fin the Bowels. The Powder of the Root taken in drink, driveth forth the orms in the body. The Juyce or distilled Water of the Herb is effectual green wounds, or old Sores, and cleanfeth the body inrdly, and the Seed outwardly from Sores, Scurf, Itches, Dan friff, Pimmples, Freckles, Morphew, or other deformities thereof ples, Freckles, respecially if a little Vitriol be diffolved therein.

Dock.

Any kinds of these are so well known, that I shall not trouble you with a Description of them: my Book grows big too fast. Government and Vertues. All Docks are under Fepiter; of lich the red Dock which is commonly called Blood wort unferh the blood, and strengthens the Liver: but the yellow Ck root is best to be taken when either the blood or Liver is flitted by Choler. All of them have a kind of cooling (but tall alike) drying quality, the Sorrels being most cold, and Bloodworts most drying. Of the Bur-Dock I have spoken men cady by himself. The seed of most of the other kinds, wheabide er of the Garden or Field, do stay Lasks and Fluxes of all testhe loathing of the stomach through Choler, and is helpof its to those that spit blood. The roots boyled in Vinegar, helpfor helich, Scabs, and breaking out of the skin, if it be baed therewith. The distilled Water of the Herb and Roots the same Vertue, and cleanseth the skin of Freckles, Mor-

lew, and all other spots and discolourings therein. All Docks being boyled with meat, make it boyled the fooner : Befides, codwort is exceeding strengthening the Liver, and procures good blood, ing as wholfome a Pot-herb as any grows in a Garden : yet such is the cety of our times (fortooth) that Women will not put it in the Por, bewie it makes the Pottage black; Pride and Ignorance (a couple of Mon-

is in the Creation) preferring Nicety before Health.

Dodder of Time, or Epithimum, and other Dodders.

Cription. THis first from Seeds giveth Roots in the Ground, which shooteth forth thrids or strings, groffer or finer as the property of Plant wherein it groweth, and the Climate doth suffer, creeping and spreading that Plant whereon it fastneth, be it high or low. The strings have no ves at all upon them, but winde and interlace themselves so thick upon a small ait, that it taketh away all comfort of the Sun from it, and is ready to chook Magleit. After thefe firings are rifen up to that height, that they may draw wishmest from the Plant, they seem to be broken off from the ground, either by Brength of their rifing, or witherea by the heat of the Sun. upon thefe ings are found clusters of small Heads or Husks, out of which fart forth whitille

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tish Flowers, which afterwards give small pale colour'd seed somewhat stat, a twice as big as Poppy seed. It generally participates of the nature of the Plawhich it climbeth upon: but the Dodder of time is accounted the best, and in

only true Epithimum.

of Physicians crying up Epithimum, or that Dodder which grows upon Tip (most of which comes from Hemetius in Greece, or Hibla in Sicilia, becauthose Mountains abound with Time) he is a Physician indeed that his wit enough to chuse his Dodder according to the nature of the disease in Humor peccant. We confess, Time is the hottest Herb, it usually groupon; and therefore that which grows upon Time, is hotter than that which grows upon colder herbs, for it draws nourishment from what it grows upon as well as from the Earth where its root is: and thus you see old San

Melan- the most the most choly, a- or burnt dust Ches and brain ler, Trem- Swooning and that Fainting, Hypocon Swooning, openeth have the Hypochon- dria, Obstructions, Gill, Nature Janudoce, been sour Experient

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wise enough to have two strings to his Bow. This is account the most effectual for melaneholick Diseases, and to purge blue or burnt Choler, which is the cause of many diseases of thehe and brain, as also for the trembling of the Heart, Faintings a Swoonings. It is helpful in all diseases and griefs of the Spland that of Melancholy, that ariseth from the windiness of a Hypocondria. It purgeth also the Reins or Kidnies by Urine, I openerh obstructions of the Gall, whereby it profiteth them the have the Jaundice; as also the Liver and Spleen: purging a Veins of cholerick and slegmatick humours and helpeth Chidrens Agues a little Wormseed being put thereto.

The other Dodders do (as I said before) participate of a Nature of those Plants whereon they grow: As that which his been found growing upon Nettles in the West-Country, hathis Experience been found very effectual to procure plenty of the where it hath been stopped or hindred. And so of the rest.

Sympathy and Antipathy are the two Hinges upon which whole Model of Physick turns, and that Physician which minds them not like a Door off from the Hooks, more likely to do a man a mischief than secure him. Then all the Diseases Satura causeth, this helps by Sympus and strengthens all the parts of the body he rules; such as be caused by standard helps by Antipathy. What those diseases are see my Judgment of Diseases Astrology, and if you be pleased to look the Herb Wormwood, you had a Rational way for it.

Dogs-Grass, Quiho-Grass, or Couch-Grass.

Descript. IT is well known, that this Grass creepeth far about we ground with long white joynted Roots, and small fibres at every just very sweet in taste, as the rest of the herb is, and interlatione another, from whence short sorth many long fair grasse Leaves, small

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enis and Cutting or harp on the edges. The flathe are joined like Corn with like Leaves on them, and a long faiked head with a long busk on them, and drough feed in them. If you know it not by this Description, watch the Dogs en they are fick, and they will quickly lead you to it.

Place, It groweth commonly through this Land in divers ploughed ounds, to the no small trouble of the Husbandmen, as also of the Gardis in Gardens to weed it out if they can: for it is a constant Customer to

place it gets footing in.

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Government and Vertues. 'Tis a gentle Remedy under the Dominion Jupiter. This is most medicinable of all the Quich-graffes: Being yled and drunk, it openerh Obstructions of the Liver and ll, and the stopping of the Urine, and caleth the grieving pains Liver, the Belly, and Inflammations, wasteth the matter of the Stone Gall, the Bladder, and the Ulcers thereof also. The roots bruised Difuy, dapplied to confolidate Wounds. The feed doth more power- Grining,

ly expel Urine, and ftayeth the Lask, and Vomiting. The diftil- Isflamati-Water alone, or with a little Wormseed, killeth the Worms on, ulcers, Children.

The way of use is to bruise the roots, and having well beyled Bladder, em in white Wine, drink the Decoction; 'tis opening, but Hounds, emth t purging very fafe : 'tis a remedy against all diseases coming Vomiting, ing the Ropping, and fuch are half those which are incident to the bo- worms, h Chi of man; and although a Gardiner be of another opinion, yet Stopping.

Physician holds half an Acre of them to be worth five Acres of

arrots twice told over.

Dovesfoot, or Cranesbil.

Parip: THis hath divers small, round, pale green leaves, cut in about theedges, much like Mallows, standing upon long, reddish, hairy iks lying in a round compals upon the ground; among which rile up two three, or more reddish joynted slender, weak, and hairy stalks, with some ch like Leaves thereon, but smaller, and more cut in up to the tops, where ow many very small bright red Flowers of five Leaves a piece : after which ow small heads, with small short beaks pointed forth, as all other forts of ele herbs do.

Place. It groweth in Pasture Grounds, and by the Path-sides in many

aces, and will also be in Gardens.

Time. It flowreth in June, July, and August, some earlier, and some la-, and the feed is ripe quickly after-

Government and Vertues. It is a very gentle, though Martial Plant is found by Experience to be fingular good for the Wind-

olick, and pains thereof; as also to exper the Stone and Grain the Kidnies. The Decoction thereof in Wine, is an exlent good Wound-drink for those that have inward Wounds, arts, or Bruiles, both to flay the bleeding, to diffolve and ex-

Gravel. B'OUNDS.

Colick

res als terlan Smill!

The English Physician Enlarged.

Congested Blood, Soics, zelcers, Fistulacs, Gout, Sinews, Ruptares.

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pel the congealed Blood, and to heal the parts, as also to clean and heal outward Sores, Ulcers, and Fistulaes; and for gre Wounds many do but bruise the Herb, and apply it to thepa and it healeth them quickly. The same Decoction in Winch mented to any place pained with the Gour, or to Joynt-ain or pain of the Sinews, giveth much eafe. The Powder, or D. coction of the Herb taken for some time together, is found experience to be fingular good for Ruptures and Burfling people, either young or old.

Dacks-meat.

This is so well known to swim on the top of standing Waters, as Pass Pools, and Dirches, that it is needless surcher to describe it.

Inflammations, S. Anthonies fire, Petilence, Eyes, Sm llings of the

cois, Head-ach.

Government and Vertues. Cancer claims the Herb, and the Moon will Lady of it; a word is enough to a wife man. It is the Etual to help Inflammations, and St. Anthonies fire, asil the Gout, either applied by it felf, or in a Pultis wi Birley Meal. The distilled Water hereof is by la highly eftermed against all inward Inflammations, u Pettilent Feavers; as also to help the redness of the Em the Swellings of the Cods, and of the Breasts before in

be grown too much. The fresh herbs applyed to the Forehead, 'casetha pains of the Head-ach coming of heat.

Down or Cotton-Thiftle.

Descript. This hath many large leaves lying on the ground, somewhat cut in, and as it were crumpled on the edges, of a green cola on the upper fide, but covered with long hairy wool or Cottony Down, with most sharp and cruel pricks; from the middle of who'e Heads of Flat ers, thrust forth many purplish, crimson thrids, and sometimes (although more seldom) white ones. The feed that followeth in the heads, lying it great deal of white Down, is somewhat large, long, and round, liketh feed of Ladies Thiftle, but somewhat paler. The Root is great and this spreading much, yet it usually dieth after seed-time.

Place. It groweth on divers Ditches, Banks, and in the Corn Field; 1

High-ways generally every where throughout the Land.

Time. It flowreth and beareth feed about the end of Summer, when out Thiftles do flower and feed.

Government and Vertues. Mars owns the Plant, and manifelts to World, that though it may hurt your Fingers, it will help your Body, I fancy it much for these ensuing Vertues. Pliny and Diefcorides with That the Leaves and Roots hereof taken in Drink, helping

wry Nick. that have a Crick in their Neck, whereby they cannot !! their Neck but their whole Body must turn also (sure they not mean those that have got a Crick in their Neck, by being under Hangmans hand) Galen faith, that the Root and Leaves hereof are of

ting quality, and good for such persons as have their Bodies iwn together by some Spasm or Convulsion, as it is with Spasmus, fildren that have the Rickets, or rather (as the colledge of Convulsion, lystians will have it) the Rickets, for which name for the Rickets. sease, they have, (in a particular Treatise lately set forth by tm) Learnedly disputed, and put forth to publick view, that the World sy see they took much pains to little purpose.

Dragons.

They are so well known to every one that plants them in their Gardens they need no Description; if nor, Let them look down towards the lowend of the stalk, and see how like a Snake they look.

Government and Vertues. The Plant is under the Dominion of Mars, and crefore it would be a wonder if it should want some obnoxious quality or her; in all Herbs of that quality, the safest way is either to distill the rbin an Alembick, in what Vehicle you please, or else to press out the

lyce, and Distili that in a Glass Still in Sand, it cureth and cleaniesh the internal parts of the Body shuly, and so it doth the external parts also being ternally applied, From Freckles, Morphew, and inburning: your best way to use it externally, is to ix it with Vinegar: an Oyntment of it is held be good in Wounds and Ulcers, it consumes Canta, and that sless growing in the Nostrils, which be yeall Polipus. Also the distilled Water being dropd into the Eyes takes away spots there, as also Pind Web, and mends the dimness of sight, it is except

Scoureth, cleanfeth,
Freckles, Morphem,
Sinburning, wounds,
ulcers, Cankers, Polipus, spots in the Eyes,
Pin and Web, sight
helpeth, Pestilence,
Poyson, Venomous
Beasts.

d Web, and mends the dimnels of fight, it is excellent good against the stillence and Poyson. Pliny and Diescorides affim, That no Serpent will take with him that carries this Herb about him.

The Elder Tree.

Ho'd it needless to write any Description of this, sith every Boy that plays with a Pot-gun, will not mistake another Tree instead of Elder. I all therefore in this place only describe the Dwarf Elder, called also anewort, and Wallwort.

The Dwarf-Elder.

escription. This is but an Herb, every year dying with his stalks to the ground, and rising afresh every Spring, and is like to the Elder both in form and quality, rising up with a sour square rough in stalk, sour soot high or more sometime. The winged Leaves are some at narrower than the Elder, but else very like them. The Flowers are ite with a dash of purple, standing in umbles, very like the Elder also more sweet in scent, after which come small blackish beries, sull of juyce ile they are fresh, wherein there lie small hard Kernels or Seed. The Root doth

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doth creep under the upper crust of the ground, springing afresh in divers plus

being of the bigarfs of ones finger or thumb fometimes.

Place. The Elder Tree groweth in Hedges, being planted there to firm then the Fences, and Partitions of Grounds, and to held up the Banks; Ditches, and Water-Courses.

The Dwarf-Elder groweth wild in many places of England, where being

once gotten into a ground, it is not easily gotten forth again.

Time Most of Elder Trees Flower in June, and their Fruit is ripely the most part in August.

But the Dwarf-Elder, or Wallwort flowreth somewhat later, and his Frei

is not ripe until September.

Dominian of Venus. The first Shoots of the common Elder boyled in

Alparagus, and the young Leaves and stalks boyled in Fat Brot dorh mightily carry forth Flegm and Choler. The middler Flegm. inward Bark boiled in Water, and given to drink, worked Chaler, much more violent ; and the Berries either green or dry to Dropic, pell the fame humors, and is often given with good success Venomous help the Dropfie, The Bark of the Root boyled in Winea Beafts, the Juice thereof drunk, worketh thesame Effects, but more me mad dors, Terms erfully than either the Leaves or Fruit. The Juyce of the Ron taken doth mightily provoke Vomit, and purgeth the warry he provokes mors of the Dropfie. The Decoction of the Root taken, a Inflammareth the biting of the Adder, and biting of mad dogs; it make tion. lifieth the hardness of the Mother, if Women sit thereon, in Bras 1, Ears, openeth the Veins, and bringeth lown their Courses: The Box ries boyled in Wine performeth the same effect; and the his Wrine proof the Head washed therewith is made black. The Juyce of the vokes, greenLeaves applied to the hot Inflammations of the Eys affer Sunburngeth them. The Juyce of the Leaves snuffed up into the N ing, Frec-Arils, purgeth the Tunicles of the Brain. The juyce of the Ba kles, Morries boyled with a little Honey and dropped into the Ear, he phem, peth the pains of them. The Decoction of the Berries in Wa Head-ach, being drunk provoketh Urine. The distilled Water of the Flow ulcer, ers is of much use to clear the skin from Sunburning, Freche Palfie. Morphew, or the like; and taketh away Head-aches coming a

cold cause, the Head being bathed therewith. The Leaves or Flowers at filled in the Month of May, and the Legs often washed with the said of filled Water, it taketh away the Ulcers and Sores of them. The Eyes will ed therewith, it taketh away the redness and Bloodshot. And the Hist washed morning and evening therewith, helpeth the Palsey, and shaking

Gout, Inflammation, Burning.

them.

The Elder-Dwarf is more powerful than the common Elder, in opening and purging Choler, Flegm, and Water, helping the Gout, Piles, and womens Diseases, colourethe Hair black, helpeth the inflammations in the Eyes & pairs

Ears, the biting of Serpents, or a mad Dog, Burnings and Staldings ldings, the wind Cholick, Cholick and Stone, the difficulty Chollick, Urine, the cure of old Sores, and Fistulous Ulcers. S'one. ither Leaves or Bark of Elder fripped upwards as you garher D) [10 1. caulerh Vomiting; but ftripped downward, it purgeth nuwards. Alfo Dr. Butler in a Manuscript of his, commends Dwarfder to the Sky for Dropfies, vix. To drink it being boyled in white Wine, drink the Decoction I mean, not the Elder.

The Elm-Tree.

der the His Tree is so well known, growing generally in all Countries of this Land that it is needless to describe it, Government and Vertues. It is a cold and Saturnine Plant. The Leaves reof bruifed and applied, healeth green wounds being bound worked ercon with its own Bark. The Leaves or the Bark used with Wounds, inegar, cureth Scurf and Leprofic very effectually: The De- Senif, dion of the Leaves, Bark or Root, being bathed, heales bro- Le profic, n Bones. The Water that is found in the Bladders on the Beauty, he Rox do make it fair; and if cloaths be often wet therein, and applied Swellings, arry his the Ruptures of Children, it helpeth them, if they be after Balaness, ell bound up with a Truss. The said Water put into a Glass Gout, d fet into the Ground, or else in Dung for twenty five dayes burning. on, in he mouth thereof being close stopped, and the bottom fet upon the say of ordinary Salt, that the Feces may settle, & Water become very clear, the him a singular and Soveraign Ralm for order wounds being used with the a fingular and Soveraign Balm for green wounds, being used with soft the his; the Decoction of the Bark of the Root formented, mollifieth hard is affer umors, and the fhrinking of the Sinews. The Roots of the Elm boyled for the Ni long time in Water, and the fat rifing on the top thereof being clean the Bar ummed off, and the place anointed therewith that is grown bald, and the ar, his lair fallen away, will quickly restore them again. The said Bark ground in Water the Bark until it cometh to the form of a Pultis, and laid on a Flore them again. e place pained with the Gout, giveth great ease. The Decoction of the rk in Water, is excellent to bath such places as have been burned with

Endive.

escription. Ommos Garden Endive beareth a longer and larger Leaf than Succory, and abideth but one year, quickly running up to flalk A feed, and then perisheth: Inhath blew Flowers, and the feed of the ordinary dire is so like Succory seed, that it is hard to distinguish them.

Gretenment and Vertues. It is a fine cooling, cleanling, Jovial Plant. he Decedion of the Leaves or the Juyce, or the distilled Waters of Endive CIVELL

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grethin pains The English Physician Enlarged.

Liver, Stomach,
Agnes, Sharpness
of urine, and Excoriations thereby,
Passion of the
Heart, ulcers,
Swellings, Eyes,
Gont.

ferveth well to cool the excessive heat in the Liver and much, and in the hot fits of Agues, and all other Influence, and in the hot fits of Agues, and all other Influence, and in any part of the Body, it cooleth the heat a sharpness of the Urine, the Excertations in the Urine parts; The Seed is of the same property, or rather me powerful; and besides is available for the tainting, sweetings, and passions of the Heart. Outwardly applied the serve to temper the sharp Humors of Fretting Ulcers, Tumors and Swellings, and Pestilential Sores; and we

derfully help not only the redness and inflammation in the Eyes, buth dimness of the fight also: They are also used to allay the pains of the God

You cannot use it amiss; a Syrup of it is a fine cooling Medicine for favers. See the end of this Book, and the Eng. Disp.

Elecampane.

Descript. It shootest forth many large Leaves, long and broad, lying not the ground, small at both ends, somewhat soft in handling, of whitish green on the upper side, and gray underneath, each set upon a short foot-stalk; from among which rise up divers great, and strong hairy stalk 3- or 4, soot high with some Leaves thereupon compassing them about at a lower ends, and are branched toward the tops, bearing divers great and last Flowers like those of the Corn Marigold, both the border of Leaves and the middle thrum being yellow, which turn into Down with long, small, brownish seed among it, and is carried away with the wind. The Root is great and thick, branched forth divers ways, blackish on the out side, and white within, of a very bitter taste, and strong, but good scent, especially when the are dryed, no part else of the Plant having any smell.

Place. It groweth in the moist Grounds and shadowy places, oftner the and the dry and open Borders of Fields and Lanes, and in other wast places

almost in every Country of this Land.

Time. It flowreth in the end of June and July, and the feed is ripe if August: The Roots are gathered for use, as well in the Spring before the

Leaves come forth, as in Autumn or Winter.

Government and Vertues. It is a Plant under the Dominion of Machine.

The fresh Roots of Elecampane preserved with Sugar, or made into a Syrup or Conserve, are very effectual to warm a cold and with dy stomach, or the pricking therein, and stitches in the side mach, wind, caused by the Spleen; and to help the Cough, shortness of breath, and wheezing in the Lungs. The dried Root made in to Powder, and mixed with Sugar and taken, serveth to the same purpose, and is also prostable for those that have their Units Shortness stopped, or the stopping of Womens Courses, the pains of the

Mother, and of the Rone in the Reins, Kidneys, or Bladder!

It refifteth poylon, and flayeth the spreading of the Venome

Serpents, as also of putrid and Pestilential Feavers, and the

Shortness of breath, wheezing, Terms pro-

wokes.

Plague it felf. The Roots and Herb beaten, and pur into net

or Beer, and daily drunk, cleereth, ftrengtheneth and quick- Mother, hthe fight of the Eyes wonderfully. The Decoction of the ers in Wine, or the Juice taken therein, killeth and driveth Payfon. hall manner of worms in the Belly, Stomach and Maw; and Venomous gled in the Mouth, or the root chewed fastneth loofe teeth, helpeth to keep them from Putrifaction: and being drunk, Peftilence, good for those that spit blood, helpeth to remove cramps or Eys, Worms, nyulfions, and the pains of the Gout, the Sciatica, the loofloofe Tceth, s and pains in the Joynts, or those Members that are out of Spitting nt, by cold or moisture hapning to them, applied outwardly Blood, well as inwardly, and is good for those that are bursten, or Cramps, re any inward bruise. The Roots boyled well in Vinegar, Eowvullions. ten afterwards, and made into an Oyntment with Hogs Gout, et, or Oyl of Trotters is an excellent Remedy for Scabs or Toyats, Itchs hin young or old: The places also bathed or washed with Decoction, doth the same: it also helpeth all forts of filthy, Freckles. ng, of putrid Sores or Cankers whatfoever. In the Roots of this Morph is the relief the chief effect for all the Remedies aforefaid: The Spots. putrid Sores or Cankers whatfoever. In the Roots of this Morphim, y flat killed Water of the leaves and roots together, is very profita-it at the to cleanse the Skin of the Face, or other Parts, from any Merphew, and large ots or Blemissies therein, and maketh it elect.

Eringo, or Sea-Holly.

d what script. The first Leaves of our ordinary Sea-Holly, are nothing so hard entire and prickly as when they grow old, being almost round, and oply dentea about the edges; hard, and harp-pointed, and a little crumpleds er that a blen is green colour, every one upon a long Footstalk : but these that grow places higher with the Stalk, do as it were composs it about. The Stalk it felf is na and firong, yet sommhat crested with joynts, and Leaves set thereat, but ripe is the divided, sharp and prickly; and branches rising from thence, n hich have fore the emise other smaller branches, each of them bearing several blewish round prick-leads, with many small jagged, prickly leaves under them, standing like a star, seads, with many small jagged, prickly leaves under them, standing like a star, of Mn- a sometimes sead greenish or whit? The Root groweth wonderful long, even ade into tight or ten soot in length, set no or Circles, toward the upper part, of the side it within, with a pith in the miance, of a pleasant tast, but much more being sisteness of sisteness of the side in place. It is found about the Sea-Coasts, in almost every Country of this he same not which bordereth upon the Sea.

It will so the onth after.

Indeed the sound and Vertues. The Plant is Veneral, and Seed breedeth.

Covernment and Vertues. The Plant is Veneral, and Seed breedeth.

Country it is hot and moist, and under the Coelestial Spleen, Liver.

Into not lance. The Decoction of the Root hereof in Wine, is

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Tellow Jaundice,
Dropsie, Cholick,
Dysury, Strangury,
Reins, French Pox,
King, Eril, Venomous beasts, Thorns,
Broken Bones, Splinters, Aposthumes,
Melancholy, Quartan and Quotidian
Agues, wry Necks.

very effectual to open the Obstructions of the Spike Liver, and helpeth the Yellow Jaundies, the Dropk pains of the Loins, and wind Cholick, provoketh it and expelleth the Stone, and procureth Womens of the Continued use of the Decoction for fifteen taken safting, and next to bed ward, doth help Strangury, the pissing by drops, the stopping of the and stone, and all desects of the Reins and Kidneys if the said drink be continued longer, it is said perfectly cureth the stone, and that experiently found it so: It is sound good against the French The Roots bruised and applied outwardly, helpeth

Kernels of the Throat, commonly called the Kings Evil; or taken insurand applied to the place stung or bitten by any Serpent, healeth it specific the roots be brunied and boyled in old Hogs-Grease, or salted Lard, applied to brokenBones, Thorns, &c. remaining in the Flesh, they do note draw them forth but heal up the place again, gathering new sleth when was consumed: The Juyce of the Leaves dropped into the Ears, help Imposshumes therein: The distilled Water of the whole Herb when leaves and stalks are young, is profitably drunk for all the purposes afords and helpeth the Melancholy of the heart, and is available in Quartant Quotidian Agues, as also for them that have their Necks drawn awry, a cannot turn them without turning their whole Body.

Eyebright.

Descript. Common Exebright is a small low Herb, rising up usually but in one blackish green stalk, a span high, or not much more, spot from the bottom into sundry branches, whereon are set small and almost round, pointed, dark green Leaves, sincly snipped about the edges, two always set in there, and very thick: At the Joynes with the Leaves from the midale upon come forth small white Flowers strapped with purple and reliow spots or stripe after which follow small round Heads with very small seed therein. The Rull long, small, and thready at the end.

Place, It groweth in many Mea d graffie places in this Land.
Government and Vertues. It is un Sign of the Iyon, and Solchin
Dominion over it. If this herb were out as much used as it is neglected,
would half spoil the Spectacle-makers Trade; and a man would think
Reason should teach people to prefer the preservation of their Natural,
fore Artificial Spectacles: which that they may be instructed how too
sake the Vertues of Eyebright as followeth:

Byes, Dimaess, Brain, Memory. The Juyce or distilled Water of Eyebright taken inwardly white Wine or Broth, or dropped into the Eyes for diversor together, helpeth all infirmities of the Eyes that cause dimness fight: Some make a Conserve of the flowers to the same esta Being used any of these wayer, it also helpeth a weak Brain

The English Physuian Enlarged.

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emory. This tunned up with strong Beer that it may work together, and tak. Or the Powder of the dried Herb mixed with Sugar, a little mace, & nnel-seeds, and drunk or eaten in Broth. Or the said Powder made into Electuary made with Sugar and taken, hath the same powerful effect to p and restore the sight decayed through age, and Amotaus de villa avva h, It hath restored sight to them that have been blind a long time before.

Fern.

The Male and Female. The Female groweth higher than the le, but the leaves thereof are lesser, and more divided, or dented, and of as ing a smell as the Male, the Vertues of them are both alike, and therefore hall not trouble you with any Description or distinction of them.

Place. They grow both on Heaths, and in shady places neer the Hedge-

s in all Countreys of this Land.

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Time. They flower and give their feed at Midfummer.

the Female Fern is that Plant which is in Suffex called Brakes, the feed which some Authors hold to be so rare: such a thing there is I know, may easily be had upon Midsummer-Eve, and for ought I know, two or

ee days before or after it, if not more.

Government and Vertues. It is under the Dominion of Mercury, both Male and the Female. The Roots of both thele forts of Ferns, being iled and boyled in Mead, or honeyed Water, and drunk, killeth both the ad and long Worms in the body, and abateth the swelling and inels of the Spleen. The green Leaves eaten, purge the Bel- worms, ind cholerick and waterish humors, but it troubles the Sto- Spieen, th. They are dangerous for Women with Child to meddle Choler, h, by reason they cause abortment. The Roots bruiled and Fleem, led in Oyl, or Hogs-greafe, make a very profitable Oist- Stomach, nt to heal wounds or pricks gotten into the Flesh. The Pow- wound, of them used in foul Ulcers, dryeth up their malignant moi- ulcers, e, and caufeth their speedier healing. Fern being burned, the Serpents, he thereof driveth away Serpents, Gnats, and other noylome Guats, atures, which in the Fenny Countreys do in the night time Venomous ble & molest people lying in their beds with their faces un- Beatts, red: it causeth Barrennels.

Osmond Royal, or Water-Fern.

This shooteth forth in the Spring-time (for in the Winter the Leaves perish) divers rough hard stalks, half round and wish, or slat on the other side, two soot high, having divers branches of sed yellowish green Leaves on all sides, set one against another, longer, narely, and not nicked on the edges as the sormer. From the top of some of stalks grown forth a long bush of small, and more yellowish green, scally as it were set in the same manner on the stalks as the Leaves are, which assist were set in the same manner on the stalks as the Leaves are, which assist were set in the same manner on the stalks, as the Leaves are, which

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The English Physician Enlarged.

98 with a write pith in the middle , which is called the Heart thereof.

Plac. It groweth on Moore, Bogs, and watery places in many put this Land.

Time. It is green all the Summer, and the Rost only abideth in Win Giverament and Vertues. Saturn owns the Plant. This hath all the ! tues mentioned in the former Ferns, and is much more effectual thank

both for inward and outward Griefs, and is accounted finger good in Wounds, Bruiles, or the like. The Decection to bean Wounds, or boyled into an Ointment, or Oyl, as a Ballom or Balm Benifes broken fo is it fingular good against Bruises, and Bones broken on of Joynt, and giverh much eafe to the Cholick, and Splend Bones, Difeales; as also for Ruptures or Burftings. The Decoftim Cholick. the Roots in white Wine provokes Urine exceedingly, and cla Spicer, feth the Bladder and passages of Urine. Kuptaris.

Featherfew.

Descript. Ommon Feath rfew hath many large, fresh, green Leaves, much torn or cut on the edges. The falks are hard and roa fet with many fach like Leaves, but somewhat smaller, and at the tops for may figle flowers upon finill footflalks, confifting of many small white Let standing round about a yellow thrum in the middle. The Root is somewhat and short, with many frong fibres at it. The scent of the whole Plant is " Brong, and Suffing, and the tafte very bitter.

Place. This grows wild in some places of this Land, but it is for

most part nouri'hed in Gardens.

Time. It flowreth in the Moneths of June and July.

Government and Vertue. Venus commends the Herb, and hath of mended it to succour her Sifters (Women) and to be a general frengthe of their Wombs, and remedy such Infirmities as a careless Midwife h there caused, if they will but be pleased to make use of her Herb boyld white Wine, and drink the Decoction, it cleanfeth the Womb, expellent After-birth, doth the Woman all the good the can defire of an Herb. if any grunible because they cannot get the Herb in Winter, tell them, they please, they may make a Syrup of it in Summer. It is chiefly uld

the Diseases of the Mother, whether it be the strangling or in of the Mother, or Hardnels, or Inflammations of the fame, app Mother. outwardly thereunto. Or a Decoction of the Flowers in W Homb. with a little Nutmeg or Mace put therein, and drunk often Terms day, is an approved Remedy to bring down Womens Com piovokes, speedily, and helpeth to expel the dead Birth and After-bi Dad For a Woman to fit over the hot fumes of the Decoction of Birth. Herb made in Water or Wine, is effectual also for the Afterand in some cases, to apply the boyled Herb warm to the? birth, parts. The Decoction thereof made with fome Sugar or He Cotizh, put thereto, is used by many with good success, to help thele Rivis. and fluffing of the Cheft by cold; as also to cleanse the Bladders

The English Physician Enlarged.

Bladder, and helps to expel the stone in them. The Powder Choler, the herb taken in Wine, with some Oxymel, purgeth both Fligm, oler and Flegm, & is available for those that are short win- Melan-, and are troubled with Melancholy, and heaviness or fad- choly, s of Spirits. It is very effectual for all pains in the head co- Sadness. og of a cold cause, the herb being bruised, and applyed to the Head-ach, wn of the head : as also for the Vertigo, that is, a turning Ague, wimming of the head. The Decoction thereof drunk warm, Deformity the herb bruised with a few corns of Bay-salt, and applyed of the Sking he wrifts before the coming of the Ague-fits, doth take them Windy. The distilled water taketh away Freckles, and other foots Cholick, deformities in the Face. The herb bruiled and heated on a Opium. e, with some Wine to moisten it, or fryed with a little Wine Oyl in a Frying-pan, and applied warm outwardly to the places, helpeth Wind and Cholick in the lower part of the Belly. It is an especial Rely against Opium taken too liberally.

Fennel.

Very Garden affordeth this fo plentifully, that it needeth no Descript. Government and Vertues. One good old fashion is not yet lest off, viz, boyl Fennel with Fish; for it consumes that flegmatick humor which most plentifully affords & annoys the body by, therefore it is a most fit for that purpole, though few that use it, know why or wherefore they t. I suppose the reason of its benefit this way is, because it is an herb of cury, and under Virgo, and therefore bears Antipathy to e. Fennel is good to break wind, to provoke urine, and Wind, D: fury, the pains of the Stone, and help to break it. The Leaves Stone, increateds boyled in Barley-water & drunk, are good for Nur- fith Milk, to increase their Milk, and make it more wholsome for amends Milk, Child. The leaves or rather the feed boyled in water, Hiccough, Loath the Hiccough, and taketh away the loathing which thing of Meat, nimes hapneth to the Stomachs of fick and feaverill venomous B:aits ons, and allayeth the heat thereof. The feed boyled in Poyfon, Muhhe and drunk, is good for those that are bitten with Ser- roms, Obstruction is, or have eaten poyfonful Herbs or Mushroms. The ons in the Li-& the Root much more helpeth to open Obstructions ver, Spleen, and he Liver, Spleen and Gall, and thereby helpeth the Gall, yellow ful and windy swellings of the Spleen, and the yellow Jaundice, Gout idice; as also the Gout and Cramps. The seed is of Cramp, 18 necuse in medicines to help shortness of breath and whee- sing, Terms by stopping of the Lungs. It helpeth also to bring provokes, afterthe Courses; & to cleanse the parts after delivery. The delivery, cleanse s are of most use in Physick Drinks and Broths that open, Fatnelis then to cleante the blood, to open Obstructions of the Eyes. to provoke urine, & amend the ill colour in the face Schness, and to cause a good habit through the Body. Both Leaves,

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Seeds, and Roots thereof are much used in Drinks or Broth's, to make per more spare and lean that are too fat. The distilled Water of the wholes or the condensate Juice distolved, but especially the natural Juice the hot Countreys issued out thereof of its own accord, dropped into the cleanseth them from mists & silms that hinder the fight. The sweet fair much weaker in Physical uses than the common Fennel. The wild so is stronger and hotter than the tame, and therefore most powerful ap the Stone, but not so effectual to energase Milk, because of ests drynes.

Sow-Fennel, or Hogs-Fennel.

Besides the common Name in English, Hogs-Fennel, and thele name Peusidanum, it is called Hour-strange, and Hoar-strong,

phor-wort, and Brimstone- wort.

Descript. The common Sow-Fernel hath divers branched stalks of thick somewhat long Leaves, three for the most part joyned together at a place mong which riseth a crested straight stalk, less than Fennel, with some pathereon, and Leaves growing thereat, and towards the top some branches stuing from thence: likewise on the tops of the stalks and branches, star vers tusts of yellow Howers, where after grow somewhat star, thin, and lowish seed, bigger than Fennel-seed. The Root groweth great and with many other parts and sibres about them, of a strong scent like hot si stone, & yieldeth forth a yellowish milk, or clammy juice, almost sike as

Place. It flowreth plentifully in the falt low Marthes, near by Fa

(bam in Kent.

Time. It flowreth and feedeth in July and August.

Government and Vertues. This alfo is an Herb of Mercury. of Sow-Fennel (faith Diofcorides and G.I.x) used with Vineger and water, or the juice with a little Euphorbium par to the Lethargie, Fren- helpeth those that are troubled with the Lethargie, Frenzie, the turning or giddiness of the Head, the Fall zie, Vertigo, Falling-fickness, fickness, long and invercrate Head-ach, the Palfie, Scia and the Cramp, and generally all the diseases of the Had-ach, Palused with Oil and Vinegar; The juice distolved in fre, Sciatica. or put into an Egg, is good for the Cough, or shorts Cramp. Sizws, Breath, and for those that are troubled with wind cough, horta (s of breath, wind, body. It purgeth the Belly gently, helpeth the hi of the Spleen, giveth case to women that have fore my Salien, Childe Childbirth, and eafeth the pains of the Reins and Bu bi th, Rainis and alio the Womb. A little of the Juice diffolved in Bladder, Womb, & dropped into the Ears, easeth much of the pains in Eurs, hollow

Thoras, Woods, Powder of the Root cleanfeth foul Ulcer's being put them, and taketh out Splinters of broken bones, of things in the flesh, and healeth them up perfectly: as also it dryeths and inveterate running Sorts, and is of admirable Vertue in all

and put into an hollow tooth, easeth the pains thereof

Root is less effectual in all the aforesaid diseases !

F.GW

Wounds.

Teeth, ulcers,

boten Bones,

Congcaled Black

by moune, braile

or fall, Kings-

Figwort, or Throatwort.

rise. Ommon great Figwort sendeth divers great, ftrong hard, sq ars brown stalks, three or four foot high, wherein grow large, hard, dark green leaves, two at a joynt, which are larger and harder than Netleaves, but not flinging: At the tops of the stalks stand many purple wen, let in husks, which are formwhat gaping and open, formwhat like those Water Betony :after which come hard round heads, with a fmall point in the idle, wherein lie small brownish seed. The root is great, white and thick; h many branches at it, growing allope under the upper crust of the ground ich abideth many years, but keepeth not his green leaves in Winter. Place. It groweth frequently in moist and shadowy Woods, and in the

er parts of the Fields and Meadows. Vim. It flowreth about July, and the feed will be ripe about a Moneth

er the flowers are fallen.

Severament and Vertues. Some Latin Authors call it Cervicaria, because appropriated to the Neck, and we Threatment, because it is appropriated he Throat. Venus owns the herb, and the Coelestial Bull will not deny therefore a better remedy cannot be for the Kings-Evil, because the Mosa trules the Disease, is evalued there, nor for any Disease in the Neck, the chot be lost the Diseases specified, you may (if you look) see a very good reason like 10 their Cure by this Herb. The Decoction of the Herb

by for en inwardly, and the bruised herb applyed outwardly, olveth clotted & congealed Blood within the body, cong by any Wound. Bruile or Fall; and is no less effe-The last for the Kings-Evil, or any other Knots, Kernels, Evil, Wens, Herand recess or Wens growing in the flesh wheresoever; and for morrhoids, or Piles, or other Knobs or Kernels, which dament, ulcers, hargies necesses grow about the Fundament. An Oyntment secure, spots, dehered, may be used at all times when the fresh herb struckels, deforming the base and the sussessing of the strand the sussessing the same purposes, and dryeth red in the sussessing the sussessing the four ports, and freekles in the Face, as also the Scurs, or winds foul Deformicy therein, and the Leprosic likewise.

foul Deformity therein, and the Leprofic likewile.

Filipendula, or Dropwort.

cription. This fendeth forth many leaves, some bigger, some leffer, fet on each side of a middle Rib, and each of them dented about edges, somewhat resembling wild Pansie or rather Agrimony, but harder undling; among which rife up one or more falks, two or three foot high, hthe Leaves growing thereon, and fontimes also divided into other brandeschi set Leaves abiece, with some threeds in the middle of them standing together wit or unbil, eath upos a finill footstalk, which after it ey have been

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F.GW

open and blown a good while, do fall away, and in their places appear fall round, chaffie Heads like Buttons, wherein are the chaffie feed fet and plas The root coefifts of many (mall, black, tuberous pieces, tofined together by Small, long, blackish strings, which run from one to another.

Place. It groweth in many places of this Land, in the Corners of

Fields and Meadows, and their Hedge-fides.

Time. They flower in June and July, and their feed is ripe in August,

Government and Vertues. It is under the Dominion of Venus, and is we effectual to open the passages of the Urine, and helpenhi Dicury, Strangury, and all other pains of the Bladder and Reins, helpi Strangin Y. mightily to expel the Stone in the Kidneys or Bladder, and Reins. Gravel alfo, and these are done by taking the roots in Power Bladder, or a Decoction of them in white Wine, whereunto a little! Stone. ney is added. The fame also helpeth to expel the after-birth. Gravil. Roots made into powder, and mixed with Honey into the for Wind, of an Electuary, doth much help them whose fromachs arela Lu195. len, diffolying and breaking the wind which was the caufe that Wheefing. of, and is also very effectual for all the Diseases of the Lung Hoarfacts, thorenels of breath, wheeling, hoarinels of the throat, & the con Cough, and to expectorate tough flegm, or any other parts thereadd It is called Dropwort, because it helps such as piss by drops Flegm.

The Fig-tree.

"Or to give a Description of a Tree so well known to every body keeps it in their Garden, were needless. They prosper very well in English Gardens: yet are fitter for Medicine than for any other profit whi is gotten by the fruit of them. "

Government and Vertues. The Tree is under the Dominion of fund The Milk that issueth out from the Leaves or Branches when they are

ken off beingdropped upon Warts, takes them away. Warts, Head fore, Decoction of the Leaves of a Fig-tree is excellent god wash fore heads withel; neither is there scareely a be Remedy for the Leprofie than it is. It clears the face of Morphew, and the body of white Scurf, moil Scabil running Sores; if it be dropped into old fretting Ulca cleanfeth our the moisture, & bringeth up the fleshibet you cannot have the Leaves green all the year, you make an Ointment of them whilft you may. A decodid the leaves being drunk inwardly, or rather a Syrup man them, diffolves congealed blood caused by bruiles or the and helps the bloody-flux. The after of the wood into an Oinrment with Hogi-greafe, helps Kibes and O blains: The juyce being put into a hollow tooth, al pain, as also pain and noise in the Ears being dropped them, and deafnels. An Ointment made of the juit Hogs-greafe, is as excellent a Remedy for the biting

Leprofie, Morph. w, Scarf, Scabs, Sores, u!cers, Blood conecaled caused by Bruifes or Falls Bloody flux, Kibes, Chilblanes, Tooth-ach, noife, in the Ears, Deafaels, biting of mad Digs, veromou' Baft, Cough, Hor Jmefs, [hortnef. of

ad Dogs or other venemous Beafts as most is. A Syrup made Breath, the Leaves or green Fruit, is excellent good for Conghis, Breaft. parinels, or shortnels of Breath, and all Diteales of the Breatt Lung: Lungs: It is also excellent good for the Dropsie, and Fal-Drodies g fickness. They fay that the Fig-tree as well as the Bay-Fallinge is never hurt by lightning; as also that a Bull if he be nefickness. fo mad, if you tie him to a Fig-tree, will quickly become Lici. me and gentle. As for such Figs as come from beyond Sea, I relittle to fay to them, because I write not of Igloticks; yet some Auors fay the eating of them makes people Loufie.

The yellow Water-flag, or Flower-de-luce.

His groweth I ke the Flower-de-luces, but it hath much longer elcript. and narrower fad green Leaves joyned together in that fathion; Stalk alfo growing oftentimes as high, bearing small yillow Flowers thap d e the Flower-de-luce with three falling Leaves, and other three arched that per their bottoms; but instead of the three upright Leaves as the Flower dece hath, this hathouly three short pieces standing in their places, after which seted thick and long three fauare beads, containing in each part somewhat big Affat feed, like to those of the Flower-de-luces, The Root is long and flender, a pale brownish colour on the outside, and of a horse-field colour on the in-fice. th many hard fibres thereat, and very harfb in tafte.

Place. It usually grows in watery Ditches, Ponds, Lakes, and Moor-fides;

nich are alwaies overflown with Water.

Time. It flowreth in July, and the feed is ripe in August.

Government and Vertues. It is under the Dominion of the Moon. The

or of this Water-flag is very aftringent, cooling, and drys, and thereby helpeth all Lasks and Fluxes, whether of ood or humors, as bleeding at mouth, note or other parts, pody fluxes, and the immoderate flux of Womens Courles. he distilled water of the whole Herb, Flowers and roots, is a versign good Remedy for watring Eys both to be dropped to them, and to have cloaths or spunges wetted therein and plied to the Forchead: It also helpeth the spots or blemishes t happen in or about the Eys, or in any other parts: The Water fomented on swellings and hot inflammations of omens fore Brefts, upon Cankers alfo, and those spreading cers, called Noti me tangere, doth much good: It helperh o foul Ulcers in the privy parts of man or women, or elfeere. An Ointment made of the Flowers, is better for their ternal applications,

Binds, cools, Dies, Flux, Bloody-flux, Bleading, Terms ftops, Eyes, Spots, Blemilhes, Inflammations, Sore Brefts, Cankers, ulcers. Noli me tangere,

Flax-weed, or Toad-flax.

Scription. ur common Flar-weed hath divers Stalks full fraught with long and narrow blue or ash coloured leaves, and

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from the middle of them almost upward, stored with a number of pale yellow for ers, of a sirong unpleasant scent, with deeper yellow mouths, and blackishes seed in round heads. The root is somewhat woody and white, especially the number of which with many sibres, abiding many years, shooting forth roots are way round about, and new branches every year.

Place. This groweth throughout this Land, both by the way-fides in Meadows, as also by Hedge-fides, and upon the fides of Banks and Borton

of Fields.

Time. It flowreth in Summer, and the feed is ripe usually before the el

of August.

Government and Vertues. Mars owns the Herb: In Suffex we call Call-wort, and lay it in our Chickens water to cure them of the Gall, I think; I am fure it relieves them when they are crooping. The is frequently used to provoke Urine being stopped, and to forth Difury, the abundance of those watry humours by Urine, which can Dropfie, the Dropsie. The Decoction of the Herb both Leaves and Flow Obstructiers in Wine, taken and drunk doth somewhat move the Bell on of the downwards, openeth Obstructions of the Liver, and helpethin Liver, yellow Taundice, expelleth poylon, provoketh Womens Cont Tellow les, driveth forth the dead Child, and after-birth. The diff Fanndice. Dead Could led Water of the Herb and Flowers, is effectual for all the fam and purposes, especially being drunk with a dram of the Powder After-birt', the feeds, or Bark of the root of Walwort, and a little Cinn mon for certain days together, is held a fingular remedy f Infannations, Tyes, the Dropfie: The Juice of the Herb, or the diffilled Ward dropped into the Eyes, is a certain Remedy for all heat, infin Micers. mations and redness in them. The juice or water put into for Cancers, Ulcers whether they be cancerous or Fiftulous, with tents rous Fifinlaes, therein, or parts washed or injeded therewith, cleanseth the I cprofie, Scabes, throughly from the bottom, and healeth them up fafely. I fame juice or Water also cleanfeth the skin wonderfully of 1 Pimples. forts of deformity thereof, as Leprofie, Morphew, Scurf, When Freckles Pimples, or any other spots or marks in the skin, applied of it felf, or the with some Powder of Lupines.

Fleawort.

Rdinary Fleamont rifeth up with a stalk two foot high or more full of joynts and branches on every fide up to the topsand every joynt two small, long, and narrow whitish green leaves, somewhat his At the tops of every branch stand divers small short sealy or chastly held out of which come forth small whitish yellow threeds. Like to those old Platt we herbs, which are the bloomings or flowers. The feed inclosed in the heads, is small and shining while it is fresh, very like into Fleas both for a lour and bigness, but turning black when it groweth old. The root is not for but white, hard, and woody, perishing every year, and rising again of its feed for divers years, if it be suffered to shed: The whole Plant is somewhat his Rezin.

here is another fort hereof differing not from the former in the manner rowing, but only that his stalk and branches being somewhat greater, do the more bow down to the ground: The leaves are somewhat larger, the ds somewhat lesser, the seed alike; and the root and leaves abide all the mer; and perish not as the former.

Place. The first groweth onely in Gardens, the second plentifully in

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time. They flower in July or thereabouts.

Sovernment and Vertues. The Herb is cold, dry and Saturnine. I sup-

e it obrained the name Fleawort, because the teens are so Fleas. The feed fryed, and so taken, flayeth the Plux or sk of the Belly, and the corrosions that come by reason of cholerick or tharp and malignant humors, or by the too ch purging of any violent Medicine, as Scammony, or the t. The Mulcilage of the feed made with Role-water, and ittle Sugar-Candy put thereto, is very good in all hot Aes and burning Feavers, and other Inflammations to cool the rd, and lenifie the driness and roughness of the Tongue Throat. It helpeth also hoarsness of the voice, and oiles of the Brest and Lungs caused by heat, or sharp falt huns, and the Pleurisie also. The Mulcilage of the Seed de in Plantane water, whereunto the yolk of an Egg or two, da little Populeon is put, is a most safe and fure Remedy to te the sharpness, prickings, and pains of the Hemorrhoids Piles, if it be laid on a cloth and bound thereto. It helpeth o all Inflammations in any part of the Body, & the pains at come thereby, as the Head-ach and Megrim, and all hot posthumes or Swellings, or breakings out of the skin, as ains, Wheals, Pushes, Purples, and the like; as also the ins of the Joynts, and of those that are out of joynt; the ins of the Gour and Sciarica, the burfting of young Chilen, and the swelling of the Navel, applied with Oyl of Roand Vinegar. It is also very good to heal the Nipples and te Brests of Women, being often applyed thereunto. The lice of the herb with a little honey put into the Ears, helphehe running of them, and the Worms breeding in them: befame also mixed with Hoge-Greafe, and applyed to corpt and filthy Ulcers and Sores, cleanfeth and healeth them.

Flux, Corre-Gion, Cholcrick humors. ACHE . . . CAzers, Inflamo mating_ Thirly HoarInefs, Salt humors. Pleurific. Hemorrhoids. Head-ach. Megyim. Aposthumes, Blairs, u heals, Pulhes. Purples, Gout, Foynts. Sciatica. Nipples, Sove Brefts. Ears. H'orms,

ulcers.

Flixweed.

rescription. I Triseth up with a round upright bard stalk, four or sive soot high, spread into sundry branches, whereon grow many gray she green leaves very finely cut and severed into a number of short id almost round parts. The slowers are very small and yellow, growing spike-saion, after which come very small long Pods, with very small yellowish seed in them.

shem. The Root is long and woody, perishing every year.

There is another fort differing in nothing, fave only it hath fomewhat has Leaves: They have a firong evil favour being smelt unto, and are of a de Bafte.

Place. They grow wild in the Fields by Hedge-fides, and High-war

and among rubbish, and many other places.

Time. They flower and feed quickly after, namely in June and July.

Government and Vertues. This Herb is a Saturnine allo. Both the He and feed of Flixweed, is of excellent use to flay the Flux Flux, Lask of the Belly, being drunken in Water wherein gain feel heated have been often quenched; and is no les effet Bleeding. for the faid purpose than Plantane or Comfry, and to rellu Bloodyany other flux of Blood in Man or Woman, as also consoling Flux. Bones broken, or out of joynt. The juice thereof drunti Terms Wine, or the Decoction of the Herb drunk, doth kill i ftops, Broken Worms in the Stomach or Belly, or the Worms, that growi putrid and fifthy Ulcers: and made into a Salve, doth quite Bines. Members heal all old Sures, how foul or malignant foever they be. I distoynted, diftilled Water of the Herb worketh the fame effects, althou somewhat weaker, yet is a fair Medicine, and more accepus H'orms. to be taken. Sores,

It is ealled Flixweed, because it cures the flux, and forius ulcers. niting broken Bones, &c. Paraceifus extols it to the Skies, Il

fitting Syrups, Ointments, and Plaisters of it, were kept in your Houses

Flower-de-luce.

TT is fo well known, being nurfed up in most Gardens, that Ishall need to spend time in writing a Description thereof.

Time. The flaggy kinds thereof have the most Physical uses; the day

kinds thereof flower in April, the greater forts in May.

Government and Vertnes. The Herb is Lunar. The Juice or Decodi of the green Roots of the flaggy kind of Flower-de luce, wi a little honey drunk, doth purge and cleanse the stomach Stomach. grofs and tough Flegm and Choler therein; it helpeth i Flegm, Jaundice, and the Dropfie, by evacuating those humors be Choler, upwards and downwards, and because it somewhat hurteth Tanndice, stomach, is not to be taken with Honey and Spikenard. Dronfie, same being drunk, doth ease the pains and torments of Belly, fides, Belly and fides, the shaking of Agues, the Diseases of Agues, Liver, Spicer, Liver and Spicen, the Worms in the Belly, the Stone in Reins, Convultions or Cramps that come of cold humos Stone, ie also helpeth those whose seed passeth from them unawate Convulsion, It is a Remedy against the bitings and flingings of veneme £14mp, . e-Creatures, being boyled in Water and Vinegar, and drus 2079775 Being boyled in Wine and drunk, it provoketh Urine, help B Ifts

DIGHT,

The English Physitian Enlarged.

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Cholick, bringeth down Womens Courses; and made up Cholick. a Pellary with Honey, and put up into the Body, draweth Terms h the dead Child. It is much commended against the provokes. ugh to expectorate tough flegm: It much eafeth pains in Cough, fnec-Head, and procureth fleep : Being put into the Nostrals, it zing, hemorcureth incezing, and thereby purgeth the head of flegm: rhoids, e Juice of the Root applyed to the Piles or Hemorrhoids, Tooth-ach. eth much ease. The Decoction of the Roots gargled in the Joynes, Siouth, eafeth the Tooth-ach, and helpeth a flinking breath. news, Gour. I called Oleum Irinem , if it be rightly made of the great Sciatica. and flag Flower-ae-luce (and not of the great bulbous blew Womb, wer-de-luce, as is used by some Apothecaries) and Roots of Rheum, same of the flaggy kinds, is very effectual to warm and com- Breaft, tall cold joynts and finews, as also the Gout and Sciatica, and Wounds, lifeth, diffolyeth, and confumeth tumors or swellings in any ulcers. tt of the body, as also of the Matrix : It helpeth the Cramp Fiftulacs, Convultion of the finews: the Head and Temples anointed Cankers. newith, helpeth the Catarrh or thin Rheum distilling from nce; and used upon the Breft or Stomach, helpeth to extenuate the d tough Flegm. It helpeth also the pains and noise in the Ears, and the nch of the Nostrils. The Root it self either green, or in powder, helpeth cleante, heal, and incarnate Wounds, and to cover the naked bones with kies, li esh again, that Ulcers have made bare; and is also very good to cleanle heal up Fistulaes and Cankers that are hard to-be cured.

Fluellin, or Lluellin.

shall descript. TT shooteth forth many long Branches, partly lying upon the Ground. and partly standing upright, fet with almost round leaves, yet a the dutate pointed, and sometime more long than round, without order thereon, someout boary, and of an evil greenish white colour; at the joints all along the his, and with the leaves come forth small Flowers, one at a place, upon a ve-Small short Foot-stalk, gaping somewhat like Snap-dragons, or rather like tomach ad-flax, with the upper sam of a yellow colour, and the lower of a purplish, with speth fmill heel or spur behind; after which come forth small round heads containing more by all black seed. The Root as arrech a f again of its own sowing. all black seed. The Root is small and threddy, dying every year, and raiseth it

There is another fort of Llucllin which hath longer branches, wholy trailing ers of a son the ground, two or three foot long, and formtimes more thinner fet with aves thereon, upon small Footstalks. The Leaves are little larger and some hat round, and cornered sometimes in some places on the Edges; but the wer part of them being the broadest, hath on each side a smal point, making feem as if they were Ears, somewhat hairy, but not hoary, and of a better een colour than the former: The flowers come forth like the former, but the lours therein are more white than yellow, and the purple not fo fair: It is a rge flower, and so are the feed, and feed vesicle. The root is like the other, Place:

od peritheth every year.

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Cinkers.

Place. They grow in divers Corn-Fields, and in Borders about the and in other fertil grounds, about Southfleet in Kent abundantly, at he worth, Hamerton, and Richwerfworth in Huntington-fhire, and in divers of piaces.

Time. They are in flower about June and July, and the whole Plant

dry and withered before August be do ne.

Government and Vertues. It is a Lunar Herb. The leaves bruifed in applyed with Barly-meal to watering Eyes that are hot a inflamed by defluxions from the head, do very much he Eyes, Flux, Bloody them, as alse the fluxes of Blood or Humors, as the Lin Bloody flux, Womens Courses, and stayeth all manner of bles Flux. ing at Nole, Mouth, or any other place, or that cometh by Terms ny bruise or hurr, or bursting a Vein; and wonderfully it help ftops. eth all those inward parts that need consolidating or from Wounds. thening : and is no less effectual both to heal and close gen telcers,

wounds, as to cleanse or heal all foul or old Ulcers, fretting for eading Cankers, or the like.

Bees are industrious, and go abroad to gather honey from each Planta speri. Flower, but Drones lie at home, and eat up what the Bees have taken pit and ap for: Just to do the Colledge of Physicians lie at home, and domineer, a successfuck out the sweetness of other mens Labours and Studies, themselves bin Dunce as ignorant in the knowledge of Herrs as a Child of four years old, as In nee to make appear to any rational Man by their last Dispensatory. Now then roubl hide their Ignorance, their is no readier way in the World, than to him My knowledge from their Country men, that so no body might be able so mut for a as to smell out their ignorance. When Simples were more in use, ment by dies were better in health by far than now they are, or shall be, if the Co ledge can help it. The truth is, this Herb is of a fine cooling, drying que lity, and an Ointment or Plaister of it, might do a man a Courtelie the Deferi hath any hot virulent Sores : tis admirable for the Ulcers of the Fren Por, if taken inwardly, may cure the Disease. It was first called Femi pards Speedwel, but a Shentleman of water, whose Nose was almost eaten off wit the Pox, and so neer the matter, that the Doctors commanded it to be off, being cured only by the use of this Herb to honour the herb for large under her Nose whole, gave it one of her Country names, Liullin.

Foxglove.

Difcript. It hath many long and broad Leaves lying upon the ground dented about the edges, a little foft or woolly, and of a hou green colour, among which eileth up sometimes fundry Stalks, but one m otten bearing such Leaves thereon from the hottom to the middle, in whence to the top it is stored with large & long hollow reddish purple some a little more long & eminent at the lower edge, with some white spots will he will in them, one above another, with small green Leaves at every one, but all of them turning their Heads one way, and hanging downwards, having some but them turning their Heads one way, and hanging downwards, having some but all the threes also in the middle, from whence rife round heads pointed tharp at the in fro

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The English Physician Enlarged.

i, wherein small brown seed lieth. The Roots are fo many small Fibres, and u greater strings among them: The flowers bave no scent; but the Leaves

Place, It groweth on the dry landy grounds for the most page, and as well the higher as lower places under Hedge-fides in almost every Country

m Time. It seldom flowereth before July, and the seed is ripe in August. Government and Vertues, The Plant is under the Dominion of Venus, ing of a gentle cleanling Nature; and withal very friendly to sture. The Herb is familiarly and frequently used by the wounds, to heal any fresh or green Wound , the Leaves being Cleanse, ary,

the ulius to heal any fresh or green Wound, the Leaves being Cleanse, dry, are bruised and bound thereon; and the Juice thereof is also Heat; who led in old Sores, to cleanse, dry, and heal them. The Deco-Obstrussion ion hereof made up with some Sugar or Honey, is available on of the ion hereof made up with some Sugar or Honey, is available on of the ion cleanse and purge the body both upwards and downwards, Liver and sometimes of tough slegm, and clammy humors, and to open Splien, obstructions of the Liver and Spleen. It hath been found by Kings-the specience to be available for the Kings-evil, the herb bruised Evil, and applied, or an Ointment made with the Juice thereof, and Falling-in suled: and a Decoction of two handfuls thereof with sour sickness, and punces of Polipody in Ale, hath been found by late experi-Scabby single to cure divers of the Falling-sickness, that have been Head.

My self am considert that an Ointment of it is one of the best Remedies for a Scabby head that is.

Fumitory.

de Descripcion. Our common Fumitory is a tender sappy herb, sending forth from one square, fleader, weak stalk, and leaning downpurds or all sides many Branches two or three foot long, with finely cut and jagwith the Leaves of whitish, or rather blewish, seagreen colour: At the tops of the
tranches stand many small flowers, as it were in a long spike one above another,
what had like little Birds of a reddish purple colour with whitish Bellies after which
time small round husks containing small black seed. The Root is yellow, small, ome small round busks containing small black seed. The Root is jellow, small, and not very long, full of juice while it is green, but quickly perish with the ripe sed: In the Corn-Pields in Cornwall this bearceh white flowers.

Place. It groweth in Corn-fields almost every where as well as in Gar.

iens.

Time. It flowseth in May for the most part, and the feed ripeneth shortly fter.

Government and Vertues. Saturn owns the Herb, and presents it to he World as a Cure for his own Diseases, and strengthener of the parts the Body he rules : If by my Afrological judgement of Difeates, from the Body he rules: If by my Afrological judgement or Dicases, nons the Decumbicure, you find Saturn Author of the Disease, or if by direction m from a Nativity you fear a Saturnine Difease approaching, you may by

Liver,

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Choler,

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Sore

Faundice.

yellow and

Peftilence,

Mouth and

Throat,

Eyes,

Halrs,

Scab!

Pimples,

Wheals,

Itch,

this Herb prevent it in the one, and cure it in the other: and therefore's fit you keep a Syrup of it alwaies by you. The Juyce or Syrup made them

or the Decoation made in whey by it felf, with some other pe ging or opening Herbs and Roots to cause it to work the bene (it felf being but weak) is very effectual for the Livery Spleen, opening the Obstructions thereof, and clarifying the Blood from faltish, Cholerick, and Adust humors, which cal Leprofie, Scabs, Tetters, and Itches, and fuch like breakings of of the Skin, and after the purging, doth ftrengthen all the in ward pares: It is also good against the yellow Jaundice, in spendeth it by Urine, which it procureth in abundance. The Powder of the dried Herb given for some time together, curd Melancholly, but the Seed is strongest in operation for all the former Discases. The distilled water of the Herb is also of go effect in the former Difeales, and conduceth much againft Plague and Pestilence, being taken with good Treacle. The diffilled water also, with a little water and Honey of Roses, he peth all the fores of the Mouth or Throat, being gargled out therewith. The Juice dropped into the Eyes, cleareth the fight and taketh away rednels, and other defect in them, although procure some pain for the present, and cause Tears. Diasconia faith, It hindreth any fresh springing of hairs on the Eye-lie (after they be pulled away) if the Eye-lids be anointed with the juice hereof with Gum Arabick diffolved therein. The juices Fumitory and Docks mingled with Vinegar, and the places gent ly washed or wer therewith, cureth all forts of Scabs, Pimples

Botches, Wheals, Pushes, which arise on the Face or Hands, or any other

part of the Body.

The Furz-Bush.

Tis so well known, as well by this Name, as in some Countreys byth Name of Gors or whins, that I shall not need to write any Description thereof, my intent being to teach my Countrey-men what they known rather than to tell them again of that which is generally known before.

Place. They are known to grow on dry barren Heaths, and other wall

gravelly or fandy Grounds in all Countreys of this Land.

Time. They also flower in Summer Moneths,

Government and Vertues. Mars owns the Herb. They are hot and dry good to open Obstructions of the Liver and Spleen. AD coction made with the si wers thereof, hath been founded Liver, Spleen, sectual against the Jaundice, as also to provoke Urine, in Yell. Jaundice, cleanse the kidneys from gravel or stones ingendred in the Dysury, Gravel, Mars doth all this by Sympathy.

Store:

GARLICE

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Garlick.

He offensiveness of the breath of him that hath eaten Garlick, will lead you by the Nose to the knowledge hereof, and (instead of a Descripn) direct you to the place whence it groweth in Gardens, which kinds

the best, and most Physical.

Government and Vertue's. Mars owns this Herb. This was anciently counted the Poor mans Treatle, it being a remedy for all Diseases or hurrs neept those which it self breeds) It provoketh Urine and Womens Cour-

, helpeth the biting of Mad dogs, and other Venomous

the catures: killeth Worms in Children, cutterly, and avoi- urine, Terms through flegm, purgeth the Head, helpeth the Lethargy, provokes, mad a good prefervarive against, & a remedy for any Plague- Dogs, venemous re, or fowl Ulcer: taketh away spots and blemishes in the Beasts, worms, in, caseth pains of the ears, ripeneth & breaketh Impost- Lethargy, slegm, mes, or other swellings: And for all those Discases, the Pestilence, Aponions are also effectual. But the Garlick hath some more strums, mineral culiar Vertues besides the former, viz. It hath a special vapours, sinking ality to discuss inconveniencies coming by corrupt A- waters, Henbane tes or Mineral vapours, or by drinking corrupt and stink- Hemlotk, Wolf-bit g Waters; as also by taking of Wolf-bane, Hen-bane, bane, Dropsie, and held good in Hydropick Diseases, the Jaundice, Fal- rulsions, Faling-sickness, Cramps, Convulsions, the Piles or Hemor- ling-sickness; as also by taking of Wolf-base or Hemor- ling-sickness; significant of the province of th

Many Authors quote many Diseases this is good for, but conceal its the ites: Its heat is very vehement, and all vehement hot things send up but favour'd vapors to the Brain: in Cholerick men twill add fuel to the s, in men oppressed by Melancholly, twill attenuate the Humor, and dup strong Fancies, and as many strange Visions to the Head: there-relet it be taken inwardly with great moderation, outwardly you may

when we more bold with it.

Gentian, Felwort, or Baldmony,

T is confessed, that Gentian which is most used amongst us, is brought over from beyond Sea: yet have we two sorts of it growing frequently in thation, which besides the Reasons so frequently alledged, Why Engherbs should be fittest for English Bodies, hath been proved by the perience of divers Physicians to be not a whit inferior in Vertue to that Desich cometh from beyond Sea: therefore be pleased to take the Description of them as followeth.

Descrip. The greater of the two hath many small long Roots thrust down deep the ground, and abiding all the witter. The stalks are sometimes more, sometimer of a biownish green colours, which is sometimes two soot high, if the land be frieful, having many long, narrow, dark green Leaves set ly couples to the top: the stoners are long and believe, of a purple colour, ending in

The smaller sort which is to be sound in our Land, groweth up with sulftalks not a fout high, parted into several small branches, whereon growing small Leaves together, very like those of the lesser Centaury or whitish great lour; on the top of the stalks grow divers perfect blue flowers, standing is busks, but not so big as the other: The Root is very small, and full of thied,

Place. The first groweth in divers places of both the East and We Countreys, and as well in wet as in dry grounds, as neer Long-field Graveserd, near Cobham in Kent, near Lellingstone in Kent, also in a chil pit hard by a Paper-mill not far from Dartford in Kent.

The Second groweth also in divers places in Kent, as about Southfue and Long field upon Barron bills in Bedford-fiber: also not far from St. Also upon a piece of waste chalky ground as you go out of Dunstable-way tone Gorhanbury.

Time. They flower in August.

is one of the Principallest herbs he is Ruler of. They resist Putritadio

Poylon, Pestilence: neither can a more fure Remedy Poyfon, Peftitound to prevent the Peltilence than it is. It strengthensh lence, Stomuch, stomach exceedingly, and helps digestion, it preserves Indigitio . heart, and preferves it against fainting and swooning; The Heart bicfei-Powder of the dry Roots helps the biting of mad Dogs, a veth, Funting, Venomous Beafts, opens Obstructions of the Liver, 1 Swooning, Birestoreth an appetite of their meat to such as have lost it ting of mad The herb steeped in Wine, and the Wine drunk, refreshed fuch as be over-weary with Travel, and are grown lame dozs, venomous their joynts either by cold or evil lodgings: It helps Ritch Beafts, Liver, and griping pains in the Sides: and is an excellent Rema Appetite, wearancis, Foyats, for such as are bruised by Falls: It provokes Urine, and Terms exceedingly, therefore let it not be given to wom Stitches, Sides, Bruifes, Mrine with Child: The same is very profitable for such as in provokes, Cramp troubled with Cramps and Convultions to drink the De coction; Also they say it breaks the Stone, and helps Ru Convul Gons, tures most certainly: It is very excellent in all cold Di ltone, Ruptures, eases, and for such as are troubled with tough Flegm, So tough Flegm. Itch, or any fretting Sores and Ulcers : It is an admirab Scabs, itch, fores, Remedy to kill the Worms by taking half a dram of a Hicers, Worms, Powder in the morning in any convenient Liquor, the Kings- Evil, Ais excellent good to be taken inwardly for the Kings-Ei gues, Y. llow-Faundice, Bots, It helps Agues of all forts, and the yellow Taundice, as !! the Bors in Cattel: when Kine are bitten on the tldda Venom. Beatts. any venomous Beaft, do but ftroak the place with the

coction of any of thele, and it will instantly help them.

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Clove Gilli-flowers.

Tis in vain to describe an Herb fo well known.

Government and Vertues. They are gallant fine temperate Flowers, of : Nature, and under the Dominion of Jupiter : yea, so temperate, that no rets, neither in hear, cold, drinefs, nor moisture can be perceived in them; evare great strengtheners both of the Brain and Heart, and ill therefore ferve either for Cordials or Cephalicks as your Brais, Hearts crassion will serve. There is both a Syrup and a Conserve Consumption, hade of them, & of them alone, commonly to be had at eve- Strengthen's Apothecaries; to take now and then a little of either, Nature-

tengthens Nature much in such as are in Consumptions. hey are also excellent good in hot Pestilent Feavers, and expel Poyson.

Germander.

Common Germander shooteth forth sundry stalks with small and somewhat round Leaves, dented about the edges. The flowers and at the tops, of a deep purple colour. The Root is composed of divers sprigs, thich shoot forth a great way round about, quickly overspreading a ground.

Place. It groweth usually with us in Gardens.

Time. And flowreth in June or July.

Government and Vertues. It is a most prevalent Herb of Mercury, and tengthens the Brain and Apprehension exceedingly: (you may see what umane Vertues are under Mercury in the latter end of my Ephemeris for 652.) strengthen them when weak; relieves them when drooping, by this 652.) strengthen them when weak; relieves them when drooping, by this the brb. This taken with honey (faith Dioscorides) is a Remedy for Coughs, thardness of the Spleen, and difficulty of Urine, and

elpeth those that are fallen into a Dropsie, espeially at the beginning of the disease, a Decoction being made heteof when it is green and drunk. It also bringeth down Nomens courses, and expelleth the dead Child. It is most feetual against the poyson of all Serpents, being drunk Wine, and the bruised herb outwardly applied, used ith honey, it clenseth old and soul Ulcers, and made way their dimness and moistness. It is likewise good of the pains in the fides, and Cramps. The Decoction hereof taken for some dayes together, driveth away and with both Tertian and Quartan Agues, It is also good gainst all Diseases of the Brain, as continual Head-

ch, Falling-sickness, Melancholy, Drowziness and dulness of the Spirits, Convulsions and Palsies. A dram of the Seed taken in Powder, purgeth by ltine, and is good against the yellow Jaundice. The Juyce of the leaves topped into the Ears, killeth the Worms in them. The tops whereof when hey are in flower, steeped twenty four hours in a draught of white Wine and drunk, killeth Worms in the Belly.

STINKING

Cough, Spleen, Dyfury, Dropfirs

Terms provokes,

Head-ach, Melancholy, Dulack of Spirit, Conductifions

Palfie, Yellow-Faundice, Worms

D:ad Child. Poyfor, ulcers, Cramps, Agics. Falling-ficknes, Stinking Galdwin.

Descript. This is one of the kinds of Flower-de-luces, having divers lin rising from the Roots very like a Flower-de-luce, but that are sharp edged on both sides, and thicker in the middle, of a deeper green columnary ower and sharper pointed, and of a strong ill scent if they be bruised between the singers. In the middle riseth up a reasonable strong stalk a yard high at us beareth three or four slowers at the top, made somewhat like the slowers of Flower-de-luce, with three upright Leaves, of a dead purplesh Associated from Veins discoloured in them, the other three do not fall down, nor the other small ones are so arched, nor cover the lower Leaves as the Flower-de-luce, but stand loose, or assuader from them. After they are past, there come three square hard Husks opening wide into three parts when they are ripe, who in the reddish seed, turning black when it hath abidden long. The Root is that of the Flower-de-luce, but reddish on the outside, and whitish within, a sharp and hot in tast, of as evil scent as the Leaves.

Place. This groweth as well in Up-land grounds, as also in moist place in Woods, and shadowy places by the Sea-side in many places of this Lan

and is usually nursed up in Gardens.

Time. It flowreth inot untill July, and the Seed is ripe in August or su sember: yet the Husks after they are ripe, opening themselves, will have their seeds within them for two or three moneths, and not shed them.

Generament and vertues. It is supposed to be under the Dominion

Saturn. It is used by many Country-people to purge com Flegm and Choler, which they do by drinking the Decodin Fl gm, of the Roots, and some to make it more gently do but it Choler, fuse the fliced Roots in Ale, and some take the Leaves white Head, ferve well for the weaker Stomachs. The Jayce hereof put up Cramp, Convelsion, fnuffed up the Nofe, caufeth Sneczing, and draweth from Head much corruption: and the Powder thereof doth the fam Gost, Sciitica, The Powder thereof drunk in Wine, helpeth those that are me bled with Cramps, and Convulsions, or with the Gout or Scia Billy-ach, Ca, and giverh ease to those that have any griping pains in the Strangury, Body or Belly, and helpeth those that have the Strangury. I Finnes, given with much profit to those that have had long Flures Terms provokes, the sharp and evil quality of humors, which it Rayeth, have first cleansed and purged them by the drying & binding propo Dy ury. ty therein. The Root boyled in Wine and drunk, doth effectul Spieen. ly procure Womens Courses, and used as a Pessary, workething Wounds, fame effect, but canfeth Abortion in Women with Child. I Splinters, a dram of the Seed beaten to Powder, and taken in Wines of There, speedily cause one to pis which otherwise cannot. The same Brokenken with Vinegar, diffelveth the hardness and swellings of Bones. Kings-evil, Solcen. The Roct is very effectual in all wounds, and especial Itch, Scabs, of the head : as a fo to draw forth any Splinters, Thorns, bo kan bones, or any other thing flicking in the flash, without a

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ling pains, being used with a little Verdigreece and Honey, and Blemifhes hegreat Centaury Root. The same boyled in Vinegar; and laid in the upon any tumor or fwelling, doth very effectually diffolve and Skin. confume them, yea even the swellings of the Throat called the Kings-Evil, The Juyce of the Leaves and Roots healeth the Itch, and all running or Spreading Scabs and Sores, or Blemishes, or Scars in the skin wherefoever they be.

Golden-Rod.

Descript. His rifeth up with brownish small round stalks, two foot high and sometimes more, having thereon many narrow and long dark green Leaves, very seldome with any dents about the edges, or any stalks or wite foots therein, yet they are sometimes so found, divided at the tops into mam small branches, with divers small yellow flowers on every one of them, all which are turned one way, and being ripe, do turn into down, and are carried may with the wind. The Root consists of many small fibres which grows not deep is the ground, but abideth all the winter therein, shooting forth new branches an every year, the old one dying down to the ground.

Place, It groweth in the open places of Woods, and Copies both moist and

My Grounds in many places of this Land.

Time. It groweth about the moneth of July.

Government and Vertues. Venus claims the Herb, and therefore to be fure it restores Beauty lost. Arnoldus de villa nova commends it much igainst the stone in the Reins and Kidnies, and to provoke whereby also the Gravel or Stone may Beauty lost,

the strine in abundance, whereby also the Gravel or Stone may the state of the decoction of the herb green or dry, or the state of the decoction of the herb green or dry, or the state of the decoction of the herb green or dry, or the stone, Gravel, Dysury, wounds is also to be outwardly applied, it stayeth bleeding in any part of the body, and of wounds also, the stuces of humors, he bloody-stux, and Women's Courses: and is no less presulent in all Ruptures or Burstings, being drunk inwardly alcers, Sore and outwardly applied. It is a Soveraign Wound Herb, the sterior to none, both for inward and outward hurts, green the wounds, and old Sores, and Ulcers, are quickly cured loose.

The because of the body, or the stone, Gravel, Dysury, wounds Flux, Bloody-strong along the beauty top, Stone, Gravel, Dysury, wounds Flux, Bloody-strong the body, and of wounds also herewish. It is a Soveraign Wound Herb, the stone, Gravel, Dysury, wounds Flux, Bloody-strong along the beauty top, Stone, Gravel, Dysury, wounds Flux, Bloody-strong the body, and of wounds also here also be outwardly applied. It is a Soveraign Wound Herb, Month and Throat, Teeth loose.

Wounds, and old Sores, and Ulcers, are quickly cured loose.

The beauty top, Stone, Gravel, Dysury, wounds Flux, Bloody-strong the body sallo of the stone, Gravel, Dysury, wounds Flux, Bloody-strong the body sallo of the beauty top, Stone, Gravel, Dysury, Wounds Flux, Bloody-strong the body sallo of the bod

ecoction also helperh to fasten the teeth that are loose in the Gums.

Gout-wort, or Heib-Gerrard.

Meleripe. TT is a low Herb seldom rising half a yard high, having sundry Leaves standing on brown! h green stalks by threes, Inipped about. ni of a strong unpleasant savour. The umbles of Flowers are white, and the ed blackish; the Root runneth in the ground, quickly taking up a great deal of

Place. It groweth by Hedg and Wall-fides; and often in the Borders of

erners of Fields, and in Gardens allo.

T mes

Time. It flowreth and seedeth about the er d'of July.

Government and Vertues. Saturn rules it: neither is it to be suppose

Geulwort hath its name for nothing, but upon Experience to ha

Gout. the cold Gout, and Sciatica; as also Joynt-aches, and other col

Sciatica. Griefs. The very bearing of it about one, easeth the pains of it

Joynts, Gout, and defends him that bears it from the disease.

Gromel.

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of this I shall briefly describe three kinds, which are principally use in Physick, the Vertues whereof are alike, though somewhat different in their manner and form of growing.

Description. The greater Gromel groweth up with slender, hard and him stalks trailing and taking Root in the ground as it lieth thereon, and pand into many other smaller branches with hairy dark green Leaves thereon. At the Joynts with the Leaves come forth very small blew Flowers, and also them hard stony roundish seed. The Root is long and woody, abiding the Winter, and shooting forth fresh stalks in the Spring.

The Jmall wild Gromel sending forth divers upright hard branched stake two or three soot high, full of Joynts, at every of which groweth small long hard and rough Leaves like the former, but lesser: among which Leaves come forth small white flowers, and after them grayish round seed like the former: the Root is not very big, but with many strings thereat.

The Garden Gremel hath divers upright, flender, woody, hairy stalks brown and cressed, very little branched, with Leaves like the former, and white Flowers, after which in rough brown husks is contained a white hard round seed, shining like Pearls, and greater than either of the former: The Row is like the first described with divers branches and strings thereat, which continued (as the first doth) all Winter.

Place. The two first grow wild in barren or untilled places, and by the Way-sides in many places of this Land. The last is a Nursling in the Gardens of the Curious.

Time. They all flower from Midsummer unto September sometimes, in the mean time the seed ripeneth.

Government and Vertues. The Herb belongs to Dame Venus, and there fore if Mars cause the Cholick or stone, as usually he doth; if in Virgo, this

is your cure. These are accounted to be of as singular forces

Stone, any other Herb or seed whatsoever to break the stone, and it and the Gravel either in the Reins or Bladder, as all strangury, to provoke Urine being stopped, and to help the Strangury. Travelin Seed is of greatest use, being bruised and boyled in white Win or in Broth, or the like, or the Powder of the Seed taken there

instwo drams of the Seed in Powder taken with Womens Bresh Milk, is very effectual to procure a speedy delivery to such women as his sore pains in their travel, and cannot be delivered. The Herb it self (whe the seed is not to be had) either boyled, or the Juyce thereof drunk is effectual to all the purposes aforessid, but not so powerfull or speedy in open soon.

Goosberry Bush.

CAlled also Feap-berry, and in Suffex Dew-berry Buth, and in some

Counties, Wine-berry.

Government and Vertues. They are under the Dominion eVenus. The Berries whiles they are unripe, being scalded abaked, are good to fir up a fainting or decaying Appetite especially such whose stomachs are afflicted by Cholerick humore, they are excellent good to stay the Longings of Women with Child. They may easily keep them preserved with Sugar all the year long. The Decoction of the Leaves of the Itee, cools hot swellings and Inflammations; as also St Anthonies fire. The ripe Goosberries being eaten, are an exat cillent Remedy to allay the violent hear both of the Stomach and Liver. The young and tender Leaves break the Stone and expel Gravel both from the Kidnies and Bladder. All

Appetite, Sto. m ch, womens Longing, Swelling, Inflammation. St. Anthonics fire, Stomach, Livers 10 se. Gravei, Worms.

alk the evils they do to the Body of Man is, they are supposed to breed Crudi-ties, and by Crudities, Worms.

Winter-Green.

pescript. His sendeth forth seven, eight, or nine Leaves from a small brownish creeping Root, every one standing upon a long footstalk, which are almost as broad as long, round pointed, of a sad green solour, and hard in handling, and like the Leaf of a Pear-tree; from whence mileth a flender weak stalk, yet standing upright bearing at the top many mall whir and sweet smelling slowers, laid open like a Star, consisting of we round jointed Leaves with many yellowish thrids standing in the middle we round jointed Leaves with many yellowish thrids standing in the middle the Seed-Vessel, which being ripe, is found five square with a small point tit, wherein is contained seed as small as dust.

Place. It groweth seldom in Fields, but frequent in the Woods North-

and saids, viz. in Yorkshire, Lancashire, and Scotland.

Time. It flowreth about June or July.

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Government and Vertues. Winter-green is under the Dominion of Sathe season of the Bound of the ng bruised and applied; or the Juyce of them. A Salve made of The he green Herbs stamped, or the Juyce boyled with Hogs-lard, with Saller Oyl and Wax, and some Turpentine added unto his a foveraign Salve, & highly extolled by the Germans, who and such use it to heal all manner of Wounds and Sores. The Herb have hy inward Ulcers in their Kidnies, or Neck of the Bladder oth wonderfully help them. It stayeth all Fluxes, whether Blood or humors, as the Lask, Bloody-fluxes, Womens

wounds. ulcers. Kidnies, Bladder: Flux. Bloody-Finx. Terms stops. Inflamma-\$10735.

ourses and bleeding of Wounds and taketh away any Inflammation The English Physician Enlarged.

mation rifing upon pains of the Heart. It is no less helpful for Cankers, foul, Ulcers hard to be cured : as also for Cankers or Fiftulae Fistulaes, The diftilled Water of the Herb doth effectually perform the

same thing.

Groundsel.

Ur common Groundsel hath a round, green, and somewhat brownish stalk, spread toward the top into branches, set with long and somewhat narrow green Leaves cut in on the edges, somewhat like the Oak leaves; but leffer, and round at the end: at the tops of the branche stand many small green heads, out of which grow small yellow thrids a thrums which are the flowers, and continue many dayes blown in that manner before it pals away into down, and with the feed is carried away in the wind The Root is small and thriddy, and soon peritherh, and as soon riseth again of its own lowing, to that it may be feen many moneths in the year, both green, and in flower and feed, for it will spring and feed twice in a year it least, if it be suffered in a Garden.

Place. This groweth almost every where, as well on tops of Walls, is ar the foot among Rubbish, and untilled Grounds, but especially in Gar-

Choler

14 the

Stomach,

Yellow-

Taundice,

Faling-

Sicknes,

Time. It flowreth as is faid before, almost in every moneth through the year.

Government and Vertues. This Herb is Venus her Mistris piece, and is as gallant an universal Medicine for all Diseases coming of has

whatfoever they be, or in what part of the body foever they lie as the Sun fhines upon; 'tis very tafe and friendly to the body of man : yet caufeth Vomiting if the Stomach be affliced, if not purging, and it doth it with more gentlenels than can be as pected. 'Tis moist and something cold withal, thereby causing expulsion, and repressing the heat caused by the motion of the internal parts in Purges and Vomits. Lay by our learned Receipts Take fo much Senna, fo much Scammony, fo much Colocynthis, fo much Infusion of Crocus Metallorum, &c. This Hab alone preserved into a Syrup, in a distilled Water, in an Oyne ment, shall do the deed for you in all hot diseases, and it fin

The Decoction of the Herb (faith D'ofcorides) made with Wine and drunk, helpeth the pains of the Stomach proceeding of Choler (which it may well do by a Vomit,) as daily Exper-The Juyce thereof taken in drink or the Deco ence theweth. ction of it in Ale, gently performeth the same. It is goods gainst the Jaundice and Falling-sickness, being taken in Wine; as also against difficulty of making Water. It provokes urine, expelleth Gravel in the Reins or Kidnies; a dram thereof g" ven in Oxymel, after some walking or ftirring of the body. I

do it, 1. Safely, 2. Speedily.

helpeth also the Sciatica, griping of the Belly, and the Cholich helpets

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Dyfury, Gravels Sciatica, Cholick, Liver, Tirms provokes Womens. Breafts, Privypart, Arteries, Toynes & Sinems, Ouer-

elpeth the defects of the Liver, and provoketh Womens Heated, Kynels' courses. The fresh herb boyled and made into a Pulcis and wounds in the polied to the Breafts of Women that are swollen with Sinews. in and hear, as also to the privy parts of Man or Woman, Inflammations he Seat or Fundament, or the Arteries, Joynts and Sinews in the Eyes. hen they are inflamed and fwoln, doth much eafe them: ad used with some Sale helpeth to dissolve Knots or Kernels in any part of he Body. The juyce of the Herb, or (as Diafcorides faith) the Leaves and like lowers, with some sine Frankincense in Powder, used in Wounds of the Bohis Nerves or Sinews, doth singularly help to heal them. The distilled Waer of the Herb performeth well all the aforesaid Cures, but especially for this marrions or watering of the Eyes by reason of the Destuxion of Rheum ind. Into chem.

Hearts-eafe.

His is that herb which such Physicians as are licensed to blaspheme by Authority without danger, having their Tongues bored through with as hot Iron, call an herb of the Trinity : It is also called by those that are note moderate, Three Faces in a Hood, Live in Idleness, Cul-me-to-you; and in Suffex we call them Pansies.

Place. Besides those which are brought up in Gardens, they grow commonly about, wild in the Fields, especially in such as are very barren; some-

dis times you may find it on the tops of high Hills.

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Time. They flower all the Spring and Summer long.

Government and Vertues. The Herb is really Saturnine, something cold, ody siecus and slimy: A strong Decoction of the herbs and flowit is (if you will, you may make it into a Syrup, or distilled in French Por, an Alembick with what Vehicle you please) is an excellent fure for the French Pox, the herb being a gallant Antivenein tan; and that Antivenereans are the best Cure for that pis Dileale, far better and lafer than to torment them with the yn. Flux, divers forreign Physicians have confessed: The spirit of this excellent good for the Convulsions in Children, as also or the Falling-sickness, and a gallant Remedy for Inflammations of the Lungs and Breast, Pleurisic, Scabs, Itch, &c. It is under the Colestial Sign Career. under the Celestial Sign Cancer.

Convultions, Falling-ficknels, Inflammations in the Breast and Lungs, Pleurifie, Scabs, Itch.

Hartichokes.

THe Latines call them Cineria, only our Colledg calls them Artichocus. Government and Vertues. They are under the Dominion of Venus nd therefore it is no marvel if they provoke Lust much, as inted they do, being something windy meat, and yet they stay the Lust proinvoluntary course of Natural seed in Man, which is commonly voketh, falled Nocturnal Pollutions. And here I care not greatly if I Nocturnal quore a little of Galeas nonsense in his Treatise of the Faculties Pollutions, Northment, he faith they contain plenty of Cholerick Purgeth by Tryce Withe.

Juyce (which notwithstanding I can scarcely believe) of which he sichi ingendred Melancholy Juice, and of that Melancholy Juyce thin Choleric Blood : but to proceed ; this is certain, That the Decoction of the Roo boyled in Wine, or the Root bruised and distilled in Wine in an Alembic and being drunk purgeth by Urine exceedingly.

Harts-Tongue.

Descript. This hath divers Leaves rising from the Root, every one severally filly subject fold themselves in their first springing and spreading said when they are full grown are about a foot long, smooth and green above, but had and with little fap in them, and fraked on the back athwart on both fides of the middle Rib with small and somewhat long and browning marks; the bottoms of the Leaves are a little bowed on each side of the midale Rib, som what naven election with the length, and somewhat small at the end. The Root is of many black threds, folded or interlaced together.

Time. It is green all the Winter, but new Leaves fpring every year.

Government and Vertues. Jupiter claims Dominion over this herb, therefore it is a singular Remedy for the Liver, both to strengthen it when weak ale ye and ease it when afflicted, it is no matter by what: you shall do well to kee keep it in a Syrup all the year, for though Authors say its green time

all the year, I scarce believe it. Hirts-Tongue is much commended against the hardness and stoppings of the Spleen and Lieuway, and against the heat of the Liver and stomach, and against the Lasks and the Bloody Flux: The distilled water thereof is also Place. Spleen, Liver. Flux, Bloody very good against the Passions of the Heart, and to stay the Hir-dry Flux, Hiccorgh, cough, to help the falling of the Palate, and flay the bleeding of Tim the Gums being gargled in the mouth. Dioscorides faith it is god Gov Gums, Venomous against the stinging or biting of Serpents. As for the use of it, my lath. Directions at latter end will be sufficient, and enough for those g, a Beafts. that are studious in Physick, to whet their Brains upon for one Dawin

year or two.

Hazel-Nut.

HAZI-Nuts are so well known to every Boy, that they need no Description.

Government and Vertues. They are under the Dominion of Mercuty. The parched Kernels made into an Electuary, or the Milk drawn from the

Kernels with Mead or Honeyed Water, is very good to help Cough, an old Cough; and being parched, and a little Pepper put to Potyfich, them and drunk, digefteth the distillations of Rheum from d wit Flux, the head: The dried Husks and Shells to the weight of two Terms flops. drams taken in red Wine, flayeth Lasks and Womens courles, and so doth the red skin that covers the Kernels which is most

effectual to flay Womens Courfes. And if this be true, as it is, then why should the Vulgar so familiarly af-

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him, That eating Nuts causeth shortness of breath, than which nothing is r; for how can that which strengthens the Lungs, cause shortness of rath: I confess the Opinion is far elder than I am, I knew Tradition was it Friend to Errors before, but never that he was the Father of Slanders : or emens tongues so given to flandering one another, that they must flander ats too, to keep their Tongues in use > If any thing of the Hazel Nut be apping, tis the Husks and Shels, and no body is so mad to eat them uns Physically, and the red skin which covers the Kernel, which you may fally full off. And thus I have made an Apoligy for Nuts, which cannot ng : tak for themfelves.

Hawkweed.

row eccept. Thath many large leaves lying on the ground, much rent or torn on 1 the sides into many gashes like Dandelyon, but with greater parts be like the smooth Sow-Thistle, from among which ariseth a hollow rough stalk to or three foot high, branched from the middle upward, wherein are fet at eveen- joint lo ger Leaves, little or nothing rent or cut, bearing at their top fundry tak, de yellow Flowers, confissing of many small narrow Leaves, broad pointed, and lito exed in at the ends, set in a double row or more, the outermost being larger than tioner, which from most of the Hawk-weeds (for there are many kinds of omem) do hold, which turn into Down, and with the small brownish seeds, is
Liown away with the wind: The Root is long and somewhat greater, with many
tink till fibres thereat. The whole plant is full of bitter Milk.

also Pice. It groweth in divers places about Field sides, and the Path-ways
died by grounds.

Time. It flowreth and flies away in Summer Months.

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good Government and Vertues. Saturn owns it. Hawkweed my sinh Diofcorides) is cooling, fomewhat drying and bind- cools, Dries, Binds, hole g, and therefore good for the heat of the stomach, and Gnawing in the one lawings therein, for Inflammations, and the hot fits of Stomach, Inflamques. The juice thereof in Wine helpeth digestion, dis- mations, Agues, fleth wind, hindreth crudities abiding in the Romach, Crudities, Dyfury, dhelpeth the difficulty of making Water, the biting of Venomous Beafts, nomous Serpents, and stinging of the Scorpion, if the Poylon, Dropsic, the also outwardly applied to the place, and is very Flegm, Cholick, od against all other poysons. A scruple of the dried Spleen, Watching, the yee given in Wine and Vinegar, is profitable for those Lust stops, Venethelp at have the Dropsie. The Decoction of the herb taken rious Dreams, it to the honey, digesteth thin Flegm in the Chest or Lungs, Reins, Bladder, with Hysop helpeth the Cough. The decoction there-(MO and of wild Succory made with Wine and taken, helpeth the Windes, polick and hardness of the Spleen, it procureth rest and sleep, hindreth nery and Venerious Dreams, cooleth hears, purgeth the stomach, enore Pieth blood, and helpeth the Discases of the Reins and Bladder. Out-26idly applied, it is singular good for all the defects and Diseases of the

Eyes, ulcers, Burnings, Inflammations, St. Anthonies fire, Heat, Salt, Flegm, Convistfine , Cramp, Frechles, Spots, Morph. w. urrinkles.

Eyes, used with some Womens Milk, and used with good fuccels in fretting or creeping tilcers, elperin ally in the beginning. The green Herb bruiled, and with a little Salt ap plyed to any place burnt with fire before blifters do arife, helpeth them, asil Inflammation, St. Anthonies fire, and all Pulhes Eruptions, Hear and falt Flegm. The same applie with Meal and fair Water in manner of a Pultist

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any place affected with Convulsion and the Cramp, or such as are out of Jorna doth give help and eafe. The distilled Water cleanfeth the Skin, and taken the away Freckles, Spots, the Morphew or Wrinkles in the Face.

The Hawthorn.

IT is not my intent to trouble you with a Description of this Tree, while is so well known that it neleth none.

It is ordinarily but a Hedg-bush, although being pruned and dreffel, i

groweth to a Tree of reasonable height.

As for the Hawthorn Tree at Glaffenbury, which is faid to flower years on Christmas Day, it rather shews the Superstition of those who oblem it for the time of its flowring, than any great wonder, fith the like mayb found in divers other places of this Land; as in whey-freet in Runny-Mark and near unto Namptwich in Cheshire, by a place called white Green, who about Christmas and My; if the Weather be frosty, it flowreth not und Tanuary, or that the hard weather be over.

Government and Vertues. It is a Tree of Mars. The Berries or the See in the Berries beaten to powder, being drunk in Wine, are held they Stone. fingular good against the Stone, and are good for the Dropfit The distilled Water of the Flowers stayeth the Lask. The Secu D'0162, cleared from the Down, bruised and boiled in Wine, and drunk Flux, is good for inward tormenting pains: If cloaths and spunget adra Inward wet in the faid distilled water, and applied to any place wherein pains, Thorns, Splinters or the like, do abide in the Fleth, it will not Splin'ers Thorns. bly draw them forth.

And thus you see the Thorn gives a medicine for his on

pricking, and so doth almost every thing else.

Hemlock.

TH: common great Henilock groweth up with a green stalk, fi or five foot high or more, full of red spots sometimes, and at the Joynts very large winged Leaves, fet at them, which are divided into many old winged Leaves one fet against another, dented about the edges, of a sad gra colour, bran hed towards the top, where it is full of umbels of white flowers, a afterwards wi to whitish flat feed : The Root is long, white and somether grooked, and bollow within. The whole Plant, and every part bath after heady and ill-favour'd scent, much offending the Senses. Pins

place. It groweth in all Countries of this Land by Walls and Hedges wid es, in Wast grounds, and untilled places.

es, in Wast grounds, and untilled places. In Time. It flowreth and seedeth in July, or thereabouts.

Government and Vertues. Satura claims Dominion over the Herb; yet I with and under why it may not be applied to the Privities in a Priapismus, or conplic ppole my Authors Judgement was first upon the oppositive Disposition of the twent to Venus in those Faculties, and therefore he forbad the applying of to those parts that it might not cause Barrenness, or spoil the Spirit Prosecutive, which is it do, yet applied to the Privities it stops study, thoughts. Hemlock is exceeding cold, and very dange- Lechery.

us, especial y to be taken inwardly. It may safely be applied

Inflammations, Tumors and swellings in any part of the Bedy Inflammatiwe the privy parts) as also to St. Anthonies fire, Wheals, Pu- ons, St. s, and creeping Ulcers that rife of hot sharp Humors by coo- Anthonics g and repelling the hear. The Leaves bruifed and laid to the Fire, owor Forehead, is good for their eyes that are red & swollen Tetters,

the side of the hand for twenty four hours, doth remove it in Pin and her side drefting. If the Root thereof be roafted under the Embers web, and applied to the Embers web, and applied to the Contrary Eyes, and the side drefting. If the Root thereof be roafted under the Embers web, and applied to the Cour in the Hands or Fingers, it will quickly the standard to the Cour in the Hands or Fingers, it will quickly

enapplied to the Gout in the Hands or Fingers, it will quickly led lethis evil. If any shall through mistake eat the Herb Hemlock instead of held of the state of the Root in stead of a Parsnip (both which it is very like) where hapneth a kind of Frenzy, or perturbation of the Senses, as if they were ted bid or drunk, the Remedy is, as Pliny saith, To drink of the best and orgest pure Wine, before it strike to the Heart, or Gentian put in Wine, and advangant of good Vinegar, wherewith Tragus doth affirm, that he cured a man that had caten the Root.

Hemp.

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His is so well known to every good Houswife in the Country, that I OWE . shall not need to write any Description of it. Time. It is fown in the end of March, or beginning of April, and is ripe in

gut or September. Government and Vertues. It is a Plant of Saturn, and good for some ing else you see, than to make Haiters and impronsumeth Wind, and by the much use thereof dispersent wind, and simp consumeth Wind, and by the much use thereof dispersent, cough, so theing boyled in Milk and taken, helpeth such as have a hot Jaurdies, Cough. The Dutch make an Emulsion out of the Seed, Gall, in the segment of the seed, the second size of the seed, if there be no Ague Flux, second in the beginning of the discase, if there be no Ague Flux, companying it, for it openeth Obstructions of the Gall, and chesterick, causeth

companying it, for it openeth Obstructions of the Gall, and Chefferick.

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Bleeding,
Worms,
Earwizs,
Inflammation,
Gout,
Sinews
forunk.

causeth digestion of Choller. The Emulsion or Decosion the Seed stayeth Lasks and continual fluxes, easeth the Chold and allayeth the troublesome Humors in the Bowels, and staye biceding at the mouth, note or other place, some of the Lear being fried with the blood of them that bleed, and so given the to eat. It is held very good to kill the Worms in man or Bel & the Juyce dropped into the Ears, killeth Worms in them, draweth forth Earwigs, or other living Creatures gotten in them. The Decostion of the Root allayeth Instammation

the Head or any other parts, the Herb it self, or the distilled Water then doth the like: The Decocion of the Roots easeth the pains of the Gout, hard tumors or knots in the joynts, the pains and shrinkings of the Sinter and the pains of the Hips: The fresh juyce mixed with a little Oyl and Buter, is good for any place that hath been burnt with fire, being thereto a plied.

Henbane.

Ur common Henbane hath very large, thick, left, wooly Lan Descript. lying upon the ground, much cut in or torn on the edges, of dark ill grayith green colour, among which arife up divers thick and for falks two or three foot high, spread into divers smaller branches with less Leaves on them, & many hollow Flowers scarce appearing above the Husking usually torn on the one side, ending in five round points growing one about nother, of a deadish yellow colour, somewhat paler towards the edges, with mu purplish veins therein, & of a dark yellowish purple in the bottom of the fin er with a small pointel of the same colour in the middle, each of them stan ing in a hard close husk, which after the Flower is past, groweth very the Husk of Afarabacca, & somewhat sharp at the top points, wherein is con tained much small feed very like Poppy feed, but of a duskie grayish cold The Root is great white, and thick, branching forth divers ways under ground so like a Parinip Root (but that it is not so white) that it hath deceived it yers. The whole Plant more than the Root hath a heavy ill soportion smell somewhat offensive.

Place. It commonly groweth by the way fides, and under Hedge is

Time. It flowereth in July, and springeth again yearly of its own Seed. I doubt my Authors mistook July for June, if not for May.

Government and Vertues. I wonder in my heart, how Astrologers col take on them to make this an Herb of Jupiter, and yet Mizaldus, a mand penetrating brain, was also of that Opinion as well as the rest the Ha is indeed under the Dominion of Saturn, and I prove it by this Argument.

All the herbs which delight most to grow in Saturnine places, arest

But Henbane delights most to grow in Saturnine places, and whole Con Loads of it may be found near the places where they empty the comme

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es, and scarce a Ditch to be found without it growing by it. Ergo 'tis an Herb of Saturn.

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The Leaves of henbane do cool all hot Inflammations in the es, or any other part of the Body; and are good to allwage minner of swellings of the Cods or Womens Breasts, or elfeere if they be boyled in Wine, and either applied themselves the Fomentation warm, it also affwageth the pain of the un, the Sciatica, and all other pains in the joynts which arise man hor Caute. And applied with Vinegar to the Forehead Temples, helpeth the head-ach and want of fleep in hot avers. The juyce of the herb or feed, or the Oil drawn from Seed doth the like. The Oil of the Seed is helpfull for the safines, Noise, and Worms in the Ears, being dropped there-the juyce of the Herb or Root doth the same. The Decocti-to the Herb or Seed or both killeth Lice in man and beast, he fume of the dried Herb, Stalks, and Seed burned quickly aleth Swellings, Chilblains, or Kibes in the Hands or Feet

holding them in the fume thereof. The Remedy to help those that have ten Henbane, is to drink Goats Milk, honeyed Water, or Pine Kernels, the fweet Wine; or in the absence of these, Fennel seed, Nettle seed, the d of Cresses, Mustard, or Rhadish, as also Onions of Garlick taken in ine, do all help to free them from danger, and restore them to their due . mper again.

SKS Take notice that this Herb must never be taken inwardly; outwardly, an il, Oyntment, or Plaister of it, is most admirable for the out, to cool the Veneral heat of the Reins in the French Pox,

han ba, to stop the Tooth-ach being applied to the aking side, to lay all Inflammations, and to help the Diseases before pre-

Inflammations, Cods, Womens Breakts. Gout. Sciatica. Toyits, Hatching, Deafness, No fe in the Ears, Chilblains . K bes

Tooth-ach.

Hedge-Hylop.

Ivers forts there are of this Plant, the first of which is an Italian by birth, and only nursed up here in the Gardens Italian by birth, and only nurfed up here in the Gardens the Curious. Two or three forts, are to be found commonly growing ild here; the description of two of which I shall give you: The first is a booth low Plant, not a foot high, very bitter in tast, with many square tales diverfly branched from the bottom to the top, with divers Joynts, and ofmall Leaves at each joynt, broader at the bottom than they are at the od a little dented about the edges, of a fad green colour, and full of Veins. he flowers stand at the joynts, being of a fair purple colour, with some hite spots in them, in fashion like those of dead Nettles : The seed is small nd yellow, and the Roots spread much under ground.

The second seldome groweth half a foot high, sending up many small ranches wherein grow many small Leaves set one against the other somehat broad, but very short: the flowers are like the flowers of the other in thien, but of a pale reddish colour : the Seeds are small and yellowith : the

Root

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Root spreadeth like the other, neither will it yield to its fellow one te bitternels.

Place. They grow in wet low grounds, and by the water fides ; the may be found among the bogs on Hamftead Heath.

Time. They flower in fune and July, and the Seed is ripe prefer

after.

Flegm,

Dropfer,

Worms,

ulcers,

Gout.

Government and Vertues, They are Herbsof Mars, and Chollerick and churlish as he is, being most violent purgersel Choller, cially of Choller and Flegm: It is not lafe taking them inward unless they be well rectified by the Art of the Alchymist, and a the purity of them given; if fo used, they may be very health both for the Dropfie, Gout, and Sciatica: outwardly uled in On Sciation, ments, they kill worms, the Belly being ano need with it; and i excellent grod to cleanse old and filthy tilcers.

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Black Hellebore.

TT is carled also Setter-wort, Setter grass, Bears-foot, Christmas Ha

and Christmas Flower.

It hath fundry fair green Leaves rifing from the Rootes Defeript. of them standing about a handfull high from the Earth, each Leaf is divide into feven, eight or nine parts, dented from the middle of the Leaf to the nin point on both fides abiding green all the Winter; about Christmas time, the weather be any thing temperate, the flowers appear upon Footfalling To confisting of five large, round, white Leaves a piece, which sometimes purple cowards the edges, with many pale yellow thrums in the middle a Seeds are divided into feveral Cells like those of Columbines, save only the are greater, the Seeds are in the colour black, and in form long and room The Root confifteth of a number of numberless blackish ftrings, all units into one Head,

There is another black Hellebore which groweth up and down in woods very like this, but that only the Leaves are imaller and narrower,

perish in the winter when this doth not.

Place. The first is maintained in Gardens: The second is common found in the Woods in Northampton hire.

Time. The first flowreth in December or January; the second in Fibruary

Government and Vertues. It is an Herb of Saturn and therefore marvel if it have some fullen conditions with it, and would far fafer being purified by the Art of the Alchymist, thanging Melanraw. If any have taken any harm by taking it, the comme choly, cure is to take Goats Milk, if you cannot get Goa's Milk, 14 Duntan must make a shift with such as you can get, The Rots are ver Aques effectual against all Melincholly Diseases, especially suit Mines, are of long flanding, as Quar an Agues, and Madnels; it help Fillingthe Falling fickness, and the Leprofie; both the yellown licknef. Leprofi .

The English Physitian Enlarged.

att he black Jaundies, the Gout, Sciatica, Convulfion, and truly Yellow his was found out by experience, That the Roots of that which and black the roweth wild in our own Country, works not so churlishly as Jaundies, note do which are brought from beyond Sea, as being maintai- Gout, ed by a more temperate Air. The Root used as a Pessary pro- Sciatica etes the Terms exceedingly; also being beaten into Powder Terms piond strewed upon foul Ulcers, it consumes the dead flesh, and vokes, and s elp Mantly heals them; Nay, it will help Gangreens in the begin- wicers, ing stwenty grains taken inwardly is a sufficient Dose for one Dead flest one, and let that be corrected with half so much Cinamon; Longo and the country people used to rowel their Cattel with it; if a Beast be Poyson in toubled with the Cough, or have taken any poyson, they bore Cattel.

India hole through his Ear, and put a piece of the Root in it; this will help him in twenty four hours time. Many other uses Farriers put it

Herbs Robert.

He feipt. TT rifeth up with a reddish stalk two foot high, having divers Leaves thereon upon very long and reddish Foot-stalks, divided the ends into three or five divisions, each of them cut in on the edges, which of me deeper than others, and all dented likewise about the edges, which of mimes turn reddish: At the tops of the stalks come forth givers Flowers and of five Leaves, much larger than the Doves Fcot, and of a more redlikal shoolour, after which come beak heads as in others: The Root is small the defended, and smelleth as the whole Plant very strong, almost sinking. Place. This groweth frequently every where by Way-fides, upon Ditch y the links, and wast grounds wherefoever one goeth. ound

Time. It flowreth in June and July chiefly, and the Seed is ripe shortly

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Government and Vertues. It is under the Dominion of inus. Herb Robert is commended not only against the one, but to stay blood, where, or howsoever flowing; it tealy healeth all green Wounds, and is effectual in old leers in the privy parts, or elsewhere. You may perswade our felf this is true, and also conceive a good reason for it, one you do but confider 'tis an Herb of Venus, for all & hath a mans name.

Stone, Bleeding. Terms Stops. Wounds, ulcers in the Privities.

Herb Truelove, or Onesberry. ORdinary Herb Truelove bath asmall creeping Root running uld be escription. mm wh-grass Root, but not so r lite, shooting forth stalks with Leaves, some under the upper crust of the ground, somewhat like a beriof carry no Berries, though others do, every falk smooth without joints, you bereof carry no Berries, though others as, every pack provides, otherwise would blackish green, rising about half a foot high if it bear Berries, otherwise will be a blackish green, rising about half a foot high if it bear Berries, otherwise don so high, bearing at the top four Leaves set directly one against another manner of a Cross or Ribband tied (as it is called) on a Time Loves of, which are each of them apart somerchat like unto a Nightshade Leaf,

but fomewhat broader, having fometimes three Leaves, fometimes five, fometime fix, and those sometimes greater than in others. In the middle of the four has rifeth up one small flender stalk about an inch high, bearing at the top thereof w flower spread open, like a flar, confifting of four small and long narrow point Leaves of a yellowish green colour, and four other lying between them leffer in they; in the middle whereof stands a round dark purplish button or head, wi paffed about with eight fmall yellow meaty thrids with three colours, makeit more conspicuous, and lovely to behold: This button or head, in the miadle, me the other Leaves are withered, becometh a blackish purple Berry sull of june, the bignes of a reasonable Grape, ha zing within it many white seeds. The wh Plant is without any manifest taste.

Place. It groweth in Woods and Coples, and sometimes in the corners borders of Fields, and wast grounds in very man y places of this Land; and abundantly in the Woods, Copies, and other places about Chissehurstan lied

Maidstone in Kent.

Time. They fpring up in the middle of April or May, and are in Flor foon after: The Berries are ripe in the end of May, and in some place Tune.

Venus owns it. The Leaves or Berries had Government and Vertues.

Povfon, Pestilence. Peavers, Witchcraft, Cholick, Wounds, ulcers, Swelling, in the Grove, Cods and Privities, Inflammations, Apelhumes:

are effectual to expel poison of all forts, especially the of the Aconites; as also the Plague, and other Pet lential Diseases. Some have been holpen thereby, in ath Mathiolus, that have lyen long in a lingring sickness, others that by Witchcrast (as it was thought) were been come half soolish, by taking a dram of the seeds or be the ries hereof in powder every day for twenty days to ther, they were restored to their former health. I roots in Powder taken in Wine eafeth the pains of

Cholick speedily: The Leaves are very effectual well for green Wounds, as to cleanse and heal up old filthy Sores and ulem and is very powerfull to discuss all Tumors and Swellings in the Co privy-Parts, or Groyn, or in any part of the Body, and speedily to allay Inflammations. The Leaves or the juyce applyed to Felons, or those Nu of the Hands or Toes that have Imposthumes or Sores gathered togethan the Roots of them, healeth them in fhort space.

The Herb is not to be described for the Premises, but is fit to be nound

ed in every good Womans Garden.

Hysop.

Yfop is fo well known to be an Inhabitant in every Garden, that it l fave me labour in writing a Description thereof. The Vertues at followeth.

Cough, Shorine's of breath.

Temperature and Vertues. The Herb is Jupiters, and Sign Cancer; It strengthens all the parts of the Body Cancer and Jupiter; which what they may be, is found and discoursed in my Afticlozical Judgement of Discases,

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mides faith that Hysop boyled with Rew and Honey and drunk, helpeth pole that are troubled with Coughs, shortness of breath, theefing, and Rheumatick Distillations upon the Lungs: Wheefing, Grofs then also wish Oxymel, it purgeth gross humors by the Humors, worms, with tel; and with honey killeth worms in the Belly; and Yellow Jaundice, with fresh or new Figs bruised, helpeth to loosen the belly, Dropsie, Spleen, with admore forcibly if the Root of Flower-de-luce and Cres- Inflammations, who is be added thereto. It amendeth and cherisheth the na- Black and blew we colour of the body spoiled by the yellow Jaundice, spots, Quinsie, who de being taken with Figs and Nitre, helpeth the Dropsie. Tooth-ach, Noise and Solven. Being howled with Wine, it is good to wash in the Bars. od Spleen. Being boyled with Wine, it is good to wash in the Ears, Mammarions; and taketh away the black and blew spots Venemous Beafts, id marks that come by strokes, bruises or falls, being ap- Lice, steching of lied with warm water. It is an excellent Medicine for the the Head, Quinzy, or swelling in the Throat, to wash and gargle it, Falling-sickness, Flore ting boyled with Figs. It helpeth the Tooth-ach, being wounds.
ces byled in Vinegar, and gargled therewith. The hot Vapors of the Decoction ten by a Funnel in at the Ears, easeth the Inflammation and finging noise hate them. Being bruifed, and Salt, Honey and Cummin feed put to it, it hel-ly the thofe that are stung by serpents. The Oyl thereof (the head being an-Pett inted) killeth Lice, and taketh away Itching of the head. It helpeth those with the three the Falling-sickness, which way soever it be applied. It helpeth to pectorate tough slegm, and is effectual in all cold Griefs, or Diseases of the Chest and Lungs, being taken either in a Syrup or licking Medicine. The green Herb bruised, and a little Sugar put thereto, doth quickly heal tog by cut or green wound, being thereunto applied.

Hops.

Hele are so well known, that they need no Description, I mean the manu-Col The wild Hop groweth up as the other doth, ramping upon Trees or Hedges that Hay aid next unto them, with rough Branches and Leaves like the former; but it e Ni win smaller heads, and in far lifs plenty than it, so that there is scarce a head two feen in a year on divers of this wild kind, wherein consisteth the chief f rence.

Place. They deli he to grow on low moist grounds, and are found in all its of this Land.

Time. They spring not up until April, and flower not until the latter end lue; the heads are not gathered until the middle or latter end of Sepnher.

Government and Vertues. It is under the Dominion of 41s. This, in Physical Operations, is to open Obstructions, of the Liver and Spleen, to cleanse the Blood, to loosen Liver, Spleen, Billy, to cleanse the Reins from Gravel, and provoke Blood, Reins ine. The Decoction of the tops of Hops, as well of the clearfith, rearthe wild, worketh the fam: effect in cleaning the Frenc's Pox.

Ringworms, Morphew, Peyfon, Worms, Terms provokes, Dyfury, Yell, Faundice, Liver, Stomach, Agues.

Scabs, Itch, Tetters, Blood they help to cure the French Discase, and all me ner of Scabs, Itch, and other breakings out of the By as also all Tetters, Ringworms, and spreading Sorest Morphew, and all discolourings of the skin. Then coction of the flowers and tops, do help to expel Por that any one bath drunk. Half a dram of the Soul Powder taken in drink, killeth Worms in the Bol bringeth down Womens Courfes, and expelleth Uni

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A Syrup made of the Tuice and Sugar, cureth the yellow Jaundice, etc the Head-ach that comes of heat, and tempereth the heat of the Liver Stomach, and is profitably given in long and hot Agues that rife in Chi and Blood. Both the wild and the manured are of one property, and all of eft edual in all the aforesaid Diseases.

By all these restimonies, Beer appears to be better than Ale.

Mars owns the Plant, and then Dr. Re for will tell you how it perfor these Actions.

Horehound.

Descript. Common Horehound groweth up with square hairy stalks, but yard or two foot high, fet at the joyats, with two rounders pled rough Leaves, of a fullen boary green colour, of a reasonable good scent, a very bitter taft. The Flowers are small, white, and gaping, set in arm bard, prickly Husk, round about the joynts with the Leaves from the middle the falk upward, wherein afterwards is found small, round, blackish seed. Root is black if, hard and woody, with many frings thereat, and abidetha years.

Place. It is found in many parts of this Land, in dry Grounds, and green places.

Time. It flowreth in and about July, and the Seed is ripe in August.

Difficulty of Breath, Cough, Confumption, Flegm, Term provoke, Afterbirth Weariness, Poyfon, Venomous Beafts, ulcers, Sides Eyes,

Government and Vertues. It is an Herb of Mercun, Decoction of the dried Herb with the Seed, or the Juice of green Herb taken with Honey, is a remedy for those that purfie or thort-winded, or have a Cough, or are fallen in Consumption either through long sickness, or thin Distillati of Rhewm upon the Lungs. It helpeth to expectorate to flegm from the Cheft, being taken from the Roots of Irisa ris. It is given to Women to bring down their Courfes,00 pel the After-birth, and to them that have fore and long The as also to those that have taken Poyson, or are stung or bis by venomous Serpents. The Leaves used with Honey, P foul Ulcers, stay running or creeping Sores, and the growing the fiesh over the Nails. It also helpeth pains of the fides 1 Juice thereof with Wine and Honey, helpeth to clear the fight, and inuffed up into the Nostrils, purgeth away the pt Jaundice, and with a little Oyl of Roses dropped into the ealeth the pains of them. Galen faith it openeth Obifrud both of the Liver & Spleen, purgeth the Breaft & Lungs Yell. Jaundies; general series and used outwardly, it both cleanseth and di- Ears, Obstruest gesteth. A Decoction of Herebound (saith Matthiolus) is a- Etions of the Lied sailable for those that have bad Livers, & for such as have ver and Spleen
lithes and running Tetters. The Powder hereof taken, or Liver, Itch, the Decoction, killeth Worms. The green Leaves bruised Tetters, worms, and boyled in old Hogs-grease unto an Oyntment, heal- Dogs bitings, this the bitings of Dogs, abateth the swellings of womens womens Breast, Breasts, and taketh away the swellings and pains that Thorns, Asthmaes, on tome by any pricking of Thorns, or such like means, and with Vinegar, it cleanseth and healeth Tetters. There is a Syrup made of Horehound to be had at the Apothecaries, very good for old Coughs to til the tough Flegm; as also to avoid cold Rhewm from the Lungs of old Folks, and for those that are Allhmatick or short-winded.

Horstail.

OF that there are many kinds; but I shall not trouble you nor my self with any large Discription of them, which to do were but as the Proerb is, To find a Knot in a Rush. All the kinds hereof being nothing else bat knotted Rushes, some with Leaves, and some without. Take the Descrint, intion of the most eminent fort as followeth.

Descript. The great Horstail at the first springing hath Heads somewhat like hose of Asparagus, and after grow to be bard, rough, hollow stalks, joynted at wadry places no to the top, a foot high, so made as if the lower part were put into the upper, whereat grow on each fide a bush of (mill long Rush-like hard leaves, each part resembling a Horse-tail (from whence it was so called) At the tops of and the stalks come forth small Catkins like those of Trees. The Root creepeth under ground, having joynts at funding places.

Place. This (as the most of other forts hereof) groweth in wet

Grounds.

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Time. They spring up in April, and their blooming Carkins in July, feeding for the most part in August, and then perish down to the ground, 11-

Gavernment and Vertues. The Herb is belonging to Saturn, yet is very harmless, and excellent good for the things following; Horstail, the smoother rather than the rough, and the leaved rather than the bare, are most Physitallt is very powerful to stanch Bleeding wherefoever, either inward or outward, the Juice or the Decoction thereof being drunk, or
the Juice, Decoction, or distilled Water applyed outwardly, Bleeding, Flux, thayeth alfo all forts of Lasks and Fluxes in man or wo- Terms flops man and the piffing of blood, and healeth also not only the Piffing blood, hward Ulcers, and Excoriations of the Entrails, Bladder, Inward Ulcers, but all other forts of foul, moift, and running Ulcers, Excoriations and foon fodereth together the tops of green wounds. It cu- of the Bladders Wine being drunk, provoketh Usine, and helpest the Scone Rupittes, Difu-

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17, Stone, Stranguy, Coaph, Inflamma-11015, Pimples, red Face. and the Strangury: and the distilled Water thereof drunk two of three times in a day, and a small quantity at a time; as allows seth the Entrails or Guts, and is effectual against a Cough the comes by distillation from the Head. The Juice or distilled we ter being warmed, and hot Inflammations, Pustules, or red white and other breakings out in the skin, being bathed therewith doth help there; and doth no less ease the swelling heat and inflammations of the Fundament or Privy parts in Man or Woman.

Housleek, or Sengreen.

Both these are so well known unro my Country-men, that I shall not need to write any Description of them,

Place. It groweth commonly on Walls and House-sides, and flowerethin

July.

Government and Vertues. It is an Herb of Jupiter, and it is reported by Mizildus, to preserve what it grows upon from Fire and Lightning. Our ordinary Housek is good for all inward heats as well as outward, and in the Eyes or other parts of the body, a Posset made with the Juice of Housek

is fingular good in all hor Agues, for it cooleth and temper-Hat, Eyer, A- esh the blood and Spirits, and quencheth the thirst: and is gues, Thirft, Salt also good to ftay all hot defluxions of tharp & falt Rheum in the Eyes, the Juice being dropped into them, or into the Rheums, E rs Terms taps, Ears, helpeth them. It helpeth also other fluxes of humon Fluxes, Inflamin the Bowels, and the immoderate Courses of Womes. mations, St. An-It coolerh and restraineth also all other hot Inflammation, thonics Fire, St. Anthonies fire, Scaldings and burnings, the Shingles, Burning, Scalfretting (I'cers, Cankers, Tetters, Ringworms, and the lite; dings, Tetters, and much eafeth the pain of the Gout proceeding from at hot cause. The Juice also taketh away Warts and Com Ringworms. in the Hands or Feet, being often bathed therewith, and Ciras on the Hands & Feet, the skin and Leaves being laid on them afterwards. It a feth also the Headach, and distempered heat of the Britis Headach, Fren in Frenzies, or through want of fleep, being applied Zie, Wa ching, Bleeding, Netthe Temples and Forehead. The Leaves bruised and hid upon the Crown or Seam of the Head, Rayeth bleedings tles, Bees. the Nose very quickly. The distilled water of the Herbit

profitable for all the purposes aforesaid. The leaves being gently subbidation any place stung with Nettles or Bees doth quickly take away the pain-

Hounds. Tongue.

Descript. The great ordinary Hounds-Tongue bath many long and some what narrow, soft, hirry darkift green Leaves, lying ording ground somewhat like unto Bugloss leaves, from among which risets up a real hairy stalk about two foot high, with some smaller I caves threeon and branch at the top into civers parts, with a small Leaf at the soot of every branch with in somewhat to g, with many sievers set along the same, which he anch is create

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erturned inwards before it flowereth and openeth by degrees as the Flowers do low, which confist of small purplish red Leaves of a dead colour, scarcely rising out of the Husk wherein they stand with some thrids in the middle. It bath sometimes a white flower. After the flowers are past, there cometh rough flut seed, with a small pointed in the middle, easily cleaving to any garment that it touchesh and not so easily pulled off again. The Root is black, thick, and long, hard to beak, and full of a clammy juyce, smelling somewhat strong, of an evil scent as the Leaves also do.

Place. It groweth in most places of this Land, in wast Grounds, and un-

tilled places by High-way fides, Lanes and Hedge fides.

Time. It flowereth about May and June, and the feed is rive florely after. Government and Vertues. It is a Plant under the Dominion of Mercury: The Root is very effectually used in Pills, as well as the Decections, or otherwife, to flay all sharp and thin Defluxions of Rhewm fr om the Head into the Eyes or Nole; or upon the Stomach or Lungsias Eyes, Nofe, alle for Coughs or shortness of breath. The leaves boyled in Stomach, wine (faith Diofcorides) but others do rather appoint it to be Lungs. made with Water, and to add thereto Oyl and Salt, mollifieth or shortness openeth the belly downwards. It also helpeth to cure the biting of Breath, of a mad Dog, some of the leaves being also applied to the mad Dogs, wound: the leaves bruised, or the Juyce of them boyled in Scalain, Hogs-lard, and applied, helpeth the falling away of the Hair Burning, which cometh of hot and tharp humors; as also for any place Hemorthat is scalded or burnt: the leaves bruised and laid to any green whoids, wound dorn heal it up quickly: the Root baked under the embers Wounds. wrapped in Paft, or wet Paper, or in a wet double Cloth, and ulcers, thereof a Suppository made, and put up into, or applied to the French Fundament, doth very effectually help the painful Piles or He- Pex. morrhoids. The diftilled Water of the Herb and Roots, is vety good to all the purpotes aforefaid, to be used as well inwardly to drink, as outwardly to wash any fore places, for it healeth all manner of Wounds and Punctures, and those foul Ulcers that arise by the French Pox.

Mizildus adds to this, That the leaves laid under the Feet, will keep the Dogs from barking at you; Hounds-tongue, because it ties the tongues of Hounds, whether it be true or not, I never tried yet I have cured the bi-

ting of a mad Dog with this only Medicine.

Holly, Holm, or Hulver-bush.

FOR to describe a Tree so well known, is needless,

Government and Vertues. The Tree is really Saturnine, The Berries expel wind, and therefore are held to be profitable in the Cholick. The Berries have a strong quality with them: for if you cat a dozen of them in the morning fasting when they are ripe, and Expel wind, not dried, they purge the body of gross and clammy Flegm: Cholick, Flegm, but if you dry the Berries, and beat them into Powder, they Fluxes, Bloody-

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Terms, Bores broken, Members out of Joynt, witchcraft. bind the body, and stop Fluxes, Bloody sluxes, and the term in Women: the Bark of the tree, and also the Leaves are excellent good being used in Fomentations for broken Bones and such Members as are out of Joynt. Pliny saith the branches of the tree defend Houses from Lightning, and men from Wireherast.

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St. Johns-wort.

Defeript. Common St. Johns-wort shooteth forth brownish, upright, hard, round stalks, two foot high, spreading many branches from the sides up to the tops of them, with two small Leaves set on against another at every place, which are of a deep green colour somewhat like the Leaves of the lesser Centaury, but narrower, and full of small hold in every Leaf, which cannot be so well perceived as when they are held up to the light. At the tops of the stalks and branches stand yellow Flowers made of five Leaves apiece, with many yellow threds in the middle, which being bruised do yield a reddish juice like blood, after which come small room Heads, wherein is contained small blackith seed smelling like Rozin. The Root is hard and woody, with divers strings and sibres at it, and of a brownish colour, which abideth in the ground many years, shooting anew every Spring.

Place. This groweth in Woods and Copfes, as well those that are shady

as open to the Sun.

Time. They flower about Midfummer, and in July, and their feed is ripe

in the latter end of July or August.

Actorney, especially if withil he be a Lawyer also. St. Johns-wort is a singular Wound-herb as any other whatsoever, either for inward wounds, hurs

Wornas,
Bruises,
Obstruetion,
Swellings,
spitting and voniting Blood,
venomous
Beasts,
Diffus
Agues,
Sciatica,
Falling-

Sickness.

or bruifes, to be boyled in Wine and drunk, or prepared into Oyl or Oyntment, Bath or Lotion outwardly. It hath power to open Obstructions, to dissolve swellings, to clote up the lips of wounds, and to ftrengthen the parts that are weak and feeble The Decoction of the Herb and Flowers, but of the Seed especie ally in Wine, being drunk, or the Seed made in a Powder, and drunk with the Juice of Knot-grass, helpeth all manner of spitting and vomiting of blood, be it by any Vein broken inwardly by Bruises, Falls, or however. The same helpeth those that at bitten or flung by any venomous Creature: and is good for those that are troubled with the stone in their Kidnies: or that cannot make water; and being applied, provoketh Womens Courses. Two drams of the seed of St. Johns-wort made into Powder, and drunk in a little Broth, doth gently expel Cholet or congealed blood in the stomachiche decoction of the leaves and feeds being drunk somewhat worm before thefits of Aguts whether they be Tertians, or Quarrans, doth alter the fier&

by often using, doth take them quite away : The Seed is much commended eing drunk for forty dayes together, to help the Sciatica, the Falling Sickels and the Palfie.

Tis well known to every Child almost to grow in Woods upon the Trees, and upon the stone Walls of Churches, Houses, &c. and sometimes to row alone of it felf, though but feldom.

Timt. It flowreth not untill July, and the Berries are not ripe till Chrift-

12/s, that they have felt Winter frofts.

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Government and Vertues. It is under the Dominion of Saturn. A pugil fthe Flowers, which may be about a dram (taith Diescoride.) drunk twice day in red Wine, helpeth the Lask and bloody Flux. It is an enemy to the tryes and finews being much taken inwardly, but very

elpful unto them being outwardly applyed. Pliny Flux, Bloody Flux, ith, That the yellow Berries are good against the Jaun- Jaundice, Spitting ies, and taken before one be fet to drink hard, prefer- Blood, worms, Druneth from Drunkennels, and helpeth those that spit kennels, Postilence, Blood: and that the white Berries being taken inward- Stone, Dyfury, y, or applyed outwardly, killeth the Worms in the Bel- Terms provokes,

The Berries are a fingular remedy to prevent the Spleen, Stitch, Pague, as also to free them from it that have got it, by Head-ach, ulcers, tinking the Berries thereof made into Powder, for z or Wounds, Burnings, dayes together: They being taken in Wine, do cer- Scaldings, Salt

ainly help to break the stone, provoke Urine and Wo- Flegm, Rheum, nens Courses. The fresh Leaves of Ivy, boyled in Vi- Sore Eyes.

kgar, and applyed warm to the fides of those that are

toubled with the Spleen, Ach or Stich in the fides, doth give them much ale: the same applied with some Rosewater and Oyl of Roses to the Temles and Forehead, easeth the Head-ach, though it be of long continuance, The fresh Leaves boyled in Wine, and old filthy Ulcers that are hard to be ured washed therewith, doth wonderfully help to cleanse and heal them: talfo quickly healeth green Wounds, as also it is effectual to heal all burnngs and scaldings, and all kind of exulcerations coming thereby, or by falt egmer humors in other parts of the Body. The Juice of the Berries or taves inuffed up into the Noie, purgeth the Head and Brain of thin Rheum hat maketh Defluxions into the Eyes and Nofe, and cureth the Ulcers and teach therein: the same dropped into the Ears, helpeth the old and runing fores of them : those that are troubled with the Spleen shall find much le by continual drinking out of a Cup made of Ivy, so as the drink may land some small time therein before it be drunk. Cato faith, That Wine put to fuch a Cup will foak through it, by reason of the Antipathy that is beween them.

There seems to be a very great Antipathy between Wine and Ivy; for if my have got a furfet by drinking Wine, his speediest Cure is to drink a traught of the same Wine wherein a handful of Ivy Leaves being first bruied have been boiled **IUNIPER**

Juniper Bush.

For to give a description of a Bush so commonly known is needless. Place. They grow plentifully in divers Woods in Kint, upon Warm Common near Brent-wood in Effex, upon Finchly Common without High vate, hard by the New-found Wells near Dullage, upon a Common between Mitcham and Croydon, in the High-way near Americam in Bucking handhire and many other places.

Time. The Berries are not ripe the first year, but Continue greente Summers and one Winter before they be ripe; at which time they are of black colour, and therefore you shall alwayes finde upon the Bushgen

Berries : the Berries are ripe about the Fall of the Leaf.

Government and Vertues. This admirable Solar Shrub is scarce to be pr ralei'd for his Vertues. The Berries are hot in the third degree, and dry be

Counter-Poy fon, Pestileuce, Pains in the Belly, Ruptures, Cramp, Convultions, Speedy Delivery to Women, Brain, Memory, Sight, Agues, Gout, Sciatica, Limbs Aop, Piles, Worms, Itch, Scab, Leprofie, Stone, Appetite provoketh. Pallies. Falling-fickness,

in the first, being a most admirable Country poylon, and as great a refifter of the Peffilences iil Venemous Beafts, wine pro- any grows; they are excellent good against the Mo, woketh, Dyfury, Strangury, bitings of venomous Beafts, they provoke United Strangury Dropsic, Terms provoketh, exceedingly, and therefore are very available.

Mother fits, Stomach, wind Dyluries and Stranguries: it is so powerful are with expels, Cholick, Cough, Short-medy against the Dropsic, that the very Lye care masses of Breath, Consumption, made of the Ashes of the Herb being druck print of the Breath, Consumption, made of the Ashes of the Herb being druck print of the Breath, Consumption, made of the Ashes of the Herb being druck print of the Breath, Consumption, made of the Ashes of the Herb being druck print of the Breath, Consumption, made of the Ashes of the Herb being druck print of the Breath, Consumption, made of the Ashes of the Herb being druck print of the Breath, Consumption, made of the Ashes of the Herb being druck print of the Breath, Consumption, made of the Ashes of the Breath, Consumption, made of the Breath, Consumption, consum cures the Discase, it provokes the Terms, help the Firs of the Mother, ftrengthens the ftomach uye exceedingly, and expels Wind: indeed thereis or al scarce a better Remedy for Wind in any parted by the Body, or the Cholick, than the Chymical ad H thengtheneth, Scurvy, Fluxes Oyl drawn from the Berries: fuch Country people as know not how to draw the Chymical Oyl, may content themselves by eating tena ami a dozen of the ripe Berries every morning falling, they are admirable good for the Cough Shortness of Breath, and Consumption, pains is

the Belly, Ruptures, Cramps, and Convultions: They give fafe and special delivery to Women with Child, they strengthen the Brain, exceeding! help the Memory, and fortifie the Sight by ftrengthening the optick Nerral They are excellent good in all forts of Agues, they help the Gour, and Scie cica, and strengthen all the Limbs of the Body. The Ashes of the Woods a special Remedy for such as have the Scurvy to rub their Gums with: the Berries stay all Fluxes, help the Hemorrhoids or Piles, and kill Wormsia Children: ALye made of the Ashes of the Wood, and the Body bathed with er, cures the Itch, Scabs and Leprofie : The Berries break the ftone, procust Appetite when it is loft, and are excellent good for Palfies and Falling fich

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Kidneyswort, or Walls Penyroyal, Or Wall Penyswort.

Descript. T I hath many thick, flat, and round Leaves growing from the Root, every one baving a long foot falk fast ned underneath about the middle it, and a little unevenly waved sometimes about the edges, of a pale green co-High our, and somewhat yellow on the upper side like a Sameer; from among which two of one or more tender smooth hollow stalks half a soot high, with two or three three nall Leaves thereon, usually not round as those below, but somewhat long and hided at the edges: The tons are sometimes divided into long branches, bearing sumber of flowers, fet round about a long spike one above another, which are ollow and like a little Bell, of a whitish green colour, after which come small leads containing very small brownish seed, which falling on the ground, will lentifully fpring up before Winter, if it have moisture. The Root is round, and pe poly usually smooth, grayish without, and white within, having small sibres at type in head of the Root, and bottom of the stalk.

Place. It groweth very plentifully in many places of this Land, but espeneen filly in all the West parts thereof, upon stone and Mud Walls, upon Rocks of the Mo, and in stony places upon the ground, at the bottom of old Trees, and thrist ometimes on the Bodies of them that are decayed and rotten.

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Time. It usually flowereth in the beginning of May, and the Seed ripening are wickly after, sheddeth it self: so that about the end of May, usually the Ly Leaves and stalks are withered, dry, and gone until September, that the seaves drunk pring up again, and so abide all Winter.

Givernment and Vertues. Vinus challengeth the Herb under Libra. The

Tyce or the diffilled Water being drunk, is very effectual

ereit or all Inflamations and unnatural heats, to cool a faint- Inflammations. and by hot Stomach, or a hot Liver, or the Bowels : The brui- Pimples, Rednefs, mich de Herb, or the place bathed with the Juice or distilled St. Anthonies facer thereof, and outwardly applied healeth Pimples, fire, Kidneys, tidnels, Sr. Aubories fire and other outward heats and In- Hurt by the stone, tend ammations. The faid Juice or Water helpeth much also Dyfury, Stone, heal fore Kidneys, torn, or fretted by the Stone, or exul- Bloody Flux, traced within, and eafeth the pains : It also provoketh Piles, Himorrboids tine, and is available for the Dropsie, and helpeth to Gout, Sciatica, tak the stone, cooling the inflamed parts, and other Cods, Kings Evil, ins of the Bowels, and the Bloody Flux. It is fingular Kibes, Chilblans. od to cool the painful Piles, or Hemorrhoidal Veins, the

tyce being used as a Bath unto them, or made into an Oyntment: It is oless effectual to give ease of pains to the hot Gout, the Sciatica, and the Mammations and Swellings in the Cods: It helpeth the Kernels or Knots the Neck or Throat, called the Kings-Evil; healeth Kibes and Chillains if they 'oe bathed with the Juyce, or anointed with an Oyntment made hereof, and some of the skin of the Leaf laid upon them: It is also used in

teen Wounds to stay the Blood, and to heal them quickly.

Knapweed.

Description. THE common fort hereof bath many long, and somewhat but dark green Leaves rifing from the Root dented about the edge es, and famitimes a little reat or tira or both fid sin two or three places, as land what hairy withal, among which rifeth a strong round falk four or five for heh, divided into many branches; at the tops whereof fland great scaly great Hear's, and from the middle of them thrust forth a number of dark purplished thrums or theds, which after they are withered and past, there is found dive black feeds, lying in a great deal of Down, somewhat like uneo a Thiftle feel but (miller: The Rost is wite, hard, and woody, with divers fibres amen therevato, which perifice not, but abideth with Leaves thereon all the Winter Chooting out field over y spring.

Place. It groweth in most Fields and Meadows, and about their Borden

and Hedges, and in many wast grounds also, every where.

Time. It usually flowreth in June and July, and the feed is ripe forth . after.

Government and Vertues, Siturn challengeth the Herb for his own. This

Knapweed heipeth to ftay Fluxes, both of Blood at the her Mouth or Nofe, or other outward parts, and those Vein Fluxes, B'ccoing, that are inwardly broken, or inward Wounds, as alloth Vins brke Fiuxes of the Belly: It stayeth the Distillations of this Ptyfick, Fills, and there humors from the head upon the Stomachan Blows, Rud'ures, Lungs: it is good for those that are bruised by any Fall Sores, Cankers, Blows or otherwise. It is very prefitable for those that Filtelies, Scabby are bursten, and have a Rupture, by drinking the Decoc brid, fore theoat, tion of the Herb and Roots in Wine, and applying the woult, Jim, fame outwardly to the place. It is fingular good in all

running fores, cankrous and filtulous, drying up the moifture, and healing for them up gently, without sharprels; it doth the like to running foreson fears of the head, or other parts. It is of special use for the soreness of the Those, swelling of the Uvula and Jaws; and excellent good to stay the

bleeding, and heal up all green Wounds.

Knot-grafs.

I T is generally fo well known that it needeth no Description. Place. It groweth in every Country of this Land, by the High-will sides, and by F iot-paths in Fields, as also by the sides of old Walls.

Time. It Springeth up late in the Spring, and abideth until Winter, who

all the Branches perilh.

Government and Vertues. Saturn feems to me to own the Herb, and yet fome holithe Sun; out of doubt 'tis Saturn. The Jugeed the common kind of Knot-gra's is most effectual to stay bleed B'ecding. ing at the Mouth, being drunk in feeled or red Wine: 100 Hat, Flax. the bleeding at the Nose, to be applied to the Fore-head and

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upies, or to be squirted up into the Nostrils. And no less Bloody dul to cool and temper that hear of the blood and stomach Flux. offay any Flux of the Blood or Humors, as Lask, Bloody Courfes , Womens Couries, and Running of the Reins. It is fin- ftors, gran der of the Herb being taken in Wine for many dayes togeBeagles, that come in the Kidnies or Bladder, a dram of the Veromous gran der of the Herb being taken in Wine for many dayes togeBeagles, that is Being boyled in Wine and drunk, it is profitable to those Rheum, tare flurg or bitten by venomous creatures, & very effectuWorms, and Annall defluxions of Rheumatick humors upon the stoBeagles. feel of flay all defluxions of Rheumatick number apoint the flay all defluxions in the Belly or Stomach, quitteth in Cheler, that and killeth Worms in the Belly or Stomach, quitteth in Cheler, that profess, and corruption Inflamm inter sipains that arise from the heat, sharpness, and corruption Inflammablood and choler: The distilled Water hereof taken by it felf tions. order with the Powder of the Herb or Seed is very effectual to all Aposthumes, purposes aforesaid, and is accounted as one of the most sove- Gangrenes, north remedies to cool allmanner of Inflamations, breaking out Fistulaes, This dous Cankers, or foul filthy Ulcers being applied or put inulcers, at the them; but especially for all forts of Ulcers, and fores happenin the privy parts of Men and Women. It helpeth all fresh
green Wounds, and speedily helpeth them, The Juice dropof the green Wounds, and speedily helpeth them, The Juice dropthat into the Ears cleanforh them being foul, and have running matter in h and m.

Fall, is very prevalent for the premises; as also for broken Joynts, and that ptures.

Ladies-Mantle.

taling script. TT bath many Leaves rifing from the Root, standing upon long hairy foot-stalks, being almost round, but a little cut in on the edf the into eight or ten parts more or less, making it seem like a star, with so maoners and points, and dented round about, of a light green colour, somethard in handling, and as if it were solded or plaited at first, and then miled in divers places, and a little hairy as the stalk is also, which rifeth up ig them to the height of two or three foot, with such like Leaves thereon, but her, and being weak is not able to stand upright, but bendeth down to the and, aivided at the top into two or three small branches, with small yellowish In Heads, and Flowers of a whitish colour, breaking out of them; which goal, there cometh small yellow seed like Poppy seed: The Root is somewhat and black, with many firings or fibres thereat.

Place. It groweth Naturally in many Pastures, and Wood-sides in Hartthire, wilt hire, and Kent, and other places of this Land. Time. It flowreth in May and Juve, abideth after Seed-time green all the inter.

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Government and Vertues. Venus claims the Herb as her own. Li Mantle is very proper for those Wounds that have Inflamme Inflammaand is very effectual to stay bleedings, vomitings, Fluxes of 1107.59 forts in Man or Woman, and bruiles by falls or otherwish Bleeding, helpeth Ruptures, and such Women or Maids as have over me Vamiting, flagging Breafts, causing them to grow less and hard, beingh Fluxes, drunk, and outwardly applied : The diftilled Water druni Bruifes, twenty dayes together, helpeth Conception, and to retains Ruptures, Birth; if the Woman do sometimes also fit in a Bath mid Flagging the Decoction of the Herb. It is one of the most singular Wou Breaks. Herbs that is, and therefore highly prized and praised by Barrennis, Germans, who use in all Wounds inward and outward, to di the Decoction thereof, and wash the Wounds therewith or Homen Tents therein, and pue them into the Wounds which wonder with Chi d. ly dryeth up all humidity of the fores, and abateth Inflamatin therein : It quickly healeth all green Wounds, not fufferings corruption to remain behind, and cureth old fores, though fiftulous sold low.

Lavender.

Being an Inhabitant in almost every Garden, it is so well known, the

Time. It flowreth about the end of June; and beginning of Ju'y.

Government and Vertues. Mercury owns the Herb, and it carried effects very potently. Lavender is of special good wie for Head, Brains, the griefs and pains of the Head and Brains that precede cold cause, as the Apoplexy, Falling-fickness, the drouzs Apoplexy. F alling-fick- fluggish Malady, Cramps, Convultins, Palleys, and of nefe, Lethar- fainings. It ftrengtheneth the Stomach, and freeth the ey, Cramps, ver and Spleen from Obstructions, provoketh Womens Con les, and expelleth the dead Child and After-birth. The Flat Consulfiors, ers of Lavender Reeped in Wine, helpeth them to make wit Palfey both that are flopped, or are troubled with the Wind or Chelich dead and Shaking, Sto- the places be bathed therewith; a Decoction made with flowers of Lavender, Horehound, Fennel, and Asparagus Ro mich, Liver, Spleen, Terms and a little Cinnamon, is very profitably used to help Falling-fickness, and the giddinels or turning of the Bus provokes, To gargle the Mouth with the Decoction thereof is good Chilick, Vertigo, Lofs gainst the Toothach. Two spoonfuls of the distilled Wa of the Flowers taken, helpeth them that have loft their vote of Voyce, as also the tremblings and passions of the Heart, and fin T. embling. ings and fwoonings, not only being drunk, but applied to Fainting,

Temples, or Nostrils to be smelt unto, but it is not to use it where the body is repleat with Blood and humors, because of hot and subtle spirits wherewith it is passeled. The Chymical Oyl in trom Lavander, usually called Oyl of Spike, is of so herce and piercing

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that it is cautiously to be used, some few drops being sufficient to be giwith other things, either for inward or outward Griefs.

Lavender Cotton.

being a common Garden Herb, I shall forbear the Description, onely ake notice, That it flowreth in June and July. Government and Vertues. It is under the Dominion of taint rury. It refifteth Poylon, Putrifaction, and helps the Poylon, Putriings of Venomous Beafts: A dram of the Powder of the faction, Venomade lings of Venomous Beafts: A dram of the Powder of the faction, Veno Nous ad Leaves taken every morning fasting in any convenient mous Beafts, by hicle, stops the Running of the Reins in Men, and Running of the to district in Women. The Seed being beaten into Powder, Reins, whites had taken as Wormseed, it kills the Worms, not onely in in women, identification but also in people of riper years: the like doth the worms, Scabs, main thitself being boyled in Milk, and the Milk drunk: 2tch. ing a Body bathed with the Decoction of it, helps Scabs Itch.

Ladies-Smocks, or Cuckoo, Flowers.

scrip. The Root is composed of many small white threads, from whence I spring up divers long Calks of winged Leaves consisting of ny round tender dark green Leaves fet one against another upon a middle Rib, greatest being at the end, among ft which rife up divers tender weak round en stalks, somewhat straked with longer and smaller Leaves upon them; on the nof which stand flowers almost like Stock Gillistowers, but rounder and not so g, of a blushing white colour : The Seed is reddish, and groweth in small poucheed of bing of a sharp biting tast and so hath the Herb.

Place. They grow in moist places and neer to Brook-fides.

Time. They flower in April or May, and the lower Leaves continue green the Winter.

Government and Vertues. They are under the Domie war on of the Moon, and very little inferior to Water-Creffes Scuroy, provoke all their operation: They are excellent good for the trine, Stone, urry: they provoke Urine and break the Stone, and ex- Stomach loft, Henry warm a cold and weak stomach, restoring lost ap- Appetite, Inaitite, and helping digeRion. gestion.

Lettuce.

I is well known, being generally used as a Sallet Herb, that it is altogether needless to write any Description thereof.

Government and Vertues. The Moon owns them, and that's the Realow ey cool and moisten what hear and drynels Mars causeth, because Mars his fall in Canery, and they cool the Heart, because the Sun rules it, bea ten whom and the Moon is a Reception in the Generation of Man, as you 1) fee in my Guide for Wothen. The Juice of Lettuce mixed or boyled

Watching, Head ach, Indigeftion, Thirft, Milk increafiti, Choler Bowels, Luft, Venerious Dreams, inflamma-11075 Heat of

with Oyl of Roses, and applied to the fore head and time procureth fleep, and eafeth the Head-ach proceeding of an cause : being eaten boyled , it helpeth to loosen the Belly, helpeth digestion, quencheth thirst, encreaseth Milk in No eed seed fes, easeth griping pains of the Stomach or Bowels, that to of Choler. It abateth Bodily Lust, represent Vene ious Drame R. H. helpeth digeftion, quencheth thirft, encreafeth Milkin & being outwardly applied to the Cods with a little Camphi Applied in the same manner to the Region of the Heart, Li or Reins, or by bathing the faid place with the juyce or dall water, wherein some white sanders, or red Roses are put als seen not only represent the heat and Inflammation therein, but on forrs and strengthens those parts, and also tempereth the heat directly directly and also tempereth the heat directly directly and also tempereth the heat directly d spices are wanting, to add Mints, Kocket, and such like and the bs or else Citron, Lemon, or Orange seeds to abare the pers the Lettuce work the like effects in all things: but there only Lettuce is chiefly forbidden to those that are short winded, or have any like p

perfection in their Lungs, or spit Blood.

The Water-Lilly.

F thefe three are two principally noted kinds, viz. The white, and

Descript. The white Lilly hath very large, and thick dark green Les with lying on the water, sustained by long and thick Foot-stalks, that rife from has great, thick; round and long tuberous black Root, spungy, or loose with my knobs thereon like Eyes, and Whitish within, from amidst the which nike blace ther the like thick & great statks, sustaining one large great flower there. The green on the ourfide, but as white as Snow within, confifting of divento of long and somewhat thick and narrow Leaves, smaller and thinner the mothere inward they be, encompassing a head with many yellow threds or three hens in the middle, where after they are past stand round Poppy-like Heads in the of broad, oily, and bitter feed.

The yellow kind is little different from the former, save only it hathfor which Leaves on the Flowers, greater and more shining seed, and a whitish are listly both within and without: The Roots of both being somewhat sweet in the lind;

Place. They are found growing in great Pools and standing waters, a dear fometimes in flow running Rivers, and leffer Ditches of water, in fundating places of this Land.

Time. They flower most commonly about the end of May, and their is

is ripe in August.

Government and Vertues. The Herb is under the Dominion of Moon, and therefore cools and moistens like the former. The Leaves Flowers of the water-Lilies are cold and moift, but the Ro and Seed is cold and dry: The Leaves do cool all Inflamman Inflammi-

and both outward and inward heat of Agues, and so dothe tions, Agues.

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lowers also, either by the Syrup or Conserve: The Syrup helpeth much to seure rest, and to settle the Brains of Frantick persons, y cooling the hot distemperature of the Head. The Watching, Frenzie,

n Ni ecd as well as the Root is effectual to stay Fluxes of Flux, Betly, Run
acco lood or Humors, either of wounds, or of the Belly: but ing of the Reins,

Dru the Roots are most used, some choosing the one, and some Venery, Freekles, apply the other, to be more effectual to cool, bind, and restrain Spots, Sunburn, to life lifeways in Man or Woman, as also the Running of the Morphew.

distinct the state of the feed when one is also sheep: but the frequent use hereof extinguisherh Venerious Actions: The oot is likewise very good for those whose thrine is hot and sharp, to be boythe dot is likewile very good for those whose tirine is not and many, to be objected in Wine or Water, and the Decoction drunk. The distilled water of the lowers is very effectual for all the Diseases ascresaid, both inwardly taken in indicated and is much commended to take away Freckles, the pots, Sunburn, and Morphew from the Face, or other parts of the Body. Water the Oyl made of the flowers, as Oyl of Roses is made, is profitably used to seek ool hot Tumors, and the Inflammations of Ulcers and Wounds, and to ease my be pains, and help the fores.

Lilly of the Valley.

Alled also Conval-Lilly, May-Lilly, and Lilly Confarcy.

and Descript. The Root is small, and except h far in the Ground, as Grass loots do ; the Leaves are many, among ft which arifeth up a falk bolf a foot high, Lea Less with many white flowers like little bens, with turned edges, of a ftrong, though from hasing smell: the Berries are red, not much unlike those of Sparagus. mai

Place. They grow plentifully upon Hamstead-heath, and in many other

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tile lices in this Nation.

Time. They flower in May, and the Seed is ripe in September.

Tomperature and Vertues. It is under the Dominion of Management of the Seed is ripe in September. Temperature and Vertues. It is under the Dominion of Mercury, and

herefore there is no question to be made but it strengthrow hens the Brain, recruits a weak Memory, and makes Brain, Memory,
de strong again: The distilled Water dropped into the Instammations in the eyes, helps inflammations there, as also that infirmity Eyes, pin & web, the which they call a pin and web: the spirit of the flowers lost speech, Palse, and liftilled in Wine, restoreth lost speech, helps the palse, Apoplexy, Heart, into an exceeding good in the Apoplexy, comforteth the Vital Spirits, Gout, there and vital spirits. Gerard saith, That the slowers spin chest stopped up in a Glass put into an Ant-hill, and taken away again

moneth after, you shall find a Liquor in a Glass, which being ourwardly

pplyed helps the Gout.

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White-Lillies.

I were in vain to describe a Plant so commonly known in every ones. Garden, therefore I shall not tell you what they are, but what they'are good for.

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Government and Vertues. They are under the Dominion of the Monit by Antipathy to Mars, expel poylon: they are excellent good in Pellis tial Feavers: The Roots being bruifed and boyled in Wine, and the coction drunk, for it expels the Venom to the exterior pa of the Body : the Juice of it being tempered with Burn Poyfon, Peftilential Feavers, meal baked, and fo caten for ordinary bread, is an excelle Venom, Dropfie, Cure for the Dropfie : An Ointment being made of i Scall'd Heads, Root and Hogs greate, is excellent good for Scal'd-hei !!. unites Sinems, and unites Sinews when they are cut; besides the Ven Gro ulsers, After- that it hath to cleanic Ulcers, it being of a fine suppurition, birth, Plague, quality: The Root boyled in any convenient Decodi fores, Swellings gives speedy delivery to Women in Travel, and expelse in the Privities, After birth: The Root roasted and mixed with a line will Burnings, Scald-Hogs-grease, makes a gallant pultiss to ripen and be cooled ings, Hair resto-Plague-sores: The Oynement is excellent good for such as the cooled ings. lings in the Privities, and will cure burnings & scalding fin without a scar, and trimly deck a bald place with Hain, mis

Liquoris.

Deleript. Our English Liquoris rifeth up with divers woody stalks, when Jon are fet at feveral distances, many narrow, long green Leans fet together on both fides of the flalks, and an odd one at the end, very wells sembling a young Ash-tree sprung up from the seed : This by many years contin ance in a place without removing, and not elfe, will bring forth Flowers, me til standing together Spike fashion one above another upon the stalks, of the form Pease-blossoms, but of a very pale blow colour, which turn into long, somewheath, and smooth cods, wherein is contained small, round, hard feed: The Rull running down exceeding deep into the ground, with divers other smaller Roots of ow, Fibres growing with them, and shoot out Suckers from the main Roots all about whereby it is much increased, of a brownish colour on the outside; and yell in within.

Place. It is planted in Fields and Gardens in divers places of this Line in

and thereof good profit is made. Government and Vertues. It is under the Dominion of Mercury. Liquid even boyled in fair Water with some Maiden-hair and Fig. ha Cough, Hoarsness, maketh a good Drink for these that have a dry Coughs Plate Phissick, Consump- Hoarsness, Wheeling, Shortness of Breath, and for the consumpress of Breath, and the consumpress o

tions, Reins, Stran- the griefs of the Breaft & Lungs, Phrifick or Confum

tions, Reins, Stran- the griefs of the Breast & Lungs, Phrisick or Consump gury, Heat, wine, tions caused by the Distillation of Salt humors on them Eyes, Bladder. It is also good in all pains of the Reins, the Stangury and heat of Urine: The sine Powder of Liquoris bloom the through a quill into the Eyes that have a Pin and Web (as they call it) a Rheumatick Distillations into them do h cleanse and help them: The Jud of Liquoris is a effectual in all he Diseases of the Breast and Lungs, the Reins and Bladder, as the Decoction. The Juice dissolved in Rose-water, with them Transcarch is a fire licking. Madience for Hear and Whee Some Gum Tragreanth, is a five licking Medicine for Hoarinels, When Sugs, &c.

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Liver-wort.

Common Liver-wort groweth close, and spreadeth much upon the oground in moist and shadowy places, with many sad green leaves, atter (as it were) Ricking flat one to another, very unevenly cut in on the edges. is umpled, am among which arise small stender stalks an inch or two high at the bearing the star-like flowers at the tops: The Roots are very sine and Ven Government and Vertues. It is under the Command of Ju- Liver, uniter, and under the fign Cancer. It is a fingular good Herb for Inflammation the Diseases of the Liver, both to good and cleaner. beled the inflammations in any part, and the Yellow-Jaundice Jaundice, line ewife: being bruifed and boyled in small beer and drunk, Spleen, but tooleth the heat of the Liver and Kidneys, and helpeth the Running rive ming of the Reins in Men, and the Whites in Women: It of the alding lingular Remedy to stay the spreading of Tetters, Ring-Reins, ain, mis, and other freeting and running fores and scabs, and is whites excellent Remedy for fuch whole Livers are corrupted by Tetters, feits, which cauleth their bodies to break out, for it fortifies "ing-worms, when Liver exceedingly, and makes it impregnable. Surfeits.

Loofe-Arife, or Willow Herb.

Common yellow loofe-strife groweth to be four or five foot high, or more, with great round stalks a little crested, diversity cript. new arched from the middle of them to the tops into great and long branches, or all which at the joynts there grow long and narrow Leaves, but broades only and usually two at a joynt, yet sometimes three or sour somewhat like about sillow-leaves, smooth on the edges, and of a fair green colour from the upvers of five leaves a piece, with divers yellow threds in the middle, which Limininto small round heads, containing small cornered seeds: The Root tpeth under ground, almost like Couch-grass, but greater, and shooteth every spring brownish heads, which afterwards grow up into stalks : It Place. It groweth in many places of this Land in moist Meadows, and by

ter-fides.

ine. It flowreth from June to August.

then Government and Vertues. This Herb is good for all manner of bleeding four flouth or Nose, or Wounds, and all Fluxes of the Belly,

four flouth or Nose, or Wounds, and all Fluxes of the Belly,

the Bloody-flux, given either to drink, or taken by Bleeding, Flux, it) ter, it stayeth also the abundance of Womens Courses: Bloody-Flux, a lingular good Wound-Herb for green wounds to stay Terms stops, bleeding, and quickly close together the Lips of the wounds, Sore and, if the herb be bruised, and the juice only applied: Mouth, Priving often used in Gargles for some Mouths, as also for the ties, Gnats,

fecret parts. The Impak hereof being burned, driveth away Flies and Gu which use in the night time to molest people inhabiting near Marshes, a i the Fenny Countreys.

Loofestrife, with spiked heads of Flowers.

His groweth with many woody fquare falks, full of joynts an three foot high at leaft, at every one whereof, fland two is Lives, horter, narrower, and of a larger green colour than the former, adju bo with. The Halks are branched into many long flems of fpiked Flowers, b a foot long, growing in Bundles one above another, out of smill bucks very l the fik d heads of Lavender, each of which Flowers have five round point Leaves of a purple Viglet colour, or somewhat inclining to reducts, in which he thand foull round beads after the Flowers are fallen, wherein is contained for field, The root cocepeth under ground like unto the yellow, but is greater the it; and fo are the heads of the Leaves when they first appear out of the grow and more bienvithin the other.

Place. It groweth usually by Rivers and Ditches fides in wet Ground as about the Ditches at and neer Limbeth; and in many other places ofthe

Time. It flowreth in the Months of June and July.

Government and Vertues. The Herb is an Herb of the Moon, and un the Sign Cancer: neither do I know a better Preserver of the fight wh tis well; nor a bet er cure of fore Eyes, than Eye-bright taken inward and this used outwardly: 'tis cold in quality. This herb is no whit inferts unto the former; it having not only all the Vertues which the former has out some peculiar Vertues of its own found out by experience, as name I diffilled water is a present Remedy for Hurts and Blows on the Eye

and for Blindnels, fo as the Christelline humor be not petil or hurt; and this hath been sufficiently proved true by the exp vience of a man of Judgment, who kept it long to himfelf s 1 . mistif great feerer : It also cleareth the Eves of dust or any other this Walt als, gotten into them, and preserveth the fight. It is also very mu 20 62 53 available against wounds and thrusts, being made into an Oin I all in misment on this manner, To every ounce of the Water, addit 11025, drams of My-butter without falt, and of Sugar and Wax,oft Darfie, as much alfo, let them boy! gently altogether: Let tents bed King = ped in the Liquor that remaineth after it is cold, and put in Ezil. the wounds, and the place covered with a linnen cloth double 500'5. and anointed with the Ointment: & this is also an approved M Aluki, d cine, It likewise cleanseth and healeth all foul Ulcers & Sa Sas. whatforer, and stayeth their inflammations by washing the

with the water, and laying on them a green Leaf or two in the Summer, dry Leaves in the Winter. This Water gargled warm in the Mouth, 1 Cometimes drunk allo, doth cure the Quinfie, or King - Evil in the Thro The laid water applied warm, taketh away all spots, marks, and scabs in skin : And a little of it drurk, quencheth thirft when it is extraording

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Lovage.

(ript. TT hath many long and great stalks, of large winged leaves divided into many parts, like Smallage, but much larger and greater, ty leaf being cut about the edges, broadest forward, and imallest at the with them toward the tops come forth long branches, bearing at the reops cumbels of yellow flowers; and after them flat brownish feed. The root with thick, great, and deep, spreading much, and enduring long of a browtiff is the colour on the outside, and whitish within. The whole Plant, and every to sit, smelleth strong, & Aromanically, and is of an hore. k, of a fad green colour, Imooth and thining, from among which rife up rofit, smelleth strong, & Aromatically, and is of an hor, there being tast.
Place. It is usually planted in Gardens, where if it be suffered, it grows grous huge and great.

Tim. It flowreth in the end of July, and seedeth in August.

Go crament and Vertues. It is an Herb of the Sun under the Sign Tauras, tu notfend the Throat (as he alwaies doth, if he be recasioner of the lady, and in laurus is the Genesis) this is your Cure. It openeth, cu-

h, and digestern Humors, and mightily provoketh Wo-

and in Couries and Urine. Half a dram at a time of the dried Humor, lorms tin Powder taken in Wine, doth wonderfully warm a provoces, Distribution of the dried flows, Cold Storificial thouse moisture therein: easeth all inward gripings and math, Ladizens, dissolveth wind, and resisteth Poyson and Insection: stion, wind, Poyamel amel so known and much practifed Remedy to drink the De- fon, Epidemical so known and much practifed Remedy to drink the De- fon, Epidemical stands of the Herb for any fort of Ague, and to help the Difeases, Acres, or and torments of the body and bowels coming of cold. Belly-ake, Ouisecleed is effectual to all the purpoles aforesaid (except se, Pleurisie, last) and worketh more powerfully: The distilled water (pots, fickles, the Herb, helpeth the Quinsie in the Throat, if the Boylis. Oin seth the Pleurisie, being drunk three or four times. Being dropped into

Eyes it taketh away the redness or dimness of them; it likewise taketh y Spots or Freekles in the Face. The Leaves bruised and fried with a te Hogs-Lard, and laid hot to any Bosch or Boil, will quickly break it.

Lungwort

cript. His is a kind of Mols that groweth on fundry forts of trees, offecially Oaks, and Beeches, with broad, grayab tough ie ins, di-Ofolded, crimpled, and gashed in on the edges, and sontimes sporte lasso, with Small spots on the upperfide; It was never feen to bear any stalk or sower at time.

oversment and Vertues. Jupiter feems to own this Hirb. This is a

sufe with many Physicians to acle the D. scales of the

By and for Cought, Wheelings, and thornes of Breath Lungs, Coughs

Whele vy hat-

ness of Breath, ucers in the Privities and effe-where. which it cureth both in Man and Beast; it is very put bly put into Lotions that are taken to stay the most that flow to Ulcers, and hinder their healing, as also to all other Ulcers in the privy parts of man or woman.

It is an excellent Remedy boyled in Beer for broken-wi

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ed Horfes.

Madder.

Descript. Garden Madder shooteth forth many very long, weak, four squared a great way, very supplication, and full of joynts; at every of those joints come forth divers long, somewhat narrow Leaves, standing like a star about the stalks, rough also hairy, towards the tops whereof come forth many small pale yellow Flowe after which come small round heads, green at sirst, and reddish afterwards, black when they are ripe, wherein is contained the seed. The root is not very but exceeding long, running down half a mans length into the ground, red very clear while it is fresh, spreading divers waies.

Place. It is only manured in Gardens or larger Fields for the profit

is made thereof.

Time. It flowreth towards the end of Summer, and the feed is ripe quit

Government and Vertues. It is an Herb of Mars. It hath an opening q

lity, and afterwards to bind and strengthen. It is an a Yellow Jaundice, red Remedy for the Yellow Jaundice, by opening the structions of the Liver and Gall, and cleanling those put Obstructions It openeth also the Obstructions of the Spleen, and dis of the Liver nisheth the Melancholick Humor, it is available for and Gali, Palsie and Sciatica, and effectual for bruises inwant Spleen, Meoutward, and is therefore much used in Vulnerary dia The Root for all those aforesaid purposes, is to be boy lancholy, Pallie, Sciatica, bruifes, inward and in Wine or Water, as the cause requireth, and some outward Terms ney and fugar put thereunto afterwards. The feed her provokes, frectaken with Vinegar and Honey, helpeth the swelling hardness of the Spleen. The Decoction of the Leavest kles, Morphew, Scurf. Branches, is a good Fomentation for Women to fit

and applied to any part that is discoloured with Freckles, Morphew, the white Scurf, or any such deformity of the skin, cleanseth them through the

and taketh them away.

Maiden Hair.

Description. Our common Maiden-hair, doth from a number of hardble fibres, send forth a great many blackish, shining, bit stalks hardly a span long; in many not half so long, on each side set very with small, round, dark green Leaves, and spotted on the back of them like it Fire.

Place. It groweth much upon old Rone Walls in the West Parts, and fills in Kent, and divers other places of this Land; it joyeth likewise to ow by Springs, Wells, and Rocky, moift and shadowy places; and is alies green.

Wall-Rew, or ordinary white Maiden-hair.

eletipt. His hath very fine, pale, green stalks almost as fine as hairs, fet confusedly with divers pale green Leaves on very fhort offalks somewhat neer unto the colour of Garden Rew, and not much differing form, but more direcfly cut in on the edges, and thicker, smooth on the upper one, and spotted finely under neath.

all Place. It groweth in many place

Place. It groweth in many places of this Land, at Dartford, and the bridge ards, as shire, on Frammingham Castle in Susfolk, on the Church walls at Mayse ld susfex, in Summer sit-shire, and divers other places of this Land, and i Abford in Kent, at Beaconsfield in Buckingbam-fine, at Wolley in Hunting-

red fen in Winter as well as in Summer.

Government and Vertues. Both this and the former are under the Domirofit on of Mercury, and so is that also which follows after: and the Vertues both these are so near a like, that though I have described them and their e quit aces of growing severally, yet I shall in writing the Vertues of them, joyn

em both together as followeth.

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em both together as followeth.

The Decoction of the Herb Maiden-hair being drunk, helpeth of that are troubled with the cough, shortness of breath, the cough, the ellow-jaundice, Diseases of the Spleen, stopping of Urine, and shortness alpeth exceedingly to break the stone in the Kidneys (in all of breath, hich Diseases the Wall-Rew is also very effectual) It provotes the Womens Courses, and stayeth both Bleedings and Fluxes jaundice, the stomach and belly, especially when the Herb is dry, for Spleen, ting green, it looseneth the Belly, and avoideth Choler and Disury, legm from the Stomach and Liver, it cleanseth the Lungs, and rectifying the Blood, causeth a good colour to the whole Botome, with swellings, and dryeth up moist Ulcers. The Lye made breef, is singular good to cleanse the Head from scurf, and from Fluxes, the summing sores: stayeth the falling or shedding of the hair, Lungs, the summing sores: stayeth the falling or shedding of the hair, & running fores: stayeth the falling or shedding of the hair, Lungs, state ad causeth it to grow thick, fair, and well coloured; for which Swellings, uppose some boyl it in Wine, putting some Smallage-seed ulcers, treto, and afterwards some Oil. The wall-Rue is as effectual Sourf, Maiden-hair in all Diseases of the Head, and falling or reco- Sores, tring of the hair again, and generally for all the afore-menti- Baldnefs. ted Diseases: And besides, The powder of it taken in drink a forty daies together, helpeth the burstings in Children.

Golden Maiden, Hair.

O the two former give me leave to add this, and I shall do no more but only describe it unto you; and for the Vertues refer you to the for-

The English Physician Enlargeds 150 mer, fich whatfeever is faid of them may also be faid of this.

D'fort. It hath many imall, brownish red hairs to make up the form leaves growing about the ground from the root, and in the middle of the in Summer, rife small stalks of the same colour, fet with very fine yellowing green nears on them, and bearing a small gold-yellow head, leffer thm Wheat Corn, standing in a great Husk. The root is very small and Thred

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Via c. It groweth on Bogs and Moorish places, and also on dry shado res places, at L'im flead-Heath, and elle where.

Mallows, and Marsh, Mallows.

Cramon Mallows are generally fo well known, that they need no D

Our comm on Marfin-Mallows have divers foft hoary white falks rifing the be three or four fout high, spreading forth many Branches, the Leaves when Leaves of are lose and hairy, somewhat lesser than the other Mallow leaves but long lou regointed, cut (for the most part) into some few divisions, but deep: The um Howers are many, but fmaller alfo than the other Mallows, and white, or ten Coo ing to a bluth color. After which come such like round cases and seed as said to a bluth color. After which come such like round cases and seed as said to a blue Mallows. The roots are many and long, shooting from one that is to be branch of a thumb or singer, very pliant, tough and bending like I take of oracle of a whitish yellow colour on the outside, and more white within, to oracle of a whitish yellow colour on the outside, and more white within, to oracle of a whitish yellow colour on the outside, and more white within, to oracle of a whitish yellow colour on the outside, and more white within, to oracle of a whitish yellow colour on the outside, and more white within, to oracle of a whitish yellow colour on the outside, and more white within, to oracle of a whitish yellow colour on the outside, and more white within, to oracle of a whitish yellow colour on the outside, and more white within, to oracle of a whitish yellow colour on the outside, and more white within, to oracle of a whitish yellow colour on the outside, and more white within, to oracle of a whitish yellow colour on the outside, and more white within, to oracle of a whitish yellow colour on the outside, and more white within, to oracle of a whitish yellow colour on the outside, and more white within, to oracle of a whitish yellow colour on the outside, and more white within, the oracle of the or

The common Mallows grow in every Countrey of this Land. donnt the Sea, both on the Katish and Essex Shores, and in diversold Sw

resoftlis Land Me. They flower all the Summer moneths, even untill the Winter put I chem down.

Government and Vertues. Venus owns them both. The Leaves of the ther of the forts before specified, and the Roots also boyled in Winter the

Water, or in Broth with Parlly or Fennel Roors, doth helpt lin open the Body, and is very convenient in hot Agues, or other Ni stempers of the body, to apply the leaves so boyled warm to Belly. It not only voideth hot, cholerick, and other offers one humors, but eafeth the pains and torments of the Belly comi thereby; and are therefore used in all Clysters conducing to the line purpofes: The fame used by Nurses, procureth them flott fo Milk. The Decoction of the feed of any of the common Mil Re lows, made in Milk or Wine, doth marveleufly help excorin ons, the Politick, Pleurifie, and other Difeases of the Che and Lungs that proceed of hot causes, if it be continued take for some time together: The Leaves and Root work the suffice: They help much also in the executations of the Gu eif A: They help much also in the excertations of the Ga and Bowels, and hardness of the Mother, and in all hors fickacie.

Aques, Choler, Griping in the Belly . Milk, Excoriatie: Petalick, Pleavili; Twollin Worns , Fallingllowi

up Diseases thereof. The juice drunk in Wine, or the Deoftion of them therein, doth help women to a speedy and casie Eyes, Delivery. Pliny faith, That wholoever shall take a spoonful of Bec., by of the Mallows, shall that day be free from all Diseases that masps, &c thin pay come unto himsand that it is special good for the Falling- Poysos, heed chiefs. The Syrup also, and Conserve made of the Flowers, H. rd revery effectual for the same Diseases, and to open the Body Swellings, sing Costive. The leaves bruised and laid to the Eyes with a I florentittle honey, take away the Impostumations of them. The tion, Cadi, leaves bruised or rubbed upon any place flung with Bees, theer, Wasps, or the like, presently taketh away the pains, redness, and Soleen, wellings that rite thereupon: And Dioscorides faith, the Deco- Roughofs fien of the Leaves and Roots helpeth all forts of poylon, to as of the Skit, ifing the poylon be presently voided by Vomit. A Pultils made of the Scarf, when Leaves boyled and bruifed, whereunto add some Bean or Barly- Dandif, tlore lour, and Oil of Roses, is an especial Remedy against all hard Scalby times and inflammations or impostumes, and swellings of the Heads, or ten Cods, and other parts, and easeth the pains of them; as also a Scalaing, edus tainst the hardness of the Liver or Spleen, being applied to the Buching, elas biaces. The juice of Mallows boyled in old Oil, and applied, St. Antholike I taketh away all roughness of the skin, as affo the scurf, Dandrif, nics fire, hings production away all roughness of the skin, as also the learn, Danorit, nics pre, hings productions in the head, or other parts, if they be anointed Sore menth herewith, or wathed with the decoction, and pre-erveth the hair and Throne. It from falling off. It is also effectual against Scaldings and Bur-Baldness, rooks wellings, St. Anthonies fire, and all other hor, red, and painful Thorns.

The swellings in any part of the Body. The Flowers boyled in Oil

or Water (as every one is disposed) whereunto a little Honey and Allum is inter put, is an excellent Gargle to wash, cleanse, and heal any fore Mouth or Throat in a short space. If the Feet be bathed or washed with the Decocti-

of a confithe Leaves, Roots and Flowers, it helpeth much the defluxions of the theume from the head. If the head be washed therewith, it stayes the falshelpt ling and shedding of the hair. The green Leaves (saith Pli, y) beaten with here ling and applied, draw out Thorns or Pricks in the flesh.

The Marsh-mallows are more effectual in all the Diseases before mentified the Leaves are likewise used to loosen the Belly gently, coming and inDecoctions for Clysters to esseall pains of the body, open-Belly, whereby the Stage to the ing the strait passages, and making them slippery, whereby the Stone fine may descend the more easily, and without pain our of the Roins, My Reine, Kidneys and Bladder, and to ease the torturing pains Kidneys, oring thereof: But the Roots are of more special use for those purpo-Bladd r. Che les, as well for Coughs, Hoariness, shortness of Breath, and Cangla, less Wheezings, being boyled in Wine or honyed Water, and drunk. Shortness The Roots and Seeds hereof boyled in Wine or Water, is with of Breath, and success used by them that have Excoriations in the Guts, wheefing, or the Bloody-slux, by qualifying the violence of sharp free- Excoriations in the Guts, where say of the state of the my ting humor, casing the pains, and healing the foreness: he is or of the

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Futs. Ruptures, ramp. Convullions, The Kings-Evil, Kernels, Chin-cough, Wounds, Bruifes, Falls, Blows. Muscles, Morphew. Sunburning.

profitably taken of them that are troubled with Rupture Cramps, or Convulsions of the Sinews; and boyled in white Wine for the Imposthumes of the Throat, commonly called Kings-Rvil, and of those Kernels that rife behind the Ears, in Inflammations or Swellings in Womens Breafts. The die Roots boyled in milk and drunk, is special good for the Chia na cough. Hyppocrates used to give the Decoction of the Room, of the juice thereof to drink to those that were wounded, and ment dy to faint through loss of Blood, and applied the same mix with Honey and Rozin to the Wounds : as also the Roots boyleth ed in Wine to those that have received any hurt by bruiles, fill het or blows, or had any bone or member out of joynt, or any swell by ling pain or ach in the Muscles, Sinews or Arteries. The Mul her cilage of the Roots, and of Linseed, and of Fenugreek put togo ther, is much used in Pultiffes, Ointments and Plaisters, whe mollifie and digeft all hard swellings, and the Inflammation del them, and to ease pains in any part of the body. The seed in Ear ther green or dry, mixed with Vinegar, cleanseth the skin of the ha

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Morphew, and all other discolourings, being bathed therewith in the Sun ipa You may remember that not long fince, there was a raging Difease called the Bloody. flux ; the Colledge of Physitians not knowing what to make it, called it, The Plague in the Guts, for their wits were at ne plus ultre about it, My Son was taken with the same Disease, and the Excoriation of his Bowels was exceeding great; my felf being in the Countrey, was for the for up; the only thing I gave him, was Mallows bruised and boyled both in his milk and drink, in two daies (the bleffing of God being upon it)cut wil red him, and I here, to shew my thankfulness to God in communicating the

to his Creatures, leave it to posterity.

Maple-Tree.

Government and Vertues.

Liver Strenzthens, epens ob-Aructions of the Liver and Splien, pains in the fides.

TT is under the Dominion of Jupiter. The Decoction to ther of the Leaves or Bark, must needs strengthen the of Liver much, and so you shall find it do, if you use it; iti excellent good to open Obstructions both of the Liver and Spleen, and easeth pains of the sides thence proceeding.

Wild-Marjerom.

Alled also Organe, Origanum, Bastard Marjerom, Wild-Marjerom

and Grove-Marjerom.

Descript. Wild or Field-Marjerom hath a root which creepeth much walt ground, which continueth a long time, fending up fundry brownish, hard, fare stalks, with small, dark, green leaves, very like those of Sweet Marjerom, harder, and sommhat broader; at the tops of the stalks stand tufts of Flowers! a deep purplift red colour : the feed is small, and somebing blacker than that Sweet Marjerom.

Place. It groweth plentifully in the Borders of Corn-fields, and in fome

white toples.

led to Time. It flowreth toward the later end of Summer.

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tt, w Government and Vertues. This also is under the Chief and Head much, there being scarce a better Remedy mors, Appetite, Cough, or towing for such as are troubled with a sour Humor Consumption of the indicate their stomach; it restores Appetite being lost, helps Lungs, Poyson, Chomica he Cough, and Consumption of the Lungs, it clean-ler, Spleen, Venomous is both the Body of Choler, expelleth Poyson, and reme-Beasts, Poyson, urine is the infirmities of the Spleen, helps the bitings procedeth, Terms proly swell tenselves by earing Hemlock, Hendane, or Onium, any Scales, Itch Legues. Mul hemselves by eating Hemlock, Henbane, or Opium, vy, Scabs, Itch, Lepro. t togo i provoketh Urine and the Terms in Women, helps sie, Yellow-jaundice, ets, to he Dropsie, and the Scurvy, Scabs, Itch, and the Deafaes, Noise and tions Yellow-jaundice: the juice being dropped into the pains in the Ears. etd sie lars, helps Deafness, Pain, and noise in the Ears. And of the hus much for this Herb, between which and Adders there is a deadly An-

Sweet Marjerom.

Weet Marjerom is so well known, being an Inhabitant in every Garden, ations of that it is needless to write any Description thereof, neither of the Winas sen er Sweet Marjerom, nor Pot Marjerom.

Place. They grow commonly in Gardens; some sorts there are that grow wild in the Borders of Cornsields and Pastures, in sundry places of this land, ting it but it is not my purpose to insist upon them: The Garden kinds being most used and useful.

Time. They flower in the end of Summer.

Government and Vertues. It is an herb of Mercury, and under Aries, and is therefore an excellent Remedy for the Brain, and other parts of the Body and Mind, under the Dominion of the same Planet. Sweet Marjerom, is warming and comfortable in cold Diseases of the Head, Stomach, Sinews, and other parts, taken inwardly, Head, it in or outwardly applyed: The Decoction thereof being drunk, hel-Stomach, peth all diseases of the Chest, which hinder the freeness of brea-Breast, thing, and is also profitable for the Obstructions of the Liver Obstruand Spleen: It helpeth the cold griefs of the Womb, and the Etions, Windiness thereof, and the loss of Speech, by resolution of the Liver, erom, Tongue. The Decoction thereof made with some Pellitory of Spleen, Spain, and long Pepper, or with a little Acorns or Origanum, womb,

being drunk, is good for those that are beginning to fall into a wind, Dropfie, for those that cannot make water, and againk pains Dropfie, and torments in the Belly; it provoketh Womens Courses, if it Belly-ake, be put up as a Peffary. Being made into Powder, and mixed Terms with Honey, it taketh away the black marks of blows and bruiles provokes,

-54 Marks of Blows, Noife in the Ears. Foynts, Sinews, Swellings. Bueiging, Fleam:

being thereto applied. It is good for the Inflammation and w tering of the Eyes, being mixed with fine flour, and layed unu them. The juice dropped into the Ears, eafeth the pains me finging noise in them. It is profitably put into those Oins ments and Salves that are made to warm and comfort the outward parts, as the Joynts and Sinews, for swellings also, an places out of joynt. The powder thereof snuffed up into the vin Note, provoketh incezing, and thereby purgeth the Brain; and chewed in the Mouth, draweth forth much flegm. The Ol made thereof, is very warming and comfortable to the joynt mo

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that are fliff, and the Sinews that are hard, to mollifie and supple them bre Marjerom is much used in all odoriferous Waters, Powders, &c. that are cur

for ornament or delight.

Marigolds.

Hele being to plentiful in every Graden are so well known, that the need no description.

Time. They flower all the Summer long, and sometimes in Winter, ifi

be mild.

Government and Vertues. It is an Herb of the Sun, and under Leo: They her Attengthen the Heart exceedingly, and are very expulsive, and little less effectual in the small Pox and Meazels than Saffron. Hiat, The Juice of Marigold-leaves mixed with Vinegar, and any hot Ju Vital swelling bathed with ir, instantly giveth ease, and affwagethic Spirits, The flowers either green or dryed, are used much in Possets, Peftilence. Broths, and Drinks, as a comforter of the Heart and Spirits, and Imall Pox. Meazels, to expel any malignant or pestilential quality which might an Ho fwelnoy them. A Plaister made with the dry flowers in Powder, Hogs-greafe, Turpentine and Rozin applied to the breft, ftrenglings, Feavits, thens and succours the Heart infinitely in Feavers, whether per Pestilence. stilential or not pestilential,

Masterwort.

Descript. Ommon Masterwort hath divers stalks of winged leaves divided Jinto fundry parts, three for the most part standing togethers a small foot-stalk on both sides of the greater, and three likewise at them of the filk, somewhat broad and cut in on the edges, unto three or more of visions, all of them dented about the brims, of a dark green colour, somwhat resembling the leaves of Angelica, but that these grow lower to the ground and on leffer stalks; among which rife up two or three short stalks, about the foot high, and flender, with fuch like leaves at the joynts as grow below but with leffer and fewer divisions, bearing Umbles of white flowers, and at ter them famil, thin, flat, blackish feed, bigger than Dill-feeds : The root Somewhat greater, and growe h rather fide-wies than down deep into the ground theoting forth fundry heads, which tafte flarp, biting on the toppos and is the horrest and Surpost part of the Plant, and the feed next unto

nd me being somwhat blackish on the out-side, and smelling well, edunt Plice. It is usually kept in Gardens with us in England. Plice. It is usually kept in Gardens with us in England. ons and Time. It flowereth and seedeth about the end of August.

Oine Government and Vertues. It is an Herb of Mars. The Root the outof Masserwort is hotter than Pepper, and very available in all Cold griefs,
and cold griefs and Diseases both of the stomach and body, distolstomach,
to the ving very powerfully upward and downward: It is also used Cold
in; and in a Decoction with Wine against all cold Rheums, or Distil-Rheums,
the Old lations upon the Lungs; thortness of breath, to be taken urine, Stone,
lations upon the Lungs; thortness of breath, to be taken urine, Stone,
them break the stone, and expel the Gravel from the Kidneys, proHomens
that are cureth Womens Courses, and expelleth the dead birth: is sincureth Womens Courses, and expelleth the dead birth: is sincureth womens Courses, and expelleth the dead birth: is sincureth womens Courses, and expelleth the dead birth: is singular good for firangling of the Mother, and other fuch like Dead-child; A Feminine Difeaies. It is effectual also against the Dropsie, Mother, Cramps, and Falling-fickness, for the Decoction in Wine Dropfie, t the being gargled in the Mouth, draweth down much Water and Cramps, and figm from the brain,purging & eafing it of what oppreffeth Fallingt, if it. It is of a rare quality against all fores of cold poyson, to be sickness, taken as there is cause, it provoketh sweat : but left the tafte Cold poy-They hereof, or of the feed (which workerh to the like effect, though fons, Sweat, and not for perfully) should be too offensive, the best way is to Green affron take the Water distilled both from the Herb and Root, The wounds, ny hot Juice hereof dropped, or Tents dipped therein, and applied ei- Retten ulther to green Wounds, or filthy rotten Ulcers, and those that cers, Gout, offers, some by invenomed weapons, doth foon cleanse & heal them. ts,and The same is also very good to help the Gout coming of a cold cause.

Sweet Maudlin.

Descript. Common Mandlin hath somewhat long, and narrow Leaves, snip'd labout the edges: the stalks are two foot high, bearing at the topi many yellow Flowers, set round together, and all of an equal height in umbels, or tasts lk unto Tansie; after which solloweth small whitish seed, almost as big as worm-seed. The whole Herb is sweet and bitter.

Place and Time. It groweth in Gardens, and flowreth in June and July.

Government and Vertues. The Vertues hereof being the same with Costmary or Alecost, I shall not trouble you to make any repetition thereof, lest
my Book grow to big: but rather refer you unto Costmary for satisfa-

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The Medlar.

Descripe. The Tree groweth neer the biguess of the Quince-Tree,

I spreading Brinches reasonable large, with longer and narlower leaves than either the Apple or Quince, and not dented about the edgess
dit seed if the spring stand the Flowers made of five white, great,
bead sector Leaves, nicked in the middle with some white the eds also.

after

ofter which comet the fruit of a brownish green colour being ripe, bearings crown as it were on the top, which were the five green Leaves; and being rubble off or fallen away, the Head of the fruit is seen to be somewhat hollow. The fruit wery harsh before it be mellowed, and hath usually five hard kernels with it.

There is another kind hereof differing nothing from the former, but that it has
form Thorns on it in feweral places, which the other hath not; and usually the

Finit is fmall and not fo pleafant.

Time and Place. They grow in this Land, and flower in May for the most

part, and bear fruit in September and October.

Government and Virtues. The Fruit is old Saturns, and fure a better Medicine he hardly hath to strengthen the retentive Faculty, therefore it suit Womens longings; the good old man cannot endure womens minds should

run a gadding. Alfo a Plaister made of the Fruit dried before difearthey be rotten, and other convenient things, and applied to the Reins of the Back, stops miscarriage in Women with Child. ring's Flaxes, They are very powerful to stay any Fluxes of blood or humors in man or woman : the Leaves also have the like quality. (Layeth Fruit eaten by Women with Child, stayeth their Longings af-It'umens ter unufual meats, and is very effectual for them that are an Longings, to miscarry, and be delivered before their time, to help that Hinders Malady, and make them joyful Mothers. The Decocion of Mafear them is good to gargle and wash the Mouth, Throat and Teeth 111 C. when there is any defluxion of blood to flay it, or of humors G. gle. which causeth pains and swellings. It is a good Bath for Wo-Worns men to fic over that have their Courses flow too abundantly; of Courfes, Piles, for the Piles when they bleed too much. If a Pultifs or Plaifter Loubing be made with dried Medlars, beaten and mixed with the juice of red Roses, whereunto a few Cloves and Nutmeg may be adof Meat, or Calling, ded and a little red Coral alio, and applied to the Stomachtha Bleeding, is given to casting or loathing of Meat, it effectually helpeth, Fresh The dried Leaves in Powder strewed on fresh bleeding wounds, mounds, restraineth the blood, and healeth up the wound quickly. The Store in the Medlar Rones made into Powder and drunk in Wine wherein fome Parsley-Roots have lien infused all night, or a little boy-Kiduys. led, do break the stone in the Kidneys, helping to expel it.

Melilot, or Kings Claver.

Descript. This hath many green stalks two or three foot high, rising from a tough long white root which dieth not every year, set rounds bout at the joynts with small, and somewhat long, well smelling Leaves so three together, unevenly dented about the edge. The flowers are yellow, and well smelling also, made like other Tresoyle, but small; standing in long spikes one above another, for an hand breach long, or better, which afterwards turn into long crook of Code, wherein is contained flat seed, somewhat brown.

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Place. It groweth plentifully in many places of this Land, as in the edge fsuffolk, and in Effex, as also in Huntington-frice, and in other places, but nost usually in Corn-fields, in corners of Meadows.

Time. It flowreth in June and July, and is ripe quickly after. Government and Vertues. Melilot boyled in Wine, and apally the en in the eyes or other parts of the body, as the fundament, or mors and e most vivy parts of men or women; and somtimes the yolk of a roast- Instamma-degg, or fine Flower, or Poppy-seed, or Endive is added unto tions in the is It helpeth the spreading Ulcers in the head, it being wash- Eyes or elf fairs d with a Lye made thereof. It helpeth the pains of the flomach where, ulcer though being applyed fresh, or boyled with any of the afore-named in the Head, though hing. It helpeth also the pains of the Ears, being dropped in-Stomach before othem; and steeped in Vinegar Rose-water, it mitigates the pained, othem; and steeped in Vinegar Rose-water, it mitigates the pained, bead-ach. The flowers of Melilot and Chamomel are much us. Head-ach, do be put together in Clysters to expel wind, and to ease wind, spleen, aims; also into Pultisses for the same purpose, and to asswage Dimness of wellings or tumors in the Spleen or other parts, and helpeth Sight, Stusses inflammations in any part of the body. The juice dropped into pidity of the Eyes, is a singular good Medicine to take away any film or Senses, with that cloudeth or dimmeth the Eye-sight. The head of strengthens in washed with the distilled Water of the Herb and Flowers, or Memory, Lye made therewith, is effectual for those that have sudden-Apoplexy.

I y lost their Senses; as also to strengthen the Memory, to comfort hing. It helpeth also the pains of the Ears, being dropped in- Stomach wo ly lost their Senses; as also to strengthen the Memory, to comfort the Head and Brains, and to preserve them from pains and the Apoplexy.

French, and Dogs Mercury.

Descript. His rifeth up with a square green stalk full of joynts, two foot high or thereabouts, with two leaves at every joynt, and branches likewife from both fides of the flatk, fet with fresh green leaves somewhat broad and long, about the bigness of the leaves of Basil finely dented about the edges : to-The pards the tops of the stalks and branches come forth at every joynt in the Male hereis Mercury, two small, round, green heads standing together upon a short foot-stalk, boj- which growing ripe, are seeds, not having any flowers. In the Female the stalk is longer, spike-fashion, set round about with small green husk, which are the somers made like small branches of Grapes which give no feed, but abide long upon the stalks without shedding. The root is composed of many small fibres, which trifleth every year at the first approach of wister, and rifeth again of its own lowing, and if once it is suffered to sow it felf, the ground will accer want aftermards, even both forts of it.

Dogs Mercury.

Aving described unto you that which is called French Mercury, I come now to thew you in a Description this kind also. Description. This is likewife of two kinds, Male and Female, having may stalks, slender and lower than Mercury, and without any branches at all in them, the root is set with two leaves at every joynt, somewhat greater the the Female, but more pointed and full of Veins, and somewhat harder handling, of a darker green colour, and less dented or snip'd about the edge At the joynts with the leaves come forth longer stalks than the former, wit two hairy round seeds upon them, twice as big as those of the former Mercury. The taste hereof is hereby, and the smell somewhat strong and virulent. The Female hath much harder leaves standing upon longer soot-stalks, and the stalks are also longer: from the joynts come forth spikes of Flowers, like the French Female Mercury. The roots of them both are many, and full of small sibres; which run under ground, and mat themselves very much, no perishing as the former Mercuries do; but abiding the Winter, and shoot forth new branches every year, for the old die down to the ground.

Place. The Mile and Female French Mercury are found wild in diver places of this Land; as by a Village called Brookland in Rumny Marsh in

Kont.

The Dogs Mercury in fundry places of Kent a' fo, and else where: but the Female more seldom than the Male.

Time. They flourish in the Summer Moneths, and therein give their Seed.

Government and Vertues. Mercury they say owns this Herb, but I rather think 'cis Venus, and am partly confident of it too: for I never read that Mercury ever minded Womens business so much. I believe he mindes his Study more. The Decoction of the Leaves of Mercury, or the jaice thereof

Purgetb Chole ick Humors, Womens Gokn fin Mither, Womers Courfes. Stranginy, fore Eyes, Aques, Fleem, Rocums and Catarrhis Mela !cho!y Humors, 202 00 Taundier, Warts

in Broth, or drunk with a little Sugar put to it, purgeth Cholerick and waterish humors, Hypocrates commended it wonderfully for Womens Diseases; and applied to the secret part to ease the pains of the Mother; and used the Decoction of it, both to procure Womens Courses, and to expel the After-birth! And gave the Decoction thereof with Mirrb or Pepper, or used to app'y the Leaves outwardly against the Strangury, & diseases of the Reins and Bladder. He used it also for fore and watering Eyes, and for the Deafness and pain in the Eares, by dropping the Juice thereof into them, and bathing them afterwards in White-Wine. The Decoction thereof made with water, and a Cock Chicken, is a most safe Medicine against the hor fits of Agues. It also clean ein the Breast and Lungs of Flegm, buta little offendeth the fromach. The Juice or diftilled water fnuffed up into the Nothils, purgeth the Head and Eyes of Catarrhs and Rheums. Some use to drink two or three ounces of the distilled Water, with a little Sugar put to it, in the morning fafling, to open and purge the Body of grofs, viscous and melancholy humors. It is wonderful (if it be not fabulous) that Dioscorides and Theoph altus do relate of it, Viz. That if Women afe the e herbs ei her inwardly or outwardly for three days together after Conception, and their Courses be patt, they thall britt

ing forth Male or Female Children, according to that kind of Scabs, which they use. Matthiolus saith, that the seed both of the Male & Tetters are small Mercury boyled with Wormwood and drunk, cureth the Ring-low Jaundice in a speedy manner. The Leaves or the Juice morms, bed upon Warts, taketh them away. The Juice mingled with Swellings, me Vinegar, helpeth all running Scabs, Tetters, Ring-worms, Instamble of the Itch. Galen saith, that being applied in manner of a mations, listis to any swelling or Instammation, it digestern the swelling waterish dallayeth the Instammation, & is therefore given in Clysters and Metallayeth from the Belly offensive humors. The Dogs Mercu-Lanchale full a structuate from the Belly offensive humors. The Dogs Mercu-lancholy although it be less us'd, yet may serve in the same manner Humors: the same purpose to purge waterish and melancholy humors.

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fall the kinds of Mint, the Spear-mint, or Hart-mint being most useful, I shall outly describe it as followeth. Spear-mint ut the solour. The flowers stand in spiked heads at the tops of the branches, betheir of a pale blue colour. The smell or scent hereof is somewhat near auto Basil, we feth by the root under ground, as all the others do.

rather Place. It is an usual Inhabitant in Gardens, and because it seldom giverh that Igood seed, the effect is recompensed by the plentiful increase of the root, ich being once planted in a Garden, will hardly be rid out again.

nered Time. It flowreth not untill the beginning of August, for the most

onderhath a heating, binding and drying quality, and therefore Juice taken with Vinegar, flayeth bleeding : it ftirreth Provokes venery, Venery, or bodily Luft. Two or three branches thereof flaies Vamiting, an with the Juice of four Pomegranates, stayeth the allayeth Choler, cough, Vomiting, and allayeth the Choler. It diffolveth Impostum s. eales cring postumes being laid to with Barly-meal. It is good to great Breaks, resthe milk in Womens Brests, and for such as have mad Dogs bich, flagging or great Brefts. Applied with falt it helpeth ting, pains of biting of a mad Dog; with Mead or honeyed water, it the Ear, good the the pains of the Ears, and taketh away the roughness for the Stomach, the tongue, being rubbed thereupon. It suffereth not pains of the kto curdle in the stomach, if the leaves thereof be steep- Head, Sores and a boyled in it before you drink it. Briefly, it is very Scabs, Chops of hisble to the flomach. The often use hereof is a very the Fu dament, Merful Medicine to flay Womens Courses, & the whites. Poylon, helpeth Plyed to the forehead and temples, it easeth pains of the Liver and Stoand is good to walh the heads of young Children mach, flageth. towith, against all manner of breakings out, fores or scabs Vomiting and tonyand healeth the chops of the Fundament. It is also H ccourb, prethe against the poylon of venomous creatures. The zoketh Luft.

diffil-

Spicen, Gravel, Stone and Stranguy, comforts the Head, fore Mouth, ill Breath, Palate down.

distilled water of Mint is available to all the purpole forclaid, yet more weakly. But if a Spirit thereof be ig ly and Chymically drawn, it is much more powerfuld the Herbit felf. Simeon Sethi faith it helpeth acold ver, Arengtheneth the Belly and Stomach, causeho gestion, stayeth Vomits and the Hiccough, it is good agi the gnawing of the Heart, provoketh appetite, taketh way Obstructions of the Liver, and ftirreth up bo

Lust; but therefore too much must not be taken, because it maketh blood thin and wheyith, and turneth it into Choler, and therefore Cholen persons must abstain from it. It is a safe medicine for the biting of a m Dog, being bruised with salt, and said thereon. The powder of it being di and taken after mear, helpeth digeftion, and those that are Splenetick: ken with Wine, it helpeth Women in their fore Travel in Child-bestin It is good against the Gravel and Stone in the Kidneys, and the Strangor Being smelled unto, it is comfortable for the head and memory. The D coction thereof gargled in the mouth, cureth the Gums and Mouth the ris causeth the palate of the mouth that is down to return to his place, the D coction being gargled and held in the mouth.

The Vertues of the wild or Horse-mint, such as grow in Ditches (whi Description I purposely omitted, in regard they are well enough known)

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especially to diffolve wind in the Stomach, to help the Ch lick, and those that are short-winded, and are an especi wind, Vaccial Dreams, and Remedy for those that have Venerial Dreams and Policies in the night, being outwardly applied to the Testices ons, Eurs pain- or Cods. The juice dropped into the Ears, eafeth the pile h of them, and destroyeth the worms that breed therein. In ed biting of Serpents, Kings- are good against the venemous biting of Serpents. I ad Evil, a stinking juice laid on warm, helpeth the Kings-Evil, or Kernels in Breath, I eprosie, the throat. The Decoction or distilled water helped ad Dinaviss. Stinking breath proceeding from the corruption of the test of and inusted up into the Nose, purgeth the head. Pling his that eating of the Leaves hath been found by experience to cure the Leaves hath a leaves hath been found by experience to cure the leaves hath a leaves

fie, and applying some of them to the face, and to help the scurf or dand of the head, used with Vinegar.

They are extreme bad for wounded people, and they say a wounded that eats mint, his wound will never be cured; and that's a long day.

Miffelto.

Descript. This rifeth up from the Branch or Arm of the Tree when it groweth, with a woody flem, parting it felf into fundry by ches, and they again divided into many other smaller twigs, intale themselves one with a another, very much covered with a grayish green is baving two Leaves fet at every joyat, and at the end likewife, which

what ang and narrow, small at the hottom, but broader towards the end. At knots or joynts of the boughs and branches grow small y flowish Flowers, th turn into small, round, white, transparent Berries, three or four together, of glutinous moisture, with a blackish sced in every of them, which was ur jet known to spring, being put into the ground or any where elfe to

Place. It groweth very rarely on Oaks with us; but upon fundry other, well Timber as Fruit-trees, plentifully in Woods, Groves, and the like,

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Time. It flowreth in the Spring time; but the Berries be not ripe until fam. It flowreth in the Spring time; but the Berries be not ripe until fam. It flowreth in the Spring time; unlefs the Black-birds ing the state of the Birds do devour them.

Government and Vertues. That it is under the Dominion of the Sun, I do to tend the state of the Sun, I do to the state of the state me by; and our Colledges Opinion is in this contrary to Scripture, which ith, Gods tender mercies are over all his works; and so 'tis, let the Colledge Own)? Physicians walk as contrary to him as they please, and that's as contrary the Chast is to the West Clusters of the East is to the West Clusters of the chast's as contrary the East is to the West. Clusius affirms that which grows upon Pear-trees be as prevalent, and gives order that it should not touch the ground after it gathered; and also saith, that being hung about the Neck it reme-

in gathered; and also saith, that being hung about the Neck it remedes Witcheraft. Both the Leaves and Berries, of Misselto he problem of heat and dry, and are of subtile parts, the Birdlime doth witcheraft, of the heat and dry, and are of subtile parts, the Birdlime doth witcheraft, of the heat and dry, and are of subtile parts, the Birdlime doth witcheraft, of the heat and discussed the heat Knots, Tumors, and Imposshumes, ripeneth Imposshumes, and discussed them; and draweth forth thick as well as Spleen, ulcers, in humors from the remote parts of the body, digesting Falling-sickness, in humors from the remote parts of the body, digesting Falling-sickness, in humors from the remote parts of the body, digesting Falling-sickness, in humors from the remote parts of the body, digesting Falling-sickness, in humors from the remote parts of the body, digesting Falling-sickness, and seems of the Spleen, Imposshumes.

Adhealeth old Ulcers and Sores. Being mixed with Sandard had been and Corpment, it helpeth to draw off foul Nails; and if Quicklime and Wine Lees be added thereunto, it worketh the stronger. The Misselto it is of the Oak (as the best) strade into Powder, and given in drink to those

led man have the Falling-sickness, doth assuredly heal them, as Mathiolus saith, ut it is fit to use it for forty dayes together. Some have so highly esteemed the Vertues hereof, that they have called it Lignum Santia Crucis, Wood the Holy Cross, believing it to help the Falling-fickness, Apoplexy and affic very speedily, not only to be inwardly taken, but to be hung at their leck. Tragus faith, that the fresh wood of any Misselto bruised, and the Juice hwn forth and dropped into the Ears that have Imposshumes in them, doth spand cafe them within a few dayes.

Moneyswort, or Herb Twospence.

Descript. The common M.ney. wort sendeth forth from a small think Root, divers long, weak, and stender branches lying and make ning upon the ground, two or three foot long or more, set with Leaves two a joynt one against another at equal distances, which are almost round, be pointed at the ends, smooth, and of a good green colour. At the joynts with leaves from the middle forward come forth at every joynt sometimes a yellow Flower, and sometimes two, standing each on a small foot stalk, to made of five Leaves, narrow and pointed at the ends, with some yellow this in the middle: which being past, there stand in their places small round that of Seed.

Place. It groweth plentifully in almost all places of this Land, commun ly in moist grounds by Hedge-sides, and in the middle of grassie Fields.

Time. They flower in June and July, and their Seed is ripe quickly it

Government and Vertues. Venus owns ir. Money-wort is fingular good fray all Fluxes in man or woman, whether they be Lasks, Blood dy-fluxes, the flowing of Womens Courfes, Bleedings inward or outwardly, and the weakness of the Stomach that is given casting. It is very good also for all Ulcers or Excoriations of Lungs or other inward parts. It is exceeding good for all wound either fresh or green, to heal them speedily, and for all old ucers that are of spreading Natures. For all which purposes, it

Juyce of the Herb, or the Powder drunk in Water wherein hot Steel has been often quenched; or the Decadion of the green Herb in Wine or Water drunk; or the Seed, Juyce or Decadion used to the outward places; wash or bathe them; or to have Tents dipped therein, and put into them are effectual.

Moon-wort.

Descript. It risets up usually but with one dark gren thick and flat le stading upon a short foot-stalk, not above two singers breadth, when it will slower, it may be said to bear a small slender stalk, about four or inches high, having but one Leaf set in the middle thereof, which is much wided or both sides into sometimes sive or seven parts on a side, sometimes much of which parts is small like the middle Rib, but broad forwards, and rou pointed, resembling therein a half Moon, from whence it took the name, the appearmost parts or divisions being less than the lowest. The stalk risethable this Leaf two or three inches, bearing many branches of small long Tongues, who are like the spikie Head of the Adders tongue, of a brownish colour, which what I shall call them Flowers or the Seed, I well know not: which after they be continued a while, resolve into a mealy dust. The Root is small and sibrous. It hath sometimes divers such like Leaves as are before described, with so many he ches or tops rising from one stalk, each divided from the other.

Place. It groweth on Hills and Heaths, yet where there is much Grass. therein it delighteth to grow.

Time. It is to be found only in April and May, for in June when any hos ither cometh, for the most part it is withered and gone.

Government and Verties. The Moon owns the Herb. Moon-wort is a two ld and grying more than Adders-Tongue, and is therefore held to be more analysis and be adable for all wounds both inward and outward. The Leaves boyled in red in the line & drunk, stayeth the immoderate Flux of Womens Cour-

imes a sand the Whites. It also stayeth Bleeding, Vomiting, and Womens alk, in her Fluxes. It helpeth all blows and brusses, and to consoli- Courses, within teall Fractures and Dissocations. It is good for Ruptures, but Bleedings, ndHad is chiefly used by most with other herbs to make Oils or Bal- Vomiting, ms to heal fresh or green Wounds (as I said before) either in- Fluxes, ommon and or outward, for which it is excellent good. brok'n and Moon-wort is an herb which they fay will open Locks, and disjoyated

ckly is the foot fuch Horfes as tread upon it; this some laugh to fcorn, Bones, those no small Fools neither, but Country people that I know Green good lit (un hoo the Horfe) Befides, I have heard Commanders fay, wounds.

at on White-Down in Devonshire near Tiverton, there was found nowed sity Horf-thoos pulled off from the Feet of the Earl of Essex his Horses,

givens the there drawn up into a body, many of them being but newly shod, and reason known, which caused much admiration and the herb described ually grows upon Heaths.

Moffes.

or With Shall not trouble the Reader with any Description of these, fith my intene is to speak only of two kinds as the most principal, viz. Ground Mosses, o ther ad Tree-Mofs, both which are very well known.

Place. The Ground Moss groweth in our moist Woods, and the bottoms Hills, in boggy Grounds, and in shadowy Ditches, and many other such ke places.

The Tree Moss groweth only on Trees.

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dth; Government and Vertues. All forts of Moffes are under the Dominion of or or frequent. The Ground-Mosse is held to be singular good to breake study be Stone, and to expel and drive it forth by Urin, being boyled in Stone, es min line and drunk. The Herb bruised and boyled in Water and ap- Instam. ine and drunk. The Herb bruiled and boyled in Water and ap- Inflamled, eafeth all Inflammations and pains coming of an hor cause; mations?

the Nature of the Tree from whence it is taken: therefore hat of the Oak is more binding, and is of good effect to stay Fluxes, the stay of the Oak is more binding, and is of good effect to stay Fluxes, as the of the Oak is more binding, and is of good effect to stay Fluxes, when the other controls are stay of the Oak is more binding, and is of good effect to stay Fluxes, when the other controls are stay of the Oak is more binding. The Decoctions thereof Bleedings owder thereof being taken in Wine. The Decoctions thereof Bleedings Wine are very good for Women to be bathed with or to fit in Womens shat Courfes.

that are troubled with the overflowing of their Courles. The same being drunk, flaveth the flomach that is troubled with casting, or the Miccouel and as Avicenna faith, it comforteth the Heart. The Powder thereof us

in drink for some time together, is thought available for d Dropfie. The Oyl of Roles that have had fresh Moss flees Dropfie, therein for a time, and after boyled, and applied to the Tempe Headach. and Forehead, doth marveloufly eafe the Head-ach coming of Sincus.

hot Caufe; as also the Distillations of hot Rhewm or Humons the Eyes or other parts. The Ancients much used it in their Oyntmen and other Medicines against Lassitude, and to strengthen and comfort the news. For which, if it was good then, I know no reason but it may be foun fo ftill.

Mother-wort.

Defc. ipt. This hath , hard, fquare, brownish, rough, ftrong ftalk, if three or four foot high at least spreading into many branch whereon grow Leaves on each fide with long footflalks, two at every joya which are somewhat broad & long, as it were rough or crumpled, with m ny great Veins therein of a fad green colcur, and deeply dented about the ges, and almost divided. From the middle of the branches up to the to of them (which are very long and [mall) grow the flowers round about the at distances, in sharp, pointed, rough, hard Husks, of a more red or purp colour than Balm or Horehound, but in the same manner or form as the Horehounds: after which come small round blackish seeds in great plenty The Root sendeth forth a number of long strings and small fibres, taking Arong hold in the ground, of a dark yellowish or brownish colour, and abide as the Horehound doth, the smell of this not much different from it.

Place. It groweth only in Gardens with us in England.

Government and Vertues. Vinus owns the Herb, and it is under La There is no better Herb to drive melancholy Vapors from the Heart, to ftrengthen it, and make a merry, chearful, blid Melancho-Soul, than this Herb. It may be kept in a Syrup or Confer therefore the Latins called it Cordiaca. Befides, it makes Wi men joyful Mothers of Children , and fettles their Womh they should be; therefore we call it Motherwort. It is held be of much use for the trembling of the Heart, and in Fainting and Swoonings, from whence it took the name Cordiaca. The Powder thereof to the quantity of a spoonful drunk in Wins a wonderful help to Women in their fore Travel, as also ford luffocations or rifings of the Mother; & for thefe effects it is like ly it rook the name of Mother-wert with us. It also provoke Urin and Wemens Courles, cleanfeth the Cheft of cold Fleg oppressing it, and killeth worms in the Belly.

use to warm and dry up the cold humors, to digest and diper

disperse them that are settled in the Veins, Joynts and Siness

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the Bedy, and to help Gramps and Convultions.

ly Vapors, Swoon-1/1019 fore Travel, Mother, MYLM. is omens Courfes, Flegm, €o'd Flegm, Cramps, CONTALLI-97:5.

Mouse-Ear

Meript. Noufe-Ear is a low Herb creeping upon the ground by small Arings like the Strawberry Plant, whereby it shooteth forth mall Roots, whereat grow upon the goound many small and somewhat their gives fet in a round form together, and very hairy, which being broken, do mes white Milk: from among these Leaves spring up two or three small vary Stalks about a span high, with a few imaller Leaves thereon; At the ops whereof flandeth usually but one Flower confisting of many paler yellow caves, broad at the points, and a little dented in, fet in three or four rows, be four he greater outermoft, very like a Dandelyon Flower, and a little reddifh unkineath about the edges, especially if it grow in a dry ground: which aft they have flood long in Flower, do turn into down, which with the feed k, tilla Place. It groweth on Ditch Banks, and sometimes in Ditches, if they be wanted sy and in sandy grounds.

Time. It flowreth about Tune and July, and abideth green all the Win-

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the to hors cry our upon Alchymists for attempting to fix Quick-silver by this the to let and Moonwort: A Roman would not have judged a thing by the such purpless: if it be to be fixed at all, 'cis by Lunar Instuence. The Juice hereof was the in Wine, or the Decoction thereof drunk doth help the Jaunce although of long continuance, to drink thereof morning and Jaurdie, Government and Vertues. The Moon owns the Herb also, and though Arplenty ice although of long continuance, to drink thereof morning and Jaurdier, takin vening, and abstain from other drink two or Three hours after: Stone, abide is a special Remedy against the stone, and the tormenting pains Bellyach, attention as also other Tortures and griping pains of the Bowels. Dropsie he Decoction thereof with Succory and Centaury, is held very Flux, let La fidual to help the Dropfie, and them that are inclining there- wounds, om is nto, and the Discases of the Spleen. It stayeth the fluxes of Blood, Bloody-blid ther at the Mouth or Nose, and inward bleedings also, for it is Plux, onlent fingular Wound herb for Wounds both inward and outward: Terms es We helpeth the bloody flux, and helpeth the abundance of Womens stops, ombit ourses. There is a Syrup made of the Juyce hereof and Sugar Cough, held y the Apothecaries of Italy, and other places, which is of much Phissick, anning count with them, to be given to those that are troubled with the Ruptures, I sough or Phissick: The same also is singular good for ruptures Canker, Winci burstings. The green Herb bruised and presently bound to any ulcers, of for the or Wound, dorth quickly soder the lips thereof. And the Spreading, is like the spreading, or Powder of the dried Herb, is most singu- Sores.

To stay the malignity of spreading and fretting Cankers and leters what soever, yea, in the Mouth, or secret parts: The distilled Waltof go for the Plant is available in all the Diseases aforesaid, and to wash outdipt Weunds and Sores, and to apply tents, or cloaths wet therein.

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Mug-

Mugwort.

Description. Common Mugwort hath divers Leaves lying upon brims, somewhat like Wormwood, but much larger, of a dark green cole on the upper lide, and very hoary white underneath. The stalks rife to behalf or five foot high, having on it fuch like Leaves as those below, but for the what finaller, branching forth very much towards the top, whereon me Ih very small pale yellowith Flowers like Buttons, which fall away; and if them come small seeds inclosed in round Heads. The Root is long and her Le with many imall fibres growing from it, whereby it taketh frong hold fi the ground, but both stalk and leaf do die down every year, and the Ro en shooteth anew in the Spring. The whole Plant is of a reasonable good for the and is more easily propagated by the flips than by the feed.

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Place. It groweth plentifully in many places of this Land, by the We Il fides; as also by small Water-Courles, and in divers other places.

Time. It flowreth and feedeth in the end of Summer.

Gov rament and Vertues. This is an Herb of Venus, therefore maintil M. eth the parts of the body the rules, remedies the Difeales oft parts that are under her Signs, Taurus and Libra. Mugwon Pa with good fuccels put among other Herbs that are boyled ! Women to fit over the hot Decoction, to draw cown their Con After-birth, les, to help the Delivery of their Birth, and expel the Afterbir De as also for the Ooftructions and Inflammations of the Mother hopped. The Juyce thereof made up with Mirrh, and pounder as a peffary, worketh the lame effects, and so doth't the under as a peffary, worketh the lame effects, and fo dotht Root alto being made up with Hogs-greate into an Oyntme and it taketh away Wens and hard knors and Kernels that grow about the Neck and Throat, and eafeth the pains about the Net on more effectually, if some Field-dailes be put with it. Thehe was more effectually, if some Field-dailes be pur with it. Thehe it felf being freth, or the Juyce thereof taken, is a special A niedy upon the over-much taking of Opium. Three dram the Powder of the dried Leaves taken in Wine, is a speedy ! the best certain help for the Sciatica. A Decoction then made with Chamomel and Agrimony, and the place but therewith while it is warm, taketh away the pains of the Sint and the Cramp.

King -Evil, painsin the Neck, Opium, Sciatica, Sinems gainea, Cramp.

Terms provokes

Birth,

Womb

i flamed, Heas.

The Mulberry-Tree.

His is fo! well known where it growerh, that it neederh no descripit Time. It beareth fruit in the moneths of July and August.

Government and Vertues. Mercury rules the Tree, therefore at effects variable as his are. The Mulberry is of different parts: Berties by reason of their sweetness and slippery moisture, open the body, and the unripe binding it, especially when they are dried,

hen they are good to stay Fluxes, Lasks, and the abundance Bleeding Womens Courses. The Bark of the Root killeth the broad Fluxes, on twomas in the Body. The juyce or the Syrup made of the Laks, bout juyce of the berries, helpeth all Ir flammations or Sores in the Terms flops, and the Palate of the Mouth when it Inflammation is fallen down. The Juyce of the Leaves is a Remedy against on, would, it so he biting of Serpents, and for those that have taken Aconite: Sore Mouth, and the Leaves beaten with Vinegar are good to lay on any place and Tho oat, and that is burnt with fire. A Decoction made of the Bark and Tooth-ach, and the Root be a little sit or cut, and a small hole made in the ground next thereunto, in the Harvest time, it will give out a sold se tertain juyce, which being hardned, the next day is of good use to help the Toothach, to dissolve knots, and purge the Belly: Bleeding, the Leaves of Mulberies are said to stay bleeding at Mouth Hemorter Nose, or the bleeding of the Piles, or of a Wound, being rkoids, bound unto the places. A Branch of the Tree taken when the aintil Moon is at the full, and bound to the Wrist of a Womans Arm, A Curious esold whose Courses come down too much, doth stay them in short Secret, square space. hund unto the places. A Branch of the Tree taken when the

Mullein.

fterbir Descript. Common white Mullein, hath many fair, large, woolly, white lother. Cleaves lying next the ground, somewhat longer than broad, leaves lying next the ground, somewhat longer than broad, ereit pointed at the ends, & as it were dented about the edges: The Stalk riseth up to befour or five foot high, covered over with such like Leaves, but lesser, so doth that no Stalk can be seen for the multitude of Leaves thereon up to the slow-name ors, which come forth on all sides of the stalk, without any Branches, for the most part, and are many set tegether in a long spike, in some of a yellow co-e Net lout, in others more pale, consisting of sive round pointed Leaves, which afterwind have small round Heads, wherein is small brownish seed contained. The sial stall soot is long, white and woody, perishing after it hath born Seed.

Place. It groweth by way sides, and Lanes, in many places of this Lands of the stall stal

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Cramps and Convulsions, and for those that are troubled with n old Cough. The Decoction thereof gargled, easeth ripis the pains of the Toothach. An oyl made by the often infufon of the Flowers, is of very good effect for the Piles. The
Decoction of the Root in red Wine, or in Water (if there be
in Ague) wherein red hot steel hath been often quenched, doth
flay the bloody stax: The same also openeth Obstructions of
the Bladder and Reins when one cannot make water. A De-

Cramp, Convalfinn, cough, Tooth-ach, Hemorrhoids, Bloody. fluit.

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coction

mition, Thorns. Splinters, Boyls Groin Dif-INACtures.

Obstructions, Reins, coction of the Leaves hereof, and of Sage, Marjeton Bladder, Sinems, and Camomel flowers, and the places bathed therewith Gout, Warts, Belly- that have Sinews flark with cold, or Cramps, de ach, chollick, Inflam- bring them much ease and comfort. Three ounces the distilled water of the flowers drunk morning and vening for some days together, is said to be the m excellent remedy for the Gout. The Juyce of the Land and Flowers being laid upon rough Warts. as alloth Powder of the dried Roots rubbed on, doth eafily at

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them away; but doth no good to smooth Warts. The Powder of the drit Flowers is an especial remedy for those that are troubled with Belly-achts or the pains of the Cholick. The Decoction of the root, and so likewise of the life Leaves, is of great effect to dissolve the Tumors, Swellings, or Inflammer, tion of the Throat. The Seed and Leaves boyled in Wine, and applied our draw forth speedily Thorns, or Splinters gotten into the flesh, ease the puit Vin and heal them also. The Leaves bruiled and wrapped in double Papers, my covered with hot Athes and embers to bake a while, and then taken for and laid warm on any Botch or Boyl hapning in the Groyn or Share, dat me diffolve and heal them. The Seed bruifed, and boyled in Wine, and his fle on any Member that hath been out of Joynt, and is newly fet again, take if away all swelling and pain thereof.

Mustard.

ur common Mustard hath large and broad rough Leaves un be Descript. much jagged with uneven and unorderly gashes, somewhat the Tarnip Leaves, but lister and rougher: The stalk riseth to be more than as a terminal of the stalk riseth to be more than as a terminal of the stalk riseth to be more than as a terminal of the stalk riseth to be more than as a terminal of the stalk riseth to be more than as a terminal of the stalk riseth to be more than as a terminal of the stalk riseth to be more than as a terminal of the stalk riseth to be more than as a terminal of the stalk riseth to be more than as a terminal of the stalk riseth to be more than a stalk riseth r bearing such like leaves thereon as grow below, but lesser, and less divided, and divers Jellow Flowers one above another at the tops, after which come small rough you Pods, with fmall lank flat ends, wherein is cost sized round y. Howish feed, for its bot , and biting upon the Tongue. The Roots small, long, and woody, while he beareth filk, and peribeth every year.

Place. This growth with us in gardens onely, and other manure

places.

Time. It is an annual Plant, flowring in July, and their feed is ript

Government and Vertues. It is an excellent Sawce for fuch who Blood wants clarifying, and for weak stomachs, being an Herb of Man inte naught for Cholerick People, though as good for fuch as are aged the troubled with cold Difea es: Aries claims something to do with it, then fore it streng hens the heart and refisteth Poylon : let such whose stomst are so weak they cannot digest their meat, or appetite it, take of Mustu feed a dram, Cinnamon as much, and having beaten them to Powder, in half as much Mastich in Powder, and with Gum Arabick diffoived in Ro Water make it up into Troches, of which they may take one of about half

triette dram weight an hour or two before meals, let old men and women make uch of this Medicine, & they will either give me thanks, or shew manifest and which gratitude. Mustard seed hath the Vertue of heating, discounting, rarifying, and drawing out splinters of Bones, Heats, Dries, and other things out of the sless. It is of good effect to Splinters, Thorns, we may down Womens Courses, for the Falling-sickness or Terms provokes, Lene thargy, Drousie torgetful Evil, to use it both inwardly Falling-sickness, also doutwardly to rub the Nostrils, Forehead and Tem-lethargy, Sneedly at it, to warm and quicken the spirits, for by the sierce zing, Dysury, Poynte distributions upon the Brain by sneezing, and drawing son, Mushrooms, who was Rheum and other viscous Humors, which by their Venomous Beasts, with shillations upon the Lungs and Chest procure Cough-Agues, Lust product g, and therefore with some Honey added thereto doth wokes, Spleen, populate uch good therein. The Decoction of the seed made in would, Sciatica, the pin with good therein. The Decoction of the seed made in would, Sciatica, the pin tyson, the malignity of Mushroms, and the Venom of Hair, Buises, enfort corpions or other Venomous Creatures, if it be taken in Black and blue to the seed made in the same than the sent of the seed taken in the same than the same than the sent of the seed to the second se th mightily fir up bodily Luft, & helpeth the Spleen Freckles, d pains in the fides, and gnawings in the Bowels. And wy Necks. tdas a Gargle, draweth up the Palate of the Mouth

ing fallen down; and also it dissolveth the Swellings about the Throat, if ves with be outwardly applied. Being chewed in the Mouth it oftentimes helpeth member to Toothach. The outward application hereof upon the pained places of major hesciatica, discusseth the Humors, and easeth the pains, as also of the the in out, and other Joynt-aches, and is much and often used to ease pains in ed, as Sides or Loyns, the Shoulders or other parts of the Body, upon the application by the state of the Bilifters, and cureth the Disease by drawing it to the , for tward parts of the Body: It is also used to help the falling of the Hair : when he Seed bruised, mixed with Honey and applied, or made up with Wax, ieth away the Marks, and black and blew spots of bruises, or the like, the ughness or scabbiness of the skin, as also the Leprosie and Lousie evil: It epethalio the crick in the Neck. The distilled water of the Herb when is in flower, is much used to drink inwardly to help in any of the Diseases crelaid, or to wash the Mouth when the Palate is down, and for the Diseases who the Throat to gargle, but outwardly also for Scabs, Itch, or other the like Man similies, and cleanseth the Face from Morphew, Spots, Freeless, and other deformities.

Hedg Mustard.

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His groweth up usually but with one blackish green stalk, tough, easie to bend, but not break, branched into divers ts, and sometimes with divers Stalks set sull of branches, whereon grow to rough, or hard sugged Leaves, very much torn or cut on the edges into

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many parts, some bigger, and some lesser, of a dirty green colour: The Flowers small and yellow, that grow at the tops of the Branches in long spikes, flowed by degrees, so that continuing long in flower, the stalks will have small me cods at the bottom grawing upright, and elose to the stalk, while the top some yet show themselves; in which are containe small yellow seed sharp and small the berbis also. The Root groweth down stender and woody, yet abiding, a springing again every year.

Place. This groweth frequently in this Land, by the Wayes and He

fides, and sometimes in the open Fields,

Time. It flowereth most usually about July.

Government and Vertues. Mars owns this Herb also. It is singular god all the Discases of the Chest and Lungs, Hoarsness of voyce, and by the

Cheft, I ungs, Hoarfnefs,
Cough, Shorteefs of Breath,
Jaundice. Plunific, Back,
I was, B lly, Coolick,
Poyfon, Sciatica, Gout,
Joynts, Fiftulass, ulcers,
Cankers, Teflicles, 110mens Breafts.

of the Decoction thereof for a little space, the have been recovered who had utterly less the Voyce, and almost their spirits also. The Juy thereof made into a Syrup, or licking Medical with Honey or Sugar is no less effectual for the same purpose, and for all other Coughs, Whether and Shortness of Breath. The same is also protable for those that have the Jaundice, the Plantise, pains in the Back and Loyns, and for a ments in the Beily, or the Cholick, being also at

fed in Clysters. The seed is held to be a special Remedy against Poysons of Venom: It is singular good for the Sciatica, the Gout, and all Joynt-ach Sores and Cankers in the Mouth. Throat, or behind the Ears; and not for the hardness and swelling of the Testicles, or of Womens Breasts.

Nailwort, or Whitlow-grafs.

Descript. This very small and common Herb hath no Roots, save out, few strings; neither doth it ever grow to be above a randbush high: The Leaves are very small, and something long, not much unlike this Chickwood; among st which rise up divers stender stalks, bearing man rise Flowers one above another, which are exceeding small: After which comes state Pouches containing the seed, which is very small, but of a sharp to see.

Place. It grows commonly upon old stone and brick Walls, and for rimes in dry gravelly Grounds, especially if there be Grass or Moss news

shadow it.

Time. They flower very early in the year, sometimes in January, and

Fibriary, for before the end of April they are not to be found.

Imposthames, for those Im Whitlows, Fe-which they comes, Andicoms, wheals. Suc Nail Wheals. read these Bo

Government and Vertues. It is held to be exceeding of for those Imposshumes in the Joynts, and under the Null which they call Whitlows, Felons, Andicoms, and Null wheals. Such as would be knowing Physicians, let the read these Books of mine of the last Edition, viz. River Riolanus, Johnston, Pessingus, Sennertus.

NER

The English Physician Enlarged.

Nep, or Catmint.

Description. Common Garden N.p Shooteth forth hard fourfquare stalks with a hoarings or them, ayard high or more, full of and fine tracers, bearing at every joynt two broad Leaves, somewhat like Balm, but ding, a use pointed, softer, whiter, and more heavy, nicked about the edges, and a frong freet scen. The Flowers grow in large tusts at the tops of the Brannd Helden, and underneath them likewise on the stalks many together, of a whitish uple col ur. The Roots are composed of many long strings or hores fastning themthes fire gr in the ground, and abide with green Leaves thereon all the win

regood it.

Place. It is only nursed up in our Gardens.

It is an Herb of Venus. Nep is Terms

he Juy merally used for Women to procure their Courses, being taken provokes,

Medici mardly or outwardly, either alone, or with other convenient Burrenness,

It for derbs in a decoction to bath them, or sit over the hot fumes Womb,

Meteros, and by the frequent use thereos, it takes away barrenness wind,

also per add the wind and pains of the Mother. It is also used in pains Mother,

the Pla she head coming of any cold cause, Catarrhs, Rhewmes, Cough,

the Pla she windiness of the Stomach and Belly. It is effectual for Vertigo,

any cramp or cold aches, to dissolve the cold and wind that af-Cramp,

mut-ach desh the place, and is used for Colds, Coughs, and shortness Cold ach,

and applied to the Fundament, and lying there two or three Brusses,

ours, easeth the pains of the Piles. The Juyce also being made Hemor
ip into an Ointment, is effectual for the same purpose: The rhoids,

pinto an Ointment, is effectual for the same purpose: The rhoids, ed bred and washed with a Decoction thereof, it taketh away scabs, Scabby.

d bred and may be effectual for other parts of the Body also.

Heads.

Nettles.

Tettles are so well known that they need no Description at all, they may be sound by seeling in the darkest night.

Government and Vertice. Government and Vertues. This also is an Herb Mars claims Dominis new, hover. You know Mars is hot and dry, and you know as well that Wine er is cold and moist; then you may know as well the reason why Nettle y, and ops eaten in Spring confume the Flegmatick superfluities in the Body of lan, that the coldness and moisture of Winter hath left behind.

dinggo he, Roots or Leaves boiled, or the juice of either of them, or Lungs, he Not oth, made into an electuary with Honey or Sugar, is a safe and uberzing, and Not he medicine to open the pipes & passages of the lungs, which shortness of let the sthe cause of wheezing and shortness of breath, and helpeth to breath, Rivers spectorate tough slegm, as also to raise the impostumated Pleu-Pleuriste, which & spend it by spitting; the same helpeth the swelling of the Almonds of the Ears.

Almonds of the Ears

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The Engust Physician Enlarged.

Ears, Throat. Mouth, Houla. Terms provokes, Mother, dyfury. gravel, Worms. Spleen, bleeding. venom. Beafts. mad dogs, bemlock, Henbane, Night bide, thargie, Morphew, Leprofie, Bleeding, Polipus, ulcers, Fi-Aulzes, Gingreens, fcabs, Itch, Wourds, Warinels, Difjunetures, Gist,

Almonds of the Throat, the mouth & throat being gur therewith. The Juice is also effectual to settle the Palar the Mouth in its place, & to heal & remper the Inflama tions and foreness of the Mouth and Throat. The Decoi on of the Leaves in Wine, being drunk, is fingular good provoke Womens Courles, and fettie the suffocation, fin gling of the Mother, and all other Difeases thereof, as i applied outwardly with a little Mirrh. The fame also, or feed, provokerh Urine, and expelleth the Gravel and fin in the Reins or Bladder, often proved to be effectual inm Mardrakes, Le- ny that have taken it. The fame killeth the Worms in Chi dren, easeth pains in the fides, and diffolverh the winding in the spleen, as also in the Body, although others think only powerful to provoke venery. The juice of the Lan taken two or three daies together, stayeth bleeding at the Mouth. The feed being drunk, is a Remedy againfth flinging of Venomous Creatures, the biting of mad Dog the poyfonful qualities of Hemlock, Henbane, Nightlist Mandrake, or other fuch like Herbs that stupifie or dulit Senses: as also the Lethargie, especially to use it outward Sciatica, Toyars, to rub the Forehead or Temples in the Lethargie, and the

places bitten or flung with Beafts, with a little Salt. Th Diftilled Water of the Herb is also effectual (althoughnot so powerful) forth Difeases aforesaid, as for outward Wounds and fores to wash them, and cleanse the skin from Morphew, Leprofie, and other discoulourings there The Seed or Leaves bruiled, and put into the Nostrils: flayeth the bleeding of them, and taketh away the Flesh growing in them, called Polipus. The Tuice of the Leaves, or the Decoction of them, or of the Root, is fingularly good to wash either old, rotten, or flinking fores, or Fistulaes and Gangrees and such as are fretting, eating or corroding scabs, Manginess and Itthis any part of the Body, as also green Wounds, by washing them therewith mor applying the green Hero bruised thereunto, yea, although the Flesh was in separated from the Bones: The same applied to our wearied members, to fresherh them, or to places that have been out of Joynt being first set up to gain, ftrengtheneth, drieth, and comforteth them, as also those places tro bled with Aches and Gouts, and the Defluxion of Humors upon the joynts finews, it ealeth the pains , and drieth or diffolveth the Defluxions. A Ointment made of the juice, Oil, and a little Wax, is fingular good to mi cold and benummed members. An handful of the Leaves of green Neula and another of Wal-wort, or Dane-wort, bruifed and applied fimply of them felves to the Gout, Sciacica, or Joynt, aches in any part, hath been found be an admirable help thereunto.

Nightshide.

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Common Night-fleade bath an upright, round, green, holls I Stalk, about a foot or half a yard high, bushing forth if

Palm pointed at the ends, foft and full of Juice, somewhat like unto Bazil. pointed at the ends, foft and full of Juice, fomewhat like unto Bazil, pointed at the class, so has an animal pointed at the cops of the larger, and a little unevenly dented about the edges: at the tops of the larger higher, and a little unevenly dented about the edges: at the tops of the poet of faul pointed Leaves a piece, standing on a stalk together, one above along the with yellow pointels in the middle composed of four or five yellow of, as a dissection of the bigness of small Pease, still of green Juyce, and small whitstly and the district seed lying within it. The Root is white and a little woody when a line with the later in the Berries is somewhat winding the state, but the Juice within the Berries is somewhat winding the state, but the Juice within the Berries is somewhat winding the later in the later in the later in the later of th larger, and a little unevenly dented about the edges: at the tops of the is and Branches, come forth three or four more white flowers made of

The Oak.

I is lowell known (the timber thereof being the Glory and Safety of this Nation by Sea) that it needeth no Description.

Government and Vertues. Jupiter owns the Tree. The Leaves and Bark of the Oak, and the Actrn Cups, do bind and dry very

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Deco

Dry, Bind, spitting Blood, Flux, Vomiting, Vonereous Acts, Disury, Poyson, venom. Beasts, Cantharides, ulcers of the Bladder. much: The inner Bark of the Tree, and the thin skin the covereth the Acorn, are most used to stay the spiring of Blood, and the Bloody Flux: The Decoction of that but and the Powder of the Cups do stay vomitings, spirings Blood, bleeding at the mouth, or other Flux of Blood in Me or Women, Lasks also, and the involuntary Flux of nature Seed. The Acorns in Powder taken in Wine provoketh the rine and resistent the Poyson of Venomous Creatures. In Decoction of Acorns and the Bark made in milk, and to ken, resistent the force of Poissonus Herbs and Medicine

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as also the Virulency of Cantharides, when one by eating them, hath is Bladder exulcerated, and pisseth blood. Hypocrates saith, He used the sum of Oak Leaves to women that were troubled with the strangling of the Mother; and Galen applied them being bruised, to cure green Wounds. The

Mother, woulds,
Inflammations,
Flux, Pestilences, Epidemical
Diseases, Liver,
Stone, Terms
stops, Scabs.

Distilled Water of the Oaken Buds before they bresked into Leaves, is good to be used either inwardly or outward to asswage Inflammations, & stop all manner of Finesisman or woman: The same is singular good in Pestilentiand hot burning Feavers, for it resistes the force of their section, and allayeth the Heat: it cooleth the Heat of the Lever, breaketh the Stone in the Kidneys, and stayethwome Courses. The Decostion of the Leaves worketh the same section. The water that is found in the hollow places of

Oaks, is very effectual against any foul or spreading Scabs. The Distille Water (or Decoction which is better) of the Leaves is one of the best a medies that I know for the Whites in Women.

Oats.

These are also so well known that they need no Description.

Government and Vertues. Oats fryed with Bay salt, and plied to the sides take away the pains of Stitches and Wind, Itch, the sides or belly. A pultis made of Meal of Oats, I some Oyl of Bays put thereto helpeth the Itch, and the Lepto as also the Fistulaes of the Fundament, and diffolyeth hatch postumes, The Meal of Oats boiled with Vinegar and apposite the Body.

One Blade.

Description. This small Plant never beareth more than one Leaf, but when it riseth up with his stalk, which thereon beareth ther and seldom more, which are of a blowish green colour, pointed, with ribs or veins therein, like plantane. At the top of the stalk, grow many small dowers, Star-fashion, smelling simewhat sweets after which come small ribseries, when they are ripe. The Root is small, of the bign so of a Rubs was creeping under the upper crus of the Earth, shooting sorth in divers the

The English Physitian Enlarged. Place. It groweth in moist, shadowy, and grassic places of Woods, in syplaces of this Land.

line. It flowereth about May, and the Berries be ripe in June, and then tily perisheth, until the next year, it springeth from the same Root

Greenment and Vertues. It is a precious Herb of the Sun. Half a dram dram at most in powder of the Roots hereof taken in Wine and Vineof each equal parts, and the party laid presently to sweat thereupon, is to be a foveraign Remedy for those that are infect-

with the Plague and have a fore upon them, by ex- Pefilence, Porfoning the Poylon and infection, and defending the Epidemical difeant and Spirits from danger. It is a fingular good fes, Wounds, and Herb, and is thereupon used with other the like Sinews cut. The fixin making Compound Balms for Curing of Wounds

bey fresh and green, or old and malignant, and especially if the Sinews

Orchis.

hath gotten almost as many several names attributed to the several ots of it, as would almost fill a sheet of Paper; as Dogs-stones, Goat-5, Fools-stones, Fox-stones, Satirian, Cullians, together with many o-

co (5, too tedious to rehearse.

Occipie. To describe all the several sorts of it were an endless piece of work;

the three I shall only describe the Roots, because they are to be used with some di
In they have each of them a double Root within, some of them are round, As like a hand; these Roots alter every year by course, when the one rifeth maxeth full, the other waxeth lank and perisheth: Now it is that which is which is to be used in Medicine, the other being either of no use at all, or according to the Humor of some, It destroyes and disannuls the Vertue of the nd: 1, quite undoing what that doth.

ind line. One or other of them may be found in Flower, from the begin-

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of April, to the latter end of August.

epte imperature and Vertues. They are hot and moist in operation, under

app 1, which they say the dry or withered Root restrains Lust provoketh, they are held to kill the Worms in Children and Lust provoketh, eing bruiled and applied to the place, to help the Kings- evil.

Onions.

Hey are so well known, that I need not spend time about writing a Description of them.

the innent and Vertues, Mars owns them, and they have gotten this ity, to draw any corruption to them; for if you pill one, and lay him la Dunghil, you shall find him sorten in half a day, by drawing putrion to it, then being bruised & applied to a Plague-fore, cis very probawill do the like. Onions Onions are Flatulent or windy, yet they do somewhat provoke appetit,

Mad dogs, Worms, Cough, Lethargy,

crease thirst, case the Belly and Bowels; provoke Wom Courses, help the biting of a mad Dog, and of other nomous creatures to be used with Honey and Rew, Epidemical discases. encrease Sperm, especially the Seed of them : They

kill the worms in Children if they drink the water ing wherein they have been steeped all night. Being roasted under the bers and eaten with Honey or Sugar and Oyl, hey much conduce to his invererate Cough, and expectorate the tough Flegm. The Juice being fed up into the Nostrils, purgeth the Head, and helpeth the Letharg, the often eating them is faid to procure pains in the Head) It hath been by divers Country people a good preservative against infection to eat Oni fasting with bread and Salt : as also to make a great Onion hollow, fill the place with good Treacle, and after to roaft it well under the Ente which after taking away of the outermost skin thereof, being beatents ther, is a Soveraign Salve for either Plague-fore, or any other puttid cer. The juice of Onions is good for either scalding or burning by water or Gunpowder, and used with Vinegar, taketh away all blems Spots and Mark in the Skin, and dropped into the Ears, eafeth the pa and noise of them. Applied also with Figs beaten together, helpethon and break Imposthumes and other fores.

Leeks are as like them in quality, as a Pomewater is like an Apple: are a Remedy against a Surfeit of Mushroms, being baked under the bers and taken; and being boyled and applied very warm help the Piles: other things they have the same property as the Onions, althoughout

effectual.

Opine.

Defeript. Onmor Orpine rifeth up with divers round brittle flalkit o fet with fat and fleshy Leaves without any order, and little nothing dented about the edges, of a green colour; the flowers are white or tifh growing in tufts, after which come small chaffy Husks, with feed like at them. The Roots are divers, thick, round, white tuberous clogs; and in! groweth not fo big in some places as in others where it is found.

Place. It is frequent almost in every Countrey of this Land, and ist rithed in Gordens with us, where it groweth greater than that which is

and groweth in shadowy sides of Fields and Woods.

Time. It flowreth about July, and the Seed is ripe in August.

Government and Vertices. The Moon owns the Herb, and he that the but her Exaltation, knows what I fay is true.

Orpize is feldem uled in inward Medicines With us, although I faith from experience in Germany, that the diffilled therefore is profitable for gnawings or excorizations Ercoriations of Stomich or Bowels; and for ulcers in the Lungs, Bawels, Palik, or other inwers parts, as elfo in the Matrix, and helpe winns, Bindy those Diseases, being irunk for certain days together Fir Wist.

heal th ZY: uyce th ful or t ou shal if you His is ! Gove ry com e and V bach and Root m rand Sp ing Rro els, and s be be to pro d, to be ect or of allo el ture, a n Lithar

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The English Physician Enlarged.

other Fluxes in the Body, or in Wounds. The Root Scalding, Burnnot also performet the same effect. It is used outwardly ings, Quinzies
if any heat or Inflammation upon any hurt or wound, Raptures.
Inflammation, Burnes.
Inflammation upon any hurt or wound, Raptures.
Inflammation upon any hurt or wound, Ra

Parsley.

His is so well known, that it needeth no Description.

Government and Vertues. It is under the Dominion of Mercury, and

ry comfortable to the Stomach, and helpeth to provoke tand Womens Courses, and to break Wind both in the Stomath Difumich and Bowels, and doth a little open the body, but fury, Terms prod Root much more, and openeth Obstructions both of the vokes, Liver; rand Spicen, and is therefore accounted one of the five Spleen; Fallinging Rrots. Galen commenderh it against the Falling- fickness, Stones els, and to provoke thrine mightily, especially of the wind, Venois be boyled and earen like Parinips. The feed is effe- mous Beafts, to proveke Urine and Womens Courses, to expel Cough, Suckd, to break the Stone, and cafe the pains and torments ing Children, cof or of any other part in the body occasioned by wind. Eyes, womens allo effectual against the Venom of any poylonful Breaks, ture, and the danger that cometh to them that have curdled Mike Litharge; and is good against the Cough. The Black and blend led Water of Parsley is a familiar Medicine with Nur- Marks, Jauno give their Children when they are troubled with dice, Falli go din the Stomach or Belly, which they call the Frets, fickness: Dropfie

is also much available to them that are of greater s. The Leaves of Parsley laid to the Eyes that are inflamed with heat; woln, doth much help them, if it be used with Bread or Meal; and a fryed with Butter, and applied to Womens Breasts that are hard with the curdling of their Milk, it abateth the hardness quickly, and also keth away black and blew marks coming of bruises or Falls. The Juyce tof dropped into the Ears with a little Wine, easeth the pains. Tragits the down an Excellent Medicine to help the Jaundice and Falling-sickethe Dropsie, and stone in the Kidneys in this manner. Take of the seeds on sure; of the Roots of the Seeds be bruised, and the Roots washed and cut small, Let them lies

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all night in steep in a portle of white Wine, and in the morning ki in a close Earthen Veffel until a third part or more be wafted, which frained and cleared, take four ounces thereof morning and evening

laft, abftaining from drink after it for three houn. openeth Obstructions of the Liver and Spleen, and Obstruttions of Liver Spleen. leth the Dropfie and Jaundice by Urine.

Parsley-Piert, or Parsley Break-stone.

Descript. THe Root, although it be very small and threddy, yet it in many years, from whence arife many Leaves lying along ground, each flanding upon a long small Footfalk, the Leaves as broadul nail, very deeply indented on the edges, somewhat like a Parfley Leef, in very duskie green colour. The stalks are very weak and Render, about thrus fingers in length, fet so full of Leaves, that they can hardly be feen, eith no footstalk at all, or but very short, The Flowers are fo small they can be feen; and the feed as small as small may be.

Place. It is a common Herb throughout the Nation, and rejoya barren, fandy, moist places. It may be found plentifully about Ha

Heath, in Hide-Park, and in Tuttle-Fields.

Time. It may be found all the Summer time, even from the beginn April, to the end of October.

Government and Vertues. Its operation is very prevalent to provoked and to break the Stone. It is a very good Sallet-hi Mrine provoketh, were good the Gentry would pickle it up as they pick stone, Gravel in Samphire for their use all the winter. I cannot teach Place. I the Kidnies, how to do it: yet this I can tell them, it is a very lide, and strangury:

fome Herb. They may also keep the Herb dry, or int rup, if they please. You may take a dram of the foreign of it in white Wine, it would bring away Gravel from the Kidnies information and without raise. It also had a way Gravel from the Kidnies information and without raise.

and without pain. It also helps the Strangury.

Parinip.

"He Garden kind thereof is so well known, (the Root being com eaten) that I shall not trouble you with any Description of it. the wild kind being of more Physical use, I shall in this place describe you.

Descript. The wild Parfnip differeth little from the Garden, but grown fo fair and large, nor bath fo many Leares; and the Root is footer, month

and not so fit to be easen, and therefore the more medicinable.

Place. The name of the first shewesh the place of its growth: The other groweth wild in divers places, as in the Marthes by Rha and elsewhere, and flowreth in July : the feed being ripe about the ning of August, the second year after the sowing : for it they do for first year, the Country people call them Madneps.

Covernment and Vertues. The Garden Parinips are under Venut

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The English Physician Enlarged.

den Parfaip nourisheth much, and is good and whole- Luft provokes. Nourishment, but a little windy, whereby it is thought Dyfury, cleanfe rocure bodily luft : but it farneth the body much, if Open, Venochused. It is conducible to the Stomach and Reins, and mous Beasts; which Urine. But the wild Parsuip hath a cutting, atte- Colick, Dyring, cleanfing and opening quality therein. It refifteth furt. helpeth the bitings of Serpents, eafeth pains and flitches he fides, and diffolveth wind both in the Stomach and Bowels, which it Colick, and provoketh Urine. The Root is often used, but the Seed ch more.

The wild being better than the tame, thews Dame Nature to be the best

Cow parinip.

fician.

cript. This groweth with three or four large, spread, winged rough leaves, lying often on the Ground, or elfe raifed a little from it, with , round hairy footstaiks under them parted usually into five divisions, the two he standing each against other, and one at the end, and each leaf being almost d, yet sommhat deeply cut in on the edges, in some Leaves, and not so deep lbers, of a whitish green colour smelling somewhat strongly; among which arissparound, crufted, bairy stalk, two or three foot high, with a few Joynts and us thereon, and branched at the top, where stand large umbels of white, and times reddish flowers, and after them flat, whitish, thin, winged seed, two as joined together. The Root is long and white, with two or three long strings ving down into the ground, smelling likewise strongly, and unpleasant. Place. It groweth in moist Meadowes, and the borders and corners of de, and near Dirches, generally through this Land. Time. It flowreth in July, and feederh in August.

Government and Vertues. Mercury hath the Dominion over them. thereof, as Galen laith, is of a sharp and cutting quality, and is there-

Falling-fickness, and the Jaundice. The root is avai- Caugh, Diffile to all the purposes aforciaid, and is also of great use to culty of Breath, taway the hard skin that groweth on a Fistula, if it be Falling-fickferaped upon it. The Seed hereof being drunk, clean- nefs, Jaundice, hthe Belly from tough flegmatick matter therein; eafeth Fiftula, Flegm, m that are Liver-grown, Womens passions of the Mother Liver, Mowell being drunk as the smoke thereof received under- ther, Lethargy, th, and likewise raiseth such as are faln into a deep sleep Frenzy, Head-have the Lethargy, by burning it under their Nose. The ach, Scabs, ed and Root boyled in Oyl, and the Head rubbed there- Shingles. the Lethargy or Drowfie Evil, and those that have been long trouwith the Headach if it be likewise used with Rew. It helpeth also the

aning Scab and the Shingles. The juyce of the Flowers dropped into the I that run and are full of matter, it cleanfeth and healeth them.

The

The Peach-Tree.

Descript. A Peach-Tree groweth not so great as the Apricock-Tree, spreadeth branches reasonable well from whence spring so reddish twigs, whereon are set long and narrow green Leaves dented about edges. The blossoms are greater than the plum, and of a light purple colour. fruit round, and sometimes as big as a reasonable Pippin, others smaller, as differing is colours and tasts as russet, rea, or yellow, waterish or firm, in freze or Cottomall over, with a cleft therein like an Apricock, and a russel rowed great stone within it, and a bitter Kernel within the Stone. It some eth old, and decayeth than the Apricock by much.

Place. They are nursed up in Gardens and Orchards through this la

Time. They flower in the Spring, and fructifie in Autumn.

Government and Vertues. Lady Venus owns this Tree, and by it of feth the ill effects of Mars, and indeed for Children and young people, thing is better to purge Choler and the Jaundice, than the Leaves and he ers of this Tree being made into a Syrup or Conferve, let fuch as delight pleafe their luft regard the fruit; but such as have lost their health and Childrens, let them regard what I say, they may safely give two spood of the Syrup at a time, 'tis as gentle as Venus her self. The Leaves of

worms, Belly they do also being boyled in Ale and drunk, and open opens Humors, Belly likewise; and being dried is a sate Medicine to die wounds. The powder of them strewed upon fresh bled

Wounds, stayeth their bleeding, and closeth them up: I Flowers steepedall night in a little Wine standing warm strained some the morning and drunk fasting, doth gently open the Belly, and more downward. A Syrup made of them as the Syrup of Roses is made, won more forcibly than that of Roses, for it provoketh Vomiting, and speak watrish and hydropick humors by the continuance thereof. The Flow made into a Conserve worketh the same effect. The Liquor that deep

from the Tree being wounded, is given in the Decodia Colesfoot, to those that are toubled with the Congli Dropfie, Cough, shortness of Breath, by adding thereunto fome sweet Wil (bortn: Is of and putting some Saffron also therein, it is good fort Breath, Vomithat are hoarle, or have loft their Voice : helpeth all ting and Spitfects of the Lungs, and those that Vomit or spit blo ing of Blood, Two drams thereof given in the Juyce of Lemmons a Stone, wina, Rhadish, is good for them that are troubled with the Su Colick, The Kernels of the stones do wonderfully ease the

and wringing of the Belly through wind or sharp humors, and help make an excellent Medicine for the Stone upon all occasions, on this men. Take fifty Kernels of peach stones, and one hundred of the Kernel of Cherry-stones, a handful of Elder flowers, fresh or dried, and the pints of Muscadel; set them in a close pot into a bed of Horse-duns

daies, we rafe: you lk or Creat applyed to ereft and muche Kere. The full Colick like; and the Leaves, it help bruiled and thead, it

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Ear-tree Gover pie-tree. weet or ily downy ery bind t pift do in od in rep ulhroms, yled with all losts us do mo ounds to ther trot perience ounds th Schola S. cy are as poor man die will

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dies, which after distill in a Glass with a gentle fire, and keep it for raje: you may drink upon occasion three or four ounces at a time. The lk or Cream of these kernels being drawn forth with some Vervain water applyed to the forehead and Temples doth much help to pro-erest and sleep to fick persons wanting it. The Oyl drawn The Oyl drawn matching, m the Kernels, the Temples being therewith ancinted, dorn the Ears, t. The faid Oyl put into Clysters, easeth the pains of the Balanes. d Colick; and anointed on the lower part of the Belly, doth like; and dropped into the Ears, caleth the pains of them : the Juyce the Leaves doth the like. Being allo anointed on the forehead and Tems, it helpeth the Megrim, and all other pains in the Head. If the Kernels bruied and boyled in Vinegarun till they become thick, and applied to Head, it marveloufly procures the Hair to grow again upon bald places where it is too thin.

The Pear-Tree.

En-trees are so well known, that they need no Description.

Government and Vertues. The Tree belongs to Venus, and so doth the ple-tree. For their Physical use they are best discerned by their tasts. All sweet or luscious forts, whether manured or wild, do help to move the ly downwards more or less. Those that are hard and sour, do on the conty bind the Belly as much, and the Leaves do so also. Those that are pift do in some fort cool, but harsh or wild forts much more, and are very od in repelling Medicines: as if the wild fort be boyled with whroms, it maketh them the less dangerous. The said Pears Mushroms, yled with a little Honey, helpeth much the oppressed stomach, all forts of them do, fome more, some less : but the harsher Inflammas us do more cool and bind, ferving well to be bound to green tions, ounds, to cool & flay the blood, and heal up the wound without Cool ither crouble or Inflammation, as Gaten faith he hath found by Bind, sperience. And wild pears do sooner close up the lips of green wounds. ounds than the others.

Schola Salerni adviseth to drink much Wine after pears, or else (lay they) ty are as bad as poylon, nay, and they turle the Tree for it; too; but if poor man find his stomach oppressed by eating pears, cis but working hard,

dit will do as well as drinking Wine.

Pellitory of Spain.

Ommon Pellizory of Spain, if it be planted in our Gardens, it will prosper very well, yet is there one fort growing ordinary here wild which theem to be little inferior to the other, if at all. I shall not deny you the escription of them both.

Discript. Common Pellitory is a very common plant, and will not be prin our Gardens without diligent looking to. The root goes down right to the ground, bearing leaves being long, and finely cur upon the stalk lysupon the ground, much larger than the leaves of Chamemel are. At the

it bears one fingle large Flower at a place, having a bonder of many Len white on the upper fide, and reddift underneath, with a yellow thrum he

middle, not standing so close as that of Chamomel doth. . .

The other common Pellitory which groweth here, it hath root of after biting talt, scarce discernable by the tast from that before described, in whence arise divers brittle stalks, a yard high and more; with narrow k leaves finely dented about the edges, standing one above another ap to the top. The Flowers are many and white, standing in rufts like those of Y now, with a small yellowish thrum in the middle. The leed is very small

Place. The last groweth in Fields by the Hedg-sides and Paths, almost

very where.

Time. It flowreth at the later end of June and July.

Government and Vertues. It is under the Government of Mercury, m am perswaded that 'tis one of the best purgers of thebri

Brain purgeth, Agues, flegmatick Mumors, Head, Teeth, Distillations of the Brain on the Lungs and Eyes, Coughs, Phtifick, Confumptions, Apoplexy, Falling-lick els, Letbarry, Sneefing, Head ich, black and blow Spots, Gout, Sciatica.

that grows. An ounce of the juyce taken in a draught Muskadel an hour before the fit of the Ague comes, wi affuredly drive away the Ague at the fecond or third in taking at the furthest. Either the Herb or root drieds chewed in the Mouth, purgeth the Brain of flegment Humors, thereby not only easing pains in the Head a Teeth, but also hindred the distilling of the Brain up the Lurgs and Eyes, thereby preventing Coughs, Put ficks, and Confumption, the Apoplexy, and falling-ficked It is an excellent approved Remedy in the Lethargy: I powder of the herb or root being inuffed up the Noth procureth incexing, and easeth the Headach, being mit into an Oyntment with Hogs greafe, it takes away ble and blew spots occasioned by blows or falls, and helps be the Gout and Seiztica.

Pellitory of the Wall.

Trifeth with many brownish, ved, tender, weak, clear, mis Defeript. I most transparent stalks, about two foot high, upon which gran the several joynts two Leaves somewhat broad and long, of a dark green chi which afterwards turn brownish, smooth on the edges, but rough and bairy will stalks are also. At the synts with the Leaves from the middle of the Balks wards, where it forca eth into fome branches, fland many fmall, pale, purpl Flowers in hairy rough Heads or Husks : after which come small, black rough feed, which will thisk to any Cloth or Garment that shall touch it. The is somewhat long, with many small fibres thereat, of a dark reddish colour, w abideth the Wiste, although the stalks and leaves perish and spring fresh and gear.

Place. It groweth wild generally through the Land, about the borden Fields, and by the fides of Walls, and among Rubbish. It will endure to being brought up into Gardens, and planted on the shady side, where it w foring of its own lowing.

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The

ime. It flowreth in June and July, and the feed is sipe foon after. overnment and Vertues. It is under the Dominion of Mercury. The deied b Pellicory made up into an Electuary with Honey, or the Juyce of the th, or the Decoction thereof made up with Sugar or ory, is a fingular remedy for any old or dry Cough, Old or dry Cough. thornels of breath, and wheeling in the Throat. Shortness of Breath, uce ounces of the juyce thereof taken at a time, doth Stone and Gravel. Inderfully help stopping of the Urine, and to expel Mother, Womens Rone or Gravel in the Kidneys or Bladder, and is Courfes, Obftruffithe re usually put among other Herbs, used in Cly- ons, Sore Throat, is, to mitigate pains in the Back, Sides or Bowels, Teeth, Freckles. acceding of wind, Stopping oftline, the gravel or Sone Wheals, Sunburn, storelaid. If the bruiled Herb fprinkled with some Morphem, pain in uskadel be warmed upon a tile, or in a difh upon a few the Ears, Impost-DickCoals in a Chafing-difh, and applyed to the belly, humes, Burnings worketh the same effect. The Decoction of the Herb and scaldings, ing drunk, eafeth pains of the Mother, and bringeth Inflammations, wn Womens Courses, it also easeth those Griefs that ulcers, Scabs, ile from obstructions of the Liver, Spleen, and Reins: Falling of the Hair, he fame Decoction with a little Honey added thereto, Piles, Gout, Figood to gargle a fore Throat. The Juice held a while studies, Green the mouth, easeth pains in the Teeth. The distilled wounds, Bruised fater of the Herb drunk with some Sugar, worketh the Tendon or Muscle me effects, and cleanseth the skin from Spots, Freekles,

urples, Wheals, Sunburn, Morphew, &c. The Juyce dropped into the Ears, feth the noise in them, and taketh away the pricking and shooting pains terein : The fame, or the distilled Weter, affwagorh hor and swelling Imoftumes, Burnings and Scaldings by fire or waters, as also all other hot Tuors and Inflammations, or breakings out of heat, being bathed often with et cloaths dipped therein. The said Juice made into a Liniment ith Ceruss and Oyl of Roses and anointed therewith, cleanseth foul rotten deers and stayeth spreading or creeping ulcers, and running Scabs or Sores Childrens Heads: and helpeth to ftay falling of the Hair from off the lead. The faid Oyntment or the Herb applied to the Fundament, apeneth he Piles, and eafeth their pains; and being mixed with Goats Tallow heleth the Gour. The juyce is very effectual to cleanse Fistulaes, and to heal hem up fafely ; or the Herb it felf bruifed, and applied with a little Salt. is likewise so effectual to heal any green wound, that if it be bruised and ound thereto for 3.dayes, you shall need no other Medicine to heal it furher. A Pultis made hereof with Mallows, and boyled in Wine with Wheat Fran and Bean Flower, and some Oyl put thereto, and applied warm to any ruiled Sinew, Tendon or Muscle, dorh in a very short time restore them otheir ftrength, taking away the pains of the Bruiles, and diffolveth the ongealed blood coming of blows or Falls from high places.

The juice of Pellitory of the Wall clarified and boyled inco a Syrup with

and Ey - light.

Honey, and a spoonfull of it drunk every morning by such as are subjet the Dropfie; If continuing that course, though but once a week, if eyer the have the Dropsie, let them come but to me, and I will cure them gratis,

Peny-royal.

Eny-royal is so well known unto all, (I mean the common kind) to

it needeth no description.

There is a greater kind than the ordinary fort found wild with us, which To abideth being brought into Gardens, and differeth not from it, buten in the largeness of the Leaves and stalks, in rising higher, and not cretin upon the ground so much. The flowers whereof are purple, growing Rundles about the stalks like the other.

Place. The first, which is common in Gardens, groweth also in min

moist and watry places of this land.

The second is found wild in Effex in divers places by the High-way from London to Colchester, and thereabouts more abundantly than in other Count the M ties, and is also planted in their Gardens in Effex.

Time. They flower in the latter end of Summer, about August.

Profcorides faith Government and Vertus. The Herb is under Venus. That Peny-royal maketh thin tough fleg in, warment Tough Flegm, coldness of any part whereto it is applied, and digettent Terms provides, or corrupt matter: Being boyled and drunk, it provoted Pecript, Dead Cild and Womens Courfes, and expelleth the dead Child and Aius Afterbirth, Vo- birth, and stayeth the disposition to Vomit, being taken wither, miting, Melaa- Water and Vinegar mingled together. And being ming lowers choly, Vena- led with Honey and Salt it avoideth slegm out of the Lung in purply mous Beasts, and purgeth Melancholy by the stool. Drunk with Wine ead, wh Fainting and it helpsth such as are bitten or stung with Venemous Beasts with control of the land of the Smooning, and applied to the Nostrils with Vinegar, reviveth those and applied to the Nostrils with Vinegar, reviveth those and applied to the Nostrils with Vinegar, reviveth those and applied to the Nostrils with Vinegar, reviveth those and one of that are fainting and swooning. Being dried and butter, it is helpful to those that are troubled been been applied of it felf to the place ing and untill it wax red; and applied in a plaisfier, it takeths the order pains of the Belly and way spots or marks in the face: Applyed with Salt it proves the Belly and coction doth help the Itch, if washed therewith: Being put sour.

Breast, Fulling-into Baths for women to sit therein, it helpeth the such including in ater, fed and out into vinegar, cleanseth foul Vicers, and taketh salt into the purp site hat it is been and out into vinegar, cleanseth foul Vicers, and taketh salt into the marks of bruises and blows about the Eyes, and applied to the Nostrila with Vinegar, the Nostrila with Vi being drunk and outwardly applyed : Boiled in Wine with Sore Mouths Honey and Salt, it helpeth the Tooth-ach. It helpeth the Faundice, cold griets of the Joynts, taking away the pains and war Dropfic, pains ming the cold part, being fast bound to the place after of the Head, bathing, or sycating in an Hor-house. Pliny addeth philian

hat Pe nto Vine f put in nd belly lowels: eth the allingrink (as d: It loney, S

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Place.

that Peny-royal and Mints together help fainting or swoonings, being put no Vinegar, and put into the Noftrils to be smelled unto, or a little theref put into the Mouth. It easeth the Head-aches, and the pains of the breft ad belly, stayeth the gnawing of the stomach, and inward pains of the lowels: Being drunk in Wine, it provokerh Womens Courses, and expelth the dead Child and Afterbirth: being given in Wine it helpeth the alling-fickness : Put into unwholfom or flinking Water that men muft link (as at Sea, or where other cannot be had) it makes them the less hurt-1: It helpeth Cramps or Convultions of the finews being applied with oney, Salt, and Vine gar. It is very effectual for the Cough, being boyled Milk and drunk, and for Ulcers and fores in the Mouth. Matthiolus faith, he Decocion there is being drunk, helpeth the Jauneice and Dropfie, and ipains of the Hear and Sinews that come of a cold cause, and that it helth to clear and quicken the Eye-fight. Applied to the Nottrils those that have the Falling-sichness or the Lethargy, or put in- Lethargy , the Moure chelpeth them much, being bruiled and with Vi- Burnings. egar applied. And applyed with Barly Meal, it helpeth Burngs by fire, and put into the Ears, eafeth the pains of them.

Peony Masc. & Formina.

Many fair green, and sometimes reddish Leaves, one set against wher, upon a stalk without any particular division in the Leaf at all. lowers stand at the top of the stalks, consisting if five or six broad Leaves, of a ir purplish red colour, with many yellow threds in the middle standing about the ead, which after riseth up to be the seed Vessels, divided into two, three or four with crocked 1 ods like horns, which being full rive, open and turn themselves we one edge to another backward, showing within them divers round, black, ining steeds, having also many red or crimson grains, intermixed with the black, being it maketh a very pretty show. The Roots are great thick and long spreading and running count reasonable deep in the ground.

The ordinary Female Peony hath many stalks, and more I caves on them than the ordinary Female Peoply nationally finites, and not the edges, some with tallet; the Leaves not so large, but nicked diversly on the edges, some with talland deep, others with smaller cuts and divisions, of a dark or dead green tallet and of a lour. The flowers are of a floorg heady scent, most usually smaller, and of a purple colour than the diace, with yellow thrums about the Head as the slehath. The feed Vessel's are like Horns as in the Male, but smaller; the seed so is black, but less shining. The roots consist of many thick and short tuberous straight fined at the ends of long strings, and all from the heads of the root which is takend short, and of the like scent with the Male.

Place. and Time. They grow in Gardens; and flower usually about May.

Government and Vertues. It is an Herb of the Sun, and under the Lyon. plitians fay Male Peony Roots are beft, but Dr. Reafon told me Male Peany Peony was best for men, and Female peony for Women, and he defices be judg'd by his Brother Dr. Experience. The roots are held to be of more Vertue ; than the Seeds ; next the Flowers, and laft of all the Leaves. The

Root of the male Peony, fresh gathered having been found by experience to cure the falling-fickness; but the furt Falling-fickness, way is (besides hanging it about the Neck, by which

Children have been cured) to take the root of the male peony washed clear and flamped somewhat small, and laid to infuse in Sack for 24 hoursatter leaft; after ftrain it, and take it first and last, morning and evening a good draught for fundry dayes together before and after a full Moon : and this will also cure older persons, if the disease be not grown too old and past cuts especially if there be a due and orderly preparation of the Body with posses

Women not cleanfed za Child birth, Mother, Ephialteo, or the Night-mare,

drink made of Betony, &c. The root is also effectul for Women that are not sufficiently cleanled after Child-birth, and fuch as are troubled with the Mother, for which likewise the black seed beaten to powder and given in wine is also available. The black feed also taken a joyne

Melascholick before bed-time, and in the morning, is very effectual red at Dieams. for such as in their sleep are troubled with the Disease nary sor called Ephialtes or Incubus, but we do commonly tall it ddish par the Night-Mare, a Disease which melancholy persons are subject unto it decept is also good against Melancholick Dreams. The distilled Water, or Syrus mass, made of the Flowers, worketh the same effects that the root and the Sease win to redo, although more weakly. The Female is often used for the purposes afore Place. faid, by reason the Male is so scarce a plant that it is possessed by few, and Woods those great Lovers of rarities in this kind.

Pepper-Wort, or Dittander.

Descript. Our common pepper-wort sendeth forth somewhat long, and bear has the Leaves, of a light blewish green colour, finely dented about tween the edges, and pointed at the ends, standing upon round hard stalks, three oth at A sour foot high, spreading many branches on all sides, and having many sime he Fren white Flowers at the tops of them, after which follow small seed in again in many places : and both leaves and roots are very hot and flam taft like pepper, for which cause it took the name.

Place. It groweth naturally in many places of this Land, as at clatt Effex ; also near unto Exeter in Devonshire ; upon Rochester Common Kent; in Lancashire, and divers other places : but is usually kept in Gr

dens.

Time. It flowreth in the end of June, and in July.

Government and Vertues. Here's another Martial Herb for you, ma much of it. Pliny and Paulus Agineta fay, That popul wort is very effectual for the Sciatica, or any other God Sciatica, Gout, or pain in the Joynts, or any other inveterate grief: 1 Toynts pained, Leaves hereof to be bruiled & mixed with old Hoge gra Defcolonyregs of

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The English Physitian Enlarged.

spplied to the place, and to continue thereon four hours the Skin marks Men, and two hours in Women, the place being after- and fcars by rds bathed with Wine and Oyl mixed together, and then burning, focedy apped with Wool or Skins after they have sweat a little; delivery. also amendeth the deformities or discolourings of the in, and helpeth to take away marks, scars, and scabs; or the foul marks of ming with fire or iron. The juice hereof is in some places used to be given Ale to drink to women with Child, to procure them a speedy Delivery in

Perwincle.

THe common fort bereof bath many branches trailing ; or runfcript, ning upon the ground, shooting out small fibres at the synts as runneth, taking thereby hold in the ground, and rooteth in divers places. At tions of these Branches stand two small dark, green, shining Leaves, somebet like Bay-leaves, but smaller, and with them come forth also the flow ors (one a joynt, standing upon a tender Foot-stalk) being somewhat long and hollow, rted at the brims, sometimes into four, sometimes into five Leaves: the most ornary sort are of a pale blew colour, some are pure white, and some of a dark dish purple colour. The Root is little bigger than a Rush, bushing in the ground decreping with his branches far about, whereby it quickly possessed a great mpass, and is therefore most usually planted under Hedges, where it may have om to run.

Place. Those with the pale blew, and those with the white flowers grow Woods, and Orchards, by the Hedge-sides, in divers places of this Land : it those with the purple flowers, in Gardens only.

Time. They flower in March and April. Timperature and Vertues. Venus owns this Herb, and faith, Stanch hat the Leaves caten by Man and Wife together, cause Love Bleeding, tween them. The Perwinckle is a great binder, stayeth bleeding Womens tween them. The Perwinckle is a great binder, flayeth bleeding Womens that Mouth and Nose, if some of the Leaves be chewed : Courses, he French use it to stay Womens Courses. Dioscorides, Galen Flux of of gineta, commend it against the Lask, and Fluxes of the the Belly. elly, to be drunk in Wine.

St. Peters-wort.

F Superstition had not been the Father of Tradition, as well as Ignorance the Mother of Devotion, this Herb (as well as St. Johns-wort) had found me other name to be known by : but we may fay of our Four-fathers as t. Paul of the Athenians, I perceive that in many things you are too superitious, Yet seeing it is come to pass, That Cuftom having got in possessispleads Prescription for the name; I shall let it to pass, and come to the estription of the Herb, which take as followeth:

Descript. It riseth up with square upright stalks for the most part somewhat tater and higher than St. Johns-wort (and good reason too, St. Peter being regreater Apostle (ask the Pope elfe) for though God would have the Saints

esual, the Popers of another opinion) but brown in the fame manner, having Leaves at every joynt, Somewhat like, but larger than St. Johns-wort, little rounder pointed, with few or no heles to be feen therein, and baving fi times fome smaller Leaves vising from the bosom of the greater, and sometime little hairy alfo: At the tops of the stalks stand many star-like flowers, vellow threds in the middle, very like those of St. Johns-wort, infomment this is hardly discerned from it, but onely by the largeness and height, the being alike alfo in both. The Root abideth long, fending forth new (hootsee Viar.

Place. It groweth in many Groves and small low Woods, in divers place of this Land, as in Kint, Huntington, Cambridge, and Northampton-fine

allo near Water courles in other places.

Time. It flowreth in June and July, and the feed is ripe in August.

Government and Pertues. There is not a ftraw to chuse between this St. Johns-wort, only St. Peter muft have it left he thould want Potherby

C oferick Humors, Sciatica, Burnings.

is of the same property of St. Johns-wort, but somewhat we and therefore more seldome used. Two drams of the seed the at a time in honeyed water, purgeth Cholerick Humors (as la Dioscorides, Pliny, and Galen, and thereby helpeth those that troubled with the Sciatica : The Leaves are used as St. Jon wort, to help those places of the Body that have been but with fire.

Pimpernel.

Descript. Common Pimpernel hat's divers weak, square falks will the ground, b fet all along with two small, and almost in Leaves at every joynt, one against another, very like Chickweed but hatbno For fliks, for the Leares as it were compass the stalk: The Flowers stand for each by themselves at them and the stalks, confisting of five round small poul Leaves of a fine pale red colour, tending to an Orange, with fo many thredsing middle, in whose places succeed smooth round Heads, wherein is contained Seed. The Root is small and fibrous, periffing every year.

Place. It groweth every where almost, as well in the Meadows and Ca

fields, as by the way fides and in Gardens arifing of it felf.

Time. It flowreth from May unto August, and the feed ripeneth inth mean time, and falleth.

Toorns or Splin-Birs, purgetb the Head. Wounds & ulcors, cleanf th Fice, Plaque, es Peftilential Fravers.

Government and Vertues. It is a gallant Solar Herb. This is of a class fing and attractive quality, whereby it draweth for Thorns or Splinters, or other fuch like things gottening the flesh, and pur up into the Nostrils, purgeth the He and Galen faith also they have a drying faculty, where they are good to loder the Lips of Wounds, and to clear fonl ulcers The diftilled Water or Juyce is much effet med by French Dames to cleanle the skin from any rough nels, Deformity, or discolouring thereof: Being boyled efeript with

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fine, given to driak, it is a good Remedy against the Venemous lique, and other Pestilential Feavers, if the Party, after Beasts, Mad ling it, lie warm in his bed & Iweat for two hours after, Doys biting, it duse the same twice at least. It helpeth also all stingings Obstructions, and bitings of Venemous Beasts or Mad Dogs, being used unin, Stone and wardly and applied outwardly. The same also openeth Gravel, Wounds, a Constructions of the Liver, and is very available against and users, elinstructions of the Reins, it provoketh Urine, and help-Clouds or miss has expel the stone and Gravel out of the kidneys and in the Eyes, and dider, and helpeth much in all inward Wounds and til-Toothach, Helis. The Decoction or distilled Water is no less estectus morrhoids. It be applied to all Wounds that are fresh and green, or distiny frecting and running Ulcers, which it very essectually cureth in lost space. A little Honey mixed with the Juyce, and dropped into the time and hinder the sight. It helpeth the Toothach being dropped into the unit on the contrary side of the pain. It is also essectual to ease the pains of a Hemorrhoids or Piles.

Ground-pine, or Chamepitys.

or of the plants of the come from the joynts of the stalk all along among the leaves, after which come small, and round Husks: The Root is small and woody, perishing every year.

Place. It groweth more plentifully in Kent than in any other County of its Land, as namely in many places on this fide Dartford along to outhfleet, Chatham, and Rochester and upon Chatham Down, hard by the taton, and half a mile from Rochester in a field nigh a House called

elfiy.

Time. It flowreth and giveth Seed in the Summer Months.

Government and Vertues. Mars owns the herb. The Decoction of stound-Pine drunk, doth wonderfully prevail against the strangury, or any inward pains arising from the Diseases of the reins Strangury, addrin, and is especial good for all Obstructions of the Li-Obstruction trand Spleen, & gently openeth the Body, for which purpose ons, hey were wont in former times to make Pills with the powder Mother, hereof, & the purple Pigs. It marveously helpeth all the Diseases, in the Mother used inwardly, or applied outwardly, procuping Womens Courses, and expelling the dead Child and Af-Dead child the bith, yea, it is so powerful upon those Feminine parts that and Afteritis utterly forbidden for Women with Child, in that it will bith.

cause abortment or delivery before the time : It is as effectual also in pains and Discases of the Toynts, as Gours, Cramps, h fies, Sciatica, and Aches: either the Decoction of Gouts, Cramps, Palfies, Scrati-Herb in Wine taken inwardly, or applyed outwardly, both for some time together, for which purpose the H ca. Aches, do c. Dropfie, Poplon made with Powder of Ground Pine, and of Hermouth with Venice Turpentine are very effectual. These Piles of the Aconites. are special good for those that have the Dropsie, to be a Creatures, Cold, tinued for some time. The same is a special good helps Cough, Palfie, the Jaundice, and for griping pains of the Joynes, Belly inward parts: It helpeth alfo all Difeafes of the Brain m Hard Bafts, and hard Swel- ceeding of cold and Flegmatick Humors and Distillating ling, ulcers and as also for the Falling-fickness. It is an especial remely the poylon of the Aconites of all forts, and other poylon old Sores, Green wounds. Herbs, as also against the stinging of any Venomous Ca tures : It is a good Remedy for a cold Cough especially

the begining. For all the purpoles aforelaid, the Herb being tunned w new drink and drunk, is almost as effectual; but far more acceptable weak and dainty Stomachs. The Distilled Wager of the Herb hath the fire effects, but more weakly. The Conferve of the Flowers doth the like, who Mathiolus much commendeth against the Palsie. The green Herb, at Decoction thereof being applied, dissolveth the hardness of Womens Bend and all other hard Swellings in any other part of the Body. The greenlist also applyed, or the Juyce thereof with some Honey, not only cleaned putrid, flinking, foul and Malignant Ulcers and Sores of all forts, but he eth and sodereth up the lips of green Wounds in any part also.

Let Women forbear it if they be with Child, for it works violently up and se

the Ferginine part.

Plantane.

This groweth to familiarly in Meadows and Fields, and by pathways; is so well known that it needeth no Description.

Time. It is in its beauty about June, and the Seed ripeneth shortly after Government and Vertues. Its true, Migaldus and others, yea almost Aftrologo-Phyfitians hold this to be an Herb of Mars, and they give and fimile of a truth for it too, viz. Because it cures Dif. ales of the Head privities which are under the Houses of Mars, Aries and Scorpio : All Dile of the Head coming of heat are caused by Mars, for Venus is made of no la hot metal, or at least deals in inferiour parts. The truth is, it is under command of Venus, and cures the Head by Antipathy to Mars, and the vitres by Sympathy to Venus, neither is there hardly a Martial Difeate do it by this Herb as soon as by any, and may do it (it may be) when the Be shall serve.

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The juice of Plancane clarified and drunk for divers days ogether, either of himself or in other drink, prevaileth won- Pains in the terfully against all tornients or Excoriations in the Guts Guts, Distilla-Bowels, helpeth the Diftillations of Rheum from the tion of Rheum, Head, and Stayeth all manner of Fluxes, even Womens Flaxes, and Courses when they flow too abundantly: It is good to stay women's Cour-pitting of Blood, and other Bleedings at the Mouth, or ses, Spitting the making of soul or bloody water by reason of any Ulcer Blood, or bleedin the Reins of Bladder, and also stayeth the too tree bleeing of Wounds. It is held an especial remedy for those that or Nose, or of
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to the troubled with the Prisick of Consumption of the Lungs, Wounds, Prisick
to the troubled with the Prisick of the Pr ruleers in the Lungs, or Coughs that come of heat. The Confimption or Decodion or Powder of the Roots or Seed, is much more uleers in the inding for all the purpoles aforelaid than the Leaves. Die- Lungs, Fertian definding for all the purposes aforesaid than the Leaves. Dio-Lungs, Tertian initials saith, That three Roots boyled in Wine and taken, Ague, Dropsie, the letting pass the number as fabulous) I concieve the De-sickness, Tooth softion of divers Roots may be effectual. The Herb (but ach, Pin and specially the seed) is held to be profitable against the web in the Eye, Inopsie, the Falling-sickness, the Yellow Jaundice, and Pains in the appings of the Liver and Reins. The Roots of Plantane Ears, Instantial and Pellitory of Spain beaten to Powder, and put into hol-mations, Burnow Teeth, raketh away the pains of them: The clarified ing or Scalding significant in them, and taketh away the Pin and Web; Cankers and offsammarions in them, and taketh away the Pin and Web; Cankers and and ammations in them; and taketh away the Pin and Web; Cankers and and dropped into the Ears exect pains in them, and helpeth Sore Mouth, or found restoreth the Hearing: The same also with Juyce of Pring parts, Houseck is profitable against all Instammations and break- Piles, Pains of ags our of the Skin, and against Burnings and Scaldings by the Head, Lute or Water. The Juyce or Decoction made either of nacy and tielf, or other things of like nature is of much use and Phrenfie, Biood effect for old and hollow Ulcers that are hard to be ting of Serauts of Man or Woman; and helpeth also the pains of the Dogs, Hot miles in the Fundament. The Juyce mixed with Oyl of Gones, Bones les in the Fundament. The Juyce mixed with Oyl of Gouts, Bones to Roles, and the Temples and Forehead anointed therewith, out of Joynt, aleth the pains of the Head proceeding from heat, and hel- worms in the beth Lunatick and Phrenetick persons very much; as also Belly, or in the biting of Serpents or a mad Dog: The same also is ulcers, Scabs resitably applied to all hot Gouts in the Feet or Hands, and Itch, Tethere any bone is out of joynt, to hinder Inflammations, worms, Shingles wellings and pains that presently rise thereupon. The and fretting cowder of the dried Leaves taken in drink, killeth worms of Sores, wounds, he Belly; and boiled in Wine killeth Worms that breed in ild and soul Ulcers. One part of Plantane Water, and two parts of the brine brine

brine of powder'd Beef boyled together and clarified, is a most fure Reme to heal all foreading Scabs or Irch in the Head or Body, all manner of Te ters, Ringworms, the Shingles, and all other running and fretting Sun Briefly, the Plantanes are fingular good Wound Herbs to heal fresh and Wounds or Sores either inward or outward.

Plums.

Hele are so well known that they need no Description. Government and Vir Mes. All Plums are under Venus, & are like W men, some better, some worse. As there is great diversity of the kinds, hi there in the operation of Plums; for some that are sweet moisten the the

mach & make the Belly foluble; those that are sowrquent Open the Belly, thirst more, and bind the Belly; the most and watership Quench thirft, foonest corrupt in the ftemach, but the firm do nourish mo and offend les: The dried fruit fold by the Grocers und and bind the the name of Damask Prunes, do somewhat loosen the Belly Belly, procure and being flewed, are often used both in health and fickness Appetite, allay Choler, cool the to relish the Mouth and Stomach, to procure Appetite, in Stomach, a little to open the Body, allay Choler, and cool the flo Rheum, Stone, mach: Plum-tree Leaves boiled in Wine, are good to will and gargle the Mouth & Throat, to dry the Flux of Rheun Tetters and coming to the Palate, Gums, or Almonds of the Ears. The Ringworms, Gum of the Trees is good to break the stone. The Gumo Files, Ulcers, Leaves boyled in Vinegar and applied, kill Terrers and Hoaifn (s, and Ringworms. Matthiolas faith, The Oyl preffed out of the pains in the Kernels of the stones, as Oyl of Almends is made, is good! Ears, Stone gainst the inflamed Piles, the Tumors or swellings of ulcers and Cholick. Hoarfnels of the Voice, roughnels of the Tongue and Throng

and likewise the pains in the Ears. And that five ounces of the said Of taken with one ounce of Mulcadel, driveth forth the stone, and helpeth the Cholick.

Polipody of the Oak.

His is a Small Herb, co lifting of nothing but Roo's and Leaves bearing neither Stalk, Flower, nor Seed, as it is thought. hat's three or four Leaves rifing from the Knot, every one fine le by it felf, of about a hand length, are winged, conffring of many small narrow Leaves, cut intolle middle Rib, flanding on each fide of the flalk, large below, and fmaller up to the top, not dented or notebed on the edges at all, at the Male Fern hath; of a fadgret colour, and frooth on the upper lide, but on the under side somewhat rough, reason of some yellowish spots set thereon. The Root is smaller than ones little fager lying aflope, or creeping along under the upper crust of the Earth, brownish the outside, and greenish within, of a sweetish har hness in tafte, set with certain rough Kaags on each side thereof, having also much Mossiness or gellow hairings upon it, and some Fibres underneath it, we ereby it is nourished.

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place. It groweth as well upon old rotten stumps, or trunks of Trees, as k, Beech, Hazel, Willow, or any other, as in the Woods under them, lupon old Mud Walls, as also in Mossie, Stony and Gravelly places, runto Woods: That which grows upon Oaks is accounted the best, but quantity thereof is scarce sufficient for the common use.

Time. It being always green, may be gathered for use at any time.

Government and Vertues. And why, I pray, must Polypodium of the konly be used? Gentle Colledg of Physitians, can you give me but a mps of a Reason for it? Is it onely because it is dearest? Will you never we your coverousness till your lives leaves you? The truth is, that which two upon the Earth is best ('tis an Herb of Saturn, and he seldom climbs tes) to purge Melancholy; if the Humor be otherwise, chuse your Po-

odium accordingly. Mefue (who is called the Physicians angelist for the certainty of his Medicines, and the truth his Opinion) faith, That it dryeth up thin Humours, di-feth thick and tough, and purgeth burnt Choler, and espelly tough and thick Flegm, and thin Flegm also, even from the Helancholy, or Quartan Agues, especially if it be taken Whey, or Honeyed water, or in Barly-water, or the broth Chicken with Epithimum, or with Beets and Mallows. flitches in the fides, as also for the Cholick; some use to to it some Fennel-seeds, or Annis-seeds, or Ginger to cor-that that loathing it bringeth to the stomach, which is more innecedeth, It being a safe and gentle Medicine fit for all some at all seasons, which daily experience confirments; if an ounce of it may be given at a time in a Decoction, if ere be not Sena, or some other strong purger put with it: fram or two of the powder of the dried Roots, taken falting cup of Honeyed-water, worketh gently, and for the puraforefaid. The distilled water both of Roots and Leaves much commended for the Quartan Ague, to be taken for any days together as also against Melancholy, or fearful or ublecome fleeps or dreams; and with some Sugar-Candy folved therein, is good against the Cough, shortness of eath and Wheefings, and those distillations of thin Rheum

Dricth Hua mors, purgeth burnt Choler, Flegm. Melancholy. Quartan A= gues, Spleen, Cholick, troublesome Reeps, congb, (hortness of Breath. wheefings, lungs, pthilick, member out of joynt; Polipus, or Difeafe in the Nofe. Chops in the fingers, or

on the Lungs, which cause Pchisicks, and oftentimes Consumptions. The sh Roots beaten small, or the powder of the dried Roots mixed with Hoy, and applied to the Member that is out of joynt, doth much help it a plied also to the Nose, cureth the Disease called Polipus, which is a piece Flesh growing therein, which in time stoppeth the passage of breath though that Nostril; and it helpeth those clests or chops that come between tangers or tace.

The Poplar-Tree.

Descript. Here are two forts of Poplars, which are moft familiar with viz. The Black and the White, both which I (hall here defor

wato you.

The write Poplar groweth great and reasonable high, covered with a thi Smooth, white Bark, especially the Branches, bawing large Leaves cut into he ral aivisions almost like a Vine-leaf, but not of so deep a green on the upper and how y white underneath, of a reasonable good scent, the whole form repul ting the form of Colts-foot. The Catkins which it bringeth forth before the lun are long, and of afaint reddile colour, which fall away, bearing feldome ! feed with them. The wood hereof is smooth, soft and white, very finely wer

where by it is much esteemed.

The olack Poplar groweth higher and ftraighter than the white, with a gut Buk buring boad and green leaves somewhat like Ivy-leaves, not cut in m edges like the white, but whole and deated, ending in a point, and not white derne th, hanging by flender long foot-falks, which with the air are continu Shaken like as the Aspin-leaves are: The Catkins hereof are greater than of white, composed of many round, green Berries as it were fet together is all claster, containing much downy matter, which being ripe, is blown away with pe, be wind: The clammy Buds bercof before they spread into Leaves, are gathered make the Unguentum Populeon, and are of a yellowish green colour, and se sommhat sweet, but strong. The wood is smooth, tough, and white, and east be cloven: on both thefe trees groweth a sweet kind of Musk, which in for hen th times was used to be put isto sweet Ointments.

Place. They grow in moist Woods, and by Water-sides in sundry place. T

of this Land, yet the white is not so frequent as the other.

Tim:. Their time is likewise expressed before: The Catkins coming in

before the Leaves in the end of Summer.

Government and Vertues. Sature hath Dominion over both. The wi Poplar, faith Galen, is of a cleanling property: the weight of one out

in powder of the Bark thereof being drunk, faith Diole Sciatica, Stran- des, is a remedy for those that are troubled with the gury, pain in the atica, or the Strangury : The Juyce of the Leaves of Ears, dull fight, ped warm into the Ears, eafeth the pains in them: 1 Gout, Filling- young clammy Buds or Eyes before they break out fickness, warts, Leaves, bruised, and a little Honey put to them, is ag Medicine for a dull fight. The black Poplar is held " pulhes and more cooling than the white, and therefore thele Wheals, Heat, and I flammati- bruised with Vinegar and applyed, help the Gout : 1 ons, drieth 110- Seed drunk in Vinegar is held good against the Falls fickness. The Water that droppeth from the hollow pl mens Milk.

of this Tree, taketh away Warts, pushes, Wheals and ther the like breakings out in the Body. The young black poplar Bu faith Mathistis, are much used by Women to beautifie their hair, bru

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iny bl ii ase uch bl heth e te is em with fresh Butter, and straining them after they have been kept for me time in the Sun : The Ointment called Populeon , which is mue's of is Poplar, is fingular for all heat and Inflammation in any part of the Bo-, and tempereth the heat of Wounds: It is much used to dry up the Milk Womens Brefts, when they have weaned their Children.

Poppy.

OF this I shall describe three kinds, viz. The White and Black of the Garden, and the Erratick, Wild-Poppy or Corn-Rose.

Description. The write Poppy hach at first four or five whitish green leaves

ing upon the ground, which rife with the falk, compassing it at the botm of them, and are very large, much cut or torn in on the edges, and dendalso besties: The stalk which is usually four or five foot high, hath somedallo bessies: The stalk which is usually four or sive foot high, hath somemes no branches at the top, and usually but two or three at most, bearing
my one but one head, wrapped in a thin skin, which boweth down before it
tready to blow, and then rising and being broken, the flower within it
reading it self open, and consiste hot four very large, white, round leaves,
ith many whitish round shrids in the middle, set about a small, round green
tad, having a crown, or star-like cover at the head thereof, which growing
pe, become as large as a great Apple, wherein are contained a great number
small, round seeds in several partitions or divisions next unto the shell, the
iddle thereof remaining hollow and empty. All the whole Plant, both
aves, stalks and heads, while they are fresh, young, and green, yield a Milk
hen they are broken, of an unpleasant bitter taste, almost ready to provoke
sting, and of a strong heady smell, which being condensate, is called Opitale. The Root is white, and woody, perishing as soon as it hath given ripe The Root is white, and woody, perishing as soon as it hath given ripe

The Blick Poppy little differeth from the former, until it beareth his floet, which is somewhat less, and of a black purplish colour, but without apurple spots in the bottom of the Leaf, The head of the seed is much less an the former, and openeth it self a little round about the top, under the twn, so that the seed which is very black, will fall out if one turn the sad therees downwards.

The wild-Pappy, or Corn-Rose, hath long and narrow Leaves, very much tin on the edges into many divisions, of a light green colour, and somemes harry withal: The stake is blackish and hairy also, but not so tall as the ten kinds, having some such like Leaves thereon as grow below, parted to three or four branches sometimes, whereon grow small hairy heads ming down before the skin break, wherein the flower is enclosed, which it is full bean open, is of a fair yellowish red, or crimson colour, and lin fome, much paler, without any spot in the bottom of the Leaves, having any black, soft threads in the middle, compassing a small green head, which ten it is repeated in the middle, compassing a small green head, which ten it is repeated in the middle, compassing a small green head, which ten it is repeated in the middle, compassing a small green head, which the black seed smaller by half than that of the Garden. The Root pents heth every year, and springeth again of its own sowing. Of this kind, the seed one lesser in all the parts thereof, and different in nothing else.

Place?

The English Physician Enlarged.

Place. The Garden kinds do nor naturally grow wild in any place, &

are all lown in Gardens where they grow.

The wild Poppy, or Corn-Role is plentiful enough, and many times to much in the Cornfields of all Countreys through this Land, and alloupe Ditch-banks, and by Hedge-fides. The smaller wild kind is also found Corn-fields, and also in some other places, but not so plentifully as the so mer.

Time. The Garden kinds are usually sown in the Spring, which the flower about the end of May, and somewhat earlier, if they spring of the own lowing.

The wild kinds flower usually from May until July, and the feed of the

is ripe foon after the flowring.

The Herb is Lunar, and of the juice of it Go: einment and Vertues. made Opium; only for lucre of money they cheat you, and tell you 'tis a kin of Tear, or some such like thing that drops from Poppies whe they weep, and that is somewhere beyond the Seas, I know of Procisie where beyond the Moon. The Garden Poppy heads, with feet Sleep, made into a fyrup, is frequently, and to good effect used to pro Catarros, and difluxcure rest and sleep in the sick and weak, and to stay Catarrhi 1015 of Defluxions of hot thin Rheumes from the Head into the St much, and upon the Lungs, caufing a continual Cough, d Rheum Fore-runner of a Consumption : It helpeth also Hoarsness Rayeth the Throat, and when one hath lost their voice, which the O Hoarfiels, of the feed doth likewise. The black feed boyled in Wine 1 Flux of the belly and drunk, is faid also to stay the Flux of the belly, and Wome Courses. The empty shels of the Poppy heads are usually bod 11 o nens ed in water, and given to procure rest and sleep; so do the lear Cou fes, in the same manner, as also if the Head and Temples be bathe Inflammation, & St. with the Decoction warm, or with the Oil of Poppies, the gre Anth. fic, Leaves or heads bruifed and applyed with a little Vinegar, prins in the made into a Pultils with Barly-meal, or Hogs-greafe, it cools and tempereth all inflamations, as also the Disease called S.d Heat. Phrenfier, thosies fire. It is generally used in Treacle and Mithridate, 1 in all other Medicines that are made to procure rest and set Tooth-ach. and to case pains in the Head as well as in other parts. It is a used to cool Inflamations, Agues, or Phrensies, and to stay defluxions while cause a Cough or Consumption, and also other Fluxes of the Belly, or W mens Courfes : Iris also put into hollow teeth to ease the pain, and he been found by experience to ease the pain of the Gout.

The wild poppy, or Corn-Role, (as Mathiolus faith) is good to prevent Falling-sickness. The syrup made with the flowers, is with go effect given to those that have the Pleurisie and the dried Flo Fallingersalfo, either boyled in Water, or made into Powder! ackness, drunk, either in the Diftilled water of them, or in some of Plearite, Drink, worketh the like effect. The diftilled Water of the the Surt its, ers, is held to be of much good use against Surfeits, beng dru Agues, &

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The English Physician Enlarged.

Inflamma-

sening and morning: It is also more cooling than any of the ther Poppies, and therefore cannot but be as effectual in hot 120.5. gues, Phrensies, and other Inflamations either inward or outund, the syrup or water to be used therein, or the green Leaves used outundly, either in an Ointment, as it is in Populeon, a cooling Ointment, or
up any other ways applyed. Galen saith, The seed is dangerous to be used inundly,

Puillane.

Arden Pursiane (being used as a Salad Herb) is so well known, that it needeth no Description; I shall therefore only speak of its Vertues as olloweth:

Government and Vertues. 'Tis on Herb of the Moon. It is good to cool it enyheat in the Liver, Blood, Reins and Stomach, and in hot Agues, nohim bing better: It stayeth hot and cholerick Fluxes of the belly, Womens Courses, the Whites and Gonorrhes, or Cooleth heat of unning of the Reins, the Distillations from the Head, and blood in hot Apins therein proceeding of Heat, want of sleep, or the gues, cholerick thrensie. The seed is more effectual than the herb, and is Fluxes, nomens of singular good use to cool the heat and sharpness of the Courses, the line, and the outragious Lust of the Body, Venereous Whites and Gopreams, and the like, insomuch that the over frequent use northea, distillations for the strong extinguishes the Heat and Versus of Natural Pro-Dreams, and the like, insomuch that the over frequent use tions, phreise, distinction. The seed bruised and boyled in Wine, and given Heat of urine, ochidren, expelleth the Worms. The juice of the herb Lust, and venesheld as effectual to all the purposes aforesaid, as also to reous Dreams, by vomicings, and taken with some sugar or honey, helpeth worms, Vominion and street in the first Herb is used by many (as the more pleasing) with a breath, or pthistic sugar to work the same effects. The Juice also is sick, users in ingular good in the Instantations and Ulcers of the secret the screet parts, parts in Man or Woman, as also of the Bowels and Hemor-Redness of the Parts in Man or Woman, as also of the Bowels and Hemor- Redness of the holds, when they are Ulcerous, or Excoriations in them: Eyes, and infi he herb bruised and applyed to the Forehead and Temdesallayeth excessive heat therein, hindring rest and sleep; or pain in the adaptived to the Eyes, taketh away the redness and in. Neck, blastings by Lightning. Ammacion in them, and those other parts where Pushes, by Lightning, Wheals, Pimples, St. Anthonies fire, and the like, break burning by gunorth, especially if a little Vinegar be put to it : And being powder, fore and to the Neck with as much of Galls and Linfeed toge- Brefts, Chilher, taketh away the pains therein, and the Crick in the drens Navels, leck. The Juyce is used with Oyl of Roles for the said fore Mouths, and Causes, or for Blastings by Lightning, and Burnings by swollen Gums, Gun-powder, or for Womens fore Brefts, and to allay the fastneth Teeth,

Luft, and vene-Eyes, and inflamations, Crick at in all other fores or hurts : Applied alfo to the Na- tooth-ach, bloody

vels of Children that flick forth, it helperh them: It is all zerine, Gout, Cramp, and stiff- good for fore mouths, and gums that are swollen, tob ften loofe teeth. Camerarius faith, that the diftilled Wat ness of the siused by some, took away the pain of their teeth, when it news. other Remedies failed, and that the thickned juice mater

Pills with the Powder of Gum Tragacanth, and Arabick, being taken, pro vaileth much to help those that make a bloody water. Applied to the Go it easeth pains thereof, and helpeth the hardness of the Sinews, if it com

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not of the Cramp, or a cold cause.

Prim-Rofes.

Hey are so well known, that they need no Description. Of the Lan of Prim-rofes is made as fine a salve to heal Wounds as any is that know : You shall be taught to make Salves of any Herb at the later end the Book, make this as you are taught there, and do not (you that have ny ingenuity in you) see you war Neighbours go with wounded limb when a half peny cost will heal them.

Privet.

Descript. Our common Privet is carried up with many flerder Brauches a reason ble hight and breadth, to cover Arbors, Bowers, a Banquetting-Houses, and brought, wrought, and cut into many Forms, of Me Horf s, Birds, &c. which though at first supported, groweth afterwards fin of it felf: It beareth long and narrow green Leaves by couples, and freet fine ing white flowers in tufts at the ends of the branches, which turn into small blu Beyries that have a purplish juice within them, and some seeds that are flat on the one fide, with a hole o' dent therein.

Place. It groweth in this Land in divers Woods.

Time. Our Privet flowreth in June and July; the Berries are ripe in Al

guft and September.

Government and Vertues. The Moon is Lady of this. It is little used Phyfick with us in thefe times, more than in Lotions to wil here Sores, and fore Mouths, and to cool Inflamations, and in up Fluxes. Yet Mathiolus faith, It ferveth to all the ufest rou Lotions to walh fore Mouths, the which C pres or the East Privet is appointed by Diofen throats, Cool des and Galen. He further faith, That the Oil that is mi the Inflammations, of the flowers of Priver infused therein, and fet in the sa Dry Fluxes, Ik. is fingular good for the inflammations of Wounds, and ther flammation in the Head-ach coming of an hot caute. There is a fire hea Wounds, Headwater also diftilled from the flowers that is good forall the och, Fluxes, and Difeases that need cooling & drying, and therefore help 11 omens Cou les, all Fluxes of the Belly or Stomach. Bloody Fluxes, 1 Voiding blo d, Womens Courfes being either drunk or applied, as alla Rheum in th. those that void blood at their Mouth, or any other place Eyes and for Distillations of Rheum in the Eyes, especially a

be uled with Tulia.

Queen of the Meadows, Meadow-sweet, or Mead-sweet.

fript. THe stalks of this are reddish, rising to be three foot high, fometimes four or five foot, having at the joynts thereof ge wing d Leaves, anding one above another at distances, confisting of any and somewhat broad Leaves, set on each side of a middle rib, being com and, rough, or rugged, crumpled much like unto Elm-Leaves, having alfo me smaller Leaves with them (as Agrimo y hath) somewhat deeply dented bout the edges, of a lad green colour on the upper fide, and grayish under-Less af hereof put into a cup of Claret-wine, giveth also a fine rellish to it: At that etops of the stalks and branches stand many tusts of small white slowers, and in the stalks are stand branches stand many tusts of small white slowers, and in the start thick together, which smell much sweeter than the leaves: and in the start thick together, which smell much sweeter than the leaves: and in the start places being sallen, come crooked & cornered seed: The Root is some-limbs hat woody, and blackish on the out-side, and brownish within, with divers teater firings, and leffer fibres fer thereat, of a strong scent, but nothing so latant as the Flowers and leaves, and perisheth not, but abideth many ears, thooting forth anew every fpring.

Plac. It groweth in moist Meadows, that lye much wer, or near the

s, a Courses of Water.

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f Mn Time. It flowreth in some place or other all the three Summer Moneths, the natis, June, July, and August, and their seed is ripe quickly after.

find Government and Vertues. Venus claims dominion over the Herb. It is

libia sed to stay all manner of bleedings, Fluxes, Vomitings,

tout and Womens Courses, as also their Whites: It is said to Bleedings, Fluxes, Vomitings. her and take away the fits of quartan Agues, and to make xes, Vomitings, in he fone the Leaves. It helpeth speedily those that are trou- and the white; used with the Cholick, being boyled in wine; and with Quartan Ague, little Honey taken warm, it openeth the Belly: but boyled Cholick, opens and with goutwardly applied, it healeth old Ulcers that are Can-ulcers, healeth rous or eaten, or hollow and fiftulous, for which it is by fore mouths or bany much commended, as also for the sores in the mouth, secrets, raise tecret parts. The Leaves, when they are full grown be Blisters, Instamine so glaid upon the skin will in a short time raise Blisters mation in the last a feet and Instammation in the Eyes.

The Quince-Tree.

posseript. The ordinary Quince-tree groweth often to the height and bizness of a reasonable Apple-tree, but more usually lowbigness of a reasonable Apple-tree, but more usually lowbigness of a reasonable Apple-tree, one menches far broad filly if the Leaves are somewhat like those of the Apple-tree, but thicker, broader, be Leaves are somewhat like those of the Apple-tree, but thicker, broader, Out of fuller of Veins, and whiter on the under fide, not dented at all about the edges The English Physician Enlarged.

200 edges. The flowers are large and white, fomtimes dash'd over with a bluk! fruit that followeth is yellow, being neer ripe, and covered with a white F or cotton, thick fet on the younger, and growing lefs as they grow to betime ripe, bunched out often times in some places, some being liker an Apple, and a Pear, of a firong heady feent, and not durable to keep, and is four, harfe, of an unplea fa ttafte, to cat fresh; but being fcalded, youfted, baked, an ferved, becometh more pleafant.

Place and Time. It best likes to grow near Ponds and Water fides, at frequent through this Land; and flowreth not until the Leaves bear

forth. The Fruit is ripe in September or October.

Government and Vertues. Old Saturn owns the Tree. Quinces in they are green, helps all forts of Fluxes in Man or Womana Cholerick Lasks, Castings, and whatsoever needeth aftrist Fluxes, more than any way prepared by fire : yet the fyrup of Lasks, &c. Juice, or the Conserve, are much conducible, much of theb provoketo ding quality being confumed by the fire : If a little Vineger Appetite, added, it firreth up the languishing appetite, and the flome Rayeth Vogiven to casting : Some Spices being added, it comforteths in the milling, frengtheneth the decayed and fainting spirits, and helpethe hth Fai ting Liver oppressed, that it cannot perfect the digestion; and Spireceth Choler and Flegm: If you would have them purgin of the Spirits, Choler, for Choler, Rhubarb; for Flegin, Turbith; for watry he mors, Scammony: but if more forcibly to bind, use the unit y br Flegm, Poyfon, Womens Quinces with Roses, and Acacia, Hypocistis, and some torth as ed Rhubarb. To take the crude Juice of Quinces, is held of the Breft. Plaguepreservative against the force of deadly poyson; for it hathbe dwi fores, found most certain true, That the very smell of a Quince had Pl taken away all the strength of the poyson of white Hellebore. Let Preferucth Hair. there be need of any outward binding and cooling of any

Fluxes, the Oyl of Quinces, or other Medicines that may be made that of, are very available to annint the Belly, or other parts therewith : Ith wife ftrengthenerh the Stomach and Belly, and the Sinews that are look by tharp Humors falling on them, and restraineth immederate sweating list The Muscilage taken from the seeds of Quinces, and by yed in a little weer: is very good to cool the heat, and heal the sore Brests of Women. I Defe fame with a little Sugar is good to lenifie the harshness and hoarsness of the I The Cotton or Down of Quint tes; Throat, and roughness of the Tongue. boyled and applied to Plague-fores, healeth them up; and laid as a Pla fler made up with way, it bringeth hair to them that are bald, and Reept d, b it from falling, if it be ready to fhed.

Rhadish, and Hors-Rhadish.

He Garden Rhadish is so well known, that it needeth no Description D frip ion. The Horf-Rhadilh bith his first Leaves that rife be Winter, about a foot and a half long, very much cut in or torn on the edgets

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y parts of a dark green colour, with a great Rib in the middle, after thefe theen up a while, others follow which are greater, rougher, broader, and er, whole and not divided at the first, but only somwhat roundly dented about edges: The stalk when it beareth Flowers (which is but seldome) is great. de edges: The stalk when it heareth Flowers (which is but seldome) is great, is up with some sew lesser Leaves thereon to three or four soot high, spreading be top many (mall branches of whitish Flowers, made of four Leaves apiece; which come fmall pods like those of Shepherds purle, but seldon with any lin them. The Root is great, long, white, and rugged, shooting up divers heads eta taves, which may be parted for increase, but it doth not creep within ground, run above ground, and is of a fivong, sharp, and bitter taste, almost like Mu-

and Place. It is found wild in some places of this Land, but is chiefly planted

of June. It Flowreth but seldom, but when it doth, it is in July.

of June. It Flowreth but seldom, but when it doth, it is in July.

beb Sovernment and Vertues. They are both under Murs, the Juyce of Horse dish given to drink, is held to be very effectual for the Scurvy.

when in the belly. The root bruised and laid to the place grieved worms,

the Sciatica, Joynt-ach, or the hard swellings of the Liver Sciatica,

Ispleen, doth wonderfully help them all. The distilled wa- Liver and

rgin of the Herb and roots, is more familiar to be taken with a Spleen.

the Garden Rhadishes are in wantonness by the Gentry caten as Salad, but

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y breed but Scurvy humors in the Stomach, and corrupt the Blood, and of fuch nice Palats fo unhealthful, yet for fuch as are trou-

the of such nice Palats so unhealthful, yet for such as are trouhed with the Gravel, Stone, or Stoppage of Urine, they are
the head Physick if the body be strong that takes them: You may
see he like Juice of the Roots into a syrup if you please for that
hybe: They purge by Urine exceedingly. Stone.

Ragwort.

lis called also St. James-wort, Stagger-wort, and Stammer-wort, and Sige W grum.

of it Leaves lying on the ground, very much rent and torn on the fides into many und ets; from among which rife up somtimes but one, and somtimes two or three ips are or crested blackish or brownish stakes three or four soot high, somtimes branched diseases such the early divers such like Leaves upon them at several distances unto the top, treit brancheth south into many salls heaving divers such into many salls heaving nellers. Confising of diversity and the salls heaving nellers are salls and the top. ere it brancheth forth into many flalks bearing yellow Flowers, confifting of disleaves fit as a pale or border, with a dark yellow thrum in the middle, which abide a great while, but at last are turned into Down, and with the small tion this gray seed are carried away with the wind. The root is made of many fi-belt is whereby it is firmly fastned into the ground, and abideth many years.

There is another fort bereof different from the former only in this, Time.

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it rifeth not so high; the Leaves are not so finely jagged, nor of so dark an colour, but rather somewhat whitish, soft, and wolly, and the Flowers of paler.

Place. They grow both of them wild in Pastures, and untilled groun

in many places, and ofcentimes both in one field.

Time. They flower in Jule and July, and the seed is ripe in August. Government and Versues. Ragwort is under the command of Dame Va

and cleanfeth, digefteth, and di cuffeth. The Decoftion the Herb is good to wath the Mouth or Throat thick Sac Mouth or Ulcers or Sores therein; and for swellings, hardness, ori The sat, Swelpotthumations, for it throughly cleanfeth & healeth the lings and Impoltumes, quinas allo the Quintie, and the Kings-Evil: It helpeth tot fie, and Kings- Catarrhs, thin Rhewins, and Defluxions from the h Evil, Catarrhs, into the Eyes, Nole or Lungs. The juice is found by perience to be fingular good to heal green wounds, and & Defluxions, Green wounds, cleanse and heal all old and filthy Ulcers in the Privities, in other parts of the body; as also inward wounds & ult and ulcers in the privy parts, Rayeth the malignity of fretting or running Cankers, & hollow fistulaes, not suffering them to spread further. I Running Cinalso much commended to help aches and pains, either in kers, and holfleshy pare, or in the Nerves and Sinews; as also the Sci low Fistulaes, aches & pains, tica, or pain of the Hips or Huckle-bone, o bath the plu with the Decoction of the Herb, or to anoint them with Sciatica. Oyntment made of the Herb bruised and boyled in

Hogs-fuet, with some Mastich and Olibanum in Powder added unto it #

it is strained forth.

In Suffex wee call it Rigmied.

Ratile grass.

OF this there are two kinds which I shall speak of, viz. The Red s

Descript. The common Red Rattel hath fundry readish hollow stalks formetimes green, rising from the Root, lying for the most part on the god some growing more upright, with many small reddish or greenish Leavesso both sites of a middle rio finely dented about the edges: The stowers stall the tops of the Stalks and branches, of a sine purplish red colour, like small ping hoods; after which come stat blackish seed in small husks, which lyings therein, will rattle with shrking. The Root consists of two or three small not strings with some sibres thereat.

The commu Yellow-rattle bath seldome above one round green strifting from the root, about half a yard or two soot high, and but sem But ches thereon, having two long, and somewhat broad Leaves set at a so deeply out in on the edges, resembling the Comb of a Cock, broades to the Stalk, and smaller to the end: The Flowers grow at the tops of salks with some shorter Leaves with them, hooded after the same mathat the eners are, but of a fair yellow colour, or in some pales.

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me more white. The feed is contained in large busks, and being ripe will rate or make a noise with lying leose in them. The Root is small and slender, pengevery year.

lace. They grow in our Meadows and Woods, generally through this

d.

ime. They are in flower from Mid-summer until August be past some-

he wernment and Vertues. They are both of them under the Dominion he Morn. The red Rattle is accounted profitable to heal fiftulaes, and hollow Ulcers, and to stay the Flux of Fishulaes, and more to them, as also the abundance of Womens Courbellow ulcers, or any other Flux of Blood, being boyled in red Wine womens Courdrunk.

[es, Fluxes.

the yellow Rattle, or Cocks-Comb is held to be good those that are troubled with a Cough, or dimness of cough, Dim is, if the Herb being boyled with beans, and some hony sight.

thereto, be drunk, or dropped into the Eyes. The whole being put into the Eyes, draweth forth any skin, dimnels or film from

fight without trouble or pain.

Rest-Harrow, or Cammoak.

cript. Common Rest-harrow riseth up with civers rough woody twigs, half a yard, or a yard high, set at the joynts without order, with le roundish Leaves sometimes more than two or three at a place, of a dark uncolour, without thorns while they are young but oftenwards armed in sundry ses with short and sharp Thorns. The flowers come forth at the tops of the iss and be anches, whereof it is full, fashioned like Pesc, or Bloom Blossoms, leser, flatter, and somewhat close, of a faint purplish colour: after which us small pods, containing small, flat, and round seed: The Root is blackish on out-side, and whitish within, very rough and hard to break when it is fresh green, and as hard as an horn when it is dried, thrusting down deep into the und, and a spreading likewise, every piece being apt to grow again if it be left the ground.

Place. It groweth in many places of this Land, as well in the arable as

if ground.

Time. It flowreth about the beginning or middle of July, and the feed is

i e in August.

Government and Vertues. It is under the Dominion of Mars. lar good to provoke Urine when it is stopped, and to break it drive forth the stone, which the powder of the Bark of the cot taken in Wine performent effectually. Marbiolus saith, he same helpeth the Disease called Hiernia Carnosa, the sleshy upture by taking the said powder for some months together instantly, & that it hath cured some which seemed incurable any other means than by cutting or burning. The Decoctities thereof made with some Vipegar, and gargled in the Mouth

urine
flapped,
Stone,
Fleshy
Rup ure,
Tooib-ach,
Liver and

It is fin-

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easeth the Tooth-ach, especially when it comes of Rhom; Spicen the faid Decoction is very powerful to open obstruction d obstructed, Liver and Spleen, and other parts. A diftilled Water m Hicers.

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Balaco Maria with four pound of the Root hereof fin fmall, and afterwards freeped in a gallon of Canary Wine, is fingular for all the purpoles aforesaid, and to cleanse the passages of the Uring Powder of the faid Root made into an Electuary or Lozenges with Si as allo the Bark of the fresh Roots boyled tender, and afterwards beam to a Conserve with Sugar, worketh the like effect. The powder of the firewed upon the brims of Ulcers, or mixed with any other convenient and applied, consumeth the hardness and causeth them to heal the be

Rocket.

IN regard the Garden Rocket is rather used as a Salad Herb than why have a purposes, I shall omit it, and only speak of the common

* Rocket: The Description whereof take as followeth.

Descript. The common wild Rocker hath longer and narrower La much more divided into flender cuts and jags on both fides of them Rib than the Garden kinds have, of a lad over-worn green colour, from mong which rife up divers stalks two or three foot high, lometime with the like Leaves, but smaller and smaller upwards, branched from middle into divers fliff stalks; bearing fundry yellow flowers on them of four Leaves a piece, as the others are, which afterwards yield them! reddith feed, in small long pods, of a more bitter and hot biting talks the Garden kinds, as the Leaves are alfo.

Place. It is found wild in divers places of this Land.

Time. It flowrerh about June or July, and the feed is ripe in August. Gover ment and Vatues. The Wild Rockets are forbidden to beult Ione, in regard their fharpness fumerh into the Head, causing ach & therein : and are no less hurtful to hot and Cholerick persons, for teard fliming their blood, and therefore for such we may say, a little dotal Lette harm, for angry Mars rules them, and he fomtimes will be telly

he meets with fools. The wild Rocket is more from effectual to increase sperm and venereous qualities, and we nery, 'el's unto all the feed is more effectual than the Garden in It ferveth also to help digestion, and provoketh Urin ceedingly. The feed is used to cure the bitings of pents, the Scorpion and the Shrew-Moule, and other fon', and expelleth Worms, and other noyfome Creat that Breed in the Body. The Herb boyled or flewed, dren, encresseth some sugar put thereto, helpeth the Cough in Chile being taken often. The seed also taken in drink, taken way the ill cent of the Arm-pits, encreaseth Milkins the face, fears, fes, and wasteth the Spleen. The feed mixed with

Increase perm aigeltion, pro-Dakes Uriae, Biting of Si-9 n'1, 00. Carebia Cit-Milk, clearfith and used on the Face, cleanseth the Skin from Spots, Mor- Marks of and other discolourings therein; and used with Vinegar, small Pox. haway freekles and redness in the Face or other parts, and the gall of an Ox, it amendeth soul Scars, black and blew spots, and tarks of the small Pox.

Winter Rocket, or Creffes.

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Inter Rocket, or Winter Cresses, have divers sommhat large, satts, somewhat like unto Rocket or Turnip-leaves, with smaller pieces next tiom, and broad at the ends, which so abide all winter (if it spring up in mi, when it is used to be eaten) from among which rifeth up divers small stake tall of branches, bearing many small yellow flowers of sour Leaves a after which come small pods with reddish seeds in them. The Root is something, and prisheth every year after the seed is tipe.

indivers places, and particularly in the next Pasture to the Conduitbehind Grays-Inne that brings Water to Mr. Lambs Conduit in Hol-

ine. It flowreth in May, and seedeth in June, and then perisheth.

Interpretation of the Science of the Strangury, and to expel Gravel and the Stone. It is also so deffect in the Science of the Science

Rofes.

Hold it alrogether needless to trouble the Reader with a Description of any of these, sith both the Garden Roses and the Wild Roses of the Bryars well enough known; take therefore the Vertue of them as followeth:

I first I shall begin with the Garden kinds.

Governme t and Vertues. What a Quarter have Authors made with les? What a Racket have they kept? I shall add, red Roses are under liter, Damask under Verus, and white under the Moon, and Provence unthe King of France. The White and the Red Roses are cooling and ling, and yet the white is taken to exceed the red in both the propers, but is seldome used inwardly in any Medicine. The utrness in the Roses when they are fresh, especially the Choler, and yet purgeth Choler, and water Humors; but being waterish Hu-

yee purgeth Choler, and watry Humors: but being ied, and that heat which caused the bitterness being conmed, hey have then a binding and aftringent quality: hose also that are not full blown, do both cool and bind

mors, Headech, pains in the Ears, Eges,

more than these that are full blown, and the whitel Throat and more than the red. The Decoction of red Roles Gums, Fundawith Wine and uled, is very good for the Head-ach, ment, Bowels, pains in the Eyes, Ears, Throat and Gums , as allow and Matrix, St. Anthonies Fundament, the lower parts of the Belly, & the Mania ing bathed, or put into them. The fame Decoction with fire, Stomach, Roles, remaining in it, is profitably applyed to the Ro Womens Courfis, Defluxions, of the heart to ease the inflammation therein; as also faftneth Teeth, thonics fire, and other Difeates of the Stomach. Beinge Lask and Spit- and beaten to powder, and taken into Reeled wine or m ting of Blood, it helpeth to stay womens Courses. The yellow thriding Heat & Infla- middle of the red Rofes (which are erroneously called mation, Reft & Role-feed) being powdered, and drunk in the diffiled Spleen, whites, ter of Quinces, stayeth the overflowing of Womens Co & Reds in we- les, and doth wonderfully stay the Defluxions of Rh men, Cholre upon the Gums and Teeth, preferving them from com Fligh, Redness tion, and tastning them if they be loose, being washed gargled therewith and some V negar of Squils added the o watering to. The heads with the feed' being uled in powder, at an the Eyes. Decoation, stayeth the Lask & spitting of blood. Red N

do strengthen the Heart, the Stomach, and the Liver, and the retentive culty: they mitigate the pains that arise from heat, affwage Inflammati procure reft and fleep, flay both Whites and Reds in Women, the Ga rhea or running of the Reins, and the Huxes of the Belly: the Juice of doth purge and cleanse the body from Choler and Flegm. The Hust the Roles with the Beards and Nails of the Roles are binding and cool and the distilled Water of either of them, is good for the heat and the in the Eyes, and to fliy and dry up the Rheums and watering of them. the red Roses are usually made many Compositions, all serving tolun good uses, viz. Electuary of Roses, Conserve, both moift and dry, wh is more usually called Sugar of Roses, Syrup of dried Roses, and Ha of Roses. The Cordial powder called Diarrhodon Abbatis, and Arona Rosarum. The distilled Water of Roses, Vinegar of Roses, Ointment Oyle of Roses, and the Rose Leaves dried, which although no Comp tion, yet of very great use and effect. To write at large of every of thele, would make my Book swell too big, it being sufficient for a Vol of it felf to fpeak fully of them. But briefly , the Electuary is purg whereof two or three drams taken by it felf in some convenient Liqu

A Purge for Choler, hot Feavers, vains of the Head, Heat of the Eyes, Jurdice & Junt-aches. is a Purge sufficient for a weak Constitution: but a be encreased to six drams, according to the strength the Patient. It purgeth Choler without trouble, and good in hot Feavers, and pains of the Head arising in hot Cholerick Humors, and heat in the Eyes, the Jam dice also, and Joynt-aches proceeding of hot Humors maist Conserve is of much use, both binding to Cordial; for until it be about two years old, it is me

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ing than Cordial, and after that, more cordial than Difillations and ling. So ne of the younger Conferve taken with Me- Defluxions of datum mixed together, is good for those that are trou- Rheum, with Distillations of Rheume from the Brain to the Fluxes and e, and Defluxions of Rheume into the Eyes; as also Lasks, Running fluxes and Lasks of the Belly : and being mixed with of the Reins, powder of Mastich, is very good for the running of the Faintings, ns, and for the looiness of Humors in the Body. The Smoonings and Conserve mixed with Aromaticum rofatum, is a very Trembling of the d Cordial against Faintings, Swoonings, Weakness, Heart, helpeth tremblings of the Heart, ftrengthening both it and a Digistion, stay-Stomach, helpeth Digestion, stayeth Casting and is eth Casting, Inry good preservative in the time of Infection. The dry fection, cooleth herve which is called Sugar of Roles, is a very good the Liver and dial to frengthen the Heart and Spirits; as also to Blood, refifteth Defluxions. The Syrup of dried red Roses Arengthen- Putrifaction, a Stomach given to casting, cooleth an over-heated and Infestion, er, and the blood in Agues, comforteth the Heart and fore Moutis, Ath purrifaction and infection, and helpeth to flay Throats, &c. is and Fluxes. Honey of Roles is much used in Gar- Comfort the and Lotions to wash Sores, either in the Mouth, Heart and Stooat, or other parts, both to cleanse and hear them, and mach, floy Vesy the Fluxes of Humors falling upon them. It is also miting, faint in Clysters both to Cool and cleanse. The Cordial Spirits, Rednis ders called Diarrhodon Abbatis and Aromatica Rosarum, of Eyes. omfort and strengthen the Heart and Stomach, proan Appetite help Digestion, stay Vomiting; and are very good for ethat have slippery Bowells to strengthen them, and to dry up their flure Rea Role-water is of well known, and familiar use in all occasions better than Damask Role-water) being cooling and cordial, refreshing, taning the weak and faint Spirits, used either in meats or broths, to wash Temples, to smell to at the Nose, or to smell the sweet vapors thereof of a perfuming-por, or cast into a hot Fire-shovel. It is also of much good egainst the redness and inflammations of the Eyes to bath them there-& the temples of the Head, also against pain and ach, for which purpose Vinegar of Roses is of much good use and to procure and fleep, if some thereof and Rose-water together be Procure fleep.

to smell unto, or the Nose and temples moistned there-

but more usually to moisten a piece of a Red Rose-cake cut fit for the pole, and heared between a double folded Cloath, with a little beaten meg, and Poppy-feed frewed on the fide that must lie next to the Fore-

and Temples, and bound fo thereto for all night. The liment of Roles is much used against heat are Inflam- Heat of the tions in the Head, to anoint the Forehead and Temples, Liver, back and being mixed with unquentum Populeon, to procure Reins, Pufhes, i as also it is used for the heat of the Liver, of the Back

Wheals and Pima

straining the Flux of Humors. The dried Leaves of the Red Rols used both inwardly and outwardly, both cooling, binding, and Cordil with them are made both Aromaticum Refarum, Diana Abbatis, and Saccharum Rofarum, each of whose Pro Weak Stomach, ties are before declared. Rofe-Leaves and Mints heated applyed outwardly to the Stomach, stay castings, and very much stre then a weak Stomach; and applyed as a Fomentation to the Regin the Liver and Heart, do much cool and temper them, and also fere flead of a Role-Cake (as is faid before) to quiet the over-hor fpinis, cause rest and fleep. The Syrup of Damask-Roles, ist Simple and Compound, and made with Agarick. The Purgeth ple folutive fyrup, is a familiar, fafe, gentle, and eastel Choler, dicine, purging Choler, taken from one ounce to the four ; yet this is remarkable herein, that the Diftilled Bind the Belly. ter of this fyrup should notably bind the Belly ; The Melancholick with Agarick is more strong and effectual; for one of humors, Leprofic, thereof by it felf will open the Body more than the a Itch, Tetters, and worketh as much on Flegm as Choler. pound fyrup is more forcible in working on Melancholics French-Pox. mors, and available against the Leprosie, Itch, Tetter, and the French Disease: Also honey of Roses Solutive is made of the infusions that the syrup is made of, and therefore worketh the samed both opening and purging, but is oftener given to Flex tick than Cholerick persons, and is more used in Chi Open the Belly. than in Potions, as the fyrup made with Sugar is. The ferve and preferved Leaves of these Roses are also operative, in gently ing the Belly. The simple water of the Damask Roses is chiefly used for fumes to in ten things, as the dried Leaves thereof to make fweet Powders, and fills bigs, and little use they are put to in Physick, although they have purging quality; the wild Roses also are few or none of them used in lick, but are generally held to come neer the Nature of the manural The Fruit of the Wild Bryer, which are called Hops, be Bind the throughly ripe, and made into a Conferve with Sugar, bit Belly, and the pleasantness of the tast, doth gently bind the belly, and flay De-Defluxions from the Head upon the Stomach, drying moisture thereof, and helpeth digestion. The Pulp of the flaxions. dried into a hard Confistence, like to the Juice of Liquotics White. 11 Womin, fo dried that it may be made into powder & taken in drink Stone, eth speedily the Whites in Women. The Briar ball is often provokes being made into Powder and drunk to break the Stone, to

The English Physician Enlarged.

or Inflammations, and to bind and flay Fluxes of Humors unto Sores b

also put into Ointments and Plaisters that are cooling and binding, and

and Reins, and to cool and heal Pushes, Wheals, and

ther red Pimples riling in the Face or other parts. O

Rofes, is not onely used by it self to cool any hor Swell

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elleine when it is stopped, and to ease and help the Cholick, urine, cappoint it to be burnt, and then taken for the same purpose. Cholick. he middle of the Balls are often found certain white Worms. Worms th being dried and made into Powders and some of it drunk, and by experience of many, to kill and drive forth the Worms of the

Rosa Solis, or Sun-dew.

IT bath divers small, round, hollow Leaves, somewhat everish, cript. but full of certain red hairs, which make them feem red, every one die spon his own footfalks, reddift, bairy likewife. The Leaves are contily moist in the hottest day, yea, the botter the Sun shines on them, the moister the sholding this moisture. Among these Leaves rise up small slender stalks, which also, three or four fiagers high, bearing divers small white knobs one above her, which are the Flowers; after which, in the Heads are contained small sit. The Root is a few small bairs. the lace. It groweth usually in Bogs and in wet places, and sometimes in ft Woods.

ine. It flowreth in June, and then the Leaves are fittelt to be gathe-

to section and Pertues. The Sun rules it, and 'tis under the Sign Can-Rofa Solis is accounted good to help those that have a salt Rhewm diid ing on the Lungs which breedeth a Consumption, and therefore the led Water thereof in Wine, is held fit and profitable for fuch to drink, the Water will be of a Gold yellow colour. The same et is held to be good for all other Diseases of the Distillations of 15, as Phtificks, Wheelings, shortness of Breath, or the Rheum, Phtigh; as also to heal the Ulcers that happen in the sick, whee sings gs, and it comforteth the Heart and fainting Spirits. Shortness of Leaves outwardly applied to the skin, will raise Bli- Breath, Cough, , which hath caused some to think it dangerous to be ulcers in the in inwardly; but there are other things which will also Lungs, comfort Blifters, yet nothing dangerous to be taken inward- the Heart, raife There is an ufual Drink made thereof with Aqua Blifters, Paffions and Spices frequently, and without any offence or of the Heart. er, bucto good purpose used in qualms and passions of Heart.

Rosemary,

Vr Garden Rosemary is so well known, that I need not describe ir. Time. It flowreth in April and May with us, sometimes again in Au-

totrnment and Vertues. The Sun claims priviledg in it, and 'cis under Calcitial Ram. It is an Hesbof as great use with us in these dayes as whatforver, not only for Physical, but Civil purpoles. The Physical

use of it (being my present Task) is very much both for inward and ward Difeates : for by the warming and comforting hear thereof ithe all cold Diseases both of the Head, Stomach, Liver and Belly. The

Cold Diferfes. Rhewms, Swimming of the Stupidity, dumb Palfie, Lethargie and Falling-fickmels, Tooth-ach, Stinking Breath, weak Memory,

coction thereof in Wine, helpeth the cold Distillation Rhewm into the Eyes, and all other cold Diseases of Head and Brain, as the Giddiness or Swimmings the Drowfiness or Dulness of the Mind and Senses, like 1 Head, Drow finess, pidness, the dumb Palsie, or loss of speech, the Lethn and Falling-fickness, to be both drunk, and the Ton bathed therewith. It helpeth the pains in the Gums lich is Teeth, by Rhewm falling into them, or by putrified as the causing an evil smell from them, or a stinking bred psed b helpeth a weak Memory, and quickneth the Senses lowers very comfortableto the stomachin all the cold griefit Deferi

helpeth a weak Memory, and quickneth the Senses. In the Cold griefith perferit of, helping both retention of meat, and digestion, the sense of, helping both retention of meat, and digestion, the sense of, helping both retention of meat, and digestion, the sense of the windines in the stomach or Bowels, and experiments, or the windines in the stomach or Bowels, and experiments it powerfully, as also wind in the Spieen. It helpeths that are Liver-grown, by opening the obstructions the configuration of the Postructions that are Liver-grown, by opening the obstructions that are Liver-grown, by fine linnen Cloth over the Mouth, and turn the mouth down into and lace, strong Glass, which being set in the Sun, an Oyl will distil down into of Jun ower Glass, to be preserved as precious for divers uses, both inward and

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ud as a soveraign Balm to heal the Diseases before mentioned, to clear in fight, and take a way spots, Marks, and Scars in the Skin.

Rhubarb, or Rhapontick.

O not start, and say this grows you know not how far off; and then ask me, How it comes to pass that I bring it among our English Sims? For though the Name may speak it Forraign, yet it grows with us in gland, and that frequent enough in our Gardens; and when you have oughly perused its Vertues, you will conclude it nothing inserior to that ith is brought us out of China, and by that time this hath been as much das that hath been, the name which the other hath gotten will be ec-

pled by the fame of this: take therefore a Description at large of it, as loweth.

Description: At the first appearing out of the Ground, when the winter of the hath a great round brownish Head, rising from the middle or sides the Root, which openeth it self into sundry Leaves one after another, very the left in that a great round brownish Head, rising from the middle or under the Root, which openeth it self into sundry Leaves one after another, very large, which openeth it self into sundry Leaves one after another, very left cherumpled or folded together at the first, and brownish but afterwards to the rise of a man thumb, when one standing on a brownish stalk of the thickness of a mans thumb, when my are grown to their sulaess, and most of them 2 soot & more in length, it killy when they grow in any moist or good ground: And the stalk of the stalk of stalks when they grow in any moist or good ground: And the stalk of the stalk o

manded by those who have oftentimes used them.

lace. It groweth in Gardens, and flowreth about the beginning or mide
of June, and the seed is ripe in July.

The Roots that are to be dried and kept all the year Following

and that is not until the middle or end of Officher; and if they betaken little before the leaves do spring, or when they are spring up, the Roo

will not have half so good a colour in them.

I have given the precedence unto this, because in Vertues also it hathi preheminence; I come now to describe unto you that which is called Patin or Monks Rhubarb; and next unto that, the great round leav'd Dock, or stard Rhubarb; for the one of these may happily supply in the absence of orth r, being not much unlike in their Vertues, only one more powerfula efficacious than the other. And lastly, shall shew you the Vertues of the three sorts.

Garden Patience, or Monks Rhubarb.

Descript. This is a Dock bearing the name of Rhubarb, for some puri quality therein, and groweth up with large tall stalks, set n somewhat broad and long fair green Leaves, not dented at all. Thereops of stalks being divided into many small branches, bear reddish or purplish Flora and three square seed like unto other Docks. The Root is long, great, and ull like unto the wild Docks, but a little redder, and if it be a little dried, show less store of discoloured veins, than the next doth when it is dry.

Great round leav'd Dock, or Bastard Rhubarb.

Descript. This bath divers large, round, thin, yellowish green leaves if from the Root, a little waved about the edges, every one stand on a reasonable thick, and long brownish sootstalk, from among which riseth a pretty big stalk, about two soot high, with some such like Leaves, growing that but smaller. At the top whereof stand in a long spike many small brownish sers which turn into a hard three-square shining brown seed, like the Gardentience before described. The Root groweth greater than that, with many bear of greet sibres thereat, yellow on the outsite, and somewhat pale; yellow with with some discolored veins like to the Roubarb which is first described, but hefs than it, especially when it is div.

Place and Time. These also grow in Gardens, and flower and seed at near the same time that our true Rhubard doth, viz. they flower in !

and the feed is ripe in July.

wholsome Herbs: you cry out upon him for an Infortune, when Godo ted him for your good (only he is angry with Fools) What dishonor is not to Mirs, but to God himself? A dram of the dried Root of Mars

Purge C'oler taken fasting in a draught or mess of warm Broth, put and Flegm, stay Choler and Flegm downwards very gently and safely to cut danger. The seed the geof contrary, doth bind seed the geof contrary, doth bind seed the geof contrary, doth bind seed the geof contrary.

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Vine,

elly, and helpeth to stay any fort of Lask or Bloody flux. dy flux, scabs, he distilled Water thereof is very profitably used to heal and ulce ous ubs, as also foul Ulcerous fores, and to allay the inflam- fores, running ation of them: The Juyce of the Leaves or Roots, or the fores. mostion of them in Vinegar, is used as a most effectual medy to heal scabs and running forcs.

The Bastard Rhubarb hath all the properties of the Monks Rhubarb, but ore effectual for both inward and outward Diseases. The Decoction ertof with Vinegar dropped into the Ears, taketh away epains; gargled in the Mouth, taketh away the Tooth. Pains of the

th, and being drunk, healeth the Jaundice. The feed Ears, footbach, treof taken, easferh the gnawing and griping pains of the Jaundice, Pains much, and taketh away the leathing thereof unto meat. of the Stemach, he Root thereof helpeth the ruggedness of the Nails, and and losthing of ing boyled in Wine, helpeth the swelling of the Throat, meat, Kings Emmonly called the Kings Evil, as also the swellings of vil, Stone, wine,
te Kernels of the Ears. It helpeth them that are troubled Dim fight, Liin the Stone, provoketh Urine, and helpeth the dimness ver and blood. the fight. The roots of this Bastard Rhubarb are used

opening and purging Diet Drinks with other things to open the Liver, d to cleanle and cool the blood.

The properties of that which is called the English Rhubarb, are the same the the former, but much more effectual, and hath all the properties of the me Indian Rhubarb, except the force in purging, wherein it is but of half thrength thereof and thereof a double quantity mult used; it likewise hath not that bitterness and astricti- Choler, and is in other things it worketh almost in an equal quality, Flegm, Obstruhich are these; It purgeth the Body of Choler and Etioss, Jauzgm, being either taken of it self, made into powder and dice, Dropsie, tunk in a draught of White Wine, or steeped therein all Spleen, Agues, ight, and taken fasting, or put among other Purges, as Pains of the all be thought convenient, cleansing the Stomach, Liver, Sides and Spine and Blood, opening Obstructions, and helping those ting of Blood, tiefs that come thereof; as the Jaundice, Dropsie, Swel-Running of the of the Spleen, Tertian and Day Agues, and pricking Reins, Swilling at ains of the fides, and also it stayeth spitting of Blood. in the Head, the Powder taken with Cassia diffolved, and a little wa- Sciatica, Gout, nee Powder taken with Cassia distolved, and a little wa- Sciatica, Gout, and Venice Turpentine, cleanseth the Reins, and streng- Cramp, Clotted inneth them afterwards, and is very effectual to stay the Blood, ulcers anning of the Reins or Gonorrhea. It is also given in the Eyes, or or the pains and swellings in the Head, for those that are Eye-lids, Smeloubled with Melancholy, and helpeth the Sciatica, the ling and Instabut and the Cramp. The powder of Rhubarb taken mitions, black that little Mummia, and Madder Roots in some red and blue spots, line, dissolveth clotted blood in the Body, happing by a purge the Liver stall or bruise, and healeth burstings and broken parts, as and Storach.

well inward as outward: The Oyl likewise wherein it hath been boyle workerh the like effects, being anointed. It is used to heal those Ulcers that happen in the Eyes and Eye-lids, being steeped and strained; as also to al wage the swellings and inflammations; and applied with Honey, or boyle in Wine; it taketh away all black and blew spots or marks that happen therein; Whey, or White Wine, are the best Liquors to steep it in, an thereby it worketh more effectually in opening obstructions, and purgin the Stomach and Liver. Many do use a little Indian Spicknard as the be Corrector thereof.

Meadow Rue.

Deferspt. NE low Rue rifeth up with a yellow ftringy Root.much spress ding in the ground, shooting forth new sprouts round about with many Herry green Stalks two foot high, crefted all the length of them fer with jounts here and there, and many large leaves on them above as wel as below being divided into smaller Leaves, nicked or dented in the forepar of them of a ead green colour on the upper fide, and pale green underneath Toward the top of the Stalk there shorteth forth divers short branches; & every one whereof there stand two, three, or tour small round Heads or But sons, which breaking, the skin that incloseth them sheweth forth a tuft of pal greenish yellow thrids, which falling away, there comes in their places im three cornered Cods, wherein is contained small, long, and round seed. The he C whole Plant hath a strong unpleasant scent.

Place. It groweth in many places of this Land, in the borders of mil

Meadows, and by Ditch fides.

Time. It flowreth about July or the beginning of August.

Government and Vertues. Dioscorides faith, That this Herb bruised an applied, perfectly healeth old fores, and the Distilled Water the Herb and Flowers doth the like. It is used by some amou O'd fores other Pot-herbs, to open the Body and make it foluble, butth Oren the Roors washed clean, and boyled in Ale and drank, provoketh Body, the fool more than the Leaves, but yet very gently. The Ro Lice and boyled in Water, and the places of the Body most troubled wil Vermin, Vermine or Lice washed therewith while it is warm, destroyed Plague, them utterly. In Italy it is used against the Plague, and in Su Faundice, ony against the Jaundice, as Camerarius faith.

Garden Rue.

Arden Rue is so well known both by this name, and the name Heri Grace, that I shall not need to write any further Description of itis shall onely shew you the Vertue of it as followeth.

Government and Vertues. It is an Herb of the Sun, and under Lin provoketh Urine and Womens Courses, being taken either Meat or Drink. The feed thereof taken in Wine, is an Aug Mrine, tidote against all dangerous Medicines or deadly poylons. Wamens Leaves taken either by themselves, or with Figs and Walnuts! CONTES.

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lled Miteridates his Counter-poyfon against the Plague, Poyfons, id caufeth all Venomous things to become harmless: Being Plique, the talken in meat and drink it abateth Venery, & destroyeth Abate of the ability to beget Children. A Decoction made thereof with Venery, being dried Dill Leaves and Flowers, easeth all pains and tor-Pains of ments inwardly to be drunk, and outwardly to be applied warm the Chest and other place grieved. The same being drunk, helpeth the pains and sides, both of the Chest and sides, as also Coughs, and hardness of Cough, between the Inflamations of the Lungs, and the tormenting Head, pains of the Sciatica, and the Joynts, being anointed or laid to Breathing, the places, as also the shaking fits of Agues, to take a draught Sciatica, and Joyntone before the fit come: Being boyled or insused in Oil, it is good and Joyntone the being the Wind Cholick, the hardness or windiness of the Moaches,
her, & freeth women from the strangling or suffocation therewell skilleth & driveth forth the worms of the belly, if it be drunk Cholick,
take the it is boyled in Wine to the half with a little Honey: It Motles,
helpeth the Gout or pains in the Joynts or hands, Feet or sorms,
suc saces, applied thereunto: and with Figs it helpeth the Dropsie Gout,
put being bathed therewith: being bruised and put into the Noput being bathed therewith: being bruised and put into the Noput being bathed therewith: being bruised and put into the Noput being bathed therewith: being bruised and put into the Nobeing bathed therewith being thereof, it helpeth the swelling of
the Cods if they be bathed with a Decoction of Rue and Bay
Leaves. It taketh away wheals & Pimples if being bruised with
the Cods,
if the Mirtle Leaves, if it be made up with wax and applied: It
wheals and
current the Morphew, & taketh away all forts of warrs, if boiled Pimples, he places, as also the shaking fits of Agues, to take a draught Sciatica, tureth the Morphew, & taketh away all forts of warts, if boiled Pimples, in Wine: with some Pepper and Nitre, and the places rubbed Morphew, therewith: and with Allum and Honey, helpeth the dry scab or and warts, any Tetter or Ringworm. The Juyce thereof warmed in a Scab, Tetalog Pomegranate Shel or Rind, and dropped into the Ears, helpeth ter, and the pains of them. The Juice of it and Fennel with a little Ho-Ringworm, ney, and the Gall of a Cock put thereto, helpeth the dimness of Pains of the Eye-sight. An Oyntment made of the Juice thereof with the Ears.

Oyl of Roses, Ceruss, and a little Vinegar, & anointed, cureth Dim-sight, St. Authories fire, and all foul running sores in the head; and St. Anthomy the slinking themselves the Nose or other parts. The Antidore nies sire. the flinking Ulcers of the Nose or other parts. The Antidore nies fire, used by Mithridates every morning fasting to secure himself Running from any Poylon or Infection, was this : Take twenty Leaves of fores of Mew, a little Salt, a couple of Walnuts, and a couple of Figs the Head, beaten together into a Mals with twenty Juniper Berries, which ulcers of is the quantity appointed for every day. Another Electuary is the Notes made thus: Take of Nitre, Pepper, and Cummin feed, of each Antidote, equal parts; of the Leaves of Rew clean picked, as much in Pains of weight as all the other three weighed; beat them well together, the Cheft, & put to as much Honey as will make it up into an Electuary; Stomach, (but you must first keep your Cummin seed in Vinegar twen- Spleen, ty four hours, and then dry it, or rather roaft it in a hot Fire- Belly,

thoyel;

shovel or in an Oven) and it is a Remedy for the pains or griefs in the Chell or Stomach; of the Spleen, Belly, or fides, by Wind or Stin Obstructions. ches; of the Liver by Obstructions of the Reins and Blades by the stopping of Vrine, and helpeth also to extenuate in corpulent Bodies. What an Infamy is cast upon the ashes of Mithridates (of Methridates, as the August ins read his Name) by unworthy people ; they that deferve no good report themselves, love to give none to others, viz. That renowned King of Pontus fortified his Body by poylon against poylon, (He cast out Devils by Belzebub the Prince of Devils) What a Sot is he that know not if he had accustomed his body to cold poylans, hot poylans would have disparch'd him, On the contrary, if not, Corresions would have done it the whole World is at this very time beholding to him for his studies in Physick, and he that useth the quantity of but a Hazel-nur of that Record every morning, to which his Name is adjoyned, shall to admiration prefers his body in health, if he do but confider that Rew is an Herb of the Say and under Leo, and gather it and the rest accordingly.

Rupture-wort.

Descript, This spreadeth very many thirddy brauches round about upon the ground, about a span long sdivided into many other smaller parts, full of small joynts set very thick together, whereat come jorth two very small Leaves of a French yellow, green colour branches and all, where groweth forthalfo a number of exceeding small yellowish Flowers, scarce to be asserted from the stalks and Leaves, which turn into seeds as small as the very dust. The Root is very long and small, thrusting down deep into the Ground. This hath neither small nor tast at sirst, but a sterwards hath a little assringent tast, without any manifely heat, yet a little bitter and sharp withal.

Place. It groweth in dry, fandy, and rocky places.

Time. It is fresh and green all the Summer.

Government and Vertues. They say Saturn causeth Ruptures: if he de, he doth no more than he can cure; if you want Wit, he will teach you though to your cost: this Herb is Saturns own, and is a notable Antiverse than he can be saturns own, and is a notable Antiverse.

Ruptures. by Experience to cure the Rupture, not only in Children

but alto in elder persons,, if the Disease be not too inveterate, by taking a dram of the Powder of the dried Herbevery day in Wine for certain dayes together. Or the Decoction made in Wine, and

drunk. Or the Juyce or distilled Water of the green Her taken in the same manner; and helpeth all other Fluxesci-Fluxes, ther of Man or Woman; Vomitings also, and the Genorrheio Runping of running of the Reins, being taken any of the wayes aforefaid the Reins , It doth also most affuredly help those that have the Strangury Strangu Y, or have their Vrine Ropped, or are troubled with the Stone of Stone or Gravel in the Reins or Bladder : The same also muchhelpen Gravel all Stitches, in the fide, all griping pains in the Stomach or Bel-Streches, ly, the Obstructions of the Liver, and cureth the ellow Jaure Yell. a ind.

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fine Porty manitte pur shable in the and 5 years, we peth the law in the Couled continued to the Couled continued to the Couled continued to the continued to the couled continued to the continued to

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fine Powder, put thereto fo much Juice of Sage as may Lethary, Dulmis them into a Mass for Pills; taking a dram of them ness of spirit. ry making fasting, and so likewise at night, drinking Palsie, Detile pure Water after them, Mathiolus faith, it is very fluxions of heable for all manner of pains of the Head coming of Rhewm, Imcan Knew a sack Humors, as also for all pains of the postume behind or outwardly, and therefore the Ear. beth the Fall g-fickness, the Lethargy, fuch as are dull Hoarfness and heavy of Spirit, the Palley, is of much use in all De- Cough, Bloodyzions of Rhewm from the Head, and for the Diseases Flux, biging of the Cheft or Breatt. The Leaves of Sage and Nettles Serpents. used together, and laid upon the Imposthume that rifeth Worms in the hind the Ears, doth affwage it much: The Tuyce of Sage Ears or fores, in in Warm Water, helpeth a Hoarfnels and the Cough. Duicken the eLeaves lodden in Wine, and laid upon the place affected fenfes, and to the Palley, helpeth much, if the Decocion be drunk help Memory, o. Sage taken with Wormwood is good for the Bloody- fore Mouths ix: Pliny faith, it procureth Womens Courses, and flay- and Throats, them coming down to fast, helpeth the stinging and cankers, ing of Serpents, and killeth the Worms that breed in Palsie, Cramp, Ears and in fores. Sage is of excellent use to help the stitch in the mory, warming and quickning the fenfes, and the Con- fide. remide of the flowers, is used to the same purpose, and also for all the mer recited Diseases. The Juyce of Sage drunk with Vinegar hath been gord ute in time of the Plague at all times. Gargles likewise are made th Sag., Rolemary, Honey-succles, and Plantane boyled in Wine or Wawith f me honey or Allom put thereto to wash fore Mouths & Throats, lastis, or the secret parts of Man or Woman as need requireth. And with It lot and comfortable Herbs. Sage is boyled to bath the Body and Legs the Summer time, especially to warm cold joints or finews roubled with Police or Cramp, and to comfort or ftrengthen the parts. It is much mmended against the stitch or pains in the side coming of wind, if the ce be fomented warm with the Decoction thereof in Wine, and the Herb o after boyling, be laid warm also thereunto.

Wood Sage.

high at the least, with two leaves set at every Joynt, newhat like other Sage leaves, but smaller, softer, whiter and rounder: and ittle dented about the edges, and smelling somewhat stronger: At the tops the stalks and Branches stand the Flowers on a slender long spike turning tmselves all one way then they blow, and are of a pale and whitish colour aller than Sage, but hooded and gaping like unto them. The seed is skiss and round, sour usually seem in a husk together: The Root is long d stringy, with divers Fibres therear, and abideth many years,

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& fores, green

Wounds.

courfes.

Place. It groweth in Woods, and by Wood-fides, as also in civers Field and by Lanes in the Land.

Time. It flowreth in June, July, and August.

Government and Vertues. The Herb is under Venus. The Provokes trire Decoction of the Wood-fage provoketh Vrine & Women Courses: it also provoketh iwear, digesteth Humors and di scuffeth Swellings and Nodes in the Flesh, and is therefor thought to be good against the French Pox. The decodie of the green Herb made with Wine is a fafe and fure Re medy for those who by falls, bruises, or blows, doubt som Vein to be inwardly broken, to disperse and avoid the con gealed blood, and to confolidate the Veins: It is alfo go for such as are inwardly or outwardly bursten, the drinks Palfie, ulcers, fed inwardly, and the herb applied outwardly: The lam used in the same manner is found to be a sure Remedy for the Palfie: The Juyce of the Herb, or the Powder there

dried, is good for moift Vicers and fores in the Legs or other parts to the them, and cause to heal more speedily : it is no less effectual also in gre

Wounds to be used upon any occasion,

Solomons Seal.

Description. "The common Solomons Seal rifeth up with a round Salkah half a yard high, bowing or bending down to the ground, with fingle Leaves one above another, form what large and like the Leaves of Lilly-Convally, or May Lilly, with an eye of blewish upon the green, with sa ribs therein, and more yellowish underneath. At the foot of every Leaf alm from the bottom up to the tap of the Stalk come forth small, long, white and h low p. adulous Flowers, formwhat like the flowers of M.y Lilly, but ending five long points, for the most part two together at the end of a long Foot-fil and sometimes but one, and sometimes also two falks with flowers at the footh leaf, which are without ony scent at all, and fland all on one fice of the flat after they are past, come in their places small round Berries, ereen at the fi and biockiffs green tending to blewness when they are ripe, wherein ites white, hard and flory feed: The Root is of the thickness of ones finger, or the white and knobbed in some places, a flat round circle representing a Sealsmin ??!, an it took the name lying along under the upper crust of the Earth, and not grow and um downmard, but with man fibres underneath.

Place. It is frequent in divers places of this Land, as namely in Wood two miles from Canterbury, by Fish-pool Hill; as also in a Bul Close belonging to the Parlonage of Alderbury near Clarendon, two m from Salisbu y, in Cheffon-Wood, on cheffon Hill, between Newington Sittingburn in Kent, and in divers other places in Egex, and other Co

trics.

Time. It flowreth about May: The Root abideth and Shootethan every year.

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Gavernment and Vertues. Saturn owns the Plant, for he leves his Bones ell. The Root of Solomons Scal is found by experience to be nilable in Wounds, Hurts, and outward fores to heal and close Vounds. the Lips of those that are green, and to dry up and restrain and fores. the flux of Humors to those that are old: It is singular good to Vomiting, by Vomitings and Bleedings wheresoever, as also all fluxes in and Bleedings where or reds in Women, or the ing, uning of the Reins in Man; also to knit any Joynt, which by Fluxes, hen it is fet : also to knit and joyn broken bones in any part of the the body, the Roots being bruised and applyed to the place; Reins, knit u, it hath been found by late experience, that the Decoction Joynts the Root in Wine, or the bruised Root put in Wine or other and broken Drink, and after a nights infusion frained forth hard and drunk bones in ath holpen both man and beaft whose Bones have been broken Men and yany occasion, which is the most affured refuge of help to beast, to tople of divers Countries of the Land, that they can have: it Ruptures, no less effectual to help Ruptures and Burstings, the Decocti- Bruises, in wine, or the powder in Broth or drink being inwardly ta- and fall, in, and outwardly applied to the place: The same is also avai- black and ble for inward or outward bruiles, falls or blows both to dispel blue t congealed Blood, and to take away both the pains and the Marks, ack and blue marks that abide after the hurt. The same also Brautifie the distilled water of the whole Plant used to the face or other the Face. tarks whatfoever, leaving the place, fresh, fair and lovely, for which purfeit is much used by the Italian Dames.

Sampire.

elcript. D Ock Sampire groweth up with a terder green flatk, about balf a yard or two foot high at the most, branching forth almost from the y bottom, and flored with fundry thick, and almost round, somwhat long leaves, a deep green colour, somtimes together, and femtimes more on a stak, and are a deep green colour, somtimes together, and sometimes more on a stand branches firs, and of a pleasant, hot, or spicy taste: At the tops of the stalk and branches and unbels of white slowers, and after them comes large seed bigger than Fen
1 Seed, yet sommbat alike. The Root is great, white, and long, continuing in any years, and is of an hot spicy tast likewise. Place. It groweth on the Rocks that are often moistned, at the least, if toverflown with the Sea-water.

And it flowreth and seedeth in the end of July and August.

Government and Vertues. It is an Herb of Jupiter, and was in former nes wont to be used more than now it is, the more is the pity; is well known almost to every bouy, That all digestion and Help dioftructions, are the causes of most of the Diseases which the geltion, Nature of Man is subject to, both which might be re-

medied

in the Kidneys or Bladder.

Obstructi-

Expel gra-

the Stone.

Vrine,

vel and

medied by a more frequent use of this Herb. If people we ons, provokes have lawce to their meat, they may take some for profit as as for pleasure. It is a safe Herb very pleasant both to the and stomachs, helping digestion, and in some fort opening Obstructions of the Liver and Spleen , provoketh Urin, helping thereby to wash away the Gravel and Stone ingent

Sanicle.

Redinary Sanicle fendeth forth many great round Leavesh Description. ding upon long brownish stalks, every one somewhat deeple or aivided into five or fix parts, and some of those also cut in, somewhat like Leaf of Crows-foot or Doves-foot, and finely dented about the edges, smooth of a dark green shini 2 color, and sometime reddish about the Brims, from an which rife up small round green stalks, without any joyat or Leaf thereon ving at the top, where it brancheth forth into flowers having a Leaf divided three or four parts at that joynt with the flowers, which are small and wi Rarting out of small round greenish yellow herds, many standing together in all in which afterward are the fred contained which are small round Burs, some like the Leaves of Cleavers, and stick in the same manner upon any thing that touch: The Root is composed of many black frings, or fibres set together, & little long bead, which abideth with the green Leaves all the Winter, and m not.

Place. It is found in many shadowy Woods, and other places of t Land.

Time. It floweth in June, and the feed is ripe shortly after.

Government and Vertues. This is one of Venus her Herbs to curt ther Wounds, or what other milchief Mars inflicted upon the body of Mi It is exceeding good to heal all green Wounds speedily, or any ulcers, le

posthumes, or bleedings inwardly : It doth wonderful help those that have any Tumors in any part of the Green Woulds, Bodies, for it represseth and dissipateth the Humors, ift Vicers, Impolt-Decoction or Juice thereof be taken, or the Powder uncs, umard drink and the juyce used outwardly; for there is not feel b'ee ings, fwelany Herb that can give you such present help either lings, Vicers in man or Beaft when the Difease falleth upon the Lungs the Muth . Throat, and to heal up all the putrid malignant Viceni Thiout and prithe Mouth, Throat, and Privities, by gargling or wishin vittes, Homeis with the Decoction of the Leaves and Root, made in W Courses, Fluxter and a little Honey put thereto. It helpeth to flay es of Blood. mens Courses, and all other Fluxes of blood either byd Lisks, Vicers Mouth, Vrine, or stool, and Lasks of the Belly, the Vla in the Kidneys, ration of the Kidneys also, and the pains in the Bond Run 11 12 of the and Gonorrhaa or Running of the Reins, being boy Reiss, Ruptures, ed in Wine or Water, and drunk: The same also is

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powerful to help any Ruptures or Burstings, used both inwardly and wardly : and briefly, it is effectual in binding, reftraining, confolidating, ting, drying and healing: as Comfry, Bugle, Self-heal, or any other of Confounds, or Vulnerary Herbs wharloever.

Sarafens Confound, or Sarafens Wound-wort.

script. This groweth very high sometimes with brownish stalks, and other whiles with green and bollow 10 a mans height, baving many g and narrow green Leaves snip'a about the edges, somewhat like those of the ach-tree, or willow Leaves, but not of such a white green colour : The tops the falks are furnished with many pale yellowstar-like flowers standing in green the stalks are furnished with many pale yellowstar-like flowers standing in green the stalks are furnished with many pale yellowstar-like flowers standing in green. ds, which when they are fallen, and the seed ripe, which is somewhat long, all, end of a yellowish brown colour wrapped in Down, is therewith carried a...
I with the wind: The Root is composed of many strings or sibres, set together a head, which perisheth not in winter, but abideth, although the stalks dry ay, and no leaf appeareth in the Winter. The tast hereof is strong, and unpleaat, and fo is the smell also.

Place. It groweth in moist and wet grounds, by Wood-sides, and some-nes in the moist places of the shady Groves, as also by the Water side. Time. It flowreth in July, and the Seed is soon ripe and carried away with

Government and Vertues. Saturn owns the Herb, and 'tis of a sober condialike him. Among the Germans, this Wound-Herb is preferred before others of the same quality. Being boyled in Wine and drunk, it helpeth

indisposition of the Liver, and freeth the Gall from

oftructions, whereby it is good for the yellow Jaun- Obfructions, Yellow et it, and for the Dropfie in the beginning of it, for all Jaundice, Dropfie, Me ward Ulcers of the Reins, or elsewhere, and inward ulcers of the Reins, ounds and Bruises; And being steeped in Wine and inward wounds and ful en distilled, the water thereof drunk is singular good Bruises, Pains in case all gnawing in the stomach, or other pains of the the Body, Mother, ody, as also the pains of the Mother: And being boi- Agues, green in water it helpeth continual Agues; and this said wounds, Old Sores ater, or the simple Water of the Herb distilled, or or ulcers, Ulcers in Juyce or Decoction are very effectual to heal any the Month or Thront, sen Wound, or old Sore or Ulcer whatsoever, clean-Sores in the Pring sthem from corruption, and quickly healing them parts.

It is no less effectual for the Ulcers in the Mouth
Throat, be they never so foul or stinking, by washing and gargling them strewith; and likewise for such Sores as happen in the privy parts of Man

Woman; Briefly, whatfoever hath been faid of Bugle or Sanicles, may be woman; B

Sawce alone, or Jack by the Hedge,

Descript. THe lower leaves of this are rounder than those that grow town the tops of the fialks, and are fet fingly one at a joynt, being what round and broad, and pointed at the ends, dented also about the edge fonewhat refembling Netile-leaves for the form, but of a fresher green colour. not rough or pricking : The flow is are very [mall and white, growing at the of the stalks one above another, which being past, there follow small and long re Pods, wherein are cortained [mall round feed, fomewhat blackifh. The Rout Aringy, and thredly, peribing every year after it bath given feed, and raifeth felf again of its own fowing. The plant, or any fart thereof being bruifed, finelle of Garlick, but more pleafantly, and tafteth somewhat hot and sharp, almost l unto Rocket.

Place. It groweth under Walls, and by Hedg-fides and Path-wayer

Fields in many places.

Time. It flowreth in June, July, and August.

Government and Vertues. It is an Herb of Meyeury. This is eated many Countrey people as Sawce to their Salt-fift, and helpeth well to gest the Crudities and other corrupt Humors ingendred thereby; it was

eth also the Stomach, and caufeth Digestion : The just thereof boyled with Honey, is accounted to be as good Helps Digeflion, Hedge-mustard for the Cough, to cut and expectorate Coagh, Tough Flegm, tough Flegm. The feed bruifed and boyled in Wa Wind-Cholick. is a fingular good Remedy for the Wind-Cholick, or Stone, being drunk warm: It is also given to Women to Stone, Ulcers bled with the Mother, both to drink, and the Seed putin tathe Ligis a cloth and applied while it is warm, is of fingular go

ule. The Leaves alfo or feed boyled, is good to be uled in Clysters to a the print of the stone. The green Leaves are held to be good to health

Vicers in the Legs.

Winter, and Sammer Savory.

Both these are so well known, (being entertained as constant inhabitan scription in our Gardens) that they need no Description.

Government and Vertues. Mercury claims the Dominion over this had neither is there a better Remedy against the Cholick and Hiack Passion

than this Fierb; keep it dry by you all the year if youle your felves and your oafe, as tis an hundred pound to Cholick, Iliack penny if you do not : keep it dry, make Conferves ! Paffion, Expel-Syrups of it for your use; and withal; take notice that leth wild, Mo-Summer kind is the best. They are both of them hot ! ther, provokes dry especially the Summer kind, which is both sharps the some urine and woquick in tast, expelling wind in the stomach and Bowel mens Courfes. and is a present help for the rising of the Mother procure Tough Flegm, by Wind , provoketh Vrine and Womens Courfes, and Lethargy, D.ill.

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Place:

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ind commended for Women with Child to take inward-Sight, Singing and to smell often unto. It cureth tough Flegm in the in the Ears, and est and Lungs, and helpeth to expectorate it the more deafness, Sciatily: quickneth the dull Spirits in the Lethargy, the ca, and Palsie; to thereof being snuffed, or cast up into the Nostrils: Stinging of bees, ejuice dropped into the Eyes, cleareth a dull sight, if it &c. ceed of thin cold Humors distilling from the Brain. e juyce heated with a Oyl of Roses, and dropped into the Ears, easeth m of the Noise and singing in them, and of Deafness also: Outwardly lied with Wheat flour in manner of a pultiss, it giveth ease to the Sciatical Palsied Members, heating and warming them: and taketh away their ins. It also taketh away the pain that comes of stinging by Bees, Walps, &c.

Savin.

O describe a Plant so well known is needless, it being nursed up almost in every Garden, and abiding green all the Winter.

Sovernment and Vertues. It is under the Dominion of Mars, being hot and in the third degree, and being of exceeding clean parts, if a very digesting quality. If you dry the Herb into ulcers cleanseth, and mix it with Honey, it is an excellent Remedy Fistulaes, Carbleanse old filthy Vlcers and Fistulaes: but it hinders buncles, Plaguemer from healing. The same is excellent good to break sores, Kingsbuncles and Plague-sores; also helpeth the Kings Evil, Evil, Worms, applied to the place: being spread upon a piece of cabs, Itch, runther, and applied to the Navel, kils the worms in the ning Sores, Canly; helps Scabs and the Itch, running Sores, Cankers, kers, Tetters,
ters and Ringworms; and being applied to the place, Ringworms;
the short states and Ringworms; and being applied to the place, Ringworms;
the short states are the sum of the states of the sta

The Common white Saxifrage.

ctiption. His hath a few small reddish Kernels of Roots, covered with some skins lying among divers small blackish Fibres, which forth divers round, faint, or yellow green Leaves, and grayish underneath. It above the ground unevenly dented about the edges, and somewhat hairy, end to ensure a little footstalk, from whence riseth up a round brownish, beiry, in stalk, two or three foot high, with a few such like round Leaves as grow m, but smaller, and somewhat branched at the top, whereon stand pretty large the slowers of sive Leaves apiece, with some yellow threds in the middle, standing crested brownish green husk: After the slowers are past, there are the sometimes a round hard head; sorked at the top, wherein is contained small with seed, but usually they sall away without any seed: and it is the Kernels with of the Root which are usually called the white Saxifrage seed, and so

Place: It groweth in many places of our Land, as well in he lower

meiß

moift, as in the upper dry corners of Meadows, and graffie fandy place: used to grow neer Lambs Conduit on the back-fide of Grays-Inn.

Time. It Howreth in May, and is then gathered as well for that which called the feed, as to diftill, for it quickly perifheth down to the grow said, when any hot weather comes.

Government and Vertues. It is very effectual to cleanfe the Reinis Bladder, and to diffolve the stone ingendred in them, and to

pel it and the Gravel by Urine, to provake Urine also being the Cleanfeth. ped, and to help the Strangury: for which purpofes the De the Reins. Stone. Aion of the Herb or Roots in white Wine, or the Powder of small kernelly Root, which is called the Seed, taken in whit tripti Gravel, Wine, or in the same Decoction made with white-Wine, is n Provokes usual. The distilled Water of the whole Herb, Roots and Florged ers, is most familiar to be taken. It provoketh also Wom that Courses, and freeth and cleanseth the Stomach and Lungsh pair thick and tough Flegm that troubles them. There are not some Wine. H'omens Courles. Tough ny better Medicines to break the Stone than this. Flegm.

Burnet Saxifrage.

He greater fort of our English Burnet Saxifrage groweth up divers long stalks of winged Leaves set directly opposite a trick, another on both sides, each being somewhat broad, and a little pointed and it wie is about the edges, of a sad green colour. At the tops of the stalks stand unble by it white flowers, after which comes small and blackish feed. The Root is long re Con whitish, abiding long. Our lesser Burnet Saxifrage bath much finer Leavis petts the former, and very small, and set one against another, deeply jagged about the edges, and of the same colour as the sormer. The umbles of flowers are w and the feed very small, and so is the Root, being also somewhat hot and quee. in tafie.

Place. These grow in mest Meadows of this Land, and are easie to found, being well fought for among the grass, wherein many times t

lie hid scarcely to be discerned.

Time. They flower about July, and their feed is ripe in August.

Government and Vertues. They are both of them Herbs of the Men. T These Saxifrages are as hot as Pepper; and Tragus Provoke urine, by his Experience, That they are wholtome. They here a ease wind and the same properties that the Parsleys have, but in provok ibed to Urine, and eating the pains thereof, or of the Wind Deing Cholick, Mo-Cholick, are much more effectual. The Koots or feel forming used either in Powder, or in Decocion, or anyour tus is ther, Womens Courfes, Stone, way: and likewise helpeth the windy pains of the Mod tath, and to procure their Courses, & to break and avoid their ling at tough Fleam, Venom, Cramps Go Convulsions, in the Kidneys, to digest cold, viscous, and tough fle would be in the Stomach, and is an especial Remedy against that Head, Freckles kind of Venom. Castoreum being boyled in the distinct all time at the contract of the co Water hereof, is fingular good to be given to those that and Spots.

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bled with Cramps and Convulfions, some do use to make the seed into ifts (as they do Caraway-feed) which is effectual to all the purpofes said. The juice of the herb dropped into the most grievous Wounds of head, drieth up their moisture, and healeth them quickly. Some wople the diffilled water to take away freckles or spots in the skin or face: to drink the same sweetned with sugar for all the purposes aforesaid.

Scabious, three forts.

ministription. Ommon Field Scabious groweth up with many hairy, feft, whitish green Leaves, some wherof are but very little, if at gged on the edges, others very much rent and torn on the fides, and have in them, which upon the breaking may be plainly feen: from among which is on them, but more deeply and finely divided, branched forth a little: At up thereof, which are naked and bare of Leavis for a good space, stand round sof slowers of a pale blewish colour, set together in a head, the uttermost esfare larger than the inward, with many thrids also in the middle, someflat at the top, as the head with feed is likewise: The Root is great, white, in thick, growing down deep in the ground, and abideth many years. It wis another fort of Field Scabious different in nothing from the former which my it is smaller in all respects.

The Corn Scabious, different little from the first, but that it is greater in the spects, and the slowers more declining to purple: And the Root creepeth to the upper crust of the Earth, and runneth not deep in the ground as the sirst

croub

d quate. The first groweth most usually in Meadows, especially about Lonvery where,

e whe second in some of the dry Fields about this City, but not so plenties thathe former.

he third in standing Corn, or Fallow-fields, and the borders of such Fields.

the Mark. They flower in June and July, and some abide flowering until it be us in August, and the seed is ripe in the mean time.

They have are many other forts of Scabious, but I take these which I have here the to be most samiliar with us: The Vertues both of these and the

wind being much alike, take them as followeth.

[ed virtnment and Vertues. Mercury owns the Plant.

[ed virtnment and Vertues. Mercury owns the Plant.

[any of the sistery effectual for all forces of Coughs, thortness Cough, and short wing and all other Diseases of the Brest and Lungs, ness of Breath, the solding and digesting cold Flegm, and other rough Hu-Cold Flegm, in
[and the solding them forth by coughing and spitting: It ward ulcers and support the sold is all sorts of inward tileers. & Imposthumes and Imposthumes, the state of the season of the s difficultific alfo, if the decoction of the herb dry or green be Pleurifie, Infettiin Wine & drun kfor some time together: four oun- on, Carbunclesor that the clarified juice of Scabious taken in the morning Plagu e-fores,

falling X

Pains or Stitches in the fide, Scabs, Tetters, Ringworms, Itch, i mard Wounds, cold Swellings, Brunk Sinews, Freckles and Pimples, Morphew and Leprofie, Dandrif and Scuif, Green wounds, old Sores and ulcers. Splinters, Thorns, and broken Bones, &c.

fasting with a dram of Mitthridate, or Venice Treacle, for the Heart from any infection of Pestilence, if after the un of it, the party sweat two hours in bed, and his Medicine again and again repeated, if need require. The green H bruised and applied to any Carbuncle or Plague fere, isfor by certain Experience to dissolve and break it in three ho space. The same Decoction also drunk, helpeth the paint stirches in the fides. The Decoction of the Roots taken for ty daies together, or a dram of the Powder of them taken time in Whey, doth (as Matriolus faith) wonderfully i these that are troubled with running or spreading Scabs, I ters, Ring-worms, yea, though they proceed from the Fre Pox; which he faith he hath tried by Experience. The ju or Decoction drunk, helperhalfo Scabs and breakings or Itch, and the like. The Juyce also made up into an Oynta and uled, is effectual for the same purpole. The same allo peth all inward wounds by the drying, cleanfing and he quality therein. And a Syrup made of the Juice and Sugar very effectual to all the purpoles aforelaid, and fo is the led water of the Herb and flowers made in due leaton; ep ally to be used when the green Herb is not in force to M ken. The Degoction of the Herb and Roots outwardly appl doth wonderfully help all forts of hard or cold Swelling any part of the body; and is as effectual for any thrunk Sa or Vein. The Juice of Scabious made up with the Powd Borax and Camphire, cleanfeth the skin of the face or a

parts of the body, not only from freckles & pimples, but also from Morp and Leprosie. The head washed with the same Decoction, cleanseth its Dandrif, Scurf, Sores, Itch, and the like, being used warm. Tents also do in the juice or water thereof, not only healeth all green wounds, but Sores and Vlcers also. The herb also bruised and applied, doth in time loosen, and cause to be drawn forth any Splinter, broken Bone, And

head or other such like thing lying in the flesh.

Scurvy-grafs.

Descript. Our ordinary English Scurvy-grass hath many thick saturation of more long than broad, and sometimes longer and name sometimes also smooth on the edges, and sometimes a little waved, sometimes a little waved, sometimes a little waved, sometimed of a sad green, and sometimes a little hollow in the middle, and pointed of a sad green, and sometimes a blewish colour, every one standing self upon a long soot-flalk, which is brownish or greenish also, from among rise many flender stalks, bearing sew leaves thereon like the other, but and lesser for the most part. At the tops whereof grow wany whitish the with yellow threds in the middle, standing about a green Head which how the Seed-vessel, which will be somewhat stat when it is ripe, wherein is and reddish seed tasting somewhat hot. The Reot is made of many white he

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wild Mi mag will metimes the more upland and drier Grounds, and tasteth a little brackish or salt, even ne, but not so much as where it bath the salt water to feed upon.

Place. It groweth all along the Thames side, both on the Essex and mish shores, from Woolwich round about the Sez-coasts to Dover, Portsalth, and even to Bristol, where it is had in plenty: the other with round ives groweth in the Marshes in Holland in Lincolashire, and other places of isolnshire by the Sez-side.

Descript. There is also another fort called Durch Scurvy-gras, which is ft known and frequent in Gardens, which hath divers fresh, green, and al-A round Leaves rising from the Root, nothing so thick as the former: yet in ne rich ground very large, even twice so big as in others, not dented about the les, nor hollow in the middle, every one standing on a long sootstalk: from ang these rise up divers long, slender, weak stalks, higher than the somer, and its more white slowers at the tops of them, which turn into smaller pods, and aller brownish seed than the sormer. The Root is white, small, and threddy. The steed this is nothing salt at all, but hath an hot aromatical spicie taste.

Time. It slowerth in April or May, and giveth seed sipe quickly after. Government and Vertues. It is an herb of Jupiter. The English Scurvyals is more used for the salt taste it beareth, which doth somewhat open deleanle: but the Dutch scurvy-grass is of better effect, and chiefly used fit may be had) by those that have the Scurvy, especially purge and cleanse the Blood, the Liver and the Spleen, for Scurey, which Diseases it is of singular good effect, by taking the Liver and ite in the spring every morning fasting in a cup of drink. Spleen, the decoction is good for the same purpose, & the herb tun- Flegmatick dup in new drink, either by it self, or with other things: Humors, it it openeth Obstructions, evacuateth cold, clammy & sleg-foul ulcers, tick humors both from the Liver and the Spleen, wasting and fore d confuming both the swelling and hardness thereof, and Mouths, theby bringing to the body a more lively colour. The Spots and ice also helpeth all foul Vicers and Sores in the Mouth, if Scars in be often gargled therewith: and used outwardly, cleanseth the Skin. eskin from spots, marks or scars that happen therein.

Self-heal.

It is also called Prunel, Carpenters Herb, Hook-heal, and Sicklewort.

the common Self-beal is a small, low, creeping Herb, baving many small roundish pointed Leaves, somewhat like the Leaves wild Mints, of a dark green colour, without any dents on the edges: from many which rise divers square hairy stalks, scarce a foot high, which spread metimes into branches, with divers small Laves set thereon, up to the

top

tops, where stand brown spiked Heads, of many small brownish Leaves likekele Nose: and flowers set together, almost like the bead of Cassidony, which slowers in the D gaping, and of a blewish purple, or more pale blue, in some places sweet, butn To in others. The Root confifts of many firings or fibres downward, and forester Arings allo whereby it increaseth. The small stalks with the Leaves creening w on the ground, hoot forth fibres taking hold of the ground, whereby it is make great tuft in (bort time.

Place. It is found in Woods and Fields every where. Time. It flowreth in May, and fomstimes in April.

Government and Vertues. Here is another Herb of Venus, Self-hal tove whereby when you are hurt, you may head your felf: 'tis a special Ha which for inward and outward Wounds, take it inwardly in Syrups for inwa fa H Wounds; outwardly in Unguents and Plaisters for outward. As Sch Pla head is like Bugle in form, so also in the qualities and Vertues, serving the Time

Inward twomnes and ulcers . B: Bifes. Flux of Secret parts:

all the purposes whereto Bugle is applied with good force al, th either inwardly or outwardly, for inward Wounds or Uko Good whereforeer within the body, for bruiles and falls, and wold, like hurts. If it be accompanied with Bugle, Sanicle, and was ther the like Wound-Herbs, it will be more effectual, it is also Blood, faul to wash or inject into Ulcers in the parts outwardly who ago there is cause to represent the heat and sharpness of huma he will be mounds, Head-flowing to any sore Ulcers, Inflammations, Swelling, or the Y ach, fores it like, or to stay the Flux of Blood in any wound or part the like or to stay the Flux of Blood in any wound or part the like or to stay the Flux of Blood in any wound or part the like of the Mouth or is used with good success; as also to cleanse the souliest get a stay of the founds of the found of the founds of the found of the founds of the found of the founds of the found special Remedy for all green Wounds to sodder the lips W them, and to keep the place from any further inconvenient

The juice hereof used with Oyl of Roses to anoint the Temples and For head, is very effectual to remove the Head-ach : and the same mixed wit Honey of Roles, cleanfeth and healeth all Vicers in the Mouth and Throat and those also in the secret parts. And the Proverb of the Germans, French and others, is verified in this, That he needeth neither Phylitian nor Christian Pla that hath Self-heal and Sanicle to belp himfelf.

The Service-Tree.

T is fo well known in the place where it grows , that it needeth no Dayer, Cription.

Time. It flowreth before the end of May, and the Fruit is ripe in Offend c ber.

Fluxes, Scouvings and Caftings, Bleeaing at wounds, or at Mouth & No!

Government and Vertues. Services when they are mello ello are fit to be taken to stay Fluxes, Scouring, and Casting luar yet less than Medlars. If they be dried before the ally be mellow, and kept all the year, they may be used in Ro Decoction for the faid purpose, either to drink or to be the parts requiring it; and is profitably used in that mann tem, to stay the bleeding of Wounds, and at the Mouths can Noil

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sale Note: to be applied to the Fore-head and Nape of the Neck: and is under the Dominion of Saturn.

Shepheards purse.

Tis also called Whoremans-Permacity, Shepheards-Script, Shepheards-

Pouch, Toy-wort, Pick-purfe, and Cafe-weed.

Descript. The Root is Small, white, and perisheth every year. The Leaves refmall and long, of a pale green colour, and deeply cut in on both fides, asmelt which springeth up a flalk which is small and round, containing small heal taves upon it even to the top. The flowers are white, and very small : after Had shich come the little cases which hold the seed, which are flat, atmost in the form was sa Heart.

Sell Place. They are frequent in this Nition, almost by every Paths side.

Ogin Time. They flower all the Summer long, nay, some of them are so fruit-

alke Government and Vertues. It is under the Dominion of Saturn, and of a and old, dry, and binding Nature like to him. It helps all ind old, dry, and binding Nature like to him. It helps all indo uses of blood either caused by inward or outward wounds; Stops Fluxes, in a salfo Flux of the Belly and Bloody-flux, spirting and pist-Flux of the Belly when ag of blood, stops the Terms in Women; being bound to ly, spitting and and age of blood, stops the Terms in Women; being bound to ly, spitting and

the right of blood, itops the Terms in Women; being bound to syppising and the wrifts of the hands, and the foles of the feet, it helps piffing blood, or the Yellow-Jaundice. The Herb being made into a Pultifs, Terms flops, the elps Inflammations, and S. Anthonies fire. The Juice be-Yellow jaundice, tells ig dropped into the Ears, helps the pains, noises, and mat-pains, noise, and anterings thereof. A good owntment may be made of it for matterings in the Ears, when the Ears, wounds.

Wounds.

Smallage.

His is also very well known, and therefore I shall not trouble the Readers with any Description thereof.

Place. It groweth naturally in wet and Marsh Grounds: but if it be

wn in Gardens, it there prospereth very well.

nce

Time. It abideth green all the Winter, and seedeth in August.

Government and Vertues. It is an herb of Mercury. Smallage is hotter, De yer, and much more medicinable than Parsley, for it much more openeth

Poltructions of the Liver & Spleen, rarifieth thick Flegm,

off and cleanfeth it and the blood withal. It provoketh Urine Liver & Spleen, d Womens Courses and is singular good against the Urine, and Wo-Womens Courses and is lingular good against the wrine, and wello ellow-Jaundice. It is very effectual against Tertian and mens Courses, Teling Quartan-Agues, if the juice thereof be taken: but espe-low-Jaundice, the ally made up into a Syrup. The Juice also put to honey Agues, sore self Roses, and Barley-water, is very good to gargle the Mouths and but outh and throat of those that have Sores and Ulcers in Throats, ulcers, and will quickly heal them. The same Lotion also and Cankers, the tanseth and healeth all other soul Ulcers and Cankers wind, worms,

elfe-where X 4

Stinking Breath. else where if they be washed therewith. The seed is separted as cially used to break and expel wind, to kill worms, and women help a stinking breath. The Root is effectual to all the purposes aforesid the S and is held to be stronger in operation than the Herb, but especially toope these Obstructions, and to rid away any Ague, if the juice thereof be taken ill as Wine, or the Decoction thereof in Wine be uled.

Sope-wort, or Bruife-wort.

Descript. The Root creepeth under ground far and near, with manying unk, therein, of a brown colour on the out fide, and yellowish with the Shooting forth in divers places many weak round stalks, full of joynts, let will and two Leaves apiece at every one of them on the comtrary side, which are ribbe cas a somewhat like unto Plantane, and fashioned like the common Field white ca gas to pion Leaves, seldome having any branches from the sides of the stalks, but set mid is a divers Flowers at the top standing in long husks like the wild Campions, made to to five Leaves apiece, round at the ends, and a little dented in the middle, of any the Rose colour, almost white, sometimes deeper, and sometimes paler, of a realist olew ble 200d scent.

lled Place. It groweth wild in many low and wet grounds of this Land,

the Brooks and fides of running Waters.

Time. It flowreth usually in July, and so continueth all August, and p

of Septimber, before they be quite spent.

Government and Vertues. Venus owns it. The Countrey-people in dix places do use to bruise the Leaves Sope-wort, and lay it escri provokes wrine, up again. Some make great boast thereof, that it is Dim and a expels Gravel tical to provoke Urine, and thereby to expel Gravel and estand stone, stone in the Reins or Kidneys, and do also account it sing sethe eiropsic, French lar good to avoid Hydropical Waters, thereby to cared list, Disease of the Dropsic. And they no less extol it to perform an absolute Cure in the French-Pox, more than either sets standing.

Japarilla, Guajacum, or China can do, which how true it is I leave others and the good. their Fingers, Hands or Legs, when they are cut to heal the Cut fingers,

judge.

Sorrel.

Ur ordinary Sorrel which groweth in Gardens, and also wild int Field, is fo well known, that it needeth no Description.

nere t Government and Verques. It is under the Dominion of Vanus, Son is prevalent in all hot Diseases, to cool any Inflamman Cooleth Inflam- and heat of blood in Agues Pestilential or Cholerick, fickness and Fainting, rifing from heat, and to refresh mations, and over-spent Spirits with the violence of furious or for beat of Blood, Agues, que ch fits of Agues to quench Thirft, and procure an Appetin This ft, provoke fainting or decayed stomachs; for it relisteth the pur faction of the blood, killeth worms, and is a Cordial Appetite, kill Wirms, Womens the Heart, which the Seed doth more effectually, be

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pe te drying and binding, and thereby stayeth the hot Fluxes courfes, Vomens Courses, or of humors in the Bloody-flux, or Flux Fluxes, the Stomach. The Roots also in a Decoction, or in Powder, Porson, thectual for all the faid purpoles. Both Roots and feed as Jaundice, ll as the Herb, is held powerful to refist the poyson of the Inn and ultrpion. The decoction of the Roots is taken to help the cers, Itch, undice, and to expel Gravel and the Stone in the Reins or Tetters and ineys. The Decoction of the Flowers made with wine and King-morms. on unk, helpeth the Black-Jaundice, as alto the inward Ulcers Kernels in the the Body or Bowels. A Syrup made with the juice of Sor- the Throat, with and Fumitory, is a loveraign help to kill those sharp hu- fore Mouths, with an Fumitory, is a loveraign help to kill those sharp hu- fore Mouths, like creating the Itch. The juice thereof with a little Vi- Impisshame, can ger serveth well to be used outwardly for the same cause, Boyl or with a salso profitable for Tetters, Ring-worms, &c. It helpeth Plague-fore: the sold of the Mouth, helpeth the Sores therein. The Leaves wrapped up in a sold wort-leaf, and roasted under the Embers, and applied to a hard Impostime, Botch, Boyl, or Plague fore, do both tipen and beach in The Leaves. me, Borch, Boyl, or Plague-fore, do both ripen and break it. The di-Halled water of the Herb is et much good use for all the purposes aforesaid.

Wood-Sorrel.

escript. His groweth low upon the ground, having a number of Icaves coming from the Root, made of three Leaves like a Trefoyl, but do estanding on a long sootstalk, which at their sixte coming up, are close solded into gether to the stalk, but opening themselves afterwards, and are of a sine sourced life, and yielding a juice which will turn red when it is clarified, and maketh south most dainty clear Syrup. Among these Leaves rise up divers stender, weak southalks, with every one of them a flower at the top, consisting of sive small ensured Leaves Star-jashion, of a white colour in most places, and in some dash'a to with a small shew of a bliwish on the back side only. After the flowers are to follow small round Heads, with small yellowish seed in them. The Roots are hing but small strings fastred to the end of a small long piece, all of them beinthe g of a yellowish colour.

Place. It groweth in many places of our Land, in Woods and Wood-fides, Som here they be moist and shadowed, and in other places, not too much open

the Sun.

7, Time. It flowreth in April and May.

8 Government and Vertues. Vinus owns it. Wood-forrel ferveth to all the for sposes that the other Sorrels do, & is more effectual in hinting the putrifaction of blood, and tilcers in the Mouth and ulcers, Infla-out dy, and in cooling and tempering heats and Inflammati- mations, pro-ial s, to quench thirst, to strengthen a weak Stomach, to pro- cure appetites be are an Appetite, to stay Vomiting, and very excellent in

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Pestilential any contagious sickness, or Pestilential Feavers. Thesm Feavers, lot made of the juice is effectual in all the cases aforesaid, the Swellings, is the distilled Water of the herb also. Spunges or Lim Outle Canker or Cloaths wet in the juice, and applied outwardly to any den ulcer in the Swellings or Inflammations, doth much cool and help the sime Mouth, The same juice taken, and gargled in the Mouth, and after 50000 Wounds, or spit forth, fresh taken, doth wonderfully help a soul stime to elect the Stabs, De- Canker or Ulcers therein. It is singular good in Woun in a studies. Thrusts and Stabs in the Body, to stay bleeding, and to class, or and heal the wounds speedily; and helpeth to stay any hold sat fluxions into the Throat or Lungs.

Sow-Thiffles.

Ow-Thiftles are generally so well known, that they need no Description Place. They grow in our Gardens and menured Grounds, and for e. times by old Walls, the Path-fides of Fields and High-waies.

Government and Vertues. This and the former are under the Influence of Venus, Sow-Thiftles are cooling and somewhat bindings a roal are very fit to cool an hot stomach, & to ease the gnawing a lapp beat of the thereof. The herb boyled in Wime is very helpful to stay app beat of the thereof. The herb boyled in Wime is very helpful to stay app beat of the stakes when they are broken, given in drink, is beneficial and whee- those that are short-winded, and have a wheesing withal, is successful and stone, by Urine, and that the eating thereof helpeth a stinking brus strinking. Three spoonfuls of the juice thereof taken in white-wine a speedy D:- have so easie and speedy delivery, that they may be able speedy D:- have so easie and speedy delivery, that they may be able speedy D:- have so easie and speedy delivery, that they may be able speedy D:- have so easie and speedy delivery, that they may be able speedy D:- have so easie and speedy delivery, that they may be able speedy D:- have so easie and speedy delivery, that they may be able speedy D:- have so easie and speedy delivery, that they may be able speedy D:- have so easie and speedy delivery, that they may be able speedy D:- have so easie and speedy delivery, that they may be able speedy. Strangury, of the leaves and stalks, causeth abundance of Milk in Number of the leaves and stalks, causeth abundance of Milk in Number of the leaves and stalks, causeth abundance of Milk in Number of the leaves and stalks, causeth abundance of those wife of the leaves and stalks, causeth abundance of those wife of the leaves and stalks, causeth abundance of Milk in Number of the leaves and stalks, causeth abundance of Milk in Number of the leaves and stalks, causeth abundance of Milk in Number of the leaves and stalks, causeth abundance of Milk in Number of the leaves and stalks, causeth abundance of Milk in Number of the leaves and stalks of the leaves and stalks. The juice boyled or through the stalks of the leaves and stalks of the stalks of the stalks of the leaves and sta finging in ly heated with a little Oyl of bitter Almonds in the Peeld Sple the Errs, 11- Pomegranate, and dropped into the Ears, is a fure Remediately flamed Eyes, Deafness, singings, and all other Diseases in them. The han, to bruiled, or the juice, is profitably applyed to all hot Inflamm ub-als tions in the Eyes, or wherefoever elfe, and for Wheals, Bliffe and or other the like Eruptions or heat in the Skin; as also fort Blifters, heat and itching of the Hemorrhoids, and the heat and the ferip Hemornels of humors in the fecret parts of Man or Woman. The Thoids, stilled water of the herb is not only effectual for all the Dies ad, aforesaid to be taken inwardly with a little Sugar (which it is clear the Face. dicine the dantieft ftotnach will not refuse) but outwardly, applying Cloaths or Spunges wetted therein. It is wonderful good for

thick men to wash their Faces therewith, to clear the skin, & give a lustre them

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Southernwood.

Duthernwood is fo well known to be an ordinary Inhabitant in our Garof dens, that I shall not need to trouble you with any Description thereof.

the sime. It showerth for the most part in July and August.

an Sovernment and Vertues. It is a gallant Mercurial Plant, worthy of

init is esteem than it hath. Dioscorides saith, That the seed bruised, hea
on in warm Water and drunk, helpeth those that are Bur
less, or troubled with Cramps or Convulsions of the Si-Barsten, Cramps

only 15, the Scatica, or difficulty in making water, and brin- & Convulsions,

he down We ment Course. The same taken in Wine is Sciatica, stranh down Wemens Courses. The same taken in Wine is Sciatica, stran-Antidote, or Counter-poylon against all deadly Poylon, gury, womens driveth away Serpents, and other Venomous Crea- Courfes, poyipides: as also the smell of the Herb being burns, worth the Eyes, some. The Oil thereof anointed on the back-bone before flamea Eyes, for the Coll there of anointed on the back-bone before flamea Eyes, possible them away: it takes a pimples, possible them away: : as also the smell of the Herb being burnt, doth the fons, Aques, In-Fits of Agues come, taketh them away : it taketh a- pimples, poffees, Inflammation in the Eyes, it it be put with some part and nheals, got toasted Quince, and boyled with a few crums of bread worms, splin-applied. Boyled with Barley-meal it taketh away Pim-ters and thorns, and splingly spushes or Wheals that rise in the Face or other parts old ulcers, sores in the Body. The seed as well as the dried Herb is often in the privities, the Body. The seed as well as the dried Herb is often in the privities, call en to kill the worms in Children: The herb bruised baldness, Frenchlaid to, helpeth to draw forth splinters and thorns out fox, Stone, will hessesh. The ashes thereof drieth up and healeth old spleen and ters that are without Inslammation. although by the Mother.

The privities thereof it biteth sore, and puttern them to sore in the season in the privy parts of Man or Woman. The ashes are like as as also the sores in the privy parts of Man or Woman. The ashes as also with old Salid-oyl, helpeth those that have their hair sallen, and bald, causing the hair to grow again either on the head or beard. Ducters saith, That the Oyl made of Southernwood, and put among the naments that are used against the French Disease, is very effectual, and twise killeth Lice in the Head. The distilled water of the herb is said to pthem much that are troubled with the stone, as also for the Diseases of spleen and Mother. The Germans commend it for a singular wound-herb, therefore call it Stabwort. It is held by all Writers, Ancient and Mother in the beat of the source offensive to the stomach than wormword.

Spignell.

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fhat Ceription. The Roots of common Spignel do spread much and deep in the ground , many firings or branches growing from one ident ad, which is hairy at the top, of a blackish brown colour on the out-side, and he ite within, smelling well, and of an Aromatical taste, from whence te within, smelling well, and of an Aromatical taste, from whence ly, Sundry long stalks of most fine cut Leaves like bairs, smaller than Dill, thick on both fides of the Stalks . and of a good frest. Among thefe Leaves

rife up round fiff stalks, with a few Joynes and leaves at them, and at the an umbel of fine pure white flowers. At the edges whereof somtimes be feen a shew of reddish blewish colour, espedally before they be full blom. are succeeded by small some what round feed, bigger than the ordinary Fennel, of a brown colour, aividea into two parts, and crested on the back, as most if umbelliferous feeds are.

Place. It groweth wild in Lancashire, Yorkshire, and other North

Countreys, and is also planted in Gardens.

Provokes urine, and Womens Courfes, Strangury, pair in the Stomach, Mother, Joyntaches, Tough flegm, Venomous creatures.

Government and Vertues. It is an herb of Venus. 61 hone faith, The Roots of Spignel are available to prove Urine, and Womens Courles, but if too much that be taken, it caufeth Head-ach: The Roots boyled Wine or Water and drunk, helpeth the Strangury, stoppings of the Urine, the Wind, swellings and pain the Stomach, pains of the Mother, and all Joynt-un If the powder of the Roots be mixed with Honey, and same taken as a licking Medicine, it breaketh to Flegm, and dryeth up the Rheum that falleth oat Lungs. The Roots are accounted very effectual against

stinging or biting of any Venomous Creature, and is one of the Ingredia

in Mithridate, and other Antidotes for the same.

Spleen-wort, or Ceterach.

Description. THe smooth Spleenwort from a blick, thready, and buffy L sendeth forth many long fingle Leaves, cut in on both into round donts, almost to the middle, which is not so hard as that of Political each division being not alwayes fet opposite unto the other, cut between each, su and of a light green on the upper fide, and a dark yellowish roughness on the bu folding or rolling it felf inward at the first springing up.

Place. It groweth as well upon stone-walls as moist and shadowy pla about Briftol; and other the west parts plentifully; as also on France Castle, on Beconsfield Church in Barkshire, at Strowde in Kent , and

where, and abideth green all the Winter.

Government and Vertues. Saturn owns it. It is generally used against firmities of the Spleen, it helpeth the strangury, and Sileon, ftrangu- eth the stone in the Bladder, and is good against the yells Jaundice and the Hiccough; but the use of it in Wes ry, ftore, yellowhind:eth Conception. Mathiolus faith, That if a drin Trundice, Rinthe dust that is on the back-fide of the Leaves, be mi ning of the with half a dram of Amber in powder, and taken with reins, milanchojuice of Purstain or Plantane, it helps the running of ly Diferfes.

Reins speedily, and that the Herb or Root being bol and taken, helpeth all melancholy Diseases, and those especial that arise from the French Difease. Camerarius faith, That the diff Water thereof being drunk , is very effectual against the stone in the sa

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Bladder: and that the Lie that is made of the Afhes thereof being unk for some time together, helpeth splenetick persons: It is used in out-

Star-Thistle.

feript. Common Star-Thiftle hath divers long and narrow leaves I lying next the ground, cut or torn on the eages somewhat eply, into many almost even parts, fost or a little woolly all over the green, nong which rife up divers weak stalks parted into many branches, all lying leaning down to the ground, that it feemeth a pretty bush, let with dithen is the like divided leaves up to the tops, where severally do stand long yld and small whitish green heads, set with there and long white pricks (no part the plant being elfe prickly) which are somewhat yellowish: out of the riddle whereof rifeth the Flower, composed of many small reddish purple reds; and in the heads after the Flowers are past, come small whitish and seed lying down as others do. The root is small, long and woody, perhing every year, and rising again of its own sowing.

Place. It groweth wild in the fields about London in many places, as at

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ille-end-Green in Finsbury fields beyond the Wind-Mils, and many other aces.

Time. It Flowreth early, and Stedeth in July, and sometimes in August. Government and Vertues. This, as almost all Thistles, e under Mars. The feed of this Star-Thiftle made in- Protokes urine, Powder, and drunk in Wine, provoketh ville, and State of the cloth to break the stone, and drive it forth. The Root Fistula, French and Powder & given in Wine and drunk, is good against the Pox, Obstruction lague or Pestilence, and drunk in the morning fasting for ons, Agues.

In the comment together, is very prostable for a Fistula in any art of the body. Bastista Sardus doth much commend the distilled Water art of the body. Bastista Sardus doth much commend the distilled Water Powder, and drunk in Wine, provoketh Vrine, and Stone, Plague,

plus ereof being drunk, to help the French Disease, to open obstructions of the iver, and cleanse the Blood from corrupted humors, and is profitably given gainst Quotidian or Tertian Agues.

Straw-berries.

These are so well known through this Land, that they need no Description.

Time. They Flower in May ordinarily, and the Fruit is ripe shortly fier.

Government and Vertues. Venusowns the Herb. Strawerries when they are green, are cold and dry, but when Cool the Liver, hey are ripe they are cold and moist: The Berries are ex-Spleen and Sto-clent good to cool the Liver, the Blood and the Spleen, mach, Quench ran hot Cholerich stonisch; to refresh and comfort the thirst, Instaming spirits, and quench thirst: They are good also mations, proor other Instammations, yet it is not amiss to refrain roke trine, stay

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238 the Bloodyflux, and Womens Courfes. panting of the Heart, Y. How Faundice, ulcers, fore Mouths or ulcers in the Privities, loofe Teeth, Catarrhs, De-Auxions. inflamed Eyes, Pubes and Wheals, red Face, deformities in the skin, Films over the Eyes,

from them in a Feaver, left by their putrifying in the flom they increase the fits. The Leaves and Roots boyled in Wi and Water, and drunk, do likewise cool the Liver and Bloo & affwage all Inflammations in the Reins and Bladder, pa voke Urine, and allay the heat and sharpness thereof. I same also being drunk, stayeth the Bloody flux, and Went Courses, and help the swellings of the Spleen. The water the Berries carefully distilled, is a soveraign Remedy a Cordial in the panting and beating of the Heart, and is go those for the Yellow-Jaundice. The juice dropped into foul the on of or they washed therewith, or the Decoction of the Herba Root doth wonderfully cleanse and help to cure them. Larun tions and Gargles for fore Mouths, or Ulcers therein, or adr the privy parts, or elfe-where, are made with the Leavest of the Roots thereof; which is also good to fasten loose Teeth, theth to heal spungy soul Gums. It helpeth also to stay Cathin hither Destucions of Rhewm into the Mouth, Throat, Teeth in Eyes. The juice or water is singular good for hot and red it Swo slamed Eyes, if dropped into them, or they bathed therewill dec It is also of excellent property for all puthes, Wheals, and wat ther breakings forth of hot and tharp humors in the Face welly, Hands, or other parts of the body to bath them therewith; Pin to take away any redness in the Face, or spors, or other us f formities in the skin, and to make it clear and smooth. Someter use this Medicine, Take so many Strawberries as you hat. think fitting, and put them into a Distillatory or Body The

Glass fie for them, which being well closed, fer it in a bed of Horse-dummat for your use. It is an excellent water for hot inflamed Eyes, and to take an any film or skin that beginneth to grow over them, and for fuch otherdela

in them as may be helped by any outward Medicine.

Succory.

Descript. He Girden Succory hath longer and narrower Leaves than I. dive, and more cut in or torn on the edges, and the Root abide , a many years. It beareth also blue Flowers like endive, and the feed is hardly Ainquished from the feed of the smooth or ordinary Endive.

The wild Succory hath divers long Leaves lying on the ground, very much foul in or torn on the edges, on both fides even to the middle rib ending in a pintes. Sometimes it bath a red rib down the middle of the Leaves, from among which feth up a hard, round, woody flalk, spreading into many branches, fet with far need ler and leffer divided Leaves on them up to the tops, where fland the Flore which are like the Garden kind, as the feed is aifo (only take notice that Flowers of the Garden kind are gone in one funny day, they being fo cold, " they are not able to endure the beams of the Sun, and therefore most delight in Shadow) The Rot is white, but more bard and woody than the Garden kind. whole Plant is exceeding bitter.

The English Physician Enlarged.

lice. This groweth in many places of our Land; in waste, untilled and with the Fields. The other only in Gardens.

We overnment and Vertues. It is an Herb of Jupiter. 'Garden Succory, as more dry & less gold than Fodius (a)

more dry, & less cold than Endive, so it openeth more. handful of the Leaves or Roots boyled in Wine or wa- Cholcrick and and a draught thereof drunk fasting driveth forth Cho-flegmatick Hu-eme thand Flegmatick Humors, openeth Obstructions of mors, Obstructi-Liver, Gall and Spleen; helpeth the yellow Jaundice, oas, yell. Jauntheat of the Reins, and of the Urine; the Dropfie also, dice, bot Reins is those that have an evil disposition in their bodies, by or urine, dropfie also conflong sickness, evil diet, &c. which the Greeks call Agues, passions and with wine of the Heart. L drunk, is very effectual against long lingering Agues; Head-ach, swela dram of the seed in powder drunk in Wine before the lings or inflamwest of the Ague, helpeth to drive it away. The distilled wa- mations, St. An-h, to the Herb and Flowers (if you can take them in time) thomes sie, ath the properties, and is especial good for hot stomachs, Pushes, wheals, each in Agues, either pestilential, or of long continuance, and Pimples, and is Smoonings, and passions of the Heart, for the heat and instanced Eyes, with dach in Children, and to the Blood and Liver. The too much Milk. water, or the juice, or the bruised Leaves applied outce willy, allay Swellings, Inflamations, St. Anthonies fire, Pushes, Wheals
ith; Pimples, especially used with a little Vinegar; as also to wash pestider of us forces. The said water is very effectual for force Eyes that are inflamed
Son tredness, and for Nurses breasts that are pained by the abundance of

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sody the Wild Succory, as it is more bitter, so it is more strengthening to the

Stone-Crop, Prick-Madam, of Small Housleek.

ctipt. TT groweth with divers Trailing branches upon the ground, fet with I many thick, flat, roundish, whitish green Leaves, pointed at the The flowers stand many of them together, somewhat loosly. The Roots are abide, and run creeping under ground.

lace. It groweth upon the stone-walls, and mud-walls, upon the Tiles suchs soules and Pent-Houses, and amongst Rubbish, and in other gravelly

2 901 which time. It flowreth in June and July, and the Leaves are green all the h fatter.

that interament and Vertues. It is under the Dominion of the Moon, cold in lity, and something binding, and therefore very good to Defluxions, especially such as fall upon the Eyes. It Binds, stay De-

Bleeding both inward and outward, helps Cankers fluxions, bleed-

ding stops, can- and all fretting Sores & Vicers; it abates the heat of the nature kers, Sores, ul- ler, thereby-preventing Diseases thence arising from the filled cers, Choler, lerick Humors: It expels poysons much, resistent pestilent for it cholerick Hu- al Feavers, being exceeding good also for Tertian Agues, of Feces mors, Poyson, may drink the Decoction of it if you please for all the hilled the control of the pestilent for the pestil foregoing infirmities: It is fo harmless an Herb, your bag i Pestilent Fcawers, tertian A- scarce use it amiss; being bruised and applied to the place of to u gues, Kings-E- helps the Kings-Evil, and any other Knots or Kernels ubs, at vil, Knots and the Flesh; as also the Piles, Kernals in the Flesh, Piles.

English Tobacco.

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Descript. This rifeth up with a thick round stalk about two footing whereon do grow thick, fat, green Leaves, nothing fo large the other Indian kinds, somewhat round pointed also, and nothing dented about is so cripti the edges: The flatk brancheth forth, and beareth at the tops divers Flowers or green Husks, like the other, but nothing so large; scarce standing about Time. brims of the Husks, round pointed also, and of a greenish yellow colour. The blows that followeth is not so bright, but larger, contained in the like great heads. I Govern Roots are neither fo great nor woody, and perishing every year with thehe lyes, or drunk froks in Winter, but rifeth generally of its own fowing.

Place. This came from lome parts of Brafile, as is thought, and is mainft th familiar in our Countrey than any of the other forts; early giving it Wine a

feed, which the other seldome do.

Time. It flowreth from June sometimes to the end of Aigust, or later, a aboun

the feed ripeneth in the mean time.

Government and Vertues. It is a Martial Plant. It is found by good en Afp. T rience to be available to expectorate tough Flegm in poles a the Stomach, Chest and Lungs. The juice thereof in Wine, into a Syrup, or the distilled water of the herb drunk in h, help important in fome Sugar, or without if you will, or the smoke taken is easer. Tough Flegm, Worms, Meafome Sugar, or without if you will, or the smoke taken a Pipe as is usual, but fasting; the same helpeth took worms in the stomach and belly, and to ease the paim the stooth-ach, Kiags-Evil, venomous the stone in the kidneys both to ease pains, and by the stone in the kidneys both to ease pains, and by the stone in the kidneys both to ease pains, and by the stone in the kidneys both to ease pains, and by the stone in the kidneys both to ease pains, and by the stone in the kidneys both to ease pains, and by the stone in the kidneys both to ease pains, and by the stone in the kidneys both to ease pains, and by the stone in the kidneys both to ease pains, and by the stone in the kidneys both to ease pains, and by the stone in the stone ingent directly and the stone ingent direct grim, pains in

ntures; the Herb also being outwardly applyed to the hurt place. The filled Water is often given with some Sugar before the fit of an Ague to In it, and take it away in three or four times thing. If the Distil-Feces of the Herb having been bruised before the Distillation, and not filled dry, be let in warm dung for fourteen days, and afterwards hung up big in a Wine Celler; that liquor that distilleth therefrom, is fingular d to use for Cramps, Aches, the Gout and Sciatica, and to heal Irches, us, and running Ulcers, Cankers and foul fores whatfoever. The Juyce logood for all the faid griefs, and likewife to kill Lice in childrens heads. egreen Herb bruiled and applyed to any green wound, cureth any fresh und or cut whatfoever : and the Juyce put into old fores, both cleanfeth healeth them. There is also made hereof, a singular go + Salve to help postumes, hard Tumors, and other swellings by blows or falls,

The Tamarisk tree.

I is so well known in the places where it grows, that it needeth no Decription.

feription.

Time. It flowreth about the end of May, or in June, and the feed is ripe blown away in the beginning of September.

Government and Vertues. As gallant a Saturnine Herb it is, If the root, aves, or young Branches be boiled in Wine or Vinegar, drunk, and applyed outwardly, it is very powerful Spleen, Hemorrhoids in the headest of the Spleen. The Leaves boyled (pitting Blood,

winst the hardness of the Spleen. The Leaves boyled spitting Blood, in Wine and drunk, is good to stay the bleeding of the womens Courses, morrhodial veins, the spitting of blood, and womens Jaundice and Chomorrhodial veins, the spitting of blood, and womens Jaundice and Cho-abounding Courses, and helpeth the Jaundice, the lick, Venom. Serpents, olick, & the biting of all venomous Serpents, except Tooth-ach, pain in Afp. The bark is as effectual, if not more, to all the the Ears, watering for poles aforesaid, and both it and the Leaves boyled Eyes, Gangrenes, and Wine, and the Mouth and the teeth washed there- ulcers, Nits and Lice, h, helpeth the Toothach; being dropped into the Spleen, burning and sealeth the pains and is good for the redness and scalding, French

tring of the Eys: The said Decoction with some Pox, Leprofie, and imply put thereto, is good to stay Gangrenes and fret-scabs, Despsie, Melanet Ulcers, and to wash those that are subject to choly, black Jaundice. It was and Lice. The wood is very effectual to consume spleen, and therefore to drink out of Cups and Cans made thereof, is not dior Spleenetick persons. The Ashes of the wood are used for all the puras aforesaid, and besides, doth quickly help the Blisters raised by burness aforesaid, and besides, doth quickly help the Blisters raised by burness of scaldings, by hire or water. Alpinus and Vessingua, do affirm, That Egyptians do with as good success use the wood hereof to cure the ach Discase, as others do Lignum Vita, or Guajacum; and give it also with as are possessed with Leprosie, Scabs, Pushes, Eleers, or the like; is available also to help the Dropsie, arising from the hardness and obthe thon of the Spleen, as also for Melancholy, and the black Jaundice that

ech thereof

Garden Tansie.

GArden Tansie is so well known, that it needeth no Deseription,

Government and Vertues. Dame Venus was minded to pleasure Wom with Child by this Herb, for there grows not an Herb fitter for their ul than this is; it is just as though it were cut out for the purpose : The He bruised and applied to the Navel stays miscarriages, I know no herb like for that use : Boyled in ordinary Beer, and the Decoction drunk doing like; and if her Womb be not as the would have it. This Decoction will ma it as the would have it, or at least as the should have it : Let those wom that delire Children, love this Herb, 'tis their best Companion, their He band excepted. Also, it consumes the Flegmatick humors, the colds moist constitution of Winter most usually infects the Body of Manwill and that was the first reason of eating Tanties in the Spring; at last i World being over-run with Popery, a Monster called Superstition perks his Head, and as a just Judgment of God, obscures the bright beams Knowledg by his difmal looks, (Physicians seeing the Pope and his la selfish, they began to do so too) and now forsooth Tansies must be careau on Palm and Easter Sundaies, and their Neighbour dayes: At last Super tion being too hot to hold, and the felfishnels of Physicians walking in clouds; after the Fryers and Monks had made the people ignorant, Superstirion of the time was found out, but the Vertue of the herb hild and now 'tis almost, if not altogether, left off : Surely our Physitians beholding to none fo much as they are to Monks and Fryers; for want eating this herb in Spring, maketh people fickly in Summer, and makes work for the Physician. If it be against any Man or Womans Co frience to eat a Tanfie in the Spring, I am as unwilling to burden the Consciences, as I am that they should burden mine: They may boylin Wine, and drink the Decoction, it will work the same effect. The decoct of the common Tansie, or the juyce drunk in Wine, is a singular Remedy

Reins, Kidney. wind, womb, Mi,carriage, Stone, Stomach, Horms, Cramps.

all the griefs that come by stopping of the Urine, h Dysury, Stringury, peth the Strangury, and those that have weak Reins Kidneys: It is also very profitable to diffelve and es ; and Wind in the Stomach, Belly or Bowels, to procure W mens Courses, and expel windines in the Matrix. be bruiled and often smelled unto, as also applied to lower part of the Belly. It is also very profitable for Women as are given to miscarry in Child-bearings

eaule them to go out their full time : It is used also against the Stone in Reins, especially to Men. The Herb fryed with Eggs (as is accustome the Spring-time) which is called a Tansie, helpeth to digest, and a downward those bad Humors that trouble the Stomach : The feed is profitably given to children for the Worms, and the juyce in Drink " effectual. Being boyled in Oyle, it is good for the Sinews shrunk Gramps, or pained with cold, if thereto applied.

Time. Geve o Her auty u but

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Wild Tansie, or Silversweed.

His also is so well known that it needeth no Description.

Place. It groweth almost in every place.

Time. It flowreth in June and July. Gevernment and Vertues. Now Dame Venus hath fitted Women with he brothmed and response to help Conception, the other to maintain auty; and what more can be expected of her? What now remains for abut to love your Husbands and not to be wanting to your poor Neigh-"! Wild Tanfie stayeth the Lask, and all the Fluxes of

the ood in Men or Women, which some say it will do if Flux, Terms, egreen Herb be worn in the shooes, so it be next the skin; stops, vomiting tis true enough that it will stop the Terms if worn so, of blood, whites, the Whites too, for ought I know. It stayeth also spit- ruptures, Bellyg or vomiting of blood. The Powder of the dried Herb ach, Sciatica, in in some of the distilled Water, helpeth the Whites in Joyats, Toothomen, but more especially if a little Coral and Ivory in ach, loose teeth, omen, but more especially it a little Coral and Ivory in ach, loose teeth, where he put to it: It is also much commended to help Gums, ulcers illdren that are bursten, and have a Rupture, being boy- in the Mouth, in Water and Salt. Being boiled in Wine and drunk, it wounds, fore the the griping pains of the Bowels, and is good for the Legs, Pimples, intica and Joynt-aches. The same boyled in Vinegar, Freckles, Suntained and Honey and Allom, and gargled in the Mouth, caseth burning.

I pains of the Tooth-ach, sastneth loose Teeth, helpeth

Gums that are sore, and setleth the Palate of the Mouth in its place this is fallen down: It cleanseth and healeth the tileers in the Mouth secret Parts, and is very good for inward Wounds, and to close the Lips treen wounds: as also to heal old, moist, corrupt running sores in the

treen wounds: as also to heal old, moist, corrupt running fores in the sorelsewhere: Being bruised and applied to the soles of the feet, and thandwrists it wonderfully coolern the hot fits of Agues, be they never vicient. The distilled Water cleanseth the skin of all discolourings tein, as Morphew, Sunburning, &c. as also Pimples, Freckles, and the ent; and dropped into the Eyes, or cloaths wet therein and applied, taketh is the hear and Instammations in them.

Thiftles.

F these are many kinds growing here in England, which are so well known, that they need no Description: Their difference is easily known

the places where they grow: viz.

Place. Some grow in Fields, some in Meadows, and some among the in: others on Heaths, Greens, and wast grounds in many places.

line. They all flower in July and August, and their feed is ripe quickly

Government and Vertues. Sure Mars rules it, it is fuch a prickly buff-4. All these Thistles are good to provoke Urine, and to and the stinking smell thereof; as also the rank smell of the Dyfury.

Stinking Breath, ftomach.

Armpits, or the whole Body, being boyled in Wine drunk, and are faid also to help a ftinking Breath, and strengthen the Stomach, Pliny faith, That the juyce thed on the place that wanteth Hair, it being fallen ed mi

will cause it to grow again speedily.

The Melancholly Thiftle.

Description. Trifeth up with tender fingle hoary green ftalks, bearing the or four or five long heavy green Leaves, dented about the g's, the points whereof are little or nothing prickly, and at the top usually one head, yet sometimes from the bosom of the uppermost Leaf there shootetbe another smaller head, scaly and somewhat prickly, with many reddish purple the or threads in the middle, which being gathered fresh will keep the colour a time, and fadeth not from the stalk in a long time, while it perfecteth thes which is of a mean biguess lying in the Down. The Root hath many long the Rone, fastned to the head, or upper part, which is blackish and perish not.

There is another fort little differing from the former, but that the Leaves more green above, and more hoary underneath, and the stalk being about twi bigh, beareth but one large scaly head, with threads and seeds as the former.

Place. They grow in many moift Meadows of this Land, as well int Southern, as in the Northern parts.

Time. They Flower about Inly, or August, and their Seed ripeneth qui

Government and Vertues. 'Tis under Capricorn, and therefore under Saturn and Mars, one rids Melancholy by Sympathy : the other by And thy. Their Vertues are but few, but those not to be despised; for

Decoction of the Thiftlesin Wine being drunk, expels Melancholy. perfluous Melancholy out of the Body, and make a min merry as a Cricket; superfluous Melancholy cureth a fear, sadness, despair, envy and many evils more besides; but Reig

teacherh to wait upon Gods Providence, and cast our care upon Him, careth for us: What a fine thing were it if Men and Women could in and yet seven years care and fear make a man never the wifer, north thing the richer. Dioscorides saith, the Root born about one doth the and removes all Diseases of Melancholy. Modern Writers laugh at h let them laugh that win : my opinion is , That 'tis the best Remed gainst all Melancholy Diseases that grows: They that please may use

Our Ladies Thiftle.

ur I adies Toiftle bath divers very large and broad la Description. lying on the ground, cut in, and as it were crumpled, forewhat hairy on the edges, of a white green thining colour, wherein ett te, T my lines and strakes of a milky white colour running all over, and set

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Place. Time. GOVEYN ught t cure

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to d, and prickly stalks, set full of the like Leaves up to the top, where at the of every branch , cometh forth a great prickly Thiftle-like head , ftrongly ed with prick, and with bright purple thrums rifing out of the middle of n; after they are past, the feed groweth in the said heads, lying in a great of soft white Down, which is somewhat flattish and shining, large and brown Root is great, spreading in the ground, with many strings, and small sibres ned thereto. All the whole Plant is bitter in tafte:

lace. It is frequent on the Bank of almost every Ditch. he time. It flowreth and feedeth in June, July, and August.

Sovernment and Vertues. Our Ladies Thistle is under Jupiter, and by Ight to be as effectual as Carduus Benedictus for Agues, and to prevent cure the infection of the Plague, as also to open obstruans of the Liver and Spleen, and thereby is good against Agues, Plague,

Jaundice : It provoketh Urine, breaketh and expelleth Obftructions, frone, and is good for the Dropsie: It is effectual al- liver, Spleen, or the pains in the sides, and many other inward pains dropsie, stitches

gripings: The seed and distilled Water are held pow- in the sides, Lilto all the purposes aforesaid: and besides, it is often verlied both inwardly to drink, & outwardly with cloaths
unges to the Region of the Liver to cool the distemperature thereof and
he Region of the Heart, against swoonings and passions of it. It cleanthe blood exceedingly, and in Spring if you please to boyl the tender at (but cut of the prickles, unless you have a mind to chook your self ill change your blood as the season changes, and that's the way to be

The Woolly, or Cotton Thistle.

His hath many large Leaves lying on the ground, somewhat cut in, & as it were crumpled on the edges, of a green t on the upper fide, but covered over with a long hairy wood or Cottony in fet with most sharp and cruel pricks; from the middle of whose heads owers come forth many purplish crimson threds, and sometimes white ough but seldom: The seed that followeth in these white Downy heads, newhat large, long, and round, resembling the seed of Ladies-Thistle, paler: the Root is great and thick, spreading much, yet usually dieth fleed-time.

ace. It groweth on divers Dirch Banks, and in the Corn-fields and hwayes, generally throughout the Land; and is often found growing in

rdens.

ime. It flowreth and beareth feed about the end of Summer, when other ifles do flower and feed.

Sourament and Vertues. It is a Plant of Mars, Dissourides and Pliny te, That the Leaves and Roots hereof taken in drink, helpeth those that

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have

The English Physician Enlarged.

246 have a Crick in their Neck, that they cannot turn it unleft the Crick in turn their whole Body. Galen faith, That the Roots and Len the Neck. hereof are good for fuch persons that have their Bodies dra Deleri Spalm, convultion, together by some Spasm or Convulsion, or other infirmities, the Rickets (or the Colledge of Physicians would have it, the really Rachites, about which name they have quarrelled sufficiently) slong Rickets

Children; being a Disease that hindreth their growth, by binding the inted Nerves, Ligaments, and whole Aructures of their Body.

The Fullers Thiftle, or Teafel.

lufic L T is so well known, that it needs no Description, being used with there of Clothworkers.

The wild Teafel is in all things like the former, but that the prickles are for loft, and upright, not hooked or stiff, and the flowers of this are of a fine bla luids a or pale cornation colour, but of the manured kind whiti(b.

Place, The first groweth, being sown in Gardens or Fields for the use tat it Clothworkers: The other neer Ditches and Cils of Water in many place umes of this Land.

Time. They flower in July, and are ripe in the end of August.

Government and Vertues. It is an Herb of Venus. Dioscorides feit fell's That the Root bruised and boiled in Wine until it be thick, and kept in thion

Brazen Veffel or Pot, and after spread as a Salve and somme clefts, Cankers, plied to the Fundament, doth heal the clefts thereof, ast Fiftulacs, warts, fo Cankers & Fistulaes therein, and also taketh away wir and Wens. The Juyce of the Leaves dropped into the En Tis Wens, manns killeth Worms in them. The diftilled water of the Level Place in the Ears, dropped in the Eyes, taketh away redness and mists in the Time Rebt, Rednefs that hinder the fight; and is often used by Women to profit a in the Fac. Serve their Beauty, and to take away redness and indammautum In Rammation. tions, and all other hear or discolourings.

Treacle Mustard.

Deleript. I Trifetio up with a hard round stalk about a foot high, part d in some forme branches, having divers soft green Leaves long and name bowels for thereor, wived, but not cut in or the edges, broadest towards the ends, a tink to somewhat round pointed. formewhat round printed: the flowers are white that grow at the tops of the branche thes, saik fashion one above another; after which come large round pouche ie, at parted in the middle with a furrow, having one black is brown seed on either side at Wa forewhat fourp in tatt, and smelling of Garlick, especially is the Fields who cam b it is natural, but not fo much in Gardeus, the Roots are small and thriddy, platmed ithe f ribing every year.

Give me leave here to add Methridate Mustard, although it may feet any

more properly by the name to belong to the Alphaber M.

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Methridate Mustard.

belevipt. This groweth higher than the former, spreading more and longer branches, whose leaves are smaller and narrower, somtimes un-, the truly dented about the edges. The Flowers are small and white, growing nlong branches, with much smaller and rounder seed Vessels after them, and the inted in the same manner, having smaller brown seeds than the former, and much taper in tist. The root perisheth after seed time, but abideth the first winter ter the foringing.

Place. They grow in fundry places of this Land; as half a mile from lufield by the Riverside under a Hedg as you go to Hatfield, and in the

theet of Peckham on Surry fide.

Tim:. They flower and feed from Miy to August.

Sovernment and Vertues. Both of them are Herbs of Mirs. These Mu-

has lards are said to purge the body both upwards and downpards, and procureth Womens Courses so abundantly, Purge the Body, ale hat it suffocateth the Birth. It breaketh inward Impo- Terms provokes, had umes, being taken inwardly and used in Clysters, helpeth Imposimes,

he Sciatica: The Seed applyed doth the same. It is an Sciatica, special Ingredient unto Methridate and Treacle, being of Poyson, Venome, in tell an Antidote resisting Poyson, Venom, and Putri- Put is affician. in action. It is also available in many cases for which the

is ommon Mustard is used, but somewhat weaker.

The Black-Thorn, or Sloe-Bush.

Var

Es I is so well known, that it needeth no Description.

The Place. It groweth in every Country, in the Hedges and Borders of Fields.

Time. It Howeth in April, and somtimes in March, but ripeneth the prefruit after all other Plums whatfoever, and is not fit to be eaten untill the mutumn frost have mellowed them.

Government and Vertues. All the parts of the Sloe-bush are binding,

oling and drying, and all effectual to stay bleeding at the local Mouth, or any other place; the Lask of the Belly Binds, Cools, Stomach, or the Bloody Flux, the too much abounding of Dries, Bleed-in Nomens Courses, and helpeth to ease the pains of the Sides, ing Flux.

owels and Guts, that come by over-much scouring, to mak the Decoction of the Bark of the Roots, or more usually the Decoction in the Berries either fresh or dried. The Conserve is also of very much

the le, and more familiarly taken for the purposes aforesaid. But the distildid dwater of the Flowers first steeped in Sack for a night, and drawn thereten tom by the heat of Balneum, Anglice a Bath, is a most certain
the steeped and approved to ease all manner of gnawings Gnawings in
the stomach, the Sides and Bowels, or any griping pains Bowels and
any of them, to drink a small quantity when the extrea- Somach.
The Leaves also are good to Sore Mouth
the Lotions, to gargle and wash the Mouth and Throat, and Throat.

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este good to make Lotions, to gargle and wash the Mouth and Throat, where tokes in are swellings, Sores, Kernels, and to stay the Defluxions of Rheum toth Wom Eyes or other parts, as also to cool the Heat and Inflammations of them in his so case hot pains of the Head, to bathe the Forehead and Temples there Dyntz with. The simple distilled Water of the Flowers is very effectual forth Warts said purposes, and the condensate juyce of the Sloes. The distilled Water of ways to the Sloes of the Sloe the green Berries is used also for the said effects.

Thorough-wax, or Thorough-leaf.

Common Thoroughwax sendeth forth one straight round stalk he sto and sometimes more, two foot high and bester, whose love Leaves being of a blewish green colour, are smaller and narrower than those bigher, and stand close thereto, not compassing it; but as they grow higher they de more and more encompass the stalks, until it wholly (as it were) pass thou more and more encompass the stalks, until it wholly (as it were) pass throng them, branching toward the top into many parts, where the Leaves grow fail in pla again, every one standing singly, and never two at any joynt. The slowers at Gozwery small and yellow, standing in tusts at the Heads of the branches, where domin terwards grow the seed, being blackish, many thick thrust together, The Root of the small, long and woody, perishing every year after seed time, and rising again novok plentifully of its own forring.

Place. It is found growing in many Corn-fields, and Pasture grounds as of

this Land.

Time. It flowreth in July, and the feed is ripe in August.

Government and Vertues. Both this and the former are under the laft oint t ence of Saturn. Thorough-wax is of a fingular good use for all some attended Bruises and Wounds either inward or outward, and old Ulcers and Some renzy likewise, if the Decoction of the Herb with water and Wineb isease

Praifes, Wounds, ulcers, Ruptures. Navels flicking sut.

drunk, and the places washed therewith, or the Juyce or gree of and Herb bruised or boyled either by it self, or with other Herbsi lead, Oyl or Hogs grease to be made into an Oyntment to serve all the year. The Decoction of the Herb, or the powder of the drit Herb taken inwardly, and the fame, or the Leaves bruiled an applied outwardly, is fingular good to cure Ruptures and Burt Peleri ings, especially in Children, before it be too old. Being applie with a little Flower and Wax to Childrens Navels that the might forth, it helpeth them.

Time.

T is in vain to describe an Herb so commonly known. Government and Vertues.

Lungs, Chin-cough, Flegin, ho this of Breath, Worms, Terms provokes, fate and specay Delivery to

retrues. It is a notable strengthner of the Lung tem in 2s notable an one as grows; neither is there scarce me eighter Remedy growing for that disease in Children and d which they commonly call the Chin-cough, than is. It purgeth the body of Flegon, and is an excellent the body of Fleg Remedy for thornels of Breath. It kills Worms in fib the Belly; and being a notable Herb of Venus, pr

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coices the Terms, gives fafe and speedy Delivery to women in Travel, Af-Women in travel, and brings away the Afterbirth. terbirth, hot Smelh tis so harmless, you need not fear the use of it. An lings, warts, Sciatica,
to Dyntment made of it, takes away hot swellings and Sight, Spleen, Gont,
Warts, helps the Sciatica, and dulness of fight, takes Cods swelled, Loins
way the pains and hardness of the spleen; 'tis ex- and Hips, Stomach
tellent good for those that are troubledwith the Gout Expel wind.
salso to anoint the Cods that are swelled. It easeth
ains in the Loins and Hips, The Herb taken any way inwardly comferts the flomach much, and expels wind.

Wild Time, or Mother of Time.

Vild Time also is so well known, it needs no Description.

Place. It may be found company to the place of the Place. It may be found commonly in Commons, and other bar-

en places throughout the Nation. Government and Vertues. This also is under the comming of Venus, though under the Sign of Aries urine provokes, Terms of therefore chiefly appropriated to the Head. It provokes, pain and novoketh Urin & the Terms, and easeth the griping gripings of the Belly, ains of the Belly, Cramps, Ruptures, & Inflammati- Cramps, Ruptures, incisi as of the Liver. If you make a Vinegar of the herb, as flammations, Liver, linegar of Roses is made, you may find out the way pains of the Head, my Translation of the London Difpensatory, and a- Frenzies, Lethargies, some itenzy or Lethargy, although they are two contrary theneth, Stomach, neb lieales. It helps spitting and pissing of blood, Cough. Reins, Womb, Wind, the stand Vomiting, it comforts and strengthens the Stane. being lead, Stomach, Reins and Womb, expels wind, and it becaks the Stone.

Tormentil or Setfoyl.

drice

His hath many reddish, flender, weak branches rifing from the Root , lying upon the ground , or rather leaning than ftanding tio right with many hort leaves that fland closer to the flalks than Cinquefoyl do, which this is very like) with the footstalk encompassing the branches in several wes, but those that grow next to the ground are fet upon long footfalks, each herrof are like the leaves of Cinquefoyl, but somwhat long and lifer, and ented about the edges, many of them divided but into five Leaves, but most of ung tem into sevens, whence it is also called Sersoyl: yet some may have six, and are me eight, according to the fertility of the Soyl. At the tops of the branches and divers small yellow Flowers consisting of sive Leaves, like those of Cinquehan of, but smaller. The Root is smaller than Bistort somewhat thick but blacker eller ribout, and not so red within, yet sometimes a little crooked, having many blacement is sibres thereat. pro

Place. It groweth as well in Woods and shadowy places, as in the open Champian

Champion Country, about the Borders of Fields in many places of the Land, and almost in every Broom Field in Efex.

Time. It flowreth all the Summer long.

Government and Vertues. This is a Gallant Herb of the Sun: Toment is most excellent to stay all kinds of Fluxes of Blood or Humon Flux. in man or woman, whether at Nofe, Mouth, Belly, or an Wound in the Veins or elsewhere. The Juyce of the Herbe Bleeding. Veins cut, Root taken in drink, not only refifteth ali Poylon and Venome any Creature, but of the Plague it felf, ond Pestilential For har Terms Rops, vers, and contagious Difeases, as the Pox, Measles, Purples, &c expelling the Venom and Infection from the Heart by sweating of the Feavers. if the green Root be not at hand to be had, the Powder of the in the Peftilence, Small Pox, dry Root is as effectual, a dram thereof being taken every more The Decoction likewise of the Herb and Roots made in with Meaftes, Wine and drunk, workerh the fame effect; and fo doth the di cry Purples, filed water of the Herb and Root being Reeped in Wine for fing night, and then distilled in Bilneo Marie. The water thus distilled w Poyfon. Spleen, led taken with some VeniceTreacle, and the party presently lai use to sweat, will certainly (with Gods help) expel any Venome trout Blood inflamed. Poylon, or the Plague, Feaver, &c. for it is an Ingredient of elpe inject cial respect in all Antidotes or Counterpoylon. There is no lange Liver. Lungs, found any Root more effectual to help any Flux of the Belly Tellow Stomach, Spleen or blood than this, to be taken inwardly, or ap 7. wadice, plied outwardly. The Juyce taken, doth wonderfully open ob French fructions of the Liver and Lungs, and thereby in thort fpic Deler Pox. Mifcayhelpeth the yellow Jaundice : some use to make Cakes hereo as well to stay all Fluxes, as to restrain all Cholerick Belchings of dia and much Vomitings with loathings in the stomach. The power and der of the dried Root made up with the white of an Egge, in the baked upon a hot Tile will do it. Andreas Valesius is of opinion wating riage, Diabetes, Morms, Ruptures That the Decoction of this Root is no lesse effectual to cut as the French Pox than Guajacum or China; and 'tis not unlikely because it so mightily resisteth putrifaction. Label saith, The most Randeletius used it as Hermodachils for Joynt-aches: the powder as also or decoction to be drunk, or to sit therein as a Bath, is affured Remedy against Abortion in Women, if it proceed from and, the over fluxibility or weakness of the inward recentive faculty. Teothach, Wounds. Sores, Hurts, Gout, Scapov Head ..

Reins of the Back, doth much help, not only this, but also those that can had a go not hold their Water, the Powder being taken in the juyce of Plantate and it is also commended against the Worms in Children. It is very porterful in Ruptures and Burstings; as also for Bruises and Falls, to be use as well outwardly as inwardly. The Root hereof made up with Pellion of Spain and Allum, and put into an hollow Tooth, not only assume this Children, but stayeth the Flux of Humors which caused it. Tormentil is noted the effectual and powerful a Remedy for outward Wounds, Sores and Humors which caused it.

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han for inward, and is therefore a special Ingredient meet to be used in Wound-drinks, Lotions and Injections for foul corrupt rotten Sores and Ulters of the Mouth, Secrets or other parts of the Body. And to put either the Juyce or Powder of the Root into fuch Ointments, Plaisters, and fuch things mat are to be applied to Wounds and Sores. It also diffolverh all Knots. Kernels and hardness gathered about the Ears and Throat, and Jaws, and the Kings-evil, if the leaves and roots be bruised and applied thereto. The same also easeth the pains of the Sciation or Hip Gout, by restraining the sharp humors that flow thereto. The juyce of the Leaves and the Roots used &c with a little Vinegar, is also a special Remedy against the running Sores of the head or other parts, Scabs also and the Itch, or any such Eruptions ing in the skin proceeding of falt and tharp humors. The fame is also effectual for the Piles or Hemorrhoids, if they be washed and bathed therewith, or ei with the distilled Water of the herb and roots. It is found fo helpful to di dy up any tharp Rhewm that distilleth from the Head into Eyes, caufor fing redness, pain, waterings, itching, or the like, if a lit epared Tutia fill of white Amber be used with the distilled water thereof. Many Women lai ule this Water as a secret to help themselves and others when they are me woulled with too much flowing of the Whites or Reds, both to drink it, and fpe inject it with a Syringe. And here's enough, only remember the Sun chal-

Turnsole, or Heliotropium.

spac Descript. The greater Turnsole rifeth up with one upright stalk about a foot high, or more, dividing it felf almost from the bottom inings divers smaller branches, of a hoary colour: at each joyat of the stalk and powe transfer grow two small broad leaves, somwhat white or heavy also. At the tops, in the stalks and branches stand many small white slowers, consisting of four, and nice writines five very small leaves, set in order one above another, upon a small crookcut spike, which turneth inwards like a bowed finger, opening by degrees as the ikely owers blow open; after which in their places come forth corner'd feed, four for The most part standing together. The root is small and thriddy, perishing every out is, and the feed shedding every year, raiseth it again the next Spring. iss Place. It groweth in Gardens, and Flowreth and seedeth with us in En-

from and, notwithstanding it is not natural to this Land, but to Italy, Spain, and

ulty ance, where it groweth plentifully.

erco

to the Government and Veriues. 'Tis an Herb of the Sun, test and a good one too. Dioscorides saith, That a good handntate of this, which is called the great Turnfole, boyled in por later and drunk, purgeth both Choler and Flegm. And e use syled with Cummin and drunk, helpeth the stone in the sline sins, Kidnies or Bladder, provoketh Urine and Women's Courses, and causeth an easie and speedy Delivery in

Choler, Flegm, Stone, Dyfury, Terms provokes, Gouts, Warts, wens, Disjunctures.

nold hildbirth. The Leaves bruised and applied to places pai-

rain

pain, do give much eafe. The Seed and Juyce of the Leaves also being rube bed with a little Salt upon Warts, Wens, and other hard Kernels in the Face, Eye-lids, or any other part of the body, will by often using take them away.

Meadow Trefoyl, or Honey-fuckles.

IT is so well known, especially by the name of Honey-suckles, white and red, that I need not describe them.

Place. They grow almost every where in the Land.

Government and Vertues. Mercury hath Dominion over the common Defe forts. Dodoneus faith, the Leaves and Flowers are good to ease the griping pains of the Gout, the Herb being boyled and used in a Cly-bran fter. If the Herb be made into a Pultis, and applied to la- them Belly-ach. Inflammations, flammations, it will ease them. The Juyce dropped into the uppe

ves, is a familiar Medicine with many Country-people to dutuke away the Pin & Web (as they call it) in the Eyes, it allows talke ves, is a familiar Medicine with many Country-people to Pin and web Eyes.

allayeth the heat and blood-shooting of them. Country pto being ple do also in many places drink the Juice thereof against biting of an Ad- ple co der, and having boyled the Herb in Water, they first wash the place with then the Decoction, and then lay fome of the Herb also to the hurt place. The efine herbalio boyled in Swines greafe and fo made into an Oyntment, is good lithou to apply to the biting of any venomous Creature. The herb also bruised and some heated between two tiles, and applied hot to the share, causeth them to mit

Venomous Beaft, Dyfury, Wounds, Scars, Whites, Swellings, Apollumes.

water who had it Ropped before. It is held likewise to be good for Wounds, and to take away Seed. The Decocion of the herb and flowers with the Seed and Root taken for sometimes, helpeth Women that are troubled with the Whites. The Seed and Flowers boyled in water and after made into a Pultis with some Oyl and applied, helpeh hard Swellings and Imposthumes.

Heart Trefoyl.

D Esides the ordinary forts of Trefoyl, here are two more remarkable, me one of which may probably be called Heart-Trefoyl, not only because the leaf is triangular like the heart of a man, but allo because each leaf contains the perfect Icon of a Heart, and that in its proper colour, viz. a feet coler.

Place. It groweth in a Field between Longford and Bow, and also beyon Southwark toward Croydon, both by the high-way and parts adjacent.

Government and Vertues. It is under the Dominions Heart ftrengthen- the Sun, and if it were used, it would be found as great eth, vital Spirit, ftrengthener of the Heart, and cherifher of the vital Spita Friating, Smoo- as grows, relieving the Body against Faintings, and Swo nings, fortifying it against Poylons and Pestilence, and mings, Poylei, fending the Heart against the noisom Vapors of the Spleet Peftilence, PEAR evil Vapors,

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· Pearl-Trefoyl.

TT differs not from the common fore, fave only in this one particular, that it hath a white spot in the Leaf like a Pearl : It is particularly under the Dominion of the Moon, and its Icon sheweth Pin and web that it is of fingular Vertue against the Pearl, or Pin and Web in the Kyes. nd in the Eyes,

Tutfan, or Park Leaves,

Descript. IT hath many brownish shining round stalks, crested all the by branching forth even from the bottom, having divers Joynts, and at each of them two fair large Leaves standing, of a dark blewish green colour on the upper side, and of a yellowish green underneath, turning reddish towards all the Winter: At the tops of the sale sales and branches stand large yellow flowers, and Heads feed, which being greenish at the first, and afterwards reddish, turn to be of ablackish puradic ble colour when they are ripe, with small brownish seed within them, and then yield a reddish juyce or Liquor, of a reasonable good scent, somewhat then yield a reasonable good scent, somewhat the testing and of a rash and stiptick tast, as the Leaves also and the slowers be, lithough much less, but do not yield such a clear Claret. Wine Liquor as some say it doth: The Root is brownish, somewhat great, hard, and woody, with preading well in the ground.

Place, It groweth in many Woods, Groves, and woody Grounds, as in the ground and be reasonable to the Lands as in

Place, It groweth in many Woods, Groves, and woody Grounds, as in far lamfted Wood; by Ratley in Esex, in the Wild of Kent, and in many on the her places needless to recite.

Time. It flowreth later than St. Johns, or St. Peters-wort.

Government and Vertues. It is an Herb of Saturn, and a most noble

Spirit

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intivenerian. Tutfan purgeth Cholerick humors as he Peters wort is faid to do, for therein it worketh the Choler, Sciatiame effects, both to help the Sciatica and Gout, and to heal ca, Gout, Bururnings by fire: It stayeth also the bleedings of wounds, if ning, Bleedither the green Herb be bruised, or the Powder of the dry ings, Wounds,
cause capplied thereto. It hath been accounted and certainly ulcers.
field rardly or inwardly, and therefore the content out-

ardly or inwardly, and therefore always used in Drinks, Lotions, Balms, lyls, Oyntments for any fort of green wounds, or old Ulcers or fores, in which the continual experience of former Ages hath confirmed the use terest to be admirable good, though it be not so much in use now as when hysitians and Chyrurgeons were so wise as to use Herbs more than now they

Garden Valerian.

Pescript. This hath a thick thort grayish Root lying for the most part a-bove ground, shooting forth or all sides, other such like small

The English Physitian Enlarged.

picces of s, which have all of them many long and great strings or single der them, in the ground, whereby it draweth nourishment. From the Heads of these Roots spring up many green leaves, which at first are somewhat broad all long, without any division at all in them, or denting on the edges; but those that rise up after, are more and more divided on each side, some to the middle Rib, being winged, as made of many leaves together on a stalk, and those was the stalk in like manner are more divided, but smaller towards the top than below; the stalk riseth to be a yard high or more, sometimes branched at the top with many small whitish slowers, sometimes dashed over at the edges with a pale purplish colour, of a little scent: which passing away there solloweth small bromaish white seed that is tassify carried away with the wind. The root smelleth more strong than either Leaf or Flower, and is of more use in Medicine.

Place. It is generally kept with us in our Gardens.

Time. It flowreth in June and July, and continueth flowering untill the frost pulls it down.

Oppury, Stranof Mercury. Dioscovides saith, That the Garden Valera gury, Stitch, hatha warming faculty, and that being dried and givent Termsprovokes, drink, it provoketh Urine, and helpeth the Strangury: The Breasts, Short Decoction thereof taken, doth the like also, and taked Wind, Cough, away pains of the sides, provoketh Womens Courses, is regem, Pesting is used in Antidotes. Pliny saith, That the Powder of the lence, Wind.

Root given in drink, or the Decoction thereof taken, help

whether they proceed of pains in the Cheft or Sides, and taketh then away. The Root of Valerian boyled with Liquoris, Raifins, and Anni feed, is fingular good for those that are short-winded, and for those that are moubled with the Cough, and helpeth to open the passages, and to expect rate Flegm easily. It is given to those that are bitten or stung by an Venomous Creature; being boyled in Wine. It is of special Vertue again the Plague, the Decoction thereof being drunk, and the Root being used smell unto. It helpeth to expel the Wind in the Belly. The green He

with the Root taken fresh, being bruised and applied to the Head-ach, Eyes, Head, taketh away the pains and prickings therein, stayed Pin and Web,

Wounds, SplinWounds, SplinBers, Thorns.

with the Root taken fresh, being bruised and applied to the Rhead and the prickings therein, stayed in white the dimness of the sight, or any Pin or Web therein: It of excellent property to heal any in ward fores or wounds, and the sight, or any Pin or Web therein:

also for outward Hurts or Wounds, and draweth away Splinter or Thorns of the flesh.

Vervain.

Descript. The common Vervain hath somewhat long and broad Lead next the ground deeply gashed about the edges, and so only deeply dented, or cut all alike, of a blackish green colour on the upper solutions.

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is somewhat gray underneath: The Stelk is square, branched into several pares. ing about two foot high, especially if you recken the long spike of Flowers at tree together, which are fet on all fides one above another, and sometimes two three together, being small and gaping, of a purplish blue colon, and white three together, being small and gaping, of a purplish blue colour, and white termixt, after which come small round Seed in small and somewhat long Heads: the root is small and long, but of no use.

Place. It groweth generally throughout this Land in divers places by the edges and Way sides, and other wast grounds.

Time. It flowreth about July, and the seed is ripe soon after.

Government and Vertues. This also is an Herb of Venus, and an excel-

Government and Vertues. This also is an Herb of Venus, and an excelon Herb for the Womb, to ftrengthen it, and remedy all the cold griefs of si Plantane doth the hor, the Herb bruiled and hung about the Neck, helps e Head-ach. Vervain is hot and dry, bitter, opening Obthe ructions, clear fing, and healing; It helpeth the yellow Obstructions, sundice, the Dropfie, and the Gout, the defects of the cleanfing, Heaend cins and Lungs, and generally all inward pains and ling, yellow ments of the Body, the Leaves being boyled and drunk. Jaundice, Veneral ments of the Body, the Leaves being boyled and drunk. Jaundice, Veneral ments and other Venomous Beafts; and against the Plague Pestilence, And both Tertian and Quartan Agues, killeth and expelleth gues, Warms, Vorms in the Belly, and causeth a good colour in the Pace Cough, Shortness the Body, strengthneth as well as correcteth the Diseases of Breath, the Liver and Spleen, is very effectual in all Diseases wheesing, Stone, out the Stomach and Lungs, Coughs, Shortness of Breath. Gravel. Reint. the Stomach and Lungs, Coughs, Shortness of Breath, Gravel, Reins, it Wheesings, and is singular good against the Dropsie, Bladder, nomb, be drunk with some Peony seed bruised and put thereto: Dropsie, Bleedits in the consolidate them of those Humours that ingender the ulcers, Fistulaes tone, and helpeth to break the Stone, and to expel GraHead-ach, Frendrain and outward, and stayeth bleedings, and used with Freskles, Eyes.

The Head of the Body, as also those Ulcers that benness in the grant of the Body, as also those Ulcers that benness in the of ge or other parts of the Body, as also those Ulcers that happen in the

louth; or used with old Hogs grease, it helpeth the swellings and pains of electer parts in Man or Woman, as also for the Piles and Hemorrhoids: pplied with some Oyl of Roses and Vinegar unto the Forehead and Tempplied with some Oys or Koles and vinegal and the Head, and is good for let es, it easeth the inveterate pains and Ach of the Head, and is good for let es, it easeth the inveterate pains and Ach of the Head, and is good for let established the Skin, and taketh away ith some Vinegar doth wonderfully cleanse the Skin, and taketh away orphew, Freckles, Fistulaes, and other such like Inflammations and dermities of the Skin in any part of the Body. The distilled Water of the erb when it is in his full thrength, dropped into the Eyes, cleanleth them om Films, Clouds or Mist, that darken the fight, and wonderfully strengeneth the Optick Nerves: The said Water is very powerful in all the iseases aforesaid either inward or outward, whether they be old corroding

pd ores, or green Wounds.

The Vine.

He Leaves of the English Vine (I do not intend to fend you to the Ca naries for a Medicine) being boyled, make a good Lotion for fore Mouths, being boyled with Barley Meal into a Pultifs, it cools Inflamma-

Sore Mouths. Inflamations. Homens longing, Stone, Teeth black.

ons of Wounds, the dropping of the Vine when 'tis cu at L in the spring, which Country people call Tears, being boy tra fe led into a fyrup with Sugar and taken inwardly, is excellen to stay Womens Longings after every thing they see, which is a Difease many Women with Child are subject to. Th Decoction of Vine Leaves in white Wine doth the like : All the Tears of the Vine drunk, two or three spoonfuls at

time, break the Stone in the Bladder. This is a very good Remedy, an it is discreetly done to kill a Vine to cure a man: But the falt of the leave The Athes of the burnt branches will make teeth the is held to be better. are black as a cole to be as white as fnow; if you do but every morning rub them with it, It is a most gallant tree of the Sun very sympathetical with the body of man, and that's the reason, spirit of wine is the greatest Cords al amongst all Vegerables.

Violets.

Och the Tame and Wild are so well known, that they need no Descrip

Time. They flower until the end of July, but are best in March and theb outh it

ginning of April.

Inflamation, Eyes, Womb, Head-ach, Cho-Ler, Quinfic, Falling sickness, Swellings, Plurific, Fleem, House nels, Throat, Back , Reins, Bladder, Thir R. Heart.

Government and Vertues. They are a fine please plant of Venus, of a mild nature, no way harmful. Alla V.olets are cold and moist while they are fresh and get and are used to cool any heat or diftemperature of the Bal either inwardly or outwardly, as Inflamations in the Eye in the Matrix, or Fundament, in Impostumes also, and h swellings to drink the Decoction of the Leaves or flows made with water in wine, or to apply them Pultis will the grieved place, it likewise easeth pains in the Ha caused through want of fleep; or in any other place aris of heat, being applyed in the same manner, or with Oll Roses. A dram weight of the dried Leaves or Flore of Violets (but the Leaves more frongly) doth purged Body of Cholerick Humors, and affwagerh the heat beit

taken in a draught of Wine or any other drink: The powder of the pur Leaves of the Flowers only picke and dryed, and drunk in Water is land mous help the Quinfie, and the Falling-fickness in Children; especially ind ful her beginning of the Disease. The Flowers of the white Violets ripen diffolve swellings. The Hero or Flowers while they are fresh or

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lowers when they are dry, are effectual in the Pleurifie, and all Difeafes the Lungs, to lenifie the tharpnels of hot Rhewms, and the Hoarfnels of the Throat, the heat also and sharpnels of Urin, and all pains of the Back Reins, and the Bladder. It is good also for the Liver and the Jaundice, it is all hot Agues to cool the heat and quench the thirst: but the Syrup Volets is of most use, and of better effect, being taken in some convenient Liquor; and if a little of the Juyce or Syrup of Lemmons be put to it, of taken drops of the Oyl of Virriol, it is made thereby the more powerfull cool the liteat, and quench the thirst, and given to the drink a Claret vine color, and a fine tart relish, pleasing the tast. Violets taken or made the with Honey, do more cleanse than cool, and with Sugar contrariwise, the dried Flowers of Violets are accounted among the Cordial Drinks, at Powders, and other Medicines, of pecially where cooling Cordials are necessary. The green Leaves are used with other Herbs, to make Plaisters and y. The green Leaves are used with other Herbs, to make Plaisters and are sultiffes for Inflamations and Swellings, and to ease pains wheresoever, aring of heat, and for the Piles also, being fried with yolks of Eggs, and apailed thereto.

Vipers Bugloss.

escript. His hath many long rough Leaves lying on the ground, from among which rife up divers hard round falks, very rough s if they were thick fet with prickles or bairs, whereon are fet such like long ough bairy or prickly sad green Leaves, somewhat narrow; the middle Pib so the most part being white. The flowers stand at the top of the stalk, brarched on into many long spiked Leaves of Flowers, bowing or turning like the Turnall all of them opening for the most part on the one side; which are long and holams, turning up the brims a little, of a purplish Violet color in them that are fully lives, but more reddish while they are in the Bud, as also upon their decay and eithering: but in some places of a paler purple color, with a long pointed in the middle, feathered or parted at the top. After the somers are fallen, the seeks rowing to be ripe, are blackish, cornered and pointed somewhat like unto the Head a Viper. The Root is somewhat great and blackish, and woolly, when it growes the toward seed time, and perisheth in the Winter.

There is another fort little differing from the sormer, onely in that it careth white Flowers.

Place. The first groweth wild almost every where. That with white

Place. The first groweth wild almost every wooder flowers about the Castle walls in Lewes in Suffex.

Time. They flower in Summer, and their Seed in Place. The first groweth wild almost every where. That with white

Time. They flower in Summer, and their Seed is ripe quickly after. Government and Vertues. It is a most gallant Herb of the Sun, it is pity bean t is no more in use than it is. It is a most gallant Herb of y against the biting of the Viper, and all other veno- Venomous mous Beasts or Serpents, as also against poyson or poyson- Beasts, Poysor sul herbs. Dioscorides and others say, that who sever shall Heart, State of the Herb or Root before they be bitten, shall not Melan to be hurr by the poyson of any Serpent. The Roots or Seed Agues

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The English Physitian Enlarged.

258 Loins, are thought to be most effectual to comfort the Heart, and Good Back, sadness, or cause less Melancholy, it tempers the blood, and if it be Kidnies. eth hot fits of Agues. The Seed drunk in Wine, procurethab shills dance of Milk in Womens Breasts. The same also being us ind a easeth the pains in the Loins, Back and Kidnies. The distilled Water of emper Herb when it is in Flower, or his chiefest strength, is excellent to be applied of either inwardly or ourwardly for all the Griefs aforesaid. There is a Sp shen made hereof very effectual for the comforting of the Heart, and expell nore

Sagnels and Melancholy.

Wall Flowers, or Winter Gilli Flowers.

He Garden kinds are well known that they need no Description. Descript. The Common fingle Wall-Flowers, which grow wild an have fundry fmall, long, narriow, and dark green Leaves, fet without order, finall round, whitish, who in stalks, which bear at the tops divers finglest clot Flowers one about another, every one having four Leaves a piece, and of a (weet feint : after which come long pois, containing reddish feed. The Rut high mini, hard and thriddy.

Place. It groweth upon Church walls, and old walls of many houses other stone walls in divers places. The other forts in Gardens only.

Time. All the fingle kinds do flower many times in the end of Auto and it the Winter be mild all the Winter long, but especially in the mon of February, March and April, and until the heat of the Spring dela them But the double kinds continue not flowering in that manner all your long, although they flower very early fometimes, and in fome placeller very late.

Government and Vertues. The Moon rules them. Galen in his few nore
Book of simple Medicines, faith that the yellow Wall-flowers work to hea
powerfully than any of the other kinds, and is therefore of more use in Pi
fick. It cleanseth the blood, and freeth the Liver and Re
hen
O structions, Lifrom Obstructions, provoketh Womens Courses, expelled and structures, commander the Secundine and dead Child, helpeth the hardness and structures.

After—
pains of the Mether, and of the Spleen also, stayeth for the secundine and control of the spleen also, stayeth for the secundine and control of the spleen also, stayeth for the secundine and control of the spleen also, stayeth for the secundine and control of the spleen also, stayeth for the secundine and control of the spleen also, stayeth for the secundine and control of the spleen also, stayeth for the secundine and control of the spleen also, stayeth for the secundine and control of the spleen also, stayeth for the secundine and control of the spleen also, stayeth for the secundine and control of the spleen also, stayeth for the secundine and control of the spleen also, stayeth for the secundine and control of the spleen also, stayeth for the secundine and control of the spleen also, stayeth for the secundine and control of the spleen also the secundine and control of the secundine a ver Cerms prob th third, mations and Swellings, comforteth and strengtheneth Qui Spleen, meakages, weak part, or out of Joynt: helpeth to cleanse the Boains of the Elure, from mistiness and Films on them, and to cleanse foul ow filthy theers in the Mouth, or any other part, and i dried Apop xy, singular Remedy for the Gour, and all Aches and pain helpethe the Joynes and Sinews. A Conserve made of the Flore spr Lalfie. is used for a Remedy both for the Apoplexy and Palice

The Walnut-Tree.

TI is fo well known, that it needeth no Description. . It bloffometh early, before the Leaves come forth, and the In September.

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de Government and Vertues. This also is a Plant of the sun. Let the sruie dil fit be gathered accordingly, which you shall find to be of most Vertues hab shift they are green before they have shells. The Bark of the Tree doth stad and dry very much, and the Leaves are much of the same tol emperature & but the Leaves when they are older, are heating Binds; ppl and drying in the second degree, and harder of digestion than Dies, Sy then they are fresh, which by reason of their sweetness, are Worms, pell nore pleasing, and better digefting in the Romach : and taken Poffin, ith sweet Wine, they move the Belly downwards : but being Epidemiid, they grieve the stomack; and in hot bodies cause Choler cal Disease o abound, and the Headach, & are an enemy to those that have fes, 140 the Cough: but are less hurtful to those that have a colder stoflamation and mach, and are said to kill the broad worms in the Belly or stoin the
mach. If they be taken with Onions, Salt and Honey, they Throat,
the biting of a mad Dog, or the Venom, or infectious poywounds of
the on of any Beast, &c. Cneus Pompeius found in the Treasury of the sinews,
the hithridates King of Pontus, when he was overthrown, a Scrowl gargrenes, this own hand writing, containing a Medicine against any Carbuncles, far Poyfon and Infection, which is this: Take two dry Walnuts, Flux, and as many good Figs, and twenty Leaves of Rew bruised and terms steps, and as many good Figs, and twenty Leaves of Salt, and twenty Ju
Baldness, which taken every morning fasting, preserveth Quinzie, tom danger or Poyson and insection that day it is taken. The Toothack, all vice of the other green Husks boyled with Honey, is an ex
Mother, the cellent Gargle for sore Mouths, the hear and Instantation in the Cholick, should be core oyly, and therefore not so he to be eaten, but are then used Agues, and the wounds of the Sinews, Gangrenes and Carbancles. Deasness, the heast the wounds of the Sinews, Gangrenes and Carbancles. Deasness, the said Kernels being burned, are then very astringent, & will Ears.

Re hen stay Lasks and Womens Courses, being taken in red Wine, and stay the falling of the Hair, and make it fair, being anointed with Oyl and stay the falling of the Hair, and make it fair, being applied, helpeth the late. The Kernels beaten with sew and Wine, being applied, helpeth the Duins and Instantations of them. A piece of the green Husks put into a hole of the sains and Instantations of them. A piece of the green Husks put into a hole of the sains and Instantations of them. A piece of the green Husks put into a hole of the sains and Instantations of them. A piece of the green Husks put into a hole of the sains and single and start the sains and Instantations of them. A piece of the green Husks put into a hole of the sains and single and start thereof in Powder with white Wine, wonderfully the sains and given a dram thereof in Powder with white Wine, wonderfully the sains and given a dram thereof in Powder with white Wine, wonderfully the sains and given a dram thereof in Powder with white Wine, wonderfully the sains and sain and as many good Figs, and twenty Leaves of Rew bruised and terms stops. di dried, and given a dram thereof in Powder with white Wine, wonderfully aim helpeth those that are troubled with the rising of the Mother. The Oyl that is pressed out of the Kernels, is very profitably taken inwardly like Oyl of a Almonds to help the Cholick, and to expel wind very effectually, an ounce or two thereof may be taken at a time. The young green Nuts taken before bey be half ripe, and preferved with Sugar, are of good ule for those that have weak Stomachs, or Defluxions thereon. The diffilled Water of the Agues, being drunk an ounce or two at a time; as also to refift the infection

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of the Plague, if some thereof be also applied to the Sores thereof. The same

also cooleth the heat of green Wounds and old Ulcers, and health the ich, h being bathed therewith. The distilled water of the green husks being in e fam when they are shelled from the Nuts, being drunk with a little Vinegu, also found by Experience to be good for those that are infected with the in (m Plague, so as before the taking thereof a Vein be opened. The faid water very good against the Quinzy, being gargled and bathed therewith, a wonderfully helpeth Deafnels, the noise and other pains in the Ears. The at are diffilled water of the young green Leaves in the end of May, performen fingular Cure on foul running Ulcers and Sores, to be bathed with w cleaths or spunges applied to them every morning.

Wold, Weld, or Dyers Weed.

Descript. The common kind groweth bushing with many Leaves, long, no reconstruction, and flat upon the ground, of a dark blewish green cold of somewhat like unto woad, but nothing so large, a little crumpled, and as it me ney to round pointed, which do so abide the first year: and the next Spring, from and the I them rise divers round stalks two or three foot high, beset with many suchling, and leaves the scow, but smaller, and showing forth some small branches, which we guethe stalks carry many small yellow slowers in a long spiked head at the top top them, where afterwards come the seed, which is small and black, inclosed it has Heads that are diveded at the tops into sour parts. The Root is long, white, we bod thick, abiding the ninter. The whole Herb changeth to be yellow after the When been in flower a while.

Place. It groweth every where by the way fides, in moist Grounds talks, well as dry, in Corners of Fields and by-Lanes, and sometimes all overthes of

Field. In Suffex and Kent they call it Green-weed.

Time. It is in Flower about June.

Government and Vertues. Mathiolus saith, That the Rach, Shere of cutteth tough Flegm, digesteth raw Flegm, thinnesh grains to Humors, dissolveth hard Tumors, and openeth Obstruction x, Some do highly commend it against the bitings of venome Chile Creatures, to be taken inwardly, and applied outwardly to the following the Plague or Pestilence. The people he T Flegm, Humors, THEBOYS. Venomous Beafts, Pestilence, some Countries of this Land, do use to bruise the herb, and it it to Cuts or Wounds in the Hands or Legs to heal them. Worms.

Wheat.

LL the feveral kinds hereof are fo well known unto almost all people force that it is altogether needless to write any Description thereof.

Government and Vertues. It is under Venus. Diofcorides faith, That c, eat the Corns of green Wheat is hurtful to the Stomach, " fred upon an Iron Pan, and caten, is a present Remedy for the that are chilled with Cold. The Oyl pressed from Wheat be head Cold. Tetters, Riagtween two thick places of Iron or Copper heated, healeth a ves Tetters and Ring-worms, being used warm, and hereby Gab eth 27'91 74, Whiers,

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the ith, he hath known many to be cused. Mathielus commendeth Chops in the fame Oyl to be put into hollow Ulcers to heal them up, and the Hard's is good for Chops in the Hands or Feet, and to make rugged and Feet, is good for Chops in the Hands or Feet, and to make rugged and Feet, that in smooth. The green Corns of Wheat being chewed, and mad Dogs, plied to the place bitten by a mad Dog, healeth it. Slices of Eyes, heat Bread soaked in red Rose-water, and applyed to the Eyes Kingsat are hot, red, and inflamed, or blood-shotten; helpeth them. Evil, are Bread applied for an hour at a time for three dayes toge- Sinews, hower, perfectly healeth the Kernels in the Throat commonly Pestilence, led the Kings-Evil. The floor of Wheat mixed with the Juice Scabs, Henbane, stayeth the flux of Humors to the Joynes being laid Leprol Henbane, stayeth the flux of Humors to the Joynes being laid Leprofe. Henbane, stayeth the flux of Humors to the Joynts being laid Lepioje, two treen. The said Meal boyled in Vinegar, helpeth the shrink venomous soil to the Sinews saith Pliny; and mixed with Vinegar and Beasts, in the soil together, healeth all Freckles, Spors, and Pimples, Cods, the Face. Wheat flour mixed with the Yolk of an Egg, Ho-Hoars, the sque-sore, or foul Ulcer. The Bran of Wheat meal steeped in the province, and then bound in a linnen cloth, and rubbed on those places stay the soil thave the Scurf, Morphew, Scabs, or Leprosic, will take them away, the body being first well purged and prepared. The Decostion of the Bran wheat or Barley, is of good use to bath those places that are bursten by suprure: and the said Bran boyled in good Vinegar, and applied to swoln de safts, helpeth them, and flayeth all Inflamations. It helpeth also the bisuprure: and the faid Bran boyled in good Vinegar, and applied to Iwoln other venomous Creatures. That Loaves of Wheat meal applied with ne Salt, taketh away hardness of the Skin, Warts, and hard Knots in the Rath. Starth moistned with Rose water, and laid to the Cods, taketh away god in Itching. Wafers put in water and drunk, stayeth the Lasks and bloody ion in and is profitably used both inwardly and outwardly for the Ruptures mod Children. Boiled in water unto a thick Jelly and taken, it stayeth spitable to blood: and boyled with Mines and Butter, it helpeth the Hoarsness the Throat.

The Willow-Tree.

Hele are so well known, that they need no Description: I shall therefore only shew you the Vertues thereof.

Sovernment and Vertues. The Moon owns it. Both the Leaves the Seed, are used to stanch Bleeding of Wounds, and at Mosatt e, Spitting of Blood, and other Fluxes of Blood in or woman, and to stay Vomiting, and provocation Stanch teunts, if the Decoction of them in wine be drunk. It spitting beth also to stay thin, hor, sharp, salt distillations from Fluxes of the head upon the Lungs causing a Consumption. The Vomiting, 1 wes bruised with some Pepper, and drunk in wine, much stillations on the the wind Colick, The Leaves bruised and boiled stangs, Wind, when and drunk, stayeth the heat of Lust in man or Colick, heat of

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Iuft, dimnefs of Sight and other Difeafes in the Byes, clear the Face, dry up Humors, Warts, Corns and Jupecrfluous Flift, Scurt or Dandrif, Feaver.

Women, and quite extinguisheth it, if it be long uled:th Seed is also of the same effect. The Water that is gathere from the Willow when it flowreth, the Bark being flie and a fitting Vessel to receive it, is very good for rednel and dimness of Sight, for Films that grow over the Eye and day the Rhewms that fall into them, to provoke Uri being stopped, if it be drunk; to clear the Face an Skin from spots and discolorings. Galen faith, the Flow ers have an admirable faculty in drying up humors, bein a Medicine without any sharpness or corrosion. You mi boyl them in white Wine, and drink as much as you wil

(To you drink not your felf drunk) The Bark works the same effects, if uit in the same manner; and the Tree hath alwaies a Bark upon it, thoug not alwaies Flowers. The burnt ashes of the Bark being mixed with Vine gar, take away Warts, Corns and superfluous flesh, being applied toth place. The Decoction of the Leaves or Bark in Wine, takes away Scurfe Dandrif by walhing the place with it. 'Tis a fine cool Tree, the bought which are very convenient to be placed in the Chamber of one fick of Feaver.

VVoad.

TI hath divers large Leaves, long and somewhat broad withal, lik Descript. to those of the greater Plantane, but larger, thicker, of a green colour, and somewhan blow withal. From among which Leaves rifeth up all stalk, three or four foot high, with divers Leaves fet thereon; the higher the ful rifeth the smaller are the Leaves: at the top it spreadeth into divers branches, a the end of which appear very pretty little yellow Flowers, and after they passa way like other Flowers of the Fields, come Husks, long, and somewhat flat with al; in form they resemble a Tongue; in colour, they are black, and they hang bit bing downwards. The seed contained within these Husks (if it be a little themen gives ar agure colour. The Root is white and long.

Place. It is fowed in Fields for the benefit of it, where those that fow it

cut it three times a year.

Time. It flowreth in June, but is long after before the Seed is ripe. Government and Vertue: It is a cold and dry Plant of Saturn. Som frm the Plant to be destructive to Bees, which if irbe, Icanno hey fay it poffeffeth Bees with the Flux, but that I can hard els Bees be centrary to all other Creatures, I should rather this them with the contrary Difease, the Herb being exceeding

inding. However if any Bees be diseased thereby, the cure is the tem, but fet it in fuch a Veffel that they cannot drown them ich may be remedied, if you put pieces of Cork in it. I told you herb was drying and binding, and fo drying and binding, that's

co be given inwardly. An Oyntment made thereof stancheth blee ding. A Plaister made thereof, and applied to the Region of the Spleen

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and I pray you take notice that the spleen lies on the left Bleeding, Spie () takes away the hardness and pains thereof : The ulcers, I flamement is excellent good in such Ulcers as abound with mations, St. Anofture, and takes away the corroding and fretting Hu-thonics fire, ons: It cools Inflamations, quencheth St. Anthonics fire, Defluxions of d flayeth Defluxions of Blood to any part of the Body.

Woodbind, or Honey-fuckles.

It is a Plant fo common, that every one that hath Eyes, knows them, and be that hath none, cannot read a Description it I should write it. time. They flower in June, and the fruit is ripe in August. Government and Vertues. Doctor Tradition, that grand Introducer of nors, that hater of Truth, that Lover of Folly, and that mortal For to for Reafon, hath taught the common People to use the Leaves and flosof this Plant in Mouth waters, and by long continuance of time nath grounded it in the Brains of the Vulgar, that you cannot beat it out with settle: All Mouth waters ought to be cooling and drying, but Honey suckles cleanling, confuming, and digefting, and therefore no wayes fit for Inflations: Thus Doctor Reason. Again, If you please we will leave Doctor for a while, and come to Doctor Experience, a learned Gentleman , and Brother: Take a Leaf and chew it in your Mouth, and you will quickly it likelier to cause a sore Mouth or Throat than to cure it. Well then, God and nature made nothing in vain: It is an herb of ims Dominion over it, neither is it a Foe to the Lyon: If flitted, Lungs be afflicted by Jupiter, this is your Cure: It is fit- Asthma, atlewemans House: I know no better Cure for an Asthma Provokes nthis: Besides, it takes away the evil of the spleen, provokes urin and in, procures speedy delivery to Women in Travel, helps speedy deliimps, Convultions, and Palfies, and whatfoever griefs come very in sold or stopping: If you please to make use of it in an Oynt- Childbirth, r, it will cleer your Skin of Morphew, Freckles, and Sun- Cramps, ning, orwhatfocyer elfe discolours it, & then the Maids will Convulfiit. I have done when I have told you what Authors say, ons and cavilled a little with them: they say, the Flowers are of Palsies, teeffect than the Leaves, and thats true: but they say, the Freekles, sare least effectual of all: but Dr. Reason told me, that and Suntender told me, that she beget its like; and Dr. burning.

There was a Vital Spirit in every seed to beget its like; and Dr. burning.

There was in any other part of a Plant, and withal, that Heat was the there of Action, and then judge if old Dr. Tradition (who may well be outed for his Age, but not for his Goodness) hath not so poysoned the rid with his Errors before I was born, that it was never well in its wits, and there is great fear it will die mad.

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... Ergilfb Phyfician Enlarged.

Wormwood.

Three Wormwoods are familiar with us, one I shall not describe, another I shall describe, and the third be critical at: And I care not greate

ly if I begin with the laft firft.

Sea Wormwood hath gotten as many Names as Vertues (and perhaps one more) Seriphian, Santonicon, Belchicum, Naibonenfe, Xantomicum, Mifneule, and a matter of twenty more, which I will not blot Paper withal: A Papist got the Toy by the end, and he called it Holy Wormwood; and in truth, I am of Opinion, their giving so much Holiness to Herbs, is the reason there remains so little in themselves. The seed of this Wormwood is that which usually Women give their Children for the Worms: Of all Wormwoods that grow here, this is the weakest; but Doctors commend it, and Apothecaries fell it; the one must keep his Credit, and the other get Money, and that's the Key of the Work. The Herb is good for fomething, because God made nothing in vain : Will you give me leaveto weigh things in the Ballance of Reason? Then thus: The seeds of the common Wormwood are far more prevalent than the feed of this to expl worms in Children, or people of ripe age : Of both, some are weak, some are strong. The Seriphian Wormseed is the weakest, and happily may prove to be the fittest for weak Bodies (for it is weak enough in all confrience.) Let fuch as are ftrong take the common Wormfeed, for the other will do but little good. Again, neer the Sea many people live, and Seriphias grows neer them, and therefore is more fitting for their Bodies, because nourished by the same Air; and this I had from Dr. Reason. In whole Body Dr. Reason dwells not, dwells Dr. Madness, and he brings in his Brethren, Dr. Ignovance, Dr. Folly, and Dr. Sickness, and these together make way for Dr. Deith, and the latter end of that man is worse than the begin ning. Pride was the cause of Adam's Fall; Pride begat a Daughter, I do not know the Father of it unless the Devil, but the christned it, and call's it Appetite, and fent her Daughter to tafte these Wormwoods, who finding this the least bitter, made the squeamith Wench extel it to the skies, though ring) the Vertues of it never reached to the middle Region of the Air. Its du praise is this : It is weakest, therefore fitter for weak Bodies, and fitter for those Bodies that dwell neer it, than those that live far from it: my reason is. The Sea (as these that live far from it, know when they come neer it) casteth not such a smell as the Land doth : The tender Mercies of God being over all his Works, hath by his Eternal Providence planted Seriphis by the Sea-fide; as a fit Medicine for the Bodies of those that live neeril Laftly, it is known to all that know any thing in the Course of Nature, hat the Liver delights in sweet things, it so, it abhors bitter; then if your iver be weak, it is none of the wifest courses to plague it with an Enemy. f the Liver be weak, a Consumption follows : Would you know the mer on? 'cis this: A mans Flesh is repaired by Blood, by a third Concocions which transmutes Blood into Flesh, ('tis well I said (Concoction) for if 2ad faid (Boyling) every Cork would have understood me.) The Liver

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nikes blood, and if it be weakened that it makes not enough, the flesh we ich; and why must flesh alwayes be renewed? Because the Exernal God hen he made the Creation, made one part of it in continual dependency pon another: And why did he so? Because himself only is permanent, o teach us, That we should not fix our affections upon what is transitory, at upon what endures for ever. The refult of all is this, It the Liver be resk, and cannot make blood enough (I would have faid (Sanguifie) if I : and written only to Scholars.) The Scriphian which is the weakest of Wormwoods, it is better than the best. I have been Critical enough, if not too is much.

Place. it rows familiarly in England by the Sea-fide.

Descript. It flarts up out of the earth with many round, woody, hairy flalks nt from one root, its beight is four foot high, or three at the leaft. The leaves in he longitude are long, in latitude narrow, in colour white, in form hoary, in imilitude like Southernwood. only broader and longer, in tast rather salt than bitter, because it grows so neer the salt water: At the joyats with the haves toward the tops it bears little yellow Flowers. The Rout lies deep, and s woody.

Common Wormwood I shall not describe, for every Boy that can est an

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Roman Wormwood: And why Roman, seeing it grows familiarly in England? It may be it was so called because its good for a stinking breath which the Romans cannot be very free from, maintaining so many Baudy houses by authority of his Holiness.

Descript. The stalks are stenderer and shorter than the common Wormwood by one foot at least; the leaves are more factly cut and divided than they ke are, but something smaller; both leaves and stalks are hoary; the Flowers of a pale yellow colour, it is altogether like the common wormwood, save ondo ly in biguess, for it is smaller; in tast, for tis not so bitter; in smell, for it is spice.

Place. It groweth upon the tops of the Mountains (it feems 'cis afoiting) there 'tis Natural, but usually nursed up in Gardens for the use of

the Apothecaries in London.

Time. All Wormwoods usually flower in August, a little sooner or later.
Government and Vertues. Will you give me leave to be critical a little? Of I must take leave: Wormwood is an herb of Mars, and if Pontanus say otherwise, he is beside the Bridge. I prove it thus : What delights in Maris tial places, is a Martial herb; but Wormwood delights in Martial plait ces (for about Forges and Iron Works you may gather a Cart load of it) A go it is a Martial herb. It is hot and dry in the first Degree, viz. Just as hot as your Blood, and no hotter: Choler, Venery, It remedies the evils Choler can inflict on the body of provokes win, man by fympathy. It helps the evils Venus and the Helps Surfeits, manton Girl produce by antipathy. And it doth fornthing Swellings, Ap-

elle besides. It cleanseth the body of Choler (and who petite lost,

dares lay Mirs doth no good?) It provokes Urine, helps Tell. Jaundice. furfeits,

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because in the Belly ; It causeth an Appetite to meat, because as rules the accractive faculty in Man : The Sun never shone upon a better herb for the yellow Jaundice than this is : Why thould me cry out fo much upon Miss for an Infortune (or Situra either?) Did God mike Creatures to do the Creation a mischiet? This herb telt hies that Mars is willing to cure all Difeases he causes; the truth is, Mars loves no Cowards, nor Saturn Fools, nor I neither. Take of the Flowers of Wormwood; Rolemary, and Black-Thorn, of each a like quantity, half that quantity of Saffron : boyl this in Rhenish Wine , but put not in the Saffron till it is almost boyled: This is the way to keep a Mans body in Health, appointed by Camerarius, in his book in ituled, Hor-Preferve tus Medicus, and 'tis a good one too. Befides all this, Worm-Health, wood provokes the Terms. I would willingly reach Aftrolo-Terms gers, and make them Physicians (if I knew how) for they are provokes, most fitting for the Galling: if you will not believe me, ask Biting of Dr. Hyppocrates, and Dr. Galen, a couple of Gentlemen that Ratsand our Colledge of Physicians keep to vapour with, not to follow. Mice, In this one herb I shall give the pattern of a Rule to the Sons M. hromes, of Art, rough cast, yet as neer the truth as the men of Benjamin II beals: could throw a stone; whereby my Brethren of the Society of Puthes. Aftrologers may know by a penny how a shilling is coyned: Black and (as for the Colledge of Physicians they are too stately too learn, alem and too proud to continue:) They fay a Moule is under the Dovots, minion of the Moon, and that's the reason they feed in the night: Duinfic, the House of the Moon is Cancer; (Rats are of the same nayes. ture with Mice, but that they are a little bigger) Mars receives his Fall in Cancer, E go Wormwood being an herb of Mars is a present Remedy for the biting of Rats and Mice. Mushroms (I cannot give them he title of Herbs, Frutex, or Arbor) are under the Dominion of Satura and take one time with another, they do as much harm as good:) if any ive poyloned himself by eating them, Wormwood an herb of Mirs cures im, because Mars is exalted in Capricorn the house of Saturn, and this doth by Sympathy, as it did the other by Antipathy. Wheals, Pulhes, lack and blew spors, coming either by Bruiles or Beatings, Wormwood an erb of Mirs helps, because Mars (as bad as you love him, and as ill as ou hate him) will not break your head, but he'l give you a Plaister. If : do but teach you to know your felves, his Courtefie is greater than this iscourtefie. The greatest Antipa hy between the Planets, is between tars and Venus; one is hor, the other cold; one Diurnal, the other Nournal; one dry, the other moist; their Houses are opposite; one Masiline, the other feminine; one publick, the other private; one is valiant, e other effeminate; one loves the light, the other hates it; one loves : Field, the other the Sheets: then the throat is under Venus, the Quinlies in the Throat, and is an Inflammation there: Venus, rules the roat (it being under Taurus her Sign) Mars eradicates all diseases in Throat by his herbs (of which Wormwood is one) and fends them to

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Egypt on an errand never to seturn more,; this by Antipathy. The E at under the Luminaries; the right Eye of a Man, and the left Eye et Woman, the Sun claims Dominion over: The left Eye of a Man, and the ight Eye of a Weman, are the priviledge of the Moon, Wormwood an herb of Mars cures both; what belongs to the Sun by Sympathy, because he is nalted in his House; but what belongs to the Moon by Antipathy, because he hath his Fall in hers. Suppose a Man be bitten or stung by a Martial Creature, imagine a Wasp, a Hornet, a Scorpion, Wormwood an Herb of Mars giveth you present cure : Then Mars as Biting, or Cholerick as he is, hath learned that patience, to pals by your flinging by wil speeches of him, and rels you by myPen, That he gives you venomous no Affliction, but he gives you a Cure; you need not run to Beafts. Apollo nor Asculapius: and if he were so Cholerick as you. make him to be, he would have drawn his Sword for anger to fee the ill concitions of those people that can spy his Vices, and not his Vertues. The Eternal God when he made Mars, made him for a publick good, and he sons of Men shall know it in the latter end of the World, Be colum Mar. alus habet. You lay Mars is a Destroyer; mix a little Wormwood a Herb of Mars with your Ink, and neither Rats nor Mice will touch the Po tris written with it, and then Mars is a Preferver. Aftrologers lay Mar suleth Scabs and Itch, and the Virgins are angry with him, because wanon Vests rold them he deforms their skin: But quoth Mars, my only defre is, they should know themselves; my Herb Wormwood will restore hem to the Beauty they formerly had and in that I will not come an Inch thind my opposite Venus; for which dorn the greatest evil, he that takes way an innate Beauty, and when he hath done, knows how to restore itasin? or the that teaches a company of wanton Laffes to paint their Faces? If Mars be in a Virgin, in the Nativity, they fay he causes the Cholick, (tis well God hath fer some body to pull down the pride of man) He in the Virgin troubles none with the Cholick, but them that know not themselves for who knows himself may easily know all the world) Wormwood a herb of Mars is a present cure for it : and whether it be most like a Chritian to love him for his good, or hate him for his evil, judge ye. I had al Post forgotten that Charity thinks no evil. I was once in the Tower and lewed the Wardrobe, and there was a great many fine Cloathes (I ca we them no other title, for I was never either Linnen or Woollen Dra et) yet as brave as they looked, my opinion was, the Moaths might con ume them, Meaths are under the Dominion of Mars, his Heri Wormwood being laid amongst Cloaths, will make a Moath scorn t meddle with the Cloath, as much as a Lyon scorns to meddle with Moule, or an Eagle a Fly. You fay Mars is angry, and 'tis true enough tis angry with many Countrymen for being such Fools to be led by th. Poles by the Colledge of Physitians, as they lead Bears to Paris Gar. en. Melancholly Men cannot endure to be wrong'd in Point of goo. ame, and that hath forely troubled old Saturn, because they called hir If greatest Infortune: In the Body of Man he rules the Spleen (ar

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takes Coverous men fo Splenetick.) The poor old man lies crying our of his left fide, Father Saturn's angry, Mars comes to him, come Brother, I confess thou are evil spoken of, and so am I, thou Spleen. knowest I have my exaltation in my House, I'l give him an herb of mine, Wormwood, to cure the poor man; Satura consented, but spoke but little, and fo Mars cuted him by sympathic. When Mars was free from War (for he loves to be fighting, and is the best friend a Soldier hath) I fay, when Mars was free from War he called a Counsel of War in his own irain, to know how he thould do poor finful man good, defiring to forget is abuses in being called an Infortune) He musters up his own Forces and laces them in Batalia, Oh! quoth he, why do I hurt a poor filly Man or Noman? His angel answers him, 'Tis because they have offended their Ged. (Look back to Adam) Well, sayes Mars, though they spake evil of me, I'l do good to them ; Death's cold, my Herb shall hear them. They are full of ill Humors (elle they would never have spoken ill of me) my Herb shall cleanse them and dry them : They are poor weak Creatures, my Herb shall strengthen them ; they are dull witted, my Herb shall fortifie their Apprehensions; and yet amongst Astrologers, all this doth not deserve a good word; Oh the patience of Mars.

> Felix, qui posuit rerum cognoscere causas, Inque aomus superum scandere cura suit.

Oh! happy he that can the Knowledge gain, To know th' Eternal God made nought in vain.

To this I adde,

I know the reason causeth such a Dearth.

Of Knowledge, 'iis because men love the Earth.

The other day Mars told me he met with Venus, and he asked her what Reason was that the accused him for abusing Women, he never gave in the Pox? in the dispute they fell out, & in anger parted, and Mars told me that his brother Saturn cold him, that an Antivenerian nob Pox. Medicine was the best against the Pox. Once a Month he meets with the Moon, Mars is quick enough of speech, and Moon not much behind hand (seither are most Women) The Moon es much after Children, and Children are much troubled with the ms, fhe defired a Medicine of him, ne bad her take his own Herh "mwood : He had no fooner parted with the Moon but he met with Veand the was as drunk as a Birch, Alas poor Venus quoth he, What, thou Frune and be drunk ? I'l give thee an Antipatherical Cure ; Take my Herb Wormwood, and thou shalt never get a Surfet by drinking. A poor filly Countrey-man hath got an Ague to flinking and cannot go about his business, he wishes he had it this Dall not, and le do I, but Ile tell him a remedy, whereby Is werk

he may prevent it; Take the Herb of Mary Worm-word

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wood, and if infortunes will do good, what will Fortunes do? Sight Some say the Lungs are under Jupiter, and if the Lungs then the breath, and yet a man sometimes gets a stinking breath, and yet supplier is a Fortune forsooth; up comes Mars to him, come brother Jupiter, thou knowest I sent there a couple of Trines to thy House last night, the one from Aries and the other stom Scorpio give me thy Leaveby Sympathic to cute the poor man by drinking a draught of Wormwood Bres every morning. The Moor, was weak the other day, and she gave a man two terrible Mischiess, a dult Brain, and a weak sight, Mars layes by his sword and comes to her, Sister Moon, saith he, This Man hath anger d thee, but I besech thee take notice he is but a Fool, prithee be patient, I will with my Herb. Wormwood cure him of both infirmities by Antipathy, sor thou knowest, thou and I cannot agree; with that the Moon began to quaire; Mars (not delighting much in Womens tongues) went away, and did it whether she would or no.

He that reads this, and understands what he reads, he hath a Jewel-more worth than a Diamond: He that understands, it not, is as little fit to give Physick. There lies a Key in these words, which will unlock (if it be turned by a wise ha id) the Cabinet of Physick: I have delivered it so plainly as I dusst: 'tis not only upon Wormwood that I wrote, but upon all Plants, Trees, and Herbs: He that understands it not, is unsit (in my Opinion) to give Physick. This shall live when I am dead; and thus I leave it to the world, not caring a half-penny whether they like or dislike it. The grave equals all men, and therefore shall equal me with Princes; until which time the eternal providence is over me: then the ill Tongue of a pratling sellow, or of one who hath more Tongue than Wit, or more Pride than Honesty, shall never trouble me. Wissom is justified of her Children.

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Yarrow, called alfo Nose-bleed, Milfoyl, and Thousand-Leaf.

Description. I Thath many long Leaves spread upon the ground, and finely cut and divided into many small parts: Its Flowers are white, ut not all of a whiteness, and stayed in knoss, upon divers green stalks which ise from among the Leaves.

Place. It is frequent in all Paftures.

Time. It flowreth late, even in the latter end of August. Government and Vertues. It is under the influence of

thus. An Ointment of them cures wounds, and is most Wounds, Inflations for such as have Inflammations, it being an Herb of Dame mations, terms in Women being boyled in stops; Bloody thite Wine, and the Decoction drunk, as alto the Bloody Plux, Baldnes, liux; the Ointment of it is not only good for green ulcers, Fiftu-tounds, but also for Ulcers and Fistulaes, especially such lass, retentive to be bound with moissure. It stayes the shedding of Faculty, Runtir, the head being bashed with the Decoction of it, in-ning of the

wardly

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Reins, whites, Diabetes, Toothach. wardly taken it helps the recentive faculty of the stemach; it helps the Running of the Reins in Men, and the Whites in Women, and helps such as cannot hold their water; and the Leaves chewed in the Mouth, ease the Toothach; and

these Vertues being put together shew the Herb to be drying and binding Achilles is supposed to be the first that lest the Vertues of this Herb to posserity, having learned them of his Master Chyton the Senator, and certainly a very profitable Herb it is in the Camp, and perhaps therefore easled Militaris.

DIRECTION'S.

Having in divers places of this Treatise promised you the way of making sy rup; Conserves, Oyls, Oyntments, & c. of Herbs, Roots, Flowers, & whereby you may have them ready for your use at such times what otherwise the cannot be had; I come now to perform what I promised, and you shall find a rather better, than worse than my word.

That this may be done Methodically, I shall divide my directions into two gras Scetions, and each Section into several Chapters, and then you shall see it w

with fich'a Countenance as this is.

Sect. 1.

Of gathering, drying, and keeping Simples and their Juyces.

Chap. t. Of Leaves of Herbs, &c.

Chap. 2. Of Flowers, Chap. 3. Of Seeds.

Chap. 4. Of Roots.

Chap. 5. Of Barks.

Chap. 6. Of Juyees.

Sect. 2.

Of making, and keeping Comfounds. Chap. 1. Of distilled waters

Chap. 2. Of Syrups.

Chap. 3. Of Juleps. Chap. 4. Of Decoctions,

Chap. 5. Of Oyls.

Chap. 6. Of Electnaries,

Chap. 7. Of Conferves.

Chap. 8. Of Proferves.

Chap. 9. Of Lobochs.

Chap. 10. Of Oynements. Chap. 11. Of Plaisters:

Chap. 12. Of Pultiffes,

Chap. 13. Of Trochesion

Chap. 14. Of Pills.

Chap. 15. The way of fitte Medicines to Compos

Difeafes.

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SECT. L

The way of gathering, drying, and preserving, Simples and their fuyces.

Chap. I. Of Leaves of Herbs, or Trees:

F Leaves, chuse only such as are green, and full of juice, pick hem carefully, and cast away such as are any way declining, for they will putrifie the rest, so shall one handful be worth ten of those you buy in Cheapside.

ther them there, for Betony that grows in the shadow, is far better than that which grows in the Sun, because it delights in the shadow: so also such Herbs as delight to grow near the water, let such be gettered as grow near the water, though happily you may find some of a home upon dry ground: The Treatise wall inform you where every Herb delights to grow.

3 The Leaves of sich Herbs as run up to seed, are not so good when they are in the flower, as before (some few excepted, the Leaves of which are seldom or never used) in such cases, if through Ignorance they were not known, or through nrg ligence forgotten, you had better take the soppoind the flower than the Leaf.

4 Dry them well in the Sun, and not in the shadow, as the swing of Phystians 15, for if the Sun draw away the Vertues of Heths, it must needs do the like by Hay by the same Rule, which the experience of every Countrey

farmer will explode for a notable piece of nen-fense,

Such as are Art. Its in Astrology (and indeed none else are fir to make hysitians) such I advise, Let the Plant that governs the Herb be Anguar. And the stronger the better; if they can in Herbs of Saturn, let Saturn be in the Ascendant; in the Herbs of Mars, let Mars be in the Mid-heam, for in those Houses they delight: let the Moon apply to them by good apect, and let her not be in the Houses of their Enemies: if you cannot tell stay till she apply to them, let her apply to a Planer of the same Trilicity; if you cannot wair that time neither, let her be with a Fixed Star sheir Nature.

6 Having well dried them up in brown Papers, sewing the aper up like a Sack, and press them not too hard together, and keep them a dry place near the fire.

7 As for the duration of dried Herbs, a just time cannot be given, let

uthors prate their pleasure : For,

First, Such as grow upon dry grounds will keep better than such as grow

Secondly, Such Herbs as are full of Juyce will not keep fo long as fuch

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Thirdly, Such Herbs as are well dried, will keep longer than luch as an

Yet this I fay, By this you may know when they are corrupted, viz. I their loss of color, or fmell, or both; and if they be corrupted, reason wil tell you that they must needs corrupt the Bodies of those people that tak them.

8 Gather all Leaves in the hour of that Planet that governs them.

Chap. 2. Of Flowers.

He Flower which is the beauty of the Plant, and of none of the least ofe in Physick, groweth yearly, and is to be gathered whe

it is in its prime.

a As for the time of gathering them , let the planetary hour, and plant they come of, be observed, as we showed you in the foregoing Cha ter; as for the time of the day, let it be when the Sun fhines upon them the fo they may be dry, for if you gather either Flowers or Herbs when the are wet or dewy, they will not keep; and this I forgot before.

3 Dry them well in the Sun, and keep them in papers near the fire,

I shewed you in the foregoing Chapter.

4 So long as they retain their color and smell, they are good; them being gone, fo is their Vertile alfo.

Chap. 3. Of Seeds.

He feed is that part of the plant, which is endued with a nit Faculty to bring forth its like, and it contains potentially whole plant in it.

a As for places let them be gethered from the places where they delig

to grow.

3 Let them be full ripe when they are gathered, and forget not the leftial Harmony before mentioned, for I have found by experience that the Vertues are twice as great at luch times as others : There is an appoint time for every thing under the Sun.

4 When you have gathered them, dry them a little, and but a little

the Sun before you lay them up.

5 You need not be so careful of keeping them so near the fire as the ther before mentioned, because they are fuller of spirit, and therefore not

Subject to corrupt.

6 As for the time of their duration, 'ti able they will keep a go 2] many years; yet this i fay, they are the be the first year, and this Im nges, appear by a good Argument. They will grow foonest the first year the fall fer, therefore then are they in their prime, and tis an eafre matter total 3. T them yearly. rees,

Chap. 4. Of Roots. FRoots, chuse such as are neither rotten, nor worm-eaten, but ally for per in their taft, color, and smell; such as exceed neither in 4. nels nor hardnels.

2. Give me leave to be a little Critical against the vulgar received Opinon, which is, That the fap falls down into the Roots in the Autumn, and iles again in the Spring, as men go to bed at night, and rife in the mornng; and this idle talk of untruth is so grounded in the heads, mer onely of he Vulgar, but also of the learned, that a man cannot drive it out by Reaat an : I pray let fuch sapmongers answer me to this Argument. If the sap fall no the roots in the fall of the Leaf, and lie there all the Winter, then must he Root grow only in the Winter, as Experience witnesseth; but the root rows not at all in Winter, as the same Experience teacheth, but onely in the Summer. Ergo.

If you fet an Apple kernel in the Spring, you shall find the Root to grow What doth the sap do in the Root all that while, pick straws? For Gods the build not your Faith upon Tradition, 'tis as rotten as a rotten post.

The truth is, when the Sun declines from the Tropiek of Cancer, the fap the gins to congeal both in root and branch, when he toucheth the Tropick of nees as it congealed. But to proceed.

3. The drier time you gather your Roots in, the better they are : fox bey have the less excrementitious moisture in them.

4. Such Roots as are foft, your best way is to dry in the Sun, or else hang tem in the Chimney-corner upon a string : as for such as are hard, you ay dry them any where.

5. Such Roots as are great, will keep longer than fuch as are small : yet

oft of them will keep a year.

6. Such Roots as are fost, it is your best way to keep them always near

6. Such Roots as are fost, it is your best way to keep them always near elig our Roots, Herbs or Flowers begin to grow moilt, as many times you shall, pecially in the Winter time (for tis your best way to look to them once a onth) dry them by a very gentle fire; or if you can with convenience keep the mear the fire, you may save your self the labour.

7. It is in vain to dry such Roots as may commonly be had, as Parsley.

annel, Plantane, &c. but gather them only for present need.

Chap. 5. Of Barks.

D Arks which Physicians use in Medicines, are of these sorts: Of Fruits,

D of Roots, of Boughs.

the

D of Roots, of Bougns.

The Barks of Fruits are to be taken when the Fruit is full ripe, as O=

Images, Lemmons, &c. but because I have nothing to do with Extoicks here, that shall pass them without any more words.

3. The Bark of Trees are best gathered in the Spring, if it be of great rees, as Oaks, or the like, because then they come casieft off, and so you ay dry them if you please: but indeed your best wa, is to gather all Barks out fally for present use.

in 4. As for the Bark of Roots, 'tis this, and thus to be gotten. Take the

Roots of fuch herbs as have a pith in them, as Parsley, Fennel, &c. fl them in the middle, and when you have taken out the pith (which you ma safily and quickly do) that which remains is called (though something in roperly) the Bark, and indeed is only to be used.

Chap. 6. Of Tuyces.

I Tllyces are to be pressed out of herbs when they are young and tender and also out of some stalks; and tender tops of herbs and plants, in also out of some Flowers.

2. Having gathered your herb you would preferve the juice of, when is very dry (for otherwise your juice will not be worth a button) bruile very well in a stone-Mortar with a wooden Pestle, then having put it in a Canvas-bag (the herb I mean, not the mortar, for that will yield but li tle juice) press it hard in a Preis, then take the juice and clarifie it.

3 The manner of clarifying of it is this; Put it into a Pipkin or Skille or tome such thing, and set it over the fire, and when the scum riseth, the ment it off: let it stand over the fire till no more scum rise, then you have you that

Juice clarified : call away the fcum as a thing of no ule.

4. When you have thus clarifyed it, you have two ways to preferve ital

the year.

First. When it is cold, put it into a Glass, and put so much Oyl on with keep the air from coming to putrifie it; when you intend to use it, don the more but so, pour out into a Porrenger, a little more than you intend to will to use, and if any Oyl come out with it (as if the Glass be not full, 'tis the hundred to one if there do) you may easily scum it off with a spoon, and put the juice you use not into the Glass again, it will quickly fink under the Oyl. This is the first way.

Secondly, The second way is a little more difficult, and the Juice of fruit is usually preserved this way: When you have clarifyed the juice as before the be boyl it over the fire till (being cold) it be of the thickness of honey: this intenti most commonly used for Diseases of the mouth, and is called Rob and Sans

And thus much for the first Section, the second follows.

SECT. II.

The way of making and keeping all necessary Compounds.

CHAP. I.

Of Distilled Waters.

Itherto we have spoken of Medicines which consist in their or can, Nature, which Authors vulgary call Simples, though fom thing ill, fo improperly; for in deed and in truth, nothing is fimple but ut you

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if pure Elements; all things else are compounded of them : We come now treat of the artificial Medicines, in the front of which (because we must begin somewhere) we shall place distilled Waters, in which consider.

I. Waters are distilled out of Herbs, Flowers, Fruits and Roots.

2. We treat not of ftrong Waters but of cold, as being to act Galen's parts end not Paracelfus.

3. The herbs ought to be distilled when they are in their greatest vigor.

and fo ought the flowers alfo.

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4. The yulgar way of Distillation which people use because they know no letter, is in a Pewter Still : and although distilled Waters are the weakest then estall artificial Medicines, and good for little unless for mixtures of other life. Medicines: yet this way distilled they are weaker by many degrees than tim they would be, were they distilled in Sand. If I thought it not impossible to the tach you the way of distilling in Sand by writing, I would attempt it.

5. When you have distilled your Water, put it into a Glass, and having ille bound the top of it over with a paper pricked full of holes, that so the excreyou that fettling in distilled Waters called the Mother, which corrupts Waters, and might this way be prevented) cover it close, and keep it for your use.

6. Stopping distilled Waters with a Cork makes them musty, and so will paper also if it do but touch the Water, your best way then is to stop them with a Bladder, being first wet in water, and bound over the top of the glass. Such cold Waters as are distilled in Sand, as they are twice as strong, so Such cold Waters as are diftilled in a Pewter Still (if well kept) will en-

Chap. 2. Of Syraps.

A Syrup is a Medicine of a liquid Form, composed of Insusion, De-coction, and juice: And, I. For the more grateful taste. 2. For fort the better keeping of it with a certain quantity of honey or fugar hereafter it intrioned, boyled to the thickness of new honey.

2. You see at the first view that this Aphorism divides it self into three tranches, which deserve severally to be treated of : Viz.

I. Syrups made by Infusion. 2. Syrups made by Decoction.

3. Syrups made by Juice.

Of each of these (for your Instructions sake, kind Countrey-men and wo-

nen) I speak a word or two, or three apart.

First, Syrups made by Infusion are usually made of Flowers, and of such lowers as foon lose their colour and strength by boyling, as Roses, Viois, Peach-flowers, &c. My Translation of the London Dispensatory will fruct you in the rest. They are thus made: Having picked your Flowers can, to every pound of them add three pound (or three pints, which you in ill, for it is all one) of Spring-water made boyling hot by the fire, first but ut your flowers in a Pewter-pot with a cover, then pour the water to them,

then shutting the pot, let it stand by the fire to keep hot twelve hours, the It ain it out (in fuch Syrups as purge, as Damask Roses, Peach flowers &c. The usual, and indeed the best way is to repeat this Infusion, adding fresh Flowers to the same Liquor divers times, that so it may be the strong ger) having strained it out, put the Infusion into a Pewter Bason, or Earthen one well glaffed, and to every pint of it, add two pound of fine fu gar, which being only melted over the fire without boyling, and scummed

will produce you the Syrup you defire.

Secondly, Syrups made by Decoction, are usually made of Compound yet may any simple Herb be thus converted into Syrup : Take the Hert Root or flower you would make into fyrup, and bruise it a little; the boyl it in a convenient quantity of Spring water, the more water you be in ir, the weaker will it be, a handfull of the Herb, Root, &c. Is a conv nient quantity for a pint of Water; boyl it till half the Water be confi med, then let it ftand till it be almost cold, and strain it (being almost cold through a woollen-cloth, letting it run out at leifure without preffing : every pine of this Decoction add one pound of sugar, and boyl it overt fire till it come to a fyrup, which you may know if you now and then co a little of it in a spoon; scum it all the while it boyls, and when it is su ficiently boyled, whileft it is hot, frain it again through a woollen-clot A but press it not. Thus have you the syrup perfected.

Thirdly, syrups made of Juyces are usually made of such herbs as a full of Juyce, and indeed they are better made into a lyrup this way, the any other, the operation is thus, Having beaten the Herb in a stone-More andu with a wooden Peftle, press out the juice, and clarifie it as you were taug ter ar before in the juices, then let the juyce boyl away till a quarter of it near upon) be consumed; to a pint of this add a pound of sugar, and bo it to a syrup, alwaies scumming it, and when it is boiled enough, ftrain through a woollen-cloth, as we taught you before, and keep it for your in ater,

3. If you make fyrrups of Roots that are any thing hard, as Parfley, It rtel, and Grass-roots, &c. When you have bruifed them, lay them in fte body, sometimes in that water which you intend to boil them in her, so will t

Vertue the better come out, * Keep your syrups either in Glaffes or stone-pors, and stop them with Cork nor Bladder, unless you would have the Glass break, and fyrup loft, and as many Opinions as there are in this Nation, I suppose the are but few or none of this, only bind a paper about the mouth.

5. All fyrups, if well made, continue a year with some advantage:

of all, such as are made by Insusion keep the least while.

Chap. 3. Of Juleps.

1. Tilleps were first invented, as I suppose in Arabia, and my reason because the word Julep is an Arabick word.

2. It fignifies only a pleasant Potion, and vulgarly used (by such as " hem. fick and wanted help, or such as are in health, and wanted no money duench thieft.

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2 Nov adayes 'cis commonly used,

1 To prepare the Body for Purgation.

2 To open obstructions and the Pores,

3 To digeft tough Humors.

4 To qualifie bot Diftempers, &c.

4 It is thus made (I mean simple Juleps: for I have nothing to fay to Compounds here; all Compounds have as many several ideas as men have Crotchets in their Brain) I say simple Juleps are thus made: Take a pint of fuch distilled Water as conduceth to the Cure of your Distemper, which this Treatife will plentifully furnish you withal, to which add two ounces the of Syrup conducing to the same effect (I shall give you Rules for it in the last Chapter) mix them together, and drink a draught of it at your pleasure. has it together, and ten drops of Oyl of Vitriol to your pint, and has it together, and it will have a fine grateful tast.

s. All Juleps are made for present use, and therefore it is in vain to speak

of their duration.

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Chap. 4. Of Decoctions.

A LL the differences between Decoctions and Syrups made by Decoction, A is this: Syrups are made to keep, Decoctions only for present use: or you can hardly keep a Decoction a week any time, if the weather be hor, not half so long. th

2 Decoctions are made of Leaves, Roots, Flowers, Seeds, Fruits, or Barks, fort conducing to the Cure of the Disease you make them for; in the same man-

of the Body, as the Stomach, Bowels, Kidnies, Passages of Urin, and Bladder, ill the Cause Decoctions pass quicker to those places than any other form of me-

icines.

em

5 If you will sweeten your Decoction with Sugar, or any Syrup fit for

e the 6 If in a Decoction you boil both Roots, Herbs, Flowers, and Seeds tother, let the Roots boil a good while first, because they retain their Verget the longest; then the next in order by the same Rule, viz. I Barks.2 The tabs. 3 The Seeds, 4 The Flowers. 5 The Species, lif you put any in, cause their Vertues comes soopest out.

7 Such things as by boyling cause sliminess to a Decoction, as Figgs, Quince seeds, Linseed, &c. your best way is, after you have bruised them, tie them up in a linnen rag, as you tie up a Calfs Brains, and so boyl

18 Keep all Decoctions in a Glass close stopped, and in the cooler place ou keep them, the longer will they last ere they be four.

Aa 3

Laftly,

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Lastly, The usual Dose to be given at one time, is usually two, three, four or five ounces, according to the age and strength of the patient, the season of the year, the strength of the Medicine, and the quality of the Disease.

Chap. 5. Of Oyls.

YL Olive, which is commonly known by the Name of Salad-Oyl, I suppose because it is usually eaten with Salads by them that love it: it it be pressed out of ripe Olives, according to Galen, is temperate, and exceeds in no one quality.

2 Of cyls, some are Simple, and some are Compound.

3 Simple oyls are such as are made of Fruits or Seeds by expression, as oyl of sweet and bitter Almonds, Linsced, and Rape-seed oyl, &c. of which see my Dispensatory.

4 Compound oyls are made of oyl of Olives, and other Simples, imagine

Herbs, Flowers, Roots, &c.

The way of making them is this: having bruised the Herbs or flowers you would make your oyl of, put them in an Earthen pot, and to two or three handfuls of them pour a pint of oyl, cover the pot with a paper, and set it in the Sun about a fortnight or less, according as the Sun is in hotness; then having warmed it very well by the sire, press out the herbs, &c. very hard in a press, and add as many more herbs to the same oyl, bruise (the herbs I mean, not the oyl) in like manner, set them in the Sun as before, the oftner you repeat this, the stronger your oyl will be: at last when you conceive it strong enough, boyl both herbs and oyl together till the juice be consumed, which you may know by its leaving its bubling, and the herbs will be criss, then strain it whilst it is hot, and keep it in a stone or glass Vessel for your use.

6 As for Chymical Oyls, I have nothing to fay in this Treatife.

7 The general use of these oyls, is for pain in the Limbs, roughness of the Skin, the ltch, &c. as also for syntments and plaisters.

3 If you have occasion to use it for wounds or uscers, in two ounces of Oyl, dissolve half an ounce of Turpentine, the heat of the fire will quickly do it for oyl it self is offensive to wounds, and the Turpentine qualifies it.

Chap. 6. Of Electuaries.

Physicians make more a Quoile than needs by half about Electuaries. I shall prescribe but one general way of making them up; as for the logredients, you may vary them as you please, and according as you find of casion by the last Chapter.

I That you may make Electuaries when you need them, it is requisite that you keep always Herbs, Roots, Seeds, Flowers, &c. ready dryed in you house, that so you may be in readiness to beat them into powder when you need them.

2. Your better way is to keep them whole than beaten: for being beater

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they are the more subject to lose their strength, because the Air soon pene

3 If they be not dry enough to beat into powder when you need them,

dry them by a gentle fire till they are fo.

4 Having beaten them, fift them through a fine Tiffany Searle, that fo

there may be no great pieces found in your Electuary.

5 To one ounce of your powder and 3 ounces of clarified Honey: this quantity I hold to be sufficient: I confets Authors differ about it. If you would make more or less Electuary, vary your proportions accordingly.

6 Mix them well together in a Mortar, and take this for a truth, You can-

not mix them too much.

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7 The way to clarifie Honey, is to fer it over the fire in a convenient vef-

sel till the scum rise, and when the scum is taken off, it is clarified.

8 The usual Dose of Cordial Electuaries, is from half a dram to two drams; of purging Electuaries, from half an ounce to an ounce.

9 The manner of keeping them is in a Por.

to The time of taking of them, is either in the morning fasting, and sating an hour after them; or at night going to bed, three or four hours after Supper.

Chap. 7. Of Conserves.

The way of making Conserves is two fold, one of Herbs and Flowers, and the other of Fruits.

2 Conserves of Herbs and Flowers are thus made: If you make your Conserves of Herbs, as of Scurvy-grass, Wormwood, Rue, and the like, take only the leaves and tender tops (for you may beat your heart out before you can beat the stalks small) and having beaten them, weigh them, and to every pound of them add three pound of Sugar, beat them very well together in a Mortar, you cannot beat them too much.

3 Conserves of Fruits, as of Barberries, Sloes, and the like, is thus made: First scald the Fruit, then rub the Pulp through a thick hair Sieve made for the purpose, called a Pulping Sieve; you may do it for a need with the back of a spoon, then take this pulp thus drawn, and add to its weight of Sugar and no more, put it in a pewter vessel, and over a Charcoal sire stirit

up and down till the Sugar be melted, and your Conserve is made.

4 Thus have you the way of making Conserves; the way of keeping of them is in Earthen Pots.

5 The Dole is usually the quantity of a Nutmeg at a time morning and evening, or (unless they be purging) when you please.

6 Of Conserves, some keep many years as Conserves of Roses: others but a year, as Conserves of Borrage, Buglos, Cowslips, and the like.

7 Have a care of the working of some Conserves presently after they are made; look to them once a day, and stir them about; Conserves of Borrage, Buglo's and Wormwood have gotten an excellent faculty at that sport,

8 You may know when your Conserves are almost spoiled by this, You shall find a hard crust at top with little holes in it, as though worms had been eating there.

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CHAP

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Chap. 8. Of Preferves.

F Preserves are sundry sorts, and the Operations of all being something different, we will handle them all apart.

There are preserved with Sugar,

T Flowers.

2 Fruit.

3. Roots.

4 Buks.

r. Flowers are but very seldom preserved, I never saw any that I remember, save only Conssip flowers, and that was a great fashion in Susjex when I was a Boy: It is thus done, First, Take a flat Glass, we call them Jat Glasses, strew in a laying of size Sugar, on that a laying of slowers, on that another laying of Sugar, on that another laying of Sugar, on that another laying of size Sugar, and in a little time you shall have very excellent and pleasant preserves.

There is a nother way of preserving Flowers, namely, with Vinegar and Salt, as they pickle Capers and Broom-buos, but because I have little skill

in it my felf, I cannot teach you.

2. Fruits, as Quinces, and the like, are preserved two ways:

First, boyl them well in the water, and then pulp them through a sieve as we showed you before; then with the like quantity of Sugar boyl the water they were boyled in, into a syrup, viz. A pound of Sugar to a point of Liquor; to every pound of this syrup add four ounces of the pulp, then boyl it with a very gentle fire to the right consistence, which you may easily know if you drop a drop of it upon a Trencher, if it be enough it will not stick to your singers when it is cold.

Secondly, another way to preserve Fruits is this, First, pare off the Rind, then cut them in halves and take out the Core; then boyl them in water till they are soft, if you know when Beef is boyled enough, you may easily know when they are; then boyl the water with its like weight of sugar into a syrup, put the syrup into a pot, and put the boyled Fruit as whole as you lest it when you cut it into it, and let it remain till you have occa-

sion to use it.

3. Roots are thus preserved: First scrape them very clean, and cleanse them from the pith it they have any, for some Roots have not, as Eringo, and the like; boy I them in water till they be soft, as we shewed you before in the Fruits, then boy I the water you boyled the Roots in, into a syrup, as we shewed you before, then keep the Root whole in the syrup till you use them.

4. As for Barks we have but few come to our hands to be done, and those of those few that I can remember, are Oranges, Lemmons, Citrons, and the outer Birk of Walnuts which grows without the shell, for the shells themselves would make but scurvy Preserves: These be they I can remember, if there be any more put them into the number.

The way of preserving these is not all one in Authors, for some are bitter, ome are not ! Such as are bitter, say Authors, must be soked in warm war

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a, oftentimes changed till their bitter tafte be fled; but I like nor this my, and my reason is this, Because I doubt when their bitterness is gone, so the Vertue alfo: I shall then prescribe one common way, namely, the me with the former, viz. First boyl them whole till they be foft, then nike a fyrup with fugar and the liquor you boyled them in, and keep the Barks in the fyrup.

They are kept in Glaffes, or glaffed pots.

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6 The preserved flowers will keep a year if you can forbear eating of hem; the Roots and Barks much longer.

7 This Art was plainly and clearly at first invented for delicacy, yet

ame afterwards to be of excellent use in Physick : For,

First, Hereby Medicines are made pleasant for fick and queasie stomachs hich else would loath them.

Secondly, Hereby they are preserved from decaying a long time.

Chap. 9. Of Lobochs.

That which the Arabians call Lohoch, and the Greeks Eclegma, the Latins call Linetus, and in plain English fignifies nothing elfe, but thing to be licked up.

2 Their first invention was, to prevent and remedy afflictions of the Brest and Lungs, to cleanse the Lungs of flegm, and make it fit to be cast

3 They are in Body thicker than a fyrup, and not fo thick as an Eletuary.

4 The manner of taking them, is often to take a little with a Liquorice-

ur Bick, and let it go down at leifure.

I They are easily thus made : Make a Decoction of any pectoral Herbs. he Treatife will furnish you with enough, and when you have strained it, ith twice its weight of honey or lugar, boyl it to a Lohoch : If you are polested with rough flegm, honey is better than sugar, and if you add a rde Vinegar to it, you will do well, it not, I hold fugar to be better than

6 It is kept in pots, and may be kept a year and longer.

7 It is excellent for roughness of the Windpipe, Inflammations of the ungs, Ulcers in the Lungs, difficulty of Breath, Afthmaes, Coughs, and istillation of Humors.

Chap. 10. Of Oyntment.

TArious are the waies of making Oyntments which Authors have left to posterity, which I shall omit, and quote one which is easiest be made, and therefore most beneficial to people that are ignorant in Phyck, for whose sakes I write this. It is thus done:

Bruile those Herbs, Flowers, or Roots you would make an Ointment of, ed to two handfuls of your bruifed herbs add a pound of Hogs-greafe tried, cleanled from the skins, beat them very well together in a stone-Mortar th a wooden pestle, then put it in a stone-pot (the Herbs and Grease I

mean,

mean, rot the Mortar) cover it with a paper, and fet it either in the Sun or some other warm place, three, four, or five dayes, that it may melt; the take it out and boil it a little , then whil'ft it is hot, ftrain it out, preffin it out very hard in a prefs; to this greafe add as many more herbs bruite as before, let them stand in like manner as long, then boyl them as you die the former; if you think your Ointment be not strong enough, you may do you it the third and fourth time; yet this I tell you, the fuller of juice your ith herbs are, the sooner will your Ointment be strong: the last time you bill her be are, the sooner will your Ointment be strong: the last time you bill it, boil it so long till your herbs be crisp, and the juice consumed, then take strong it pressing it hard in a press, and to every pound of Ointment add two ounces of Turpentine, and as much Wax, because grease is offensive make Wounds as well as Oyl.

2 Oyntments are vulgarly known to be kept in pots, and will last above han

a year, some above two years.

Chap. 11. Of Plaisters.

He Greeks make their Plaisters of divers Simples, and put Metals that in most of them, if not in all; for having reduced their Metals in- 4. to powder, they mixed them with that fatty substance whereof the rest of fine the plaister confisted , whil'it it was yet hot , continually ftirring it up into pin down left it should fink to the bottom; so they continually ftirred it tilli Irec was fliff; then they make it up in Rolls, which when they need for use the elly could melt by fire again.

2 The Arabians made up theirs with Meal, Oil, and Fat, which needed Iroch

not fo long boyling.

3 The Greeks Emplaisters consisted of these Ingredients: Merals, Stones por divers forts of Earth, Feces, Juice, Liquors, Seeds, Roots, Herbs, Excrement of Creatures, Wax, Rozin, Gums.

Chap. 12. Of Pultiffes.

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I Dultifles are those kind of things which the Latins call Cataplasmath and our learned Fellows, that if they can read English that's all, el hem them Cataplasms, because 'tis a crabbed word few understand; it is indeed trat very fine kind of Medicine to ripen fores.

2 They are made of herbs and roots fitted for the Disease and member afflicted, being chopped small, and boyled in water almost to a jelly, the cone by adding a little Barly meal, or meal of Lupines, and a little Oil, o and m rough sweet suet, which I hold to be better, spread upon a cloth and applie ly. 7 to the grieved place.

3 Their ule is to ease pains, to break fores, to cool Inflammation, ! dittolve hardnels, to ease the spleen, to concost humors, to diffipate we

4 I befeech you take this Caution along with you, Use no Pultiffes (you can help it) that are of an healing Nature, before you have first clean fed the body, because they are subject to draw the humours to them from s very part of the body. to mal CHAR

Chap. 13. Of Troches.

ther The Latines call them Placentulæ, or little Cakes (and you might have life I seen what the Greeks call them too, had not the last Edition of my you with false Prints, and disgrace the Author) the Greeks Teoxistal warnist with false Prints, and disgrace the Author) the Greeks Teoxistal warnist warnist with the first own it they are usually little, round, flat Cakes, or you may then take them square if you will.

e to he intromittion of air, and so endute pure the longer.

3. Besides, they are the easier carried in the Pockets of such as travel: bove dany a man (for example is forced to travel whose stomach is too cold, or that not so hot as it should be, which is most proper, for the stomach is ever cold till a man be dead; in such a case 'cis better to carry Troches of Vormwood, or of Galange, in a paper in his pocker, and more convenient

etals thalf than to lug a Galli-pot along with him.

sin- 4. They are thus made: At night when you go to bed, take two drams of the Gum-Tragacanth, put it into a Galli-pot, and put half a quarter pand pint of any distilled Water sitting for the purpose you would make your illie froches for, to it, to cover it, and the next morning you shall find it in such the elly as Physicians call Mussilage; with this you may (with a little pains iking) make any powder into paste and that paste into little Cakes called ede Troches.

5. Having made them, dry them well in the shadow, and keep them in

ones pot for your use.

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Chap. 14. Of Pills.

Hey are called Pilule, because they resemble little Balls, the

Greeks call them Catapotia.

2. It is the opinion of Modern Physitians, that this way of making up dedicines, was invented only to deceive the palate, that so by swallowing the down whole, the bitterness of the Medicine might not be perceived, end that least it might not be unsufferable; and indeed most of their Pills,

the cone up in this hard form, that so they might be the longer in digesting, and my Opinion is grounded upon Reason too, not upon Fancy nor Hearoplic fay. The first invention of Pills was to purge the head: now as I told you before, such infirmities as lay near the passages were best removed by Decodions, because they pass to the grieved part soonest: so here, if the infirmity lie in the head or any other remote part, the best way is to use Pills, because they are longer in digestion, and therefore the better able to call the effending humor to them.

4. If I should tell you here a long Tale of Medicines working by Sympa-

by and Ancipathy, you would not understand a word of it, they that are fet A p to make Physicians, may find it in the Treatise: All Modern Physicians

know

know not what belong to a Sympathetical Cure, no more than a Cuckoo knows what belongs to Flats and Sharps in Musick, but follow the Yulgar road, and call it, a Hidden Quality, because its hidden from the eyes of Dunces; and indeed none but Astrologers can give a reason of it, and Physick without Reason is like a Pudding without Fat.

The way to make Pils is very easie, for with the help of a Peftle and Mortar, and a little diligence, you may make any Powder into Pils, either

with Syrup, or the Jelly I told you of before,

Cap. ult. The way of mixing Medicines according to the Cause of the Disease, and part of the Body afflicted.

His being indeed the Key of the Work, I shall be somewhat the more diligent in it. I shall deliver my self thus:

I To the Valgar.

2 To fuch as fludy Aftrologie, or fuch as fludy Physick Aftrologically.

First, to the Vulgar: Kind souls: I am sorry it hath been your hard mishap to have been so long trained in such Ægyptian darkness, even darkness which to your sorrows may be felt: The vulgar Road of Physick is not

my Practice, and I am therefore the more unfit to give you advice;

* Galens and I have now published a little * Book which will fully instruct

Art of you, not only in the knowledge of your own Bodies, but also in

Phylick. fit Medicines to Remedie each part of it when afflicted; in the
mean leason take these few Rules to Ray your stomachs.

with the Disease, regard the Cause, and part of the Body afficed; for example, Suppose a Woman be subject to miscarry through wind, thus do:

I Look (Abortion) in the Table of Diseases, and you shall be directed by that how many Herbs prevent Miscarriage.

2 Look (wind) in the same Table, and you shall see how many of those

Herbs expel Wind.

These are the Herbs Medicinal for your Grief.

2 In all Difeales ftrengthen the part of the Body afflicted.

3 In mixed Disesses there lies some difficultie, for sometimes two parts of the Body are afflicted with contrary Humors, as sometimes the Liver is afflicted with Choler and water, as when a man hath both a Dropsie and the yellow Jaundice, and this is usually mortal.

In the former, suppose the Brain be too gold and moist, and the Liver too

hot and dry, thus do:

Keep your Head outwardly warm.

. Accustom your felf to smell of hot Herbs.

3 Take a Pill that hears the Head at night going to Bed.

In the morning take a Decoction that cools the Liver, for that quickly passeth the stomach, and is at the Liver immediately.

You must not think (Courteous people) that I can spend time to give you examples of all Diseases; these are enough to let you see so much light as you without Art are able to receive: If I should set you to look upon the Sun I should dazle your Eyes, and make you blind.

Secondly

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285 Secondly, To such as study Astrologie (who are the only men I know hat are fit to fludy Physick; Physick without Astrologie, being like a Lamp without Oyl) You are the men I exceedingly respect, and such Documents as my Brain can give you at present (being absent from my study) I shall eive you.

1. Fortifie the Body with Herbs of the Nature of the Lord of the Afcendent, 'tis no matter whether he be a Fortune or an Infortune in this case.

2. Let your Medicine be something Antipathetical to the Lord of the Sixth.

3. Let your Medicine be something of the Nature of the fign Ascending. 4. If the Lord of the tenth be strong, make use of his Medicines.

5. If this cannot well be, make use of the Medicines of the light of time.

6. Be sure alwaies fortifie the grieved part of the Body by sympathetical Remedies.

7. Regard the Heart, keep that upon the Wheels, because the Sun is the Fountain of Life, & therefore those universal Remedies, Aurum potabile, and the Philosophers Stone, cure all Diseases by only forrifying the Heart.

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Other Physical Books lately Printed and to be fold by George Sambridge.

1. Physical Considerations of the Matter, Origination, and several Species of Worms: Whereby it doth probably appear to be an Epidemical Difeale, killing more than either the Sword or Plague. Together with their various Causes, Signs and Method of Cure, By William Ramfey Doctor of Physick, and Phy-Intian in Ordinary to His Majetty.

2. Oristrick, or Physick unrefinel; The Common errors therein refuted, and the whole Art reformed and rectified. Written by the Acute Philosopher and profound Physitian, John Bap-

tifta Van Helment.

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3. The New Diffensatory made by the Colledge of Physitians, London, in Latine. And the same translated into English, by Nich. Culpeper.

4. A Directory for Midwives, or A Guide for W. men, in Two Parts, newly Enlarged and Illustrated with divers Plates, by Nich. Culpeper.

5. Rio anns Anatomy.

6. Vellingus Anatumy.

7. Bartholinus Anatomy.

8. Riverius Practice and Observations, all Translated by- Nich.

Culpeper.

9. ATreatife of the Rickets, Being a Disease common to Children: wherein is shewed, 1. The Essence, 2. The Cause. 3. The Signs. 4. The Remedies of the Disease.

10. The Hidden Treasures of the Art of Physick, Fally discovered in Four Bocks, by Fobn Tanner, Student in Physick and

Aftrology

11. Philosophia Maturata: Containing the Practick and Operative part in gaining the Philosophers Stone. With a wak compiled by St. Dunstan, concerning the same. And the Experiments of Ramelius, and Preparations of Angelo Sala. Publifted by Lancelot Colfon Dector in Phys, and Chym.